



Charity No. 275931

HOSPITAL VISITORS & PATIENTS MAGAZINE 2014

Produced and published by



**Millstream Business Centre, 12 Millstream, Ringwood,
Hampshire BH24 3SE**

Tel: 01425 470950 Fax: 01425 477078

Email: office@horizon-publishing.co.uk

The publishers would like to thank all the advertisers, who by virtue of their kind support, have enabled this magazine to be produced **FREE OF CHARGE**. Without your support this valuable source of fund raising would not now be available.

Horizon Publishing is a trading name of Horizon Publishing Ltd.©
No reproduction by any form, copying or recording, image scanning may
be allowed without written consent of the publishers.

THE LEAGUE OF FRIENDS OF THE WINCHESTER HOSPITALS

Registered Charity No. 275931

Royal Hampshire County Hospital

Romsey Road
Winchester
SO22 5DG

Tel: 01962 824783

Chairman

Mr G Cox

Treasurer

Mr P Piper

Secretary

Mrs E Colley

In addition to the Chairman and Treasurer, other Management Committee Members who are Trustees of the League are: Mr E Caldwell, Mr R Chisnell, Mr A Clarke, Mr J Colley, Mrs P Haddock, Mrs M Meredith, Mrs H Morgan, Mrs T Spiers and Mrs P Williams (retired October 2013).

Once a month we have a Management Committee meeting and, on a quarterly basis, we have a Representatives' Meeting, which is made up of the Management Committee plus eight Representatives.

Our Representatives come from various local organisations such as U3A, Women's Institutes, the Inner Wheel Club of Winchester, the Soroptimists, Rotary, Winchester Floral Design, Winchester Hospital Radio, the Winchester Association of Women Graduates and local business. Each representative keeps his or her particular organisation informed of our work, thereby encouraging its members to support the hospital.

At these quarterly meetings we normally either have a speaker or may visit a particular Ward in the hospital to formally present a piece of equipment. If you happen to belong to an organisation and would like to join our committee please do not hesitate to contact us for further details.

CHAIRMAN'S REMARKS 2014

It is always surprising how quickly times passes and it really does not feel that twelve months have elapsed since I was preparing to write for our booklet. We have used this method to publicize all that the League has been doing over the year for some considerable time. It is an opportunity to send this out to the many contacts we have made as well as having it available at our fund raising events.



It is always pleasing to report that the League has had another busy and active year and our Treasurer has set out in detail the financial aspects of the League's work. As always we have received some unexpected donations and bequests and because of these, we have been able to provide further equipment to both a number of departments within the hospital and other areas of the Trust activity.

We continually need to find interesting ways of raising funds and you will find elsewhere in this booklet, details of the ones that have taken place this year. We shall arrange for further events during the next twelve months and details of these will be posted on our web-site.

I recently attended the AGM of the Hampshire Hospital Trust at Basingstoke and also the local meeting at the Royal Hampshire County Hospital. It was an opportunity to hear how things were going within the Trust and also to understand the complexities of running a large business based on three sites in different parts of northern Hampshire. I was most impressed with the dedication of the Management Team who were completely focused on the job in hand with particular reference to the patients in their care. In addition all involved recognised that there are some problems ahead but were working really hard to resolve those difficulties with some very positive forward planning. I came away from both of these meetings with the strong feeling that the Royal Hampshire County Hospital was in safe hands.

As most of you will probably know, the League of Friends has a Management Committee which meets almost every month and within that Committee, we have a number of Trustees. I would like to place on record, my particular thanks to all members of this Committee who have given much support over the past twelve months. Our very hard working secretary, Liz Colley, and our Treasurer, Patrick Piper, have both made a tremendous contribution to the work of the League, we owe them a great deal. In addition to this Committee, we also have our Representatives Committee which meets four times a year and this is purely to keep them in touch with what the League has been doing. Sadly we have seen several members of both these Committees stand down and therefore we are seeking to replace them. If you would like to know more about the work of the League and would consider joining either the Management or Representatives Committees, please do not hesitate to contact either Liz Colley or myself.

