



## TEA, COFFEE AND CHAT

Bereaved?

Want to get out of the house?

Have a chat amongst friends?

**When:** 1<sup>st</sup> & 2<sup>nd</sup> Wednesday Every Month

**Time:** 2pm to 4pm

**Where:** DROP-IN BEREAVEMENT CENTRE  
187 Grange Road Plaistow E13 0HA

### DATES IN SPRING/SUMMER 2018

7 <sup>th</sup>	February	4 <sup>th</sup>	April	6 <sup>th</sup>	June	1 <sup>st</sup>	August
14 <sup>th</sup>	February	11 <sup>th</sup>	April	13 <sup>th</sup>	June	8 <sup>th</sup>	August
7 <sup>th</sup>	March	2 <sup>nd</sup>	May	4 <sup>th</sup>	July	5 <sup>th</sup>	September
14 <sup>th</sup>	March	9 <sup>th</sup>	May	11 <sup>th</sup>	July	12 <sup>th</sup>	September

Cost is just a small donation of 50 pence

**ALL WELCOME**

☎ 0207 511 6444

✉ [dropinbereavement@btinternet.com](mailto:dropinbereavement@btinternet.com)

🌐 [www.dropinbereavementcentre.btck.co.uk](http://www.dropinbereavementcentre.btck.co.uk)



The Drop-In Bereavement Centre (DIBC) 187 Grange Road Plaistow, London E13 0HA

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