Christ in my working, Christ in my rest

Christ in my action, Christ in my guest

Christ in each notion

Christ in each deed

Christ in each motion

Christ meeting our need

Christ in the beginning

Christ at the end

Christ at the centre

Everlasting Friend.

### **Our Church**

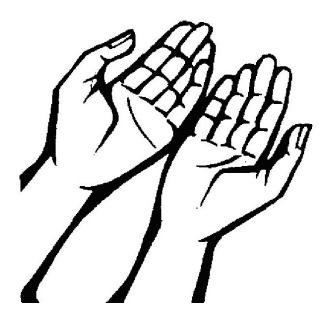
- That we will find fresh and appropriate ways of reaching out to our communities.
- That, as we pray together, our hearts, minds and lives will be transformed and we will become better disciples of Christ.

#### Wider Concerns

- Those whose marriages are falling apart.
- The work of Relate and organisations who bring reconciliation.



# PRAYER DIARY





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### **Approaching Daily Prayer Times**

For most people it is easier to pray regularly if you set aside a specific time that fits into your usual daily activities - a time when you would not be disturbed and when, perhaps, you can unplug the phone for a short while.

Decide how long you feel you can comfortably set aside for prayer. If you can only manage about ten minutes, have a short Bible reading, followed by prayer, rather than all prayer without a reading.

### **Places**

Some people find it helps them to have a set place for prayer, such as a specific chair, a room, or corner of a room. You may consider setting off for work ten minutes earlier and stopping the car somewhere en route, or find a quiet place to spend some time in prayer during your lunch break.

### **Surroundings**

Use symbols and object that help you to concentrate on God. If you are constantly distracted by thoughts of what you have to do that day keep a notebook handy and write down those thoughts so that you can return to prayer. Lighting a candle may help (Christ the light of the world), or looking at a beautiful picture, or listening to a piece of music.

### **Bible readings**

When you come to the Bible reading, pause first and ask the Holy Spirit to direct your thinking. Pause again at the end and ask what the passage is saying to you. The use of one of the many types of Bible notes will help. Then thank God for His words just read.

### Pray as you can!

Pray as you can and not as you can't. God doesn't require elaborate and extended prayers, but simply seeks our presence and our hearts bonded to His.

For the building developments needed in our churches.

#### Wider Concerns

- Countries involved in conflict.
- Church Leaders working for peace and reconciliation
- The homeless and those who work to bring them shelter and hope, especially Church Housing Trust and the Padley Centre.

## **Day 29**

God, grant me the serenity to accept the things I cannot change, the courage to change the things I can change and the wisdom to know the difference.

#### **Our Church**

- For the elderly, who struggle to get to church week by week.
- For the Salt Pot café and those who work there.

#### Wider Concerns

- Refugees, victims of famine and disease, flood and other disasters.
- For Local Government Officers and workers.
- For debt counsellors especially the work of Christians Against Poverty

### Day 30

Holy Spirit of God, come to me; come as the wind to cleanse me; come as the fire and consume; come as the dew and refresh; convict, convert and consecrate me to my good and your greater glory, for Jesus' sake.

### **Our Church**

- Those we haven't seen in church recently.
- Those who are starting on their Christian journey.
- Those who are seeking their vocation.

- For those who produce our food.
- For shopkeepers.
- Those who work in the hotel and restaurant industries.

Lord, teach me to pray, to want to pray, to delight to pray. When I pray, teach me to pray with faith, hope and love. Let me make prayer my first work, my persistent work, my most important work; work that I do for you, for others, for the whole world. Let my prayer be a channel for your love, your grace, and your peace both for those for whom I pray and for myself.

#### **Our Church**

- † Our Church Wardens., PCC Secretaries and PCC Members.
- For those who have communion at home, still a valued part of our fellowship.

#### Wider Concerns

- Those who work as advisors in Derby Diocese and those with portfolio roles.
- For the Cathedral and all its staff

**Day 27** 

O Saviour of the world, all hearts are empty except you fill them. All desires fail except our desire is for you. Give me light and grace to seek and find you, that you may be mine and I may be yours for ever.