Geoff Cox – *Chairman*

REPRESENTATIVES MEETING IN JANUARY

Members of the Representatives, together with the Management Committee were delighted to welcome Ward Manager, Sister Debbie Parkinson, to the meeting in January.

Debbie had come along to explain the Cuddle Cot – a piece of equipment that the League had donated – and to explain it's use.

Cuddle Cot or Cold Cot is a term used to describe a piece of equipment designed to keep a baby's body cool after it's death. It is suitable for use with babies that have been lost through miscarriage, stillbirth, during labour, or after birth. Some pieces of equipment can be flexible and used with older babies and toddlers too. This is a fairly new piece of equipment, that is gradually being adopted by some labour wards for use on their bereavement suites.

Parents of stillborn babies at the Royal Hampshire County Hospital will now have more time to come to terms with the situation with the introduction of a cold cot bought by the League of Friends.

Debbie said "This donation will make a tremendous difference to more women than you can imagine".



Letter from the Secretary

Dear Members and Friends,

May I begin by wishing you all a very happy and prosperous year ahead!

Welcome to what must be our 14th Booklet printed by Horizon Publishing for us absolutely free of charge. Wherever possible, please support our advertisers without whom production of this magazine would not be possible. We hope you will agree that it's an attractive glossy magazine with some informative articles of interest. We strive to 'keep up the good work' but any comment or help from our members would be very welcome!



In our endeavours to publicise the League of Friends more widely and, of course, to boost our income, the Estates Department have kindly put up some new blue more secure collecting boxes around the hospital, a photo of which you will see as you page through the booklet. As always we depend very much on your generosity to enable us to meet the many bids we receive from the Trust. However small, we greatly appreciate your help.

It has been, once again, a very busy year and a very successful one. All charities have their challenges but, rest assured, we will continue to work hard in order to raise money for those much needed amenities or facilities that are so necessary and appreciated by patients and staff here at the Royal Hampshire County Hospital. With your continued help, we will succeed!

Please keep an eye on our website: winchesterlof.btck.co.uk for up to date information about events and presentations in 2014! If you'd like to volunteer or join our Representatives Committee we'd love to hear from you.

With very best wishes to you all and thank you for your support.

Elizabeth Colley Secretary

**League of Friends, Royal Hampshire County Hospital, Romsey Road,
Winchester SO22 5DG**

Tel:01962 824783

email: winchesterlof@gmail.com

VISIT TO NORTHBROOK WARD

On Tuesday 16th April 2013, members of the Management and Representatives' committees visited the Northbrook Ward, where Sister Lois Doel, the Clinical Ward Manager, gave a demonstration of the Masimo RAD-8 signal extraction pulse oximeter which the League of Friends had purchased for the hospital.



The RAD-8, although of compact and lightweight design, is accurate even during patient motion and therefore suitable for monitoring the heart rate and oxygen saturation levels of babies and children in sleep studies which can be conducted in the home. It reduces false alarms by 95% without missing true clinical events. The data is collected using either clip-on or stick-on probes and once that data has been collected, the RAD-8 is connected to a computer to view the results.



The equipment will be used primarily by the ENT department and will help to reduce the waiting list for such sleep studies.



**THE BELMONT HALL MANAGEMENT COMMITTEE LTD
FORMERLY REGISTERED CHARITY NO. 1105496
31 GUILDFORD DRIVE
CHANDLERS FORD
EASTLEIGH SO53 3PS**

When winding up the above Charity, the Chairman of the organisation, Mr M Wallach, together with Mr D Burgess, presented a cheque for £2,000 to the League of Friends of the Winchester Hospitals. The League was one of three charities that had been chosen to receive a gift from the proceeds of the dissolved charity.



Belmont Hall is a parish hall owned by the Winchester Diocese and managed by the Belmont Hall management committee, a registered charity. Now that the seven year lease from the Diocese has lapsed,



Mr M Wallach explained that the committee had decided to wind up the charity and distribute the majority of the funds for the benefit of the community. He went on to say that David Burgess' late wife had been a patient in Winchester hospital and with a generous donation of in excess of £500 in her memory, Mr Burgess expressed the wish that half a dozen fans be purchased to provide extra comfort for patients in hot weather.

