

Reflex Relax

Hand & Foot
Reflexology

35 minute massage including 10 minute consultation

For more information contact :

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Tel: 07414 523547

Email: Julie.edwards1971@hotmail.co.uk



KNOWDRUGS

THE PARENTS GUIDE

iPhone and iPad App

The world's first mobile app offering parents up to date information and advice about drugs.



COMMUNITY NEWSLETTER

Penkside Issue 40 - December 2014



This will be our last issue for 2014 so on behalf of the Penkside Community Champions we would like to wish you all a Merry Christmas and a Happy New Year!

SATURDAY



in Silkmore Children's Centre

10am - Midday

Prizes Galore

(no cash prizes given)

Light Refreshments Available

Brought to you by the Penkside Community Champions



Haughton Christmas Lights
will be switched on
Friday 12th December
at 5.00pm



Visit with the whole family throughout Christmas

St Peters Church, Rickerscote



A big welcome to the new Priest of Rickerscote Parish, Father David Baker, who was inaugurated into the Parish on Monday 24th November 2014, at a ceremony held at St Peters Church. The Bishop of Stafford, the right reverend Geoffrey Annas presided over the proceedings. Father David will be getting out and about over the coming months to meet the community and get to know more about what is happening in the Parish.



Sing along with Santa

Meadow Road Play Park

6.00pm - 8.00pm

Sunday 21st December 2014

Come along and visit Santa in his grotto

Carol Singing Mince pies

Hot Drinks

Warm Clothing Essential

Everything FREE



In partnership with...

Believe in children Barnardo's



Christmas Wordsearch

C	F	M	R	Y	L	O	H	P	S	R	A	Z	K	
S	A	V	K	P	F	N	U	E	B	E	G	F	L	
N	I	N	X	Q	P	R	D	N	A	Q	T	S	A	I
O	R	S	D	U	U	D	O	Y	S	Q	N	C	M	G
W	Y	T	F	L	I	S	X	B	Z	O	I	A	I	H
M	S	U	I	N	E	U	O	S	I	S	W	R	L	T
A	T	F	G	E	N	R	A	T	H	N	K	F	Y	S
N	N	F	M	Y	E	P	A	L	E	S	N	I	T	B
C	E	I	Y	C	H	R	I	S	T	M	A	S	E	L
N	S	N	S	U	O	I	T	Y	I	Z	Q	R	A	H
C	E	G	Z	C	B	S	J	P	T	U	R	K	E	Y
D	R	Q	E	D	U	E	P	X	U	I	C	G	A	D
I	P	D	R	E	B	M	E	C	E	D	T	G	Q	C
B	T	G	G	M	N	T	Q	S	F	T	D	R	A	C
G	S	A	N	T	A	X	Y	N	P	G	Q	E	P	S

DECORATIONS
CHRISTMAS
SURPRISE
PRESENTS
SNOWMAN
DECEMBER
WINTER
TREE
CARD
SCARF
PUDDING

BERRIES
CANDLE
TURKEY
FAMILY
TINSEL
ROBIN
HOLLY
FAIRY
SANTA
LIGHTS
STUFFING



Silkmore Estate Update

The last two bedsit conversions to one bedroom flats in Exeter Street is well underway with the rest now occupied by returning customers who are delighted with their new home. As well as new windows and patio doors that all other flats in Exeter Street will be receiving. It's been an intense programme and customers have been moved into temporary accommodation for up to six weeks whilst their homes were refitted and structurally altered to improve the living space. The additional living space was achieved by using up old bin storage areas and now these customers have a high standard of living accommodation that they can be proud of. Pictured are examples of some of the improvement work.



Jeremy, a customer who was the first to have his flat converted said "I'm very happy with the work which has been done in my flat it is vast improvement. I have a lovely kitchen and patio door and everybody who visits me is really impressed with the work. I can't wait for my garden to be finished as well".



Other work in the Exeter street flats is progressing well with most flats being worked on. All this work does mean disruption and sometime mess, and the wet weather has helped to create mud on roads, which Nov Contractors are working to clear with road sweepers. We hope our Customers will bear with us over the Christmas Period and in the New Year we intend to start work on the landscaping and car parking. In the meantime SARH and Novus would like to wish all our customers a Merry Christmas and a Happy New Year.

Penkside Partners...

Working with the Community

Staffordshire County Council

St Peter's Church Rickerscote

Fancy Dress Day!!

Here at Highfields Signpost Centre



Tuesday 23rd December 9.30am-2.30pm

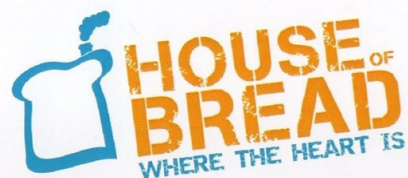
With a small prize for the best costume, to be judged by Signposts staff
Everybody welcome!

Open Daily 4-24 December

christmas at Stafford Market

Mon - Sat | 9.00am - 5.00pm
Sun | 10.00am - 4.00pm

Wed 24 December | 9.00am - 4.30pm
Christmas Day and Boxing Day | Closed
Sat 27 December | 9.00am - 5.00pm
Sun 28 and Mon 29 December | Closed
Tue 30 December | 9.00am - 4.30pm
Wed 31 December | 9.00am - 2.30pm
New Year's Day | Closed



CHARITY BALL

In aid of work to support vulnerable and homeless in Stafford area.

