



THE UNIVERSITY OF THE THIRD AGE

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Heart of England

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August 2015 Newsletter

TODAY'S MEETING

Our speaker for August is Brian Draper, whose talk "What is a river" comes highly recommended by another local U3A.

NEXT MONTH'S SPEAKER

Our speaker for September comes highly recommended by one of our own members & he is Laurence Thatcher on the topic of "Roman Alcester."

CHAIRMAN'S JULY JOTTINGS

Geoff Bridgewater

Hello everyone and a very warm welcome to our August monthly meeting. Another year has gone by for the Heart of England U3A and we're going from strength to strength. Our finances are in good shape, our membership is slowly but steadily growing and our many and varied groups are thriving. The fourteenth AGM is next month and I hope as many of our members as possible will attend. Our speaker today is Brian Draper on the subject of 'What is a River' and here in Stratford we lucky to have our lovely River Avon. The 'rec' has been a lively place to be over the past few weeks with two very successful Boat Club rowing regattas and the marvellous River Festival. I've never seen the riverside so busy! You may be interested to know that the word 'Avon' is derived from the Anglo Saxon word 'Aafon' which simply means river. So, in reality, our town is on the River River.

NOTICE OF FORTHCOMING ANNUAL GENERAL MEETING

Our September 3rd meeting will be our AGM and nominations for Officers and Committee, duly proposed and seconded, for the year 2015/16 may be submitted, using the available nomination form, to the Chairman or Business Secretary at today's meeting. The status of the current Officers and Committee together with any nominations already received is summarised below. Our current Vice Chairman, Aline Cumming, has indicated her willingness to continue as a Joint VC with another for a further year and to continue on the Committee as Minutes Secretary.

Chairman	Geoff Bridgewater	Available for election
Vice Chairman	Aline Cumming	Available for election to committee
		Nominated as Joint Vice Chairman
Business Secretary	Sue Ocock	Retiring
Treasurer	Sue Tringham	Available for election
Membership	Sue Tringham	Available for election
Committee	Coral Bradley	Available for election
Committee	Sylvia Crooks	Available for election
Committee	Dorothy Jones	Available for election
Committee	Edwin Lilly	Available for election
Committee	Athena Roderick	Available for election
Committee	Marilyn Shorey	Available for election
Committee	Sandy Stewart	Available for election
Committee	Jayne Jones	Available for election.
		Nominated for Business Secretary & Joint Vice Chairman.

MEMBERSHIP FEES ARE DUE FROM 1ST SEPTEMBER

See page 7 for full notice about membership fees.

COURSES ON-LINE-FROM NATIONAL OFFICE

Robyn Nicoll

NB - On-Line Course material is being updated and will not be available to members for a short time.

The free Untutored Courses have been downloaded and saved so are available to members as before. A list of these courses may be found on the notice board. These courses may be forwarded to members via e-mail or transferred to a memory device. These courses are ideal for a small group to study together.

Courses studied so far: Garden History, Art History, and China History Ancient and Modern. The Russian History Course is being studied at the moment.

For more details about courses, please contact Robyn (redbird22@hotmail.co.uk)

[National Web Site. www.u3a.org.uk Do look at the site to see all the opportunities and information available to U3A members.]

THE CHINA DISCUSSION GROUP

Robyn Nicoll

Patricia got us in the mood for our discussion on Chinese Culture by providing brushes, paint and pictures to copy using the traditional brush painting technique. (with varying degrees of success). It was fun to try this skill and to appreciate the benefits of concentration and learning something new.

Our discussion on Chinese Culture proved very interesting with the main focus on Music and instruments with examples shown on slides and You-tube videos.

Our next meeting will be held on Friday afternoon, 4th September, in the new room from 2.30-4.30. Our topic for discussion will be "Traditional Clothing and Costumes" and we will be showing some examples of our research on screen. Our get-togethers are informal and varied consisting of a short language/practical session led by Patricia Wy, followed by discussion of the chosen topic often accompanied by a photo presentation and concluding with "what the papers say". If you would like to join us, please contact Robyn.