The League of Friends of Winchester Hospitals

Presented

GOING FOR A SONG

An illustrated talk from the well-known Auctioneer
PETER RAW

On Friday 20th September at Littleton Millennium Hall, members and friends were quizzed about their knowledge of antiques when Peter brought along items of varying value and authenticity!

The audience were shown each item, invited to examine the object and give its date and value.

Many who thought they were experts were sadly disillusioned!!

It was a fun event, followed by a delicious finger buffet and glass of wine, raising £317 for League funds.



Peter Raw (second from the left)

Would you like to help the hospitals?

The Aims of the League

These are to help to relieve patients at the Royal Hampshire County Hospital and in the community who are sick, convalescent, disabled, handicapped or in need of assistance.

Additionally we support the hospital by helping to improve conditions for both patients and staff with provision of amenities and equipment.

You can help by:

- Becoming a Member of the League
- Sending a donation.
- Supporting our efforts to increase our membership.
- Making the League of Friends a beneficiary under your will.
- Encouraging friends and relatives to make donations to the League in lieu of flowers at funerals.

To:

The League of Friends of the Winchester Hospitals –
Registered Charity No 275931.

1. I wish to enrol as a friend and enclose my first
subscription.

Please send me a Bankers Order form for future
payments, along with the requisite form of declaration
so that you can reclaim tax under the Gift Aid Scheme.

or

2. I do not wish to be a member, but enclose a donation
of £ _____ which will qualify for Gift Aid if you will send
me the requisite declaration.

(PLEASE DELETE 1 OR 2)

Name _____

Address _____

_____ Post Code _____

Email _____

Signed _____

Date / / 2014

NEW BLUE HOSPITAL COLLECTING BOXES



A BIG THANK YOU for donations which have been placed in the League of Friends new blue boxes which have been erected on walls around the wards and in the new outpatients department.

A list of items which has been purchased with the monies collected can be viewed adjacent to each box. As you can see the items are very varied.

Perhaps if you are happy with your treatment at this hospital, what better way to show your appreciation than to drop a few coins in one of these blue boxes.

NIGHTINGALE DESK

I'm sure most of you know where the Nightingale Desk is – by the entrance to the Nightingale Wing Entrance where you will find the WRVS directing you to where you want to go. The League of Friends share the desk and sell cards, tea towels, books (Christmas cards at the appropriate time of the year) and various other new or nearly new bric-a-brac.

The desk is manned three mornings a week – always on a Tuesday – where you meet Helen, who helps us on a very regular basis. If you happen to be available for a couple of hours to help on this desk, Helen would be very willing to have a chat and tell you the 'ropes'! This presence in the hospital we feel is very important to raise our profile and bring us more into the public eye. It's amazing how many people say "what do the League of Friends actually do"!! For those who haven't seen our booklet before, we hope after you have paged through this booklet you will have a very good idea of what we get up to.



A very big thank you Helen!

VOLUNTEERING FAIR

Earlier in the year, we received a note from Winchester Area Community Action, to advise that they were holding another Volunteering Fair on the 19th of October at the Winchester Discovery Centre. We decided that we should attend as it provided an opportunity to tell others about the work of the League of Friends.

I duly arrived at the allotted time of 2.00 to set up my stall and found a number of similar charities also there putting out their displays and other material.

There was a steady flow of people of all ages and although I did not receive many enquiries, it was a chance to explain what the League was about and how the League worked and provided equipment for the hospital. There were a number of volunteers to talk to and this above anything else was interesting in that there were a number of common problems and difficulties

We all seem to be suffering from a lack of active helpers and in some cases; the lack of money was of real concern. The whole afternoon was only from 2.00pm to 4.00pm and all those with whom I spoke, felt that it had been worthwhile and would probably attend again.

