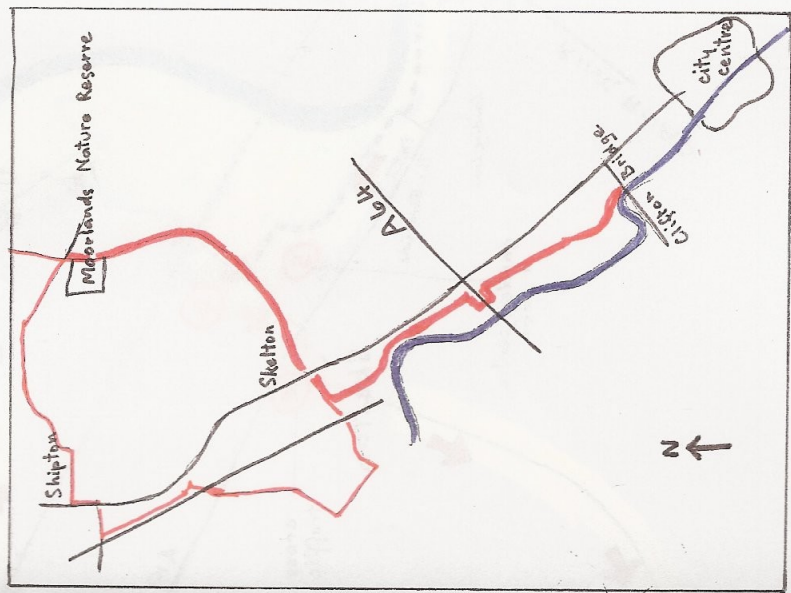


Short, mainly off-road family cycle rides

A ride north from
Clifton Bridge to
Moorlands Nature
Reserve via Skelton



The main ride is 5 miles each way.
The circular ride is about 12 miles
in total

Thanks to members of the First Friday Cycle Gp. for the
info. v to Monica Nelson for the watercolour.
Olwyn Fonseca

Start on the cycle path under Clifton Bridge. This is part of Route 65, part of the National Cycle Network (NCN) which crosses Yorkshire from Selby to Teesside.

Clifton Ings - 80 acres of ancient un-enclosed flood meadow - cut for hay in July.

Rawcliffe Meadows - we leave behind the wide open spaces of the Ings & cross Ings Dyke into the nature area managed by the friends of Rawcliffe Meadow.

Route 65 turns left, but we turn right, up Stripe Lane to the A19

Skelton Garden Centre & Café can be reached by turning right, along the pavement - or do this on the way back

Cross the A19 on foot using the traffic island opposite Stripe Lane

Moorlands This is a pleasant small nature reserve at any time of year but the wonderful collection of rhododendrons & azaleas make one a good time to visit.

One of the rhododendron ponticum which grows rampantly in many woods) is well controlled here

The Jacobean, a mile along the middleway to Huby, opens at 12. (01904 762749)

What used to be The Sidings is now **Il Treno** an Italian Restaurant but it seems happy to serve tea or coffee when not busy with lunch. (01904 440221)