More information from Robyn Nicoll. redbird22@hotmail.co.uk or David Ralph. david@ralphhome.com

ALL SWING & JAZZ GROUP

Dennis Sully



This month's meeting was taken by group member Barrie Burleton under the title of 'Something old, something borrowed and something blue'. He started with Larry Liggett and "That Man Walking", echoes of R&B or even R&R? A group called One Step then played an all out Dixie sound with "The Original Dixieland Stomp", then it was onto the Bobby Hackett Sextet with "David and Goliath" a great sound. This was followed by Charlie Shavers and his trio playing "Snow in Lovers Lane" The first half finished with Louis Armstrong and His All Stars playing us out with "Aint Misbehavin". After our tea and natter break (all about music of course), we were off with "Gershwin Melody" with Max Roach and Art Blakey which followed on with Carmen McRae and "There will come a Time" The next track was "Cow Cow Blues" played by Bob Zurke and his Delta's, a great swing sound to it. Red Nichols and his Five Pennies were next on the list with "Poor Butterfly", this confused me because I kept thinking of Danny Kay in the film. After tracks by Sy Oliver, Joe Venuti and Monty Sunshine, the latter having a lovely bass solo in it, it was on to the final track with Duke Ellington and his Orchestra playing a very romantic "Moonstone" This was a great afternoon with lots of humour which we always get in Barrie's company anyway but also a most unusual programme of known names but less well known tracks. Our next meeting is on the 27th August 2015 in the lounge of the Methodist Church, Old Town starting at 2p.m. Why not come and give us a try!

PAINTING/DRAWING GROUP

Dorothy Jones

We will be meeting in the side lounge after the main meeting and the group will start on Monday 7th September. If you are interested speak to Dorothy Jones.

ART APPRECIATION

Pam Collins



We had a very enjoyable visit to Shipston on Stour (Warwickshire Open Studios Week) We managed to visit 3 Galleries. The Richard Harvey Collection was the largest, his paintings of wild animals were beautiful. We had a very enjoyable lunch at Mrs Browns Tearooms.

BALLROOM DANCING

John B Barker

The ballroom Dance Group will not be meeting during the months of July and August. The next session will recommence in the Autumn starting on Friday September 18th at 2.30pm. The Holy Trinity Community Hall has been re-

served on the following dates:



Wednesday Oct 7th, Friday October 23rd, Wednesday November 4th, Friday November 20th, Wednesday December 2nd and finally Friday December 18th. A total of seven group meetings, all to start at 2.30pm until 4.00pm. An initial joining fee will be £10 for the seven planned meetings which will be payable on September 18th. It is hopeful that sufficient members will join the group to cover the cost of the hall hiring.

Looking forward to meeting our regular dancers and many more new people that love to dance. So do come along to enjoy the music, friendship and fellowship, we have some great recorded music
Please make a note of the dates in your diaries.

CARD MAKING GROUP

Carolyn Leach



The next workshop will be August 7th 12.30 - 4.30pm New members welcome, call me for details.

CHINWAGS

Belinda Sylvester



We are still at Le Bistro Pierre where good food, chat and laughter are on the menu.

THE CHOIR

Dorothy Jones



We have a very good attendance every week despite the fact that members are off on holiday and looking after grand children. We are having a break for two weeks in August but we will be back in fine voice rehearsing for our concert later in the year.

CLASSICAL MUSIC

Aline Cumming



In July we watched and heard a DVD of HMS Pinafore performed by Opera Australia in association with the Australian Broadcasting Company. The Conductor was Andrew Greene and the leading parts were taken by Anthony Warlow as Captain Corcoran, Tiffany Speight as Josephine, David Hobson as Ralf Rackstraw and Colette Mann as Buttercup. Dick Deadeye was played with suitable villainy and an eyepatch by Richard Alexander. It was a traditional production with appropriate scenery (including small boats to transfer the First Lord of the Admiralty, with his sisters and his cousins and his aunts, and also Buttercup). The orchestra and the cast were clearly enjoying themselves and the singing was excellent, as expected from an opera company. A delightful summer afternoon.

Next month we will hear a recording of the Summer Concert from the Schonbrunn Gardens in Vienna on Monday 17th August at Bridge Cottage.

COMPUTER GROUP

Robyn Nicoll



The computer sessions at the Holy Trinity Parish Centre have concluded for the summer. We will be resuming in September and again members may bring lap-tops and tablets/iPads. All places have already been booked but we will have a reserve list. Please add your name to the list on the notice board table.