#### **Our Church**

- People in our church who live alone.
- ⊕ For all those who care for children, especially single parents.

#### Wider Concerns

- Victims of crime.
- Prison Chaplains and all who work in our prisons.
- Prisoners, that they might know God's forgiveness and healing.

Day 28

Heavenly Father, I thank you for calling me to be your servant. Help me gladly to respond to your call and obey your will. Make me ready for every demand you make upon my life, that I may serve you faithfully and show your love in the world; through Jesus Christ.

### **Our Church**

Home Groups and those who lead them.

### **Prayers for Monday**

Praise the Lord, O my soul; all my inmost being, praise His holy name. Praise the Lord, O my soul and forget not all His benefits – who forgives all your sins and heals all your diseases, who redeems your life from the pit and crowns you with love and compassion.

Psalm 103 vs. 1 – 4

- ⊕ Bible Reading
- † This Prayer Diary (Turn to the appropriate day of the month)
- Any requests for prayer on Church Notice Sheet

### **Concluding Prayer**

Eternal God our Father, you created me by your power and redeemed me by your love. Guide and strengthen me by your Spirit, that I may give myself in love and service to others and to you; through Jesus Christ my Lord. Amen.

**Prayers for Tuesday** 

Fear not for I have redeemed you; I have summoned you by name; you are mine. When you pass through the waters I will be with you; and when you pass through the rivers, they will not sweep over you. When you walk through the fire, you will not be burned; the flames will not set you ablaze. For I am the Lord your God, the Holy One of Israel, your Saviour.

Isaiah ch. 43 vs. 1-3

- ⊕ Bible Reading
- This Prayer Diary (Turn to the appropriate day of the month)
- Any request for prayer on the Church Notice Sheets

### **Concluding Prayer**

O Lord, strengthen the faith of us who believe and sow the seed of faith in the hearts of those who lack it. Give me grace to show my faith by my works; teach me to walk by faith relying on your promises and enable me to fight the good fight of faith, that by faith I might overcome the world. Through Him who loves me and whose love is without end, my Lord and Saviour Jesus Christ. Amen.

### **Prayers for Wednesday**

Can a mother forget the baby at her breast and have no compassion on the child she has born? Though she may forget, I will not forget you. See, I have engraved you on the palms of my hands.

Isaiah ch. 49 vs. 15 & 16

I, even I, am He who blots out your transgressions, for my own sake, and remembers your sins no more.

Isaiah ch. 43 vs. 25 & 26

- ⊕ Bible Reading
- Prayer Diary (Turn to the appropriate day of the month)
- Any Request for prayer on Church Notice Sheets

Relax and let go of any anxieties you have. As always, you are in the presence of God, but now try to become aware of His presence. He who made you and loved you is with you now, around and within; rest secure in His presence.

Bring the person who is uppermost in your mind into this loving and healing presence; hold them there, letting God's love shine on them.

One by one, lift each of your loved ones into His presence.

Lift to God the things happening in this country that worry you most and ask that His will be done.

Move further afield and bring to God other parts of the world where there is special need.

Lift your neighbours and work colleagues into God's presence and also those who you don't seem to be able to get on with.

Wait quietly to see if the Holy Spirit brings someone else to your mind who needs your prayers.

Close with these words – Merciful Father, accept these prayers for the sake of your Son, my Saviour, Jesus Christ. Amen.

### **Prayers for Thursday**

The Lord is my shepherd, I shall not want. He makes me lie down in green pastures, He leads me beside quiet waters, He restores my soul. He guides me in paths of righteousness for His name's sake. Even though I walk through the valley of the shadow of death, I will fear no evil, for you are with me; your rod and your staff, they comfort me. You prepare a table before me in the presence of my enemies. You anoint my head with oil; my cup

### **Our Church**

- The work of Mothers Union in our own church, throughout Britain and around the world.
- The families who come to Early Birds and Crossroads, that their faith might develop and grow.