Geoff Cox – *Chairman*

LEAGUE OF FRIENDS OF THE WINCHESTER HOSPITALS TREASURER'S REPORT

Whilst it is pleasing that the economy has been showing signs of recovery of late, the challenges facing the Health Service have significantly increased. These remain very much in the public domain featuring constantly in the press and media. The part therefore that the League plays in supporting the Royal Hampshire County Hospital remains so important.



At our AGM I was pleased to report that the twelve months to 31st March 2013 was a successful year for the League. Gross income totalled almost £40,000 emanating from a variety of sources. Subscriptions & donations amounted to £6,790 of which £555 was re-claimed tax under the Gift Aid scheme. Various fund raising activities, reported separately in this booklet, raised £1,600. As visitors to the Hospital have seen, the League has a sales desk in the Nightingale wing and in the year this made a profit of £2,147 including the profit from Christmas cards sales at the seasonal Charity card shop, which operates every year, at the Guildhall. In addition we have installed new collecting boxes throughout the Hospital which raised almost £800. Grateful thanks to our members who give up so much time manning the stalls. Another valuable source of income comes in the form of legacies where individuals so generously remember the League in their will – these totalled approaching £23,000 in the twelve months.

It remains a Treasurer's duty to keep a close eye on operating expenses and I am pleased to report that in the twelve months they totalled £4,970 – marginally less than in the previous year. We remain grateful to our professional advisors for scaling down their fees and all the Trustees continue to give their services on a voluntary basis without charging expenses – a most generous gesture.

The net result for the year was a surplus of over £38,000 which was supplemented from Reserves enabling the League to donate £70,620 to the Hospital to assist in the purchase of much needed equipment and other benefits for patients. Since the year end a further £27,600 has been committed to the Hospital. It remains only through the generosity of members and donors that the League is able to maintain this essential level of support.

Finally, on a personal note, grateful thanks to Geoff Cox, Chairman, and Liz Colley, secretary, together with all the Trustees for their continued assistance which is much appreciated.

Patrick J Piper – Honorary Treasurer

SOME GRANTS AGREED IN 2013

Our Chairman and Treasurer continue to meet with Mrs Donna Green, Chief Operating Officer/Chief Nurse, Deputy Chief Executive, Hampshire Hospitals NHS Foundation Trust, on a yearly basis to discuss bids put forward by Consultants, Doctors, Nurses or the Community. These are prioritised and brought before the Management Committee at one of their monthly meetings. Listed below are some of the grants agreed by the committee during 2013:

Equipment	Ward/Dept.	£
Clinical Service Lead Medicine	Tabs Telecare Fall Monitors x 10	2,220
Northbrook Ward	Patient Monitor	3,800
Facilities Management	Light Boxes x 5	620
Facilities Management	Food Fragrance & Fresheners x 2	700
Therapy Services	Various Equipment for Paediatric Speech Therapy	500
Therapy Services	Real-time Ultrasound Scanner	5,860
Consultant Breast Surgeon	Lypofilling Machine	8,000
Maternity Services	Cold Cot	1,470
Dementia Specialist Nurse	Calendar Clocks for all elderly care wards	350
Gynaecology	Electrosurgical Generator and Smoke Evacuation System	3,620

THANK YOU!

Having agreed to fund many grants this year for various departments in the hospital, here are a few of the 'thank you' letters we have received:

Mary Edwards
Chief Executive
Hampshire Hospitals NHS Foundation Trust

Donna Green, the Chief Operating Officer, Chief Nurse and Deputy Chief Executive of the Hampshire Hospitals Trust, has briefed the Board on the recent donations of £27,140 from the League of Friends that is funding key pieces of equipment at the RHCH.

We are extremely grateful to you and all your colleagues at the League who are so generous to us. The equipment will make a huge difference to both patients and staff.