5 sessions have been booked, 2.30 pm to 4.00pm, as follows:

Sept 23rd ; Oct 14th and 28th ; Nov 25th; Dec 9th.

The cost is £7 per person to be paid by the September monthly meeting. If paying by cheque, please make payable to "Heart of England U3A".

More help for the "students" would be greatly appreciated. Please let Robyn know if you could offer some time and expertise during the afternoons. redbird22@hotmail.co.uk

CREATIVE CRAFT GROUP

Robyn Nicoll on behalf of Tricia Callaghan



The group spent a very stimulating afternoon, led by Mary's daughter-in-law, Hitomi, who demonstrated how to fold squares of paper to form origami shapes: box, crane, star and church, which were then threaded onto cotton to form a mobile decoration. We were joined by some members from the Alcester U3A Craft Group and we hope to hold a combined afternoon again soon to share ideas and techniques.

For the next couple of meetings we will be preparing our stall for the Methodist Church Bazaar. Next meeting will be held in the New Room on **Thursday, 20th August, 2.00pm to 4.00pm**, and newcomers are very welcome.

DINAHS

Sylvia Crooks



Our last visit to the Red Lion was on the 7th July. A great welcome from the staff, also a variety of choices on the menu win us over each month for our Dinahs lunch. A holiday to Australia was chatted about : a 6 week stay to catch up with family: very exciting. Canada was also on the menu for another Dinah : visit to see their family and see how their grandchildren have grown! A little story told by one of us, they were having trouble with a Ganglia on their ankle : however the word Ganglia, upset the youngest granddaughter; she thought they should call it a Butterfly instead; a much happier word.

We meet again at the Red Lion on Tuesday 4th August at 12.15pm.

DISCUSSION GROUP

Athena Roderick



I had seen an Iranian Pop singer being interviewed on Channel 4 & she has become famous for inspiring Kurdish women to go & fight ISIS & they have been very successful. Her 'war cry' is, if you want your freedom, you will have to fight for it. So we discussed this idea & it was compared with the suffragettes & some strong minded medieval women. We talked about rich Muslim women covering themselves up, but when they are at home, they take off their coverings & are wearing the very latest thing in jewellery & makeup & they are often very beautiful. Somehow, we then looked at the upcoming fight between the Government & the BBC. We mostly thought that maybe the BBC needs downsizing, but we would hate to lose it. I hope to see you all on Wednesday 12th @ Windmill @ 12.30.

FILM GROUP

Mary Fishleigh



Our June meeting was a week later in the month than usual, due to holidays, but we still had a good attendance to watch "The Hours". This is a film about 3 women from different eras linked by common yearnings and fears. Virginia Woolf starts to write her first novel and as time goes by this novel will affect the other 2 women. This was an interesting and thought provoking film starring Meryl Streep, Nicole Kidman and Julianne Moore.

We watched a very different film in July. As we were all getting into the summer feeling the choice this month was "High Society". This is a great favourite and we were all singing or humming along (in our heads if not out loud). This film was the last one that Grace Kelly made before she married and we were intrigued to know that the engagement ring that she wears in the film was actually her own. It gave us a good chance to see it!

We meet on the second Tuesday each month and try to show films which are considered worthy of potential awards, cult films, foreign films or classic ones that are not on current circuits. So you are not likely to be able to see them at the cinema currently. We find it interesting to be able to have a short discussion after the film has finished on what we thought of it – the production, the acting, the music and the story. We have room for more members, so do come along and join us in our next venture into the film world.

The next meeting is Tuesday 11th August 2pm in the lounge at the Methodist Church Hall.

GAMES GROUP

Sue Tringham



At our friendly Games group we play Scrabble, Dominoes and Partners Whist. We are now meeting in the Reception Area of the Methodist Hall at the usual time of 2 – 4 pm. Our next meeting in August will be Monday 3rd and Monday 17th. We contribute £2 for our pay and play sessions which include tea/coffee and biscuits! We welcome new members so just turn up.

GARDEN APPRECIATION GROUP

Jayne Jones

A small group of us visited the lovely Mill Garden at Warwick for our July outing. This pretty privately owned 1/2 acre garden is overlooked by Warwick Castle - a wonderful setting. The tranquil garden is well tended & has beautifully laid out borders & secret "rooms" & lots of seating to allow you to sit and soak up the views. The owners are very friendly and informative - their hard work has certainly created a gem of a garden, which we all agreed was well worth visiting. We are planning to visit Kiftsgate Court Garden on 11th August. It will be an afternoon visit as the gardens are open from 2pm. If anyone is interested in joining the group please feel free to contact me on 01789 290883 or jaynejones303@gmail.com.