#### Wider Concerns

- <sup>⊕</sup> The preservation of family life.
- The work of the Salvation Army.
- Children and young people from broken homes.
- The fight against alcoholism and other drug abuses.

### Day 24

Lead me from death to life, from falsehood to truth; lead me from despair to hope, from fear to trust; lead me from hate to love, from war to peace. Let love fill my heart, our world, our universe.

#### **Our Church**

- The Pastoral outreach of our church.
- All in our church who are involved in caring for others.

#### **Wider Concerns**

- Those who are in residential care.
- Those recently made redundant, as well as the long term unemployed.

### Day 25

O Lord, hear my prayers, not according to the poverty of my asking, but according to the richness of your grace, so that my life may conform to those desires which accord with your will.

### **Our Church**

- Those who lead intercessions each Sunday; and that in doing so we will all feel that we have been in touch with the living God.
- For a deepening of faith and commitment in those who worship at our morning services.

- Persecuted Christians throughout the world.
- Christians working in non-Christian countries.

Thank you Lord Jesus for all the benefits which you have given me; for all the pains and insults which you have born for me. O merciful Redeemer, Friend and Brother, may I see you more clearly, love you more dearly and follow you more nearly day by day.



#### **Our Church**

New people coming to church. That we might welcome and befriend those who are not like us

#### Wider Concerns

- Those with whom you work and your influence as a Christian in your place of employment.
- Our parish and borough councillors

### Day 22

Almighty and everlasting God, you are always more ready to hear than I am to pray, and give more than either I desire or deserve. Pour down upon me the abundance of your mercy, forgiving me those things of which my conscience is afraid and giving me those good things which I am not worthy to ask, save through the merits and mediation of Jesus Christ, your Son, my Lord.

### **Our Church**

♣ All people involved in making St. Andrew's and St Matthew's what they are – cleaners, flower arrangers, refreshment servers, members of committees, etc.

### **Wider Concerns**

- The work of the Bible Society and Scripture Union in making the gospel known around the world.
- Those who work to teach children to read and write, giving them access to better opportunities

### Day 23

Almighty God, without you I am not able to please you. Mercifully grant that your Holy Spirit may in all things direct and rule my heart; through Jesus Christ my Lord.

overflows. Surely goodness and love will follow me all the days of my life, I will dwell in the house of the Lord for ever.

Psalm 23

- Bible Reading
- Prayer Diary (Turn to the appropriate day of the month)

### **Concluding Prayer**

May the love of the Lord Jesus draw me to Himself, the power of the Lord Jesus strengthen me in His service, the joy of the Lord Jesus fill my heart and life; and may the blessing of God Almighty, the Father, the Son and the Holy Spirit, be with me and remain with me always. Amen.

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### **Prayers for Friday**

I am convinced that neither death nor life, neither angels nor demons, neither the present nor the future, nor any powers, neither height nor depth, nor anything else in all creation, will be able to separate us from the love of God that is in Christ Jesus our Lord.

Romans ch. 8 vs. 38 & 39

The Son of God who loved me and gave Himself for me.

Galatians ch. 2 v 20

- ⊕ Bible Reading
- Prayer Diary (Turn to the appropriate day of the month)
- Any Request for prayer on Church Notice Sheets

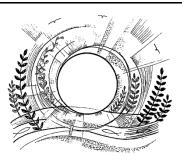
Pray for the needs of the world, from what you have seen and read through the media. Seek the light of Christ in dark places where poverty, unhappiness and injustice reign.

Pray for the needs of our parish and surrounding area as you know them, for your neighbours and those you know who need the light of Christ to come to them.

Pray for the needs of the church as you know them.

### **Concluding Prayer**

Lord, be the centre of my life and the lives of those for whom I have prayed. Amen.



### **Prayers for Saturday**

I have loved you with an everlasting love; I have drawn you with loving kindness. I will build you up again and you will be rebuilt.

Jeremiah ch. 31 vs. 3 & 4

I love the Lord, for He heard my voice; He heard my cry for mercy. Because He turned His ear to me, I will call on Him as long as I live.