Marion Jones
Multi Professional Team Lead
Paediatric Speech and Language Therapy

On behalf of myself and my team, I am writing to say thank you for your financial assistance to enable us to purchase numerous toys for the children we see in our clinics and schools. Many children with speech and language difficulties also have problems attending and listening. As a result, and in order to keep them focussed, we need to be constantly changing the games and activities we use. This can be very difficult, particularly as many of our toys and games are becoming old. The contribution made by the League of Friends will therefore make a huge difference, not only to the children but to the therapists themselves – who are delighted to be getting new toys and equipment.

If at any time, anyone involved with fund raising for the League of Friends would like to come and see these games and activities being used in clinics or schools then you would be more than welcome.

Once again thank you so much for your assistance.

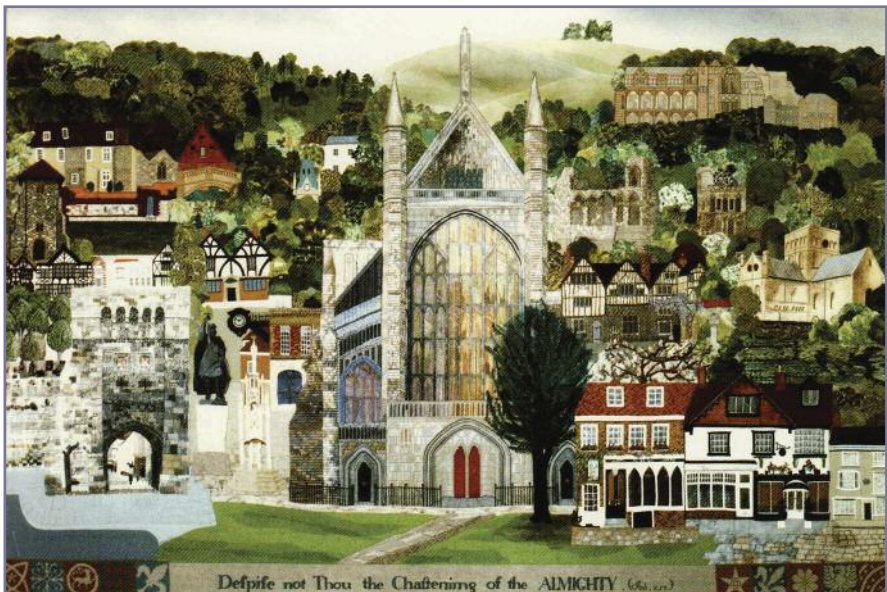
Nigel Dallard
Treasurer
Winchester Hospital Radio

On behalf of Winchester Hospital Radio, I would like to thank the League of Friends for funding the purchase of the Radio Microphones for our new Ward Outside Broadcast Kit. We used our previous Ward OB kit to broadcast direct from Patients' bedsides for nigh on twenty years before it recently failed beyond economic repair.

Our Chief Engineer, Paul Blitz, has built a replacement, and has just purchased the two radio mice needed to complete the kit. Hopefully, it will be in use in a few weeks, once final integration and testing is complete.

Anna O'Brien
Chairman
Winchester Hospital Radio

Thank you and your colleagues so much at the League of Friends for agreeing to fund our bid at WHR for radio microphones for our ward OB kit. It is greatly appreciated. The thing that makes hospital radio unique from other radio stations is the close relationship we have with patients on the wards – visiting them, and broadcasting from their bedside, to cheer them up and aid their recovery. Your donation to fund the microphones will enable us to continue doing this. Thank you.



GARDEN PARTY



Luck was on our side this year when we held a Tea Party at the home of our Chairman Geoff and his wife Liz. Although attendance was down, the feedback received from those who came was very encouraging.

It was fine, although a rather chilly July afternoon in lovely surroundings, thanks to the courtesy and assistance of Geoff and Liz in the use of their beautiful garden. Plants and other goodies were exchanged and the cakes were of 'The Great British Bake Off' standard!! The League coffers were boosted by approximately £126.

We do hope to meet more members when we enjoy another garden party hopefully this year when the sun is shining!

CYCLE RIDE AROUND THE ISLE OF WIGHT

A TIDY SUM TO RAISE, KEEPING FIT AT THE SAME TIME!!



