

Jesus said to them, 'Come away with me.
Let us go alone to a quiet place and rest
for a while.'

There is no charge for any of the
sessions held at St. Mary's. Those
attending are invited to make a
donation in the region of £3 to £5 to
help cover costs of heating, printing
and other materials.

Please feel free to come along to any
of the Sessions

For more information contact Ann
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(01354 650855)

'Be still and know that I am God'



March
Team Ministry



'Pause for Reflection'

Nurturing Discipleship

A programme of
Quiet Times



2019



A time of Relaxation and Renewal ...

Ann Braithwaite will be leading a programme of Quiet Times on the theme:

'Nurturing Discipleship'

We will be looking at differing ways of helping us grow as Christians

Anyone is welcome to come to any of the sessions, as and when they are able. Whilst some input will be provided by Ann people are free to use the space to be quiet, reflect, read, pray, draw, and use the time in the most helpful way for them.

Each session will conclude with an informal service of Holy Communion

All sessions will be held at at St. Mary's Church,
Wisbech Road, Westry, March

Tea and coffee will be available.

Day-time sessions will end with a picnic lunch at 1pm for those able to stay.

PROGRAMME

Monday 4th February 9.30 am to 1pm
'Holy Habits'

Monday 29th April 9.30 am to 1 pm
'Breaking Bread Together'

Monday 24th June 9.30 am to 1pm
'Developing our Prayer Life'

Monday 9th September 9.30 am to 1pm
'Giving Hospitality with Gladness'

Monday 4th November 9.30 am to 1pm
'Living Joyfully'