Psalm 116 vs. 1 & 2

- Bible Reading
- Prayer Diary

Consider the week that has gone, the people you have met and the needs you have been made aware of. Prepare for our church services tomorrow. Jesus taught us to love God with all our heart and soul;

Ask that you may see yourself as God sees you:-

Do I live for self or for God? Do I try to do His will or my own? Do I pray regularly? What are the false Gods in my life?

Jesus taught us to love our neighbours as ourselves:

Am I totally absorbed with my own family to the exclusion of others?

Do I spend enough time with my family? Does my life reflect my faith?

Am I willing to forgive those who have wronged me?

Consider the week ahead – the worship tomorrow – those who will lead and preach. The opportunities, responsibilities and people you will meet in the week ahead.

### **Concluding Prayer**

Lord Jesus, thank you that your blood cleanses me from all sin. Thank you for you forgiveness and that you love me so dearly. Live in me to be a blessing to all I meet, both this day and in the coming week. Amen.

#### **Our Church**

- Those of our church away from home for whatever reason.
- That we might develop our communal life of prayer and Bible Study.

#### Wider Concerns

- All the emergency services Police, Fire, Ambulance, Coastguards, Lifeboats, Mountain Rescue and Air Ambulance. Thank God for them and their sense of duty.
- Street Pastors

# Day 19

Teach me good Lord, to serve you as you deserve; to give and not to count the cost; to fight and not to heed the wounds; to toil and not to seek for rest; to labour and not to ask for any reward save that of knowing that I do your will.

#### Our Church

Those who mourn over the death of their loved ones and feel the loneliness of bereavement.

#### Wider Concerns

- The old and housebound of our parish.
- Those who have physical or mental disabilities, especially those we know; and also for their carers.

### Day 20

O God my Father, throughout this day, give me sound sense to see what is right to do and strength of will to do it; to be patient as you are patient; to gently bear with the faults of others and strive at all times to wrestle with my own.

### **Our Church**

- The development of our worship.
- Those who operate the sound system & projection system.

- Our own Member of Parliament.
- christian MP's in Parliament.



Holy Spirit, make me ready to listen and willing to do what you tell me, that I may learn to obey the commands of the Father because of Jesus the Saviour.

#### **Our Church**

- **Our Treasurers and PCC Secretaries.**

#### Wider Issues

- Third World Debt and the IMF.
- Those who make decisions about our economy.
- The Queen and our own government.



### Day 17

God be in my head and my understandings; God be in my eyes and in my looking; God be in my mouth and in my speaking; God be in my heart and in my thinking; God be at my end and at my departing.

### **Our Church**

- That our church may be equipped with the gifts of the Holy Spirit to be Christ's instrument on Earth.
- That we will increase our contact with families and young people.

#### **Wider Concerns**

- Retreat Houses that they may bring spiritual rest and refreshing.
- For a spiritual renewing of the church

### Day 18

Holy Spirit, replace the tension in me with a holy relaxation; replace the turbulence within me with a sacred calm; replace the anxiety within me with a quiet confidence; replace the fear within me with a strong faith; replace any bitterness within me with the sweetness of your grace; replace the darkness within me with a gentle light; replace the coldness within me with a gentle warmth.

### Thank you's for Sunday

Give thanks to the Lord, call on His name; let the hearts of those who seek the Lord rejoice. Look to the Lord and His strength; seek His face always.

I Chronicles 16:8-11

You turned my wailing into dancing; you removed my rags and clothed me with joy, that my heart may sing to you and not be silent. O Lord my God, I will give you thanks for ever.

Psalm 30:11, 12

Know that the Lord is God. It is He who made us and we are His; we are His people and the sheep of His pasture. Enter His gates with thanksgiving and His courts with praise; give thanks to Him and praise His name. For the Lord is good and His love endures for ever; His faithfulness endures through all generations.

Psalm 100:3-5

Let the redeemed of the Lord say this... let them give thanks to the Lord for His unfailing love... for He satisfies the thirsty and fills the hungry with good things.

Psalm 107:2-9

Give thanks in all circumstances, for this is God's will for you in Christ lesus.

