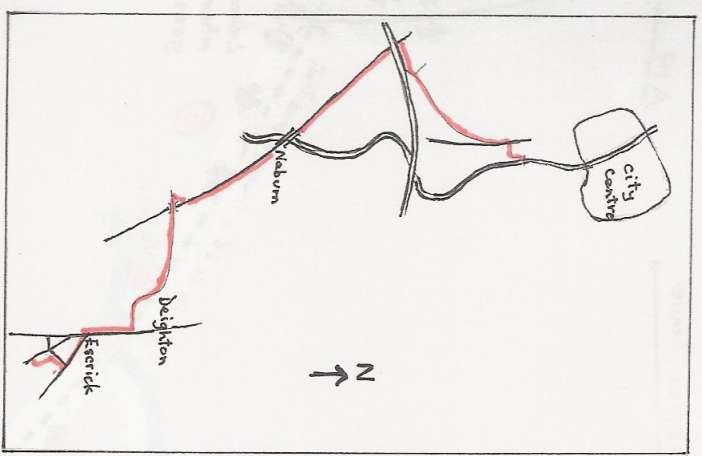


- ① **Route 65** is part of the National Cycle Network (NCN) which goes to Selby & then to Hull. Where the cycle route meets the Knaresmire there is often a car-boot sale at weekends. It can be very busy - but just for a short way.
- ② **The Solar System**. After we turn left at the Sun look out for the **Planets**
- ③ **Brunswick Organic Nursery** - some sheltered employment & training. Sells fruit drinks & snacks & has picnic benches.
- ④ **Old Station Cafe** - open on sunny weekends. (Tel 647 528)
- ⑤ **Blacksmiths Arms, Naburn** - open at 12. Child friendly, open for breakfast at weekends in summer. (Tel 01904 623646)
- ⑥ **The Green** - try out the comfortable new bench next to the pond & admire the hedge-laying. The parish employed BTCV (Conservation Vols) to keep this old country skill alive & to teach very many villagers & new volunteers.
- ⑦ **The shop** is usually happy to make tea or coffee to take off. You can enjoy it on the benches in the garden of the village hall next door.
- ⑧ **The cycle route** through Queen Margaret's School grounds is not now possible - a pity as there is a fine avenue of ever-green oaks along the first part of the Stillingfleet Road. It is best to return the way you came.



This ride is about  $7\frac{1}{2}$  miles each way.  
As a family ride it may take  $1\frac{1}{4}$  -  $1\frac{1}{2}$  hours each way.

Thanks to members of First Friday cycle group for the info. & to Monica Nelson for the water colour. Chrysa To eseca

Short mainly off-road family cycle rides

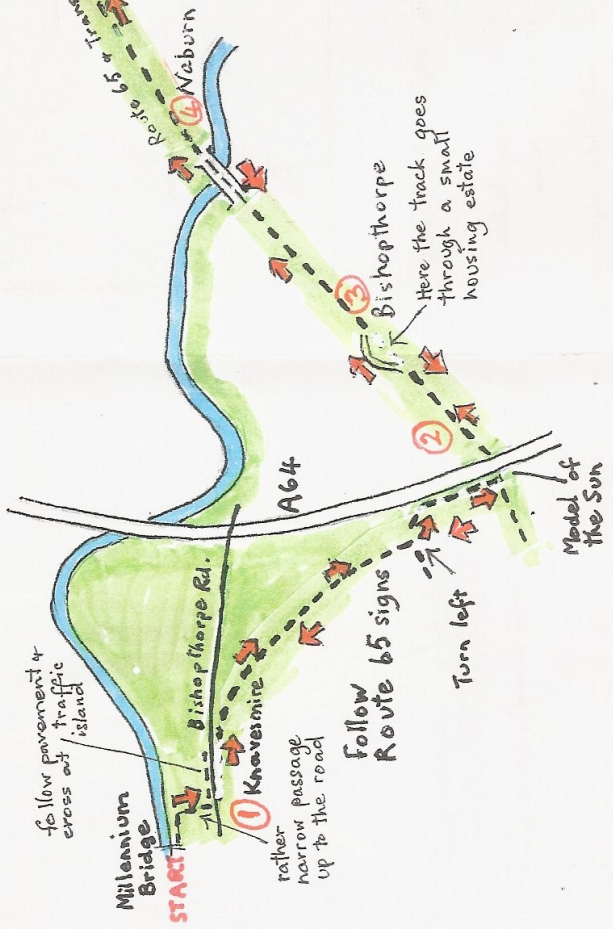
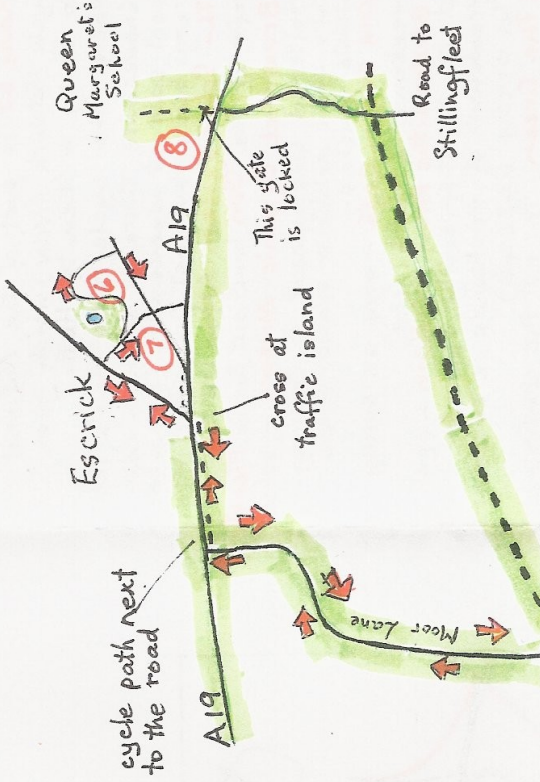
A ride from the **Millennium Bridge** south along Route 65 past the Solar System to **Escrick**



Reed. Made in the pond on Escrick green

A ride from the Millennium Bridge south along Route 65 past the Solar System to Escrick

N ←  
approx 1 mile



There is a narrow pavement on this side but returning the way you came is easiest.