**4 Course Dinner
and Dancing to 3/6D**

Stafford County Showground, Ingestre Suite
Friday 13th February 2015, 7.15pm for 7.45pm

Ticket Price £25.00pp - Dress Code: Black Tie / Lounge Suit - Carriages 1am
Cheques & donations payable to House of Bread.

House of Bread are now open on a Wednesday morning at St Peters in Rickerscote. This is fantastic to work with another local church and further reach more people in need in the Stafford area. As ever ALL ARE WELCOME so please come down between 10am and 2pm for a light lunch and cakes.
e:houseofbread@btinternet.com m:07720850720
t: 01785 607 932

RECYCLE

Congratulations to the lucky winner in Peach Avenue who received £50 for having all the correct items in their Blue Caddy when checked recently by Stafford Borough Council.

Blue Bin - Cardboard (flattened), Aerosols (e.g. shaving gel, polish and deodorant - must be empty), Plastic bags (must be empty), Wrappers (food, cellophane and cling film), Foil (food trays and tin foil), Cans (food and drink), Glass (bottles and jars), Plastic bottles (e.g. milk, soft drink, yoghurt pots, margarine tubs and household cleaning fluid bottles, shampoo, bleach), Waxed cartons (e.g. juice, soup and milk cartons), Plant pots

No Thanks - Engine oil bottles, Polystyrene, Pyrex, Textiles and Shoes, Any household waste, animal waste or food waste

Blue Caddy - Newspapers, Magazines, Brochures, Catalogues, Junk mail, Envelopes (including window envelopes), Yellow pages, Shredded paper

No Thanks - Tissue paper, Greeting cards, Jiffy bags, Wallpaper, Used and Un-used Tissues or Kitchen Towel

STAFFORD GATEHOUSE THEATRE & STAFFORD BOROUGH COUNCIL
LEISURE AND CULTURE PRESENT

THE ROCK 'N' ROLL PARTY CINDERELLA

Fun for all the family! Magical festive entertainment!

Wed 10th Dec 2014 - Sat 10th Jan 2015
BOX OFFICE 01785 619080
www.staffordgatehousetheatre.co.uk

St Peters Church, Rickerscote

Dates for Christmas

Christingle and lighting the Christmas tree
4:00 pm Christmas Eve

Midnight Mass 11:30 pm Christmas Eve

Christmas Mass 10:15 am Christmas Day

FREE COURSES

Community Learning
Programme 2014



Stafford and Rural Homes free learning programme
2014 now available and below is a list of forthcoming courses.

Family Learning - Story Sacks	Friday 9th January	3.30pm - 5.00pm Every Friday for 6 weeks	Dixon Community Centre, Tedder Road, Stafford. ST16 3RA
Be the Best - Interviews, CV's, Application Forms	Tuesday 20th January	1.00pm - 3.30pm	Learning Academy, S&RH, 1 Parker Court, Beaconside, ST18 0WP
Live4Less	Wednesday 28th January	1.00pm - 4.00pm	Learning Academy, S&RH, 1 Parker Court, Beaconside, ST18 0WP
Introduction to Customer Services	Mon 2nd Feb - Fri 13th Feb	9.30am - 3.00pm (Each Weekday)	Swinburne Close Community Centre, Highfields, ST17 9YE
Benefits & Budgeting Made Simple	Tuesday 3rd February	2.00pm - 4.00pm	Silkmore Children's Centre, Exeter Street, Stafford, ST17 4EG
DIY Decorating	Wednesday 4th February	1.00pm - 4.00pm	B&Q, Meir Park, Whittle Road, St3 7QA
Your Bicycle Maintenance and Mechanics	Monday 9th February	9.30am - 4.00pm	Rising Brook Community Fire Station, Hesketh Road, Stafford, ST17 9NF
Health & Wellbeing	Thursday 12th February	10.00am - 1.00pm	Gnosall Community Fire Station, Wharf Lane, Gnosall, ST20 0DB

Stafford and Rural Homes free learning programme now available. The full programme for 2015 will be out shortly. To book your place or for more information contact the Community Involvement Team, on 0800 111 4554 or email cp@sarh.co.uk. Alternatively, you can register your interest through our Facebook page 'Community Learning Programme'.

Want to gain a Nationally Recognised Walking Qualification?

Stafford Borough's Health Team have won funding to develop a walking group from Silkmore Children's centre. A walk will be delivered every week for 10 weeks from Silkmore Children's Centre where you will be given a free pedometer, and at the end of the 10 weeks, free walk leader training will be given to all those who are interested. So come along on Friday 9th January 2015 at 1.30pm for a walk and a chat Refreshments provided!!!



Put the freeze on festive thieves

Take simple measures this Christmas to keep you and your property safe.

In your car:

- remove valuable items from your car
- don't advertise what you've bought by leaving shopping on view. Store items in the boot and make sure it's locked.

At home:

- lock doors and windows even if you're 'just popping out'
- if storing presents in sheds or garages make sure they are kept secure
- keep presents out of view, away from prying eyes
- when presents have been opened, take the packaging to the tip rather than leaving it out with the dustbin to avoid advertising you have a new TV, bike or other new products.

Out and about:

- keep wallets, purses and phones safe and out of sight
- always shield your PIN from prying eyes.

For more safety advice follow #SaferXmas on Twitter

Have a safe and Merry Christmas and a Happy New Year