1 Thessalonians 5:18

Thank you, Lord for:

The past week – for your provision and protection.

My home, loved ones and friends.

All that gives me joy, and that when I am sad or lonely, you know and you care:

My church family:

That you are with us always:

That you will be with me this new week and that you want me to bring your blessings to others

Thank you, Lord Jesus, for dying for me and for always loving me, even though you know all about me. Thank you . Amen.



### Day I

I weave a silence onto my lips, I weave a silence into my mind, I weave a silence within my heart, I close my ears to distractions, I close my eyes to attractions, I close my heart to temptation.

Calm me as you stilled the storm, still me Lord, keep me from harm. Let all the tumult within me cease. Enfold me, Lord, in your peace.

#### **Our Church**

- Clergy & spouses: Carole & Roger, Roy & Audrey, Robert & Janice
- Readers: Brian, Maurice, Mary, Carole & Vic

#### Wider Concerns

- That God would raise up lay and ordained ministries in the Church.
- Campaigners for peace and justice.

Day 2

God, You are Our Heavenly Father, yet sometimes I forget You. Help me to live each day to bring honour and glory to You.

Forgive me if I hurt others, because I know it hurts You. Teach me to pray about everything. Help me to listen and obey. Thank You in Jesus' name.

### **Our Church**

- The mission of our church, especially our witness in the community.
- The names of two people you would like to see come to Christ.

### **Wider Concerns**

- The minority religious communities in our country.
- The Church and its relationship with other religions.

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### Day 3

Jesus, Lord and Master who served your disciples in washing their feet; serve me daily in washing my motives, my ambitions, my actions; that I may abide with you in your mission to the world.

### **Our Church**

- † Our acts of service in the community.
- All who work with and for Valley CIDS.

### **Wider Concerns**

Areas which have suffered natural disasters and aid agencies working there.

#### **Our Church**

- Our ministry to the bereaved.
- ⊕ Our links with Rowthorne Nursing Home

#### Wider Issues

- Governors of our schools.
- Christian teachers in schools.

### Day 14

Almighty and everlasting Father, thank you that you have brought me to the beginning of this day. Keep me from falling into sin or running into danger; order me in all my doings and guide me to do always what is right in your eyes; through Jesus Christ my Lord.

#### Our Church

- For Derby Diocesan and Alfreton Deanery Synods and for those in our congregations who serve on these bodies.
- For our Archdeacons of Chesterfield and Derby.
- ♣ All Christian leaders world-wide.

#### Wider Issues

- <sup>†</sup> Our neighbours and others with whom we have contact.
- ♣ Absent friends and family.

### Day 15

Lord Jesus, Master carpenter of Nazareth, who through the cross by wood and nails has wrought man's full salvation; use well your tools in this your workshop, that as I come to you rough hewn, I may be fashioned to a truer beauty and a greater usefulness by your hand; for your sake and a greater usefulness by your hand;

### **Our Church**

- Those who bring their children to baptism.
- † Those marrying in our churches this year.
- Our Godchildren.
- Members of our own family.

### Wider Issues

- The standards of Christian marriage.
- ♣ Those engaged to be married.
- ♣ Foster carers and the children they look after.

### Day II

Lord, help me to understand that because of your coming to me in the power of the Holy Spirit, prayer is no longer the knocking at the door but the opening of a window.

#### **Our Church**

- Those involved with maintenance of the church and church grounds, especially our Churchwardens.
- For our Bishops, Alastair and Humphrey as they seek vision for Derby Diocese.

#### Wider Issues

- For hospital staff. and those working with the sick and elderly in our communities.
- For Christians working in the field of medical ethics.

Day 12

I bind unto myself today the strong name of the Trinity, by invocation of the same, the Three in one and one in Three. Christ be with me, Christ within me, Christ behind me, Christ before me, Christ beside me, Christ to win me, Christ beneath me, Christ above me, Christ in quiet, Christ in danger, Christ in hearts of all that love me, Christ in mouth of friend and stranger.

### Our Church

- The sidespeople who welcome people week by week .

