

Activities 2015

An exciting range of activities are available for voluntary groups across the county of Shropshire who are affiliated with SYA. We offer great prices to groups and an easy booking system. For further information please contact SYA on 01743254687 or info@sya.org.uk

Shropshire Youth Association

Walker House
Radbrook Campus
Radbrook Road
Shrewsbury
SY3 9BJ

Registered Charity No 518488

T: 01743254687
W: sya.org.uk
E: info@sya.org.uk



All providers of the activities on offer are fully DBS checked, hold correct insurance, risk assessments, qualifications and are affiliated with the relevant regulatory boards.

If you wish to see any of the above, please do not hesitate to get in touch.

For all activities it is advisable to bring– waterproofs, old clothes that you don't mind getting wet or muddy, and walking boots or suitable footwear. A full list of clothing is provided at the back of the booklet. If you have not got the above equipment, contact SYA as these items can be borrowed. Please provide sunscreen and hats weather permitting. All specialist equipment will be issued by the provider. You will need to provide your own food and a lunch break will be included within your session times.

To hire equipment there is a small charge:
Walking Boots- £5 each
Waterproofs- £3 each

In this booklet there is an activity booking form and for the equipment hire, let us know amount and sizes of items and the length of time you would like to hire it for.

We would like all bookings to be paid up front and bookings to be made at least a month in advance.

Activities cannot be booked over the phone, please book via booking form enclosed, email, or through our website.

Please ensure you have received parental consent for all young people and let us know those participating as to confirm numbers, so that we can let the activity providers know.

Again if you require any further information do not hesitate to contact us.

ENJOY!



Young Peoples Consent Form

Trips & Activities Consent Form-

PROJECT: _____ DATES: _____
COST: _____
DEPART & RETURN: _____

If you wish to take part in the above activity, please complete the form below and return it to:

Group Leader
S

ould you have any queries regarding this please contact SYA 01743254687

I consent for..... (name)

to take part in

I consent to medical or such treatment (which includes the administration of anaesthetics or the carrying out of surgical operations) deemed necessary by a qualified medical practitioner or to first-aid being administered in the case of my **son/daughter** if an emergency should occur at a time when my consent to the particular treatment cannot otherwise reasonably be obtained.

Please give details of any medical conditions and medication they may be carrying:

I do not consider that this condition prevents my **son/ daughter** from taking part in the above activity **Y/N**

Signed: _____ **Parent/ Guardian** (If under 18 years)
_____ **Self** (If over 18 years)

Name & Address of **Self/ Parent/ Guardian** **CAPITALS PLEASE**
Name: _____

Address: _____

Tel No: _____
Additional Emergency Contact No & Details:

NB. You are reminded that **Personal Accident Insurance** and **Insurance to cover loss or damaged** personal property is your responsibility and will not be provided by the organisers.



Shropshire Youth Association

Booking Form

Name of Group.....

Group Leader.....

Activity.....

Date of Activity.....

Number of Young People

Number of Staff

Consent Forms Complete Y/N

Equipment Hire:

Items

Amount & Sizes

Time required

Activities

Multi Activity Day– Stottesdon, Live the Adventure

Multi Activity Day– The Edge Adventure

Fishing

Paddle & Outdoor Sports

Bell Boat

Woodland Survival

Arthog Outreach

Mountain Biking

Activities @ Longmynd

Residentials

Other Special Price Activities

Aunique Art-Graffiti Art Workshops

DY3-Balloon Modelling, Henna, Face Paints, Air Brush Tattoos,

T-shirt Designs

Party Animal Corner Exotic Animal Man

Hoo Farm



Paddle & Outdoor Sports

Drummonds

Canoeing Activities– (Based on groups of 8-10) 2^{1/2} hours = £138
Full day 10am-4pm = £276

* The more participants the greater the cost, maximum young people 40-50

Bell Boat– max 60-90 young people. The Bell Boat day is an enjoyable day for team racing and team building. This can be done to suit groups. It is also a good opportunity to meet different voluntary groups as this activity can be organized by SYA for inter group competitions.