GRUMPY OLD MEN GROUP

Graham Mitchell



The July meeting of the Grumps was a somewhat boisterous, at times bordering on the riotous, affair possibly due to the Chairman having to try to keep "good order" with his dog whistle rather than his usual, temporarily out of commission, strident bell. This month's discussion topic "mankind's best and worst inventions" produced a wide variety of suggestions giving rise to a lively debate on the merits or otherwise of their claims for that status. Included in the "best" category were, inevitably, the wheel; balls (football, rugby, cricket etc.); cats eyes; the jet engine; thermos flask; many domestic appliances (reducing the drudgery of housework); motor car; wine; medicines; etc., etc., but top spot went to electricity without which many of the inventions would not have been possible and life as we know it would not exist. Examples of the "worst" were just as numerous with "social media" unanimously topping the list above such things as parking meters; the aeroplane; tattoos and body piercings; atomic energy/weapons; mobile phones??; clothing for pets etc.

It was suggested what initially could seem to be a good idea, due to unforeseen consequences, turned out to be something less desirable than envisaged. The Grumps acknowledge that they had lived through an age of tremendous invention but found it hard to imagine what the future would hold. However, possibly brought on by the consumption of good food and wine/beer and above all good company the gathering became a little sentimental and declared that the best invention of all, or perhaps more accurately - the best creation, was their women folk (wives/partners) without whose guidance and influence they would be an even more disgruntled and grumpier bunch than they currently are!!

Next meeting - Wed. August 19th - Venue Le Bistrot Pierre

Subject - My Scariest Moment - Introduction - Contributions from All.

HISTORY GROUP

Sheela Burchill



At our July meeting Helen Cooke gave us a talk on 'Shakespeare in Warwickshire', illustrated with documents, maps and portraits in the possession of the Shakespeare Birthplace Trust. The earliest map of Warwickshire was dated 1576 and showed how rural the area was. (Shakespeare was born in 1564 and died in 1616). At that time the population of Stratford was about 2,500 and it took 3 days to travel to London. Clopton Bridge, a wooden structure with 14 arches, was built about 1490. The first recorded reference to John Shakespeare, Shakespeare's father, was 29th April 1552, when he was fined one shilling for having an assel, an unauthorised midden (muck heap) in Henley Street (he should have used the muck heap at the country end of Henley Street.). Among the numerous references to the family in the records Helen detailed the whitewashing by John of the medieval wall paintings in the Guild chapel, the purchase by William of New Place in 1597 and in 1602 of 107 acres of land in Old Stratford. William had become a gentleman of means. There will not be a meeting of the group in August.

KEEP FIT GROUP



The Keep Fit Class is now full to capacity after a bit of a dip in numbers last year. We have a new instructor who keeps us active and we all think we feel much better for our efforts. A waiting list has now been started if anyone is interested. Please phone Mary Palmer on 204707.

OUTINGS

Coral Bradley



The proposed outing to Waddesdon on 12th August has been cancelled due to lack of interest.

PILATES GROUP - MONDAY



Weekly at St. Andrew's Parish Centre, Shotton, 12:15 to 1:15. For more information call Gill Ganner on 269657.

PILATES GROUP - WEDNESDAY



Weekly at St Andrew's Parish Centre, Shotton, 10.15 to 11.15 . For more information call Sue Workman on 297061.

PLAY READING GROUP

Sylvia Crooks



We met on Thursday 16th July for our coffee and a chat, then read 'Charade Number Two' by Louisa Lang. A very interesting 1 act play: 3 short stories : one word connected all of the stories. We were not sure whether we achieved success. It did not say what the word was!! On Thursday 20th August we meet again at Sylvia's house for coffee 10.30am.

READING GROUP – MONDAY

Phyllis Bailey



We all enjoyed "Ashenden" by Elizabeth Willhide, the story of a house built in 1775. The reader follows its history and the stories of the occupants in 15 stages up to 2010. Not only do we learn of how time affected the structure but each stage has an interesting story connected to the relevant history of our country. The writer also succeeds in giving a link in each case to former owners. So the thread is not only in the estate itself.

