



Living, Loving Serving God
Sunday 15th March 2020
 SC006433

TODAY Fay is at the Cathedral. Thanks to Roxanne and Joe for leading. We use Eucharistic Prayer No. 3.

LENT

- ✓ How are you getting on with your **family Lent challenges?** Special award on Easter Day for all who have completed them.
- ✓ **Smartie Tubes** getting filled up?
- ✓ Remember the **Collection box** from Craigie High School. Can we fill the spaces. **20p or £1.00 coins**
- ✓ **Knitting patterns for bees with Easter eggs** available. Can you or anyone you know knit and sell them?

FROM NOW ON - A LENT COURSE ON HOPE AND REDEMPTION IN THE GREATEST SHOWMAN

This Thursday 19th March at 7.00pm exploring hope, redemption and new life using short excerpts from the film **The Greatest Showman** alongside bible stories, discussion points and prayer.

ROTA PLEASE fill up the blank spaces on the Rota.

Date	Readings	Prayers	Chalice	Special Events
15 th March	Brenda	Fiona		
22 nd March	Taylor			

BIG CLEAN - Saturday 4th April - 10.00am – 12.00

Please put in your diaries as that will be the day of our **BIG CLEAN for Easter**. Breakfast will be provided.

ADVICE FOR CHURCHES FOR CORONOVIRUS EPIDEMIC

Following instructions from GB Scotland the Company has been suspended from today. We will keep the girls informed of any future development.

If there are any further instructions regarding church services and meetings we will keep in touch by email, text and telephone as well as the Facebook page.

If you know of any vulnerable or elderly people in your family or neighbourhood, please keep a check on them and if you can, offer help, either visually or by telephone if you cannot make personal contact.

To avoid confusion within the SEC, it will be helpful if a consistent approach is adopted across the church following the guidelines.

1. Continue to follow the need for good hand hygiene.
2. Catch it (sneeze), bin it (tissue) kill it (wash your hands) and don't touch your face.
3. Wash hands on arrival and departure.
4. Cease physical contact on arrival and departure at church as well as during the Peace.
5. Priests and anyone assisting with the distribution of communion should wash their hands before the service and use hand sanitiser before touching any wafers.
6. Communicants should remain a respectful distance from others at Altar.
7. The sharing of the Chalice is suspended until further notice, and communion offered only taking the bread, placed into the hand.
8. Church members should stay at home if they display symptoms such as a cough, breathing difficulty, and fever.
9. Pastoral support to those who believe they could have the virus should not involve personal visits but be offered by telephone call until a medical test clarifies the person's condition. Pastoral visitors should observe all precautions in personal hygiene before and after visits.

PRAYERS

Pray for: all those affected by coronavirus and for those who fear it, Rev David Shepherd, Rev David Gordon, Ann Lilburn, Gordon, Ainslie, John McRitchie, Sonia, Jim Butler, Michelle, Ocean, Fred and Caroline, Nicola, Logan and family after a serious prognosis, Anne Harvey. Give thanks that Zachary has recovered from his brain abscess.