- Different venues and prices will be used, and non standard requests will be quoted individually so please ask for further details.

Kit List: Change of clothes, towel, lightweight waterproof jacket & trousers, spare fleece/ jumper-wear lightweight track suit and jumper, soft shoes/ old trainers. Where applicable: Packed lunch, sun cream, glasses and a hat. Please bring drinks.

Rock Climbing & Abseiling- (Based on groups of 2-8) costs as above
Max young people– 20-25

Kit List: Walking boots or suitable hard soled footwear, clothes weather permitting (no shorts), waterproof jacket. Where applicable packed lunch. Please bring drinks.



Graffiti Workshops– Using pens, paints and spray paints you can design your own:
Vinyl, Cap, Canvas Boards (2 sizes to choose), display boards, and where applicable wall art.

Please contact us for prices and any further details



Party Animal Corner– Exotic Animals

A fantastic club session where Simon brings some wild and scary animals for you to see, and if you Dare hold!



To Book Simon for your sessions 1^{1/2} hour slots available. Contact us for prices..

Longmynd Activity Centre

The Longmynd centre near Church Stretton offers the chance to take part in multi activity days starting from approx. £100 per day, and the centre is also fantastic for residentials, sleeping in log cabins on site.



Please contact us for more details.

We hope that you enjoy any of the activities you participate in. Please feel free to contact us for more details!!



Multi Activity Days

Page 8

Arthog Outreach Centre

This outreach centre, gives young people a taste of some of the activities on offer at the main Arthog centre in North Wales.

They offer on-site activities, which include: Orienteering, bush craft, team building games, and an indoor climbing wall.

The off site activities are : rock face climbing/ abseiling, canoeing on the river or a journey on the river from Ironbridge to Bridgnorth– this would be better suited for young people aged 12+ and with quite a good fitness level. Arthog can offer the option for transport to, and from their base to the sites and back, this is an extra cost but may suit those groups with no transport options.

The price for half days £115, and full days £175, with transport the cost is £130 and £210 respectively. All equipment will be provided but you will need to bring waterproof clothing and suitable footwear a packed lunch and plenty of fluids. Please book in plenty of time to ensure the availability of instructors.

Bubble Football

West Midlands Bubble Football

Bubble football is part zorbing & part-5-a side. The football aspect is pretty loose as you will soon find that bumping into your friends and sending them bouncing and rolling all over the place is amazing fun. This activity is an hilariously fun set of activities designed to get the most fun out of a session whereby the top half of your body is in a giant zorb. Football in the zorbs is just one of a number of games we can offer and often we play without a football.



The price for 1 hour is £100 up to 15 participants aged 9-16, but can be extended if necessary. This activity is great as no sporting ability is required.

This activity can be used during a youth club session where there is suitable ground and space like astro turf & grass or it can be done in Shrewsbury at the Sports Village. It can also be hired for community days.

Please contact us for more details.



Multi Activity Days

Page 5

The Edge Adventure

Venues– Newton House Farm- Much Wenlock or Attingham Park– Shrewsbury

Archery, Climbing, Orienteering & Team Building Challenges (Package offer £28pp + £10pp for Segway) Min 8 young people aged 8 plus (aged 11 plus for Segway)

Other activities on offer:

Zip Line, pellet shooting range, Quad Bikes (Max 15 years), High Ropes/ Jacobs Ladder, Climbing Wall (Which can be brought to you), Mountain Boarding & Clay Pigeon Shooting. Please contact us for prices and further details.

These activities can be arranged to suit you (if available, so it is best to book at least a month in advance to ensure you get the date and times that you want.)

Kit List: Waterproof Clothing

There are also opportunities to take part in horse riding programmes– please contact us for further details

Laser Tag– SYA Go Commando

SYA have on offer the opportunity to provide you with an outdoor alternative to paintballing. We have 10 heavy duty laser guns that we hire to groups or for the use at community events etc. These guns are easy to use and a full list of instructions will be provided to enable group leaders to set up different games, alternatively an SYA support worker can be on hand to assist you in facilitating this activity.