READING GROUP—WEDNESDAY

Dorothy Jones



This month we read "THE INNOCENTS" by Francesca Innes, her first novel. The story is set in Golders Green, London and follows a young Jewish couple throughout their courtship, engagement and marriage. Their life is bound by family rituals within their Jewish community. We thought the story was rather drawn out and we were eagerly waiting for the plot to develop.

READING GROUP - FRIDAY

Coral Bradley



We have been reading "A History of the World in Twelve Maps" by Jerry Brotton. It is a fascinating book that looks at twelve maps from early Greek to present times and shows how they were made and what they said about the known world of their time. It is a long and dense book so we have been given another month to continue reading it.

ROCK AND ROLL GROUP

Coral Bradley



We had an enjoyable programme presented by Tony Whitely with some usual items and plenty to discuss. Thank you Tony. New members always welcome.

SCIENCE, NATURE & 'ALL THINGS' TECHNICAL GROUP

Edwin Lilly



On Friday 11th July we visited the Midland Air Museum and the Roman Fort, both at Baginton near Coventry Airport. When all the party had assembled at the Air Museum, we entered and had an introductory talk about the museum and the display centred on the way that Frank Whittle had pioneered the jet engine. We were split into small groups, each led by an experienced guide. My group had a sit in an early Vickers Viscount passenger airliner. This was a turboprop plane introduced in 1948 and brought fast, quiet pressurised airliners to short/medium haul journeys - the first in the world. We looked at several jet fighters and bombers from various countries and then went inside an Argosy Galaxy - a large transport aircraft from the 1960s. It was enormous. There was an Avro Vulcan, one of the UK's nuclear V-bombers of the Cold War period to be explored. A very interesting visit. We were only

there for about 2 hours and so could not explore anything in depth. It would certainly repay having a further visit or two to fully explore the exhibits.

After lunch in a nearby pub we continued on to the Roman Fort nearby. This was an unusual fort as it was not merely for a contingent of legionaries or auxiliaries. It seems to have been built in its final form just after the rebellion of Boudicca in AD61 to hold and train the large number of horses that were acquired at that time. The Gyrus (a large wooden stockade within the fort) was constructed about AD64 and would have been essential in horse training. The fort was abandoned about AD80 during the time when Governor Agricola was advancing to northern Britain.

SUNDAY LUNCH CLUB

Brian Bradley



The next lunch will be on Sunday the 2nd August 2015 at the Navigation Inn, Wooton Wawen. The September lunch will be on the 6th. September 2015, at the Henley Golf Club. Names please to Brian Bradley, Tel: 01789 488551.

SYMPHONY HALL CONCERTS

Dorothy Jones



The next visit to the Symphony Hall Concert, Thursday, September 24th, 2-15pm.

SIBELIUS	"Finlandia"
RACHMANINOV	"Piano Concerto No 3"
NIELSEN	"Symphony No 4"

The total cost of the visit **£34**. This includes concert ticket, return coach to Symphony Hall and tip.

We will travel to Birmingham by Johnsons coach, leaving the Stratford Leisure Centre promptly at 12-15pm, picking up our Henley members at Johnsons Depot en-route to Birmingham. There are 3 tickets left which will be offered to those on the reserve list.

Please send cheque, made out to Heart of England U3A, to Dorothy Jones as soon as possible.

THEATRE GROUP.

Coral Bradley



We are going to the Birmingham Rep on 12th September to see King Charles III with Robert Powell in the lead role. This play has had rave reviews while it was in London so we are very fortunate to be able to see it. There are a few tickets left. The cost is £32.00.

IT IS IMPORTANT TO NOTE THAT WE WILL BE STARTING AT THE LEISURE CENTRE FOR THIS EVENT AT 12.00 AND THEN GOING ON TO HENLEY FOR 12.30 THIS IS BECAUSE THE PLAY STARTS AT 2.00.

WALKING GROUP

Valery Redfern



The next walk will take place on Wednesday 5th August 2015 at 10.00.am. Details of the walk were not available at time of going to press. Please check emails or contact Valerie nearer the date.

I recommend good walking shoes and that you bring a drink along with you. Waterproofs may be a good idea although we do not usually experience rain on our walks.

