Thursday Walks in July 2015

These are local walks of, approximately 3 to 4 miles in length and within reach of public transport, and this month we have a variety of Walk Leaders to take charge.

2nd July - June Hartley (Tel. 4564983, mob.- 07854524779)

Meet 10.00am., at Lidl (Boldon Lane) entrance. Walk the old mineral line to Boldon and then on to the Britannia at Cleadon Village for refreshments, then bus home.

9th July - Ellen Richards (Tel. 4252583, mob. - 07930816168)

Meet in Asda (park at 10.00am, walk to the coast and around to Ocean Road for a coffee break.

16th July - Eve Weatherall (mob. - 07949787077)

Meet 10.00am at ferry landing to catch 10.15am ferry. Walk to the Royal Quays, then refreshments (? and a look around) then bus back to ferry for homeward journey.

23rd July - Ellen Richards (Tel. 4252583, mob - 07930816168)

Meet at 'New Ship' approximately 10.00am, - walk over Cleadon Hills for coffee break at Whitburn then public transport home.

30th July - Chris Evans (Tel. 4558787, mob. - 07990682943)

Meet 10.00am at ferry landing to catch 10.15am ferry. Walk to Priory then refreshments (? Salutation Arms - bacon & egg muffin + coffee for £1.79 - if it's before noon) Then a leisurely walk back down to catch the ferry back.

Further Excuses for Walking:

The only reason I would take up walking - is so I could hear heavy breathing again!
I have to walk early in the morning, - before my brain figures out what I'm doing!
I joined a health club last year, spent about £200 - Haven't lost a pound in weight! Apparently, you have to go there !!!