The hire cost is £150 and this includes 10 laser guns, barricades and a member of staff. We can work around you for a suitable location. The activity can run for 4 hours with time for lunch, and each session can cater for up to 20 young people, as we can play both individual and team games.

Your support worker can bring them to a club night just for your club for FREE (restricted to once a term)



Multi Activity Days

Live the Adventure– Stottesdon

Adventure Day 10am-4pm Min 10 participants

Included between 3 & 4 activities-

Climbing, Laser tag, Jacobs Ladder, Rifle Shooting, Archery, Orienteering, Slack Lining, Canoeing, Kayaking, Raft Building, Hill Boarding & Caving. @ £46 pp + £10pp for Horse Riding & Paintballing.

Activities will be subject to availability at time of booking. The number of activities possible will depend on group numbers.



Upper Shadymoor Farm

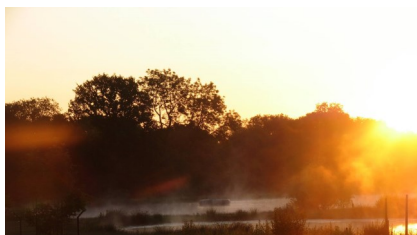
Activity Day (each activity will last 2 hours- ie. Full Morning/ Afternoon/ Evening. A break for homemade cake and drink are included.)

Each activity could be combined with another to provide a full day.

Fly Fishing £26 per rod. Tuition, equipment provided, followed by DIY BBQ (wood and BBQ provided) BBQ your Trout and bring your own food to accompany it.

Secret Shadymoor- £26 pp. Making homemade crafts, including bow & Arrows, binding wall hangings, wild flower and bird/egg identification. (Activities will vary with the seasons)

Between May & July 26th early evening bookings ie. after school are available. School holiday bookings are limited.



Multi Activity Days– Sailing

Sue Turena Outdoor Adventure

Canoe & Coracle Challenge:

Option 1– 9.30am–4pm on Whitemere with fun and games in canoes and coracles. Exploring the mere by canoe. Age 8+ max 8 participants plus Competent staff. (Avoiding weekends) One instructor price is £280

Option 2– 9.30am– 4pm Day paddling on the meres. Mini expedition with an option of cooking lunch provided along the way. Venue depends on weather and the age and ability of participants. Age 10+ max 8 participants and competent staff. One instructor price is £350

Multi activity day– A day on Whitemere with a combination of sailing, canoeing and raft building. Age 10+ (Avoid weekends). 9.30am– 4pm Two instructors depending on numbers, max 12 participants £700

Llanymynech orienteering and team work/ problem solving.– A day at Llanymynech with a permanent orienteering course and a wealth of local history, a chance to find fossils in rock debris. Max 12 participants One instructor price is £300

Gateway Mountain Biking

Half days biking 10am– 1pm or 1pm– 4pm group of 8 (1 must be group worker) £175 + VAT.

Full day biking 10am– 3pm group of 8 (1 must be group worker) £ 250 + VAT

The experience can be done in the Shropshire Hills but please confirm on booking as can be done nearer to you if possible terrain is available. Age 11+. We ask that age and ability can be as close as possible.

Hoo Farm

Hoo Farm is a family run Countryside Attraction nestling in 32 acres of woodland and paddocks in the heart of rural Shropshire. Hoo Farm gives you the opportunity to see animals from all continents, whilst enjoying the farm trail. You will have feeding opportunities and the chance to hear talks and watch animal shows. Also situated on site there is a picnic and play zone. The animals range from goats to lemurs, owls to crocodiles. We can offer this experience at £5 per young person and a free adult with every 6 young person. This is designed for children and young people of all ages. Please contact us for further details or visit their website: www.hoofarm.com