WHAT'S ON – Monthly Meetings at Stratford, Shotton, Dene Valley and Alcester U3As.

Stratford	- 26th August	- "Birds of the British Isles "	- Ashley Grove .
Shotton	- 1st September	- "I am Deaf not Daft "	- Merleen Watson .
Dene Valley	- 11th August	- "The River Avon from Naseby to Tewkesbury"	- Brian Draper. .
Alcester	- 1st September	- "To the ends of the earth, Scott of the Antarctic"	- Andrew Lound .

MEMBERSHIP FEES DUE FROM 1ST SEPTEMBER

Membership fees are unchanged at £16.00 for the year 2015/16 and are due from 1st September 2015. If paid by the Thursday 1st October monthly meeting a discount of £2.00 may be taken (pay £14.00). Membership will automatically lapse if membership fees are not paid by the Thursday 3rd December monthly meeting and, if required, will have to be re-applied for. Anyone who requires a paper copy of the Newsletter to be posted to them, please add £4 to their membership fee to cover postage for the year. Renewal forms will NOT be required unless you have changed your contact details. Envelopes are available from the Treasurer's table at this meeting.

<u>GROUP</u>	<u>GROUP LEADER</u>	<u>USUAL MEETING DAY (MONTHLY)</u>
All That Swing & Jazz	Dennis Sully	4th Thursday 2.00—4.00pm
AmDram & Supper	Geoff Bridgewater	As Announced
Art Appreciation	Sylvia Kentish Pam Collins	3rd Friday 2.00pm
Ballroom Dancing	John Barker	1st Wednesday & 3rd Friday 2.30—4pm
Bridge	John Yeomans	Every Tuesday 2.00pm
Card Making	Carolyn Leach	As Announced
China Discussion Group	Robyn Nicoll	See Newsletter
Chinwags Lunch	Belinda Sylvestor	4th Monday 12.00 noon
Choir	Ruth Grahame Dorothy Jones	Every Friday 10.30—12.00 noon
Classical Music	Aline Cumming	3rd Monday 2.00pm
Creative Crafts	Tricia Callaghan	3rd Thursday 2.00—4.00pm
Computers	Robyn Nicoll	2nd & 4th Wednesday 2.30—4.00pm
Dinahs Luncheon	Sylvia Crooks	1st Tuesday for lunch
Discussion	Athena Roderick	2nd Wednesday
Film Group	Mary Fishleigh Mavis Pickett	2nd Tuesday 2.00pm
Games	Sue Tringham	1st & 3rd Monday 2.00—4.00pm
Garden Appreciation Group	Jayne Jones Suzy Genge	As Announced
Grumpy Old Men	Graham Mitchell	3rd Wednesday for lunch
History	Janet Anslow	2nd Monday 2.00pm
Keep Fit	Mary Palmer	Every Thursday 10.00am
Pilates - Monday	Gill Ganner	Every Monday 12.15—1.15pm
Pilates - Wednesday	Sue Workman	Every Wednesday 10.15—11.15am
Play Reading	Sylvia Crooks	See Newsletter for dates
Poetry Reading	Jennifer Davey	2nd Wednesday 10.00—12.00noon
Reading - Monday	Phyllis Bailey	3rd Monday 2.30—4.30pm
Reading - Wednesday	Dorothy Jones	3rd Wednesday 2.30pm
Reading - Friday	Coral Bradley	As Appropriate
Rock & Roll Music	Coral Bradley	2nd Thursday 2.00—4.00pm
Science, Nature & All Things Technical	Geoff Bridgewater	2nd Friday 2.00—4.00pm
Sunday Lunch	Brian Bradley	As Appropriate
Symphony Hall Visits	Dorothy Jones	As Appropriate
Theatre Visits & Outings	Coral Bradley	As Appropriate
Walking	Valerie Redfern	2nd Wednesday 10.00am

HEART OF ENGLAND U3A ROTA FOR AFTERNOON TEAS

<u>MONTH</u>	<u>GROUP</u>	<u>MONTH</u>	<u>GROUP</u>
August 2015	Art Appreciation Group	November 2015	Computer Group
September 2015	Bridge Group	December 2015	Pilates Group
October 2015	Science, Nature & A T T Group	January 2016	AmDram & Supper Group