In June five cyclists working for Wessex Window Systems rode round the Isle of Wight, approximately 65 miles, in aid of the League of Friends of the Winchester Hospitals.

Those taking part, in the photograph below from the left, were James Maskell, Graham Le Marechal, Wayne Wright, Ashley Morgan, Leon Miller.

The Chairman of the League is in the middle (he can't regard this as his claim to fame!).

Ashley Morgan and his Wessex Windows bikers arrived at the September Management Meeting to present a cheque amounting to £1215. This was the sum raised by this cheerful group of gentlemen who had completed the sponsored cycle ride to benefit the Hospital.

Ashley Morgan presented the cheque to the Chairman who thanked "the bikers" most sincerely on behalf of the League of Friends.



RECITAL EVENING

An eclectic programme of music presented by pupils of Hampshire Music Services took place at Littleton Millennium Hall on March 8th 2013 in aid of the League of Friends.

It featured the award winning Hampshire String Quartet, along with the Hampshire Trombone Quartet, and an array of soloists. The programme of music provided something for everyone from Handel's 'Queen of Sheba' to the more contemporary music of the solo marimba!

All the performers, ranging from 10-18 years are recognised by Hampshire County Council under the Music Award scheme and presented an exciting and entertaining evening of music to support the Royal Hampshire County Hospital.

The evening was such a success raising £317 for the hospital and is to be repeated in 2014 – watch this space!!



THEATRE ROYAL BUCKET COLLECTIONS



Winchester Operatic performance of 'Patience'

The League of Friends of the Winchester Hospitals, who have been raising funds for much needed equipment for over fifty years was chosen to benefit from collections in the foyer of the Theatre Royal after each performance of 'Patience' last November.

Supporters were informed that nearly one hundred different life preserving or ward support items had been donated in recent years and some £27K had been raised and allocated this year (2013) alone – donors were encouraged to give generously, as most of us would need to receive some form of hospital treatment during our lifetime and, who knows, the equipment used to treat you might well have been financed, in whole or in part, through money donated by the Friends.

As a result of this effort – £873 was raised to boost the League funds by the generous public.

58TH ANNUAL GENERAL MEETING



Mrs Donna Green, the Chief Operating Officer, Chief Nurse and Deputy Chief Executive of the Hampshire Hospitals Trust spoke to members of the League of Friends after their 58th Annual General Meeting on Tuesday 15th October 2013. She began with a very big thank you to the League and its supporters for the role they played in the very difficult task of selecting and

providing funding for the small and medium levels of equipment which, given the challenges that the NHS faces, cannot be funded by the Trust.

The Health and Social Care Bill represented the most significant change in 30 years in the way services are provided in the face of a £20 billion pound saving target. The Trust provides services for 600,000 people and, two years into the integration of Winchester and Basingstoke, the goal was that the majority of service provision was local where possible and central where necessary. In particular, chemotherapy and X-ray was being provided locally and it was planned that more mobile MRI services and day surgery would be implemented. This strategy, however, presented a significant workforce challenge in that medical skills were becoming increasingly specialised and there were fewer junior doctors. Having insufficient doctors and consultants to fill the rotas meant a move to seven day working and development of a Critical Treatment Hospital on a new site to deal with the more complex cancer treatments and major trauma.

In a challenging winter, the Trust had struggled to deliver their targets in Winchester and there had been increased admissions to A&E. The Trust's strategy was to invest in substantive staff; not to use agency nurses, but to use locally trained nurses and staff recruited from Portugal. Mrs Green believed that Winchester, being a small training hospital, provided more experience for trainee nurses, not less. The Trust had introduced measures on cleanliness and attitude to ensure the 100% elimination of hospital acquired pressure sores and £25m had been invested in ward re-furbishment and en-suite facilities. Nursing stations were to be removed and replaced with desks in the bays. Winchester would retain its Emergency department, but would not deal with major trauma.

Mr Geoff Cox thanked Mrs Green on behalf of the League for the assurances that the future of the Winchester hospitals was in safe hands.