### Wider Issues

- The Archbishops of Canterbury and York.
- Those who select our clergy and bishops.
- For our diocesan link with the Church of North India

### Day 13

Lord, make me an instrument of your peace. Where there is hatred let me give love; where there is injury let me give pardon; where there is doubt let me give faith; where there is despair let me give hope; where there is sadness let me give joy; where there is darkness let me give light; through Jesus Christ my Lord.

- † Other parishes in our Deanery.
- **†** Christians Together in Swanwick.

### Day 4

Heavenly Father, in this day of noise and speed and restless activity, grant me tranquillity, the inner tranquillity of spirit which is theirs who trust in your love and wisdom; that as the life of the world surges around, I may yet be still and know that you are God.

#### **Our Church**

- Hazel and Sharon as they look after the admin work.
- ♣ For those who work in admin support in the wider diocese.

#### Wider Concerns

- ⊕ Christians in the Media Television, Radio and Journalism.
- All who bring us our news day by day.
- ⊕ Church unity.

### Day 5

O Christ my Lord, I pray that you will turn my heart to you in the depths of my being, where, with the noise of life silenced and the clamour of bothersome thoughts stilled, I shall stay with you, love you and worship you. Amen.

### **Our Church**

- $\Phi$  Our organists.

- ♦ World Leaders that they may reach out to God for wisdom and that they will rule justly and compassionately.
- For those who empty our bins, deal with our sewage and keep our country clean and tidy.
- † The self-employed, especially those just starting up in business.

Grant me this day, O God, peace within myself, that my inner tensions may be taken away. Grant me this day, O God, peace with my fellow men, that I may live in unity with all. Grant me this day, O God, peace with you, that the certainty that you love me may take all fear away.

#### **Our Church**

- That we can become more relevant to the unchurched, and be willing to accept changes that will enable mission.
- That we might listen to what God is saying to us and act on it.

#### Wider Concerns

- Those who used to be members of our church.
- Those who work in scientific research that they will work for the good of all people

### Day 7

O Lord, strengthen my faith. Give me grace to show it by my works; teach me to walk by it in reliance on your promises and enable me to fight the good fight of faith, that by it I may overcome the world. Through Him who loved me and gave Himself for me, Jesus, my Lord and Saviour.

### **Our Church**

- Our Link Missionary Jill Ball in Ecuador
- Pray for a greater commitment to mission at home and overseas

### Wider Concern

- For those who work to protect our environment
- For our Engineers and Scientists.

### Day 8

O Lord, let the mustard seed of faith be in me and let it grow until it permeates my whole life, outlook and actions.

### **Our Church**

- <sup>↑</sup> The ministry of healing in our church.
- Those who are currently sick or anxious.
- Those who are housebound or isolated.

#### Wider Concerns

- † Those who minister to the sick and dying.
- All nurses and carers.

### Day 9

Strengthen me O God, that I may add to my faith goodness; to goodness knowledge; to knowledge self control; to self control endurance; to endurance godliness; to godliness care for others; to care for others, love; that I may be effective and productive in the knowledge of Jesus Christ my Lord.

#### **Our Church**

- The Toddler Service leaders, mothers and children
- Toddler Group- Leaders, helpers and mothers attending.
- Rainbow, Brownie and Guide leaders and the work they do.

#### Wider Concerns

- Schools in our parishes, Swanwick Primary, Swanwick Hall School & Swanwick School and Sports College for children and staff and for all who help educate our children in any capacity.
- ⊕ For Swanwick pre-school

### Day 10

O God, You are the light of the minds that know you; and the strength of the wills that serve you; help us to know you that we may truly love You; so to love You that we may fully serve You, whom to serve is perfect freedom.

### **Our Church**

- → The young people in our church.
- Leaders of Toddler Service, Early Birds. and Crossroads
- For vision for our work with children and young people.
- That the Lord will draw young families and young adults to our church and that we will be willing to adapt and change as we welcome them.

- † Young people who suffer any kind of abuse.
- The young people that Valley CIDS work with week by week and their parents, that God will work within them.