

footpath sign. Take this path with the field hedge on your left. This land is part of the Cotehele estate which has many tenanted farms. Continue on with distant views of Calstock Church and the triangular tower (folly) on the estate built to commemorate the visit of George the Third and his Queen. In the second field continue on the same line, then drop down (carefully) to a kissing gate behind a small pylon (5) and turn right into the woods - still on the estate. Follow main track on the right with winter views on left to the Tamar, Calstock village and viaduct. Where track bends sharply to the right to the gate, take the footpath to the left,

With care, descend to main track, turn right, bearing left for the Quay. Pass the Calstock viewing point (6) and back to the start point via the little chapel with its story of the Great Escape. Cream tea as a perfect end perhaps? Remember the

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Supported by Calstock Parish Council,
Devon & Cornwall Rail Partnership,
The Queen's Head, Tamar Inn, Boot Inn, White Hart,
Buccaneer, Cornish Inn, Tavistock Arms Hotel, Louis
Tea Rooms, Premier Stores, Carpenter's Arms,
Sandhill House and Andrew Brown.

The Calstock Footpath Society is engaged in monitoring and caring for the paths throughout the villages and hamlets in the Parish that are used by the local community and visitors to the area.

Membership is open to all. £6 per annum, which includes all Society walks.

Visit <http://cfs.btck.co.uk>

To obtain more guides:

Email calstockfootpath@gmail.com

Title: Easy Going: Cotehele Estate

Distance: 3 miles.

Gradient: Fairly level. No steep gradients

Level of difficulty: Easy

Type of paths: Quiet roads, woodland and field paths

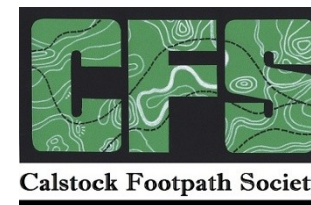
Suggested map: OS Explorer 108

Start/finish grid ref: **GPS:** N50° 29' 26.81"
W4° 13' 27.20"
(SX 423 682)

Suitability for dogs: on leads only

Parking: Cotehele Quay (£3 50 or free to NT members)

Refreshments and public toilets: Cotehele Quay

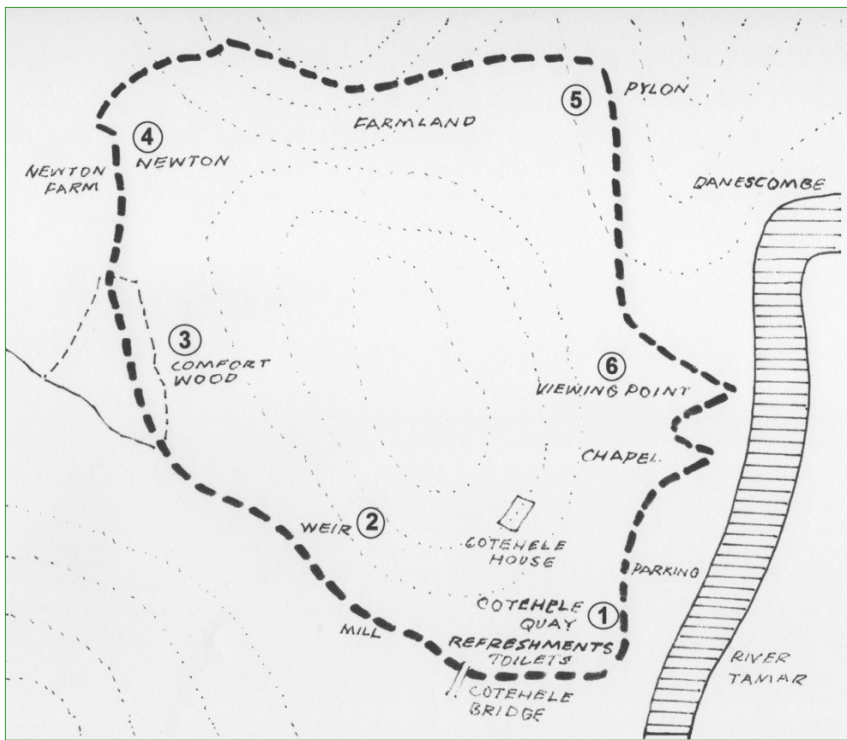


A SERIES OF WALKS IN THE TAMAR VALLEY

GUIDE NO 4

Easy Going Cotehele Estate 3 miles





Everyone likes a challenge but this walk is perfect for those who just want to stretch their legs for an hour or so and enjoy the wonderful benefits that the **Cotehele Estate** (National Trust) has to offer. Starting and ending at Cotehele Quay, refreshment is available at the Edgcumbe before and after the walk. Car parking is free to NT Members and a £3-50p for others.

Leave **Cotehele Quay (1)** following signs to the **Mill** and if time a visit to the *Discovery Centre* will tell you more about the Cotehele Quay and local history. Turn left on tarmac

follow the main path. After 50 yards take a left fork to the tumbling waters of the **Weir (2)**, a place that few visitors to Cotehele find. Tucked away in the corner is the small sluice gate that allows water from the weir pool to feed the leat that powers the mill wheel.

Continue up a slight rise into Newhouses and take the lane immediately opposite for



road and follow it towards woods ahead - do not cross the bridge which is not as old as it looks! With the Morden stream on your left follow the wide track; a left fork takes you to Cotehele working watermill with its numerous workshops and displays and a recently installed hydro-electric system. Go in June and you may find in the mill meadow the rare Southern Marsh Orchid. Fork right and



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permissive path across private land. Bear half right across a field through an avenue of recently planted cherry trees to a gate on the far side. You are in the small hamlet of **Newton (4)**.

Turn left into the lane, bear right and proceed to a T junction, then turn right to reach a second T junction. Immediately opposite is a public

100 yards. Turn right at first wooden 5-bar gate onto a rough track, ignoring the public footpath sign a little further on. You are now entering **Comfort Wood (3)** which has been cleared of thickly planted conifers introduced after World War 2 allowing natural growth and a

rich habitat for wildlife. Follow this track ahead fork to the right before reaching a gate to a