

Kingswood Grapevine

Issue No. 169

OCTOBER 2012

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Dates For Your Diary

Fri	12 th	Oct	R.N.L.I. Quiz Night	Village Hall	7.30pm
Thurs	18 th	"	Mobile Police Station	Chipping	10.30am-11.30am
Sun	30 th	"	Mobile Police Station	Chipping	10.30am-11.30am

NOVEMBER ISSUE DEADLINE:

FRIDAY OCTOBER 19th

Thurs	1 st	Nov	Historical Society A.G.M & talk	Village Hall	7.30pm
Tue	6 th	"	Kingswood Sports and Recreation Fund	Village Hall	8.00pm
Fri	9 th	"	Christmas Coffee Morning	i-Vitae	10.00am-Noon
Fri	9 th	"	Curry at the Hall	Village Hall	
Sat	10 th	"	Supper Quiz	St Mary's Room	
Sat	1 st	Dec	KVA Wine Festival	Village Hall	

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## ♠ ♥ BRIDGE ♦ ♣

Do you want to learn how to play this most stimulating and social of card games? Or, do you already know the basics, but want to improve? I will be giving lessons again this autumn, at both levels, in the Wotton area. My courses are designed for anybody who wants to have fun, learn an enjoyable hobby and make new friends. Come on your own or with a friend, you'll be assured of a warm welcome. Contact Ian Cooke 01666 890261 - [ianjcooke@hotmail.com](mailto:ianjcooke@hotmail.com)

## Kingswood Sports and Recreation Fund

AGM. 8.00pm, Tuesday **November 6th** at Kingswood Village Hall. Proposal forms from the Secretary, Mark Roberts, 3 Russet Court, Closing date October 16th.

## Bowel Cancer Awareness

It's an embarrassing subject to talk about, but Bowel Cancer is one of the biggest killers especially in the over 55s. Around 34,000 people are diagnosed in the UK every year, 30,000 of which are 55 and over. Whilst around 13,000 people die from the disease every year, only 9% of patients are diagnosed at the earliest stage. If caught early, over 93% survive for at least 5 years compared with only 7% of those diagnosed at an advanced stage. It is essential therefore that an early diagnosis is made. So if you have any of the following symptoms you should seek advice from your GP immediately:

- Blood in your faeces
- Looser faeces for 3 weeks or more

If you haven't got these symptoms but you know of a family member or friend who is complaining of them, you could be a life saver. Use your closeness to them to talk to them about the problem, help them overcome the embarrassment, encourage them to see a doctor, offer to go to the appointment with them and be there after the consultation. Don't forget doctors and nurses are professionals who have heard it all before so they won't be embarrassed. A government campaign to highlight bowel cancer is taking place until the end of September but it doesn't end there. If you have any worries yourself or about a family member or friend, seek help and advice from your GP. There are also briefing sheets available which I can obtain for you or you could speak to one of our specialist Village Agents who are trained supporting people with issues relating to cancer.

## October News from your Village Agent Richard Belliss - Tel: 07798837582

**BUS PASSES.** Over the next 6 months, some of you will be getting a letter from Gloucestershire County Council (GCC) about how to renew your bus pass. This might be because you are eligible for an "age related pass", or a "disability related pass". GCC have taken over this job from the local district councils so, as you can imagine, they have a very large number of people they need to contact and so are staggering it across the 6 months. If your pass is due for renewal, don't worry about contacting them; you will get a letter over the next few months. If you're applying for the first time, the initial pack may seem a little overwhelming to start with but actually once you discard the information that is not relevant to your specific circumstances, it's all fairly straightforward. Call me if you need any help and I'll see what I can do.

**BLUE BADGE.** Similarly the new process for applying for or renewing a Blue Badge can be off-putting when you first go through the pack but again, I am happy to help if I can.

## Wotton-under-Edge Branch R.N.L.I

The Wotton Branch of the R.N.L.I will be holding a Quiz Night on **Friday October 12<sup>th</sup>**, Kingswood Village Hall, 7.30pm for 8.00pm start. Teams of 4 required at £12 per team. Contact Paul Hemming (842734) to book your place.

Date for your diary;- **November 9<sup>th</sup>**, Christmas Coffee Morning at i-Vitae 10am-12 noon.

## Christmas Shoe Box Appeal - Charfield Chapel

Supported by Charfield Congregational Church. A small group meet regularly to wrap and fill shoe boxes for under privileged children and the elderly in Eastern European countries. These shoe boxes will be collected from Charfield Chapel the last week of October. We support the charity, Blythwood Care, who combine the Christian message with practical help for those in need ([www.blythwood.org](http://www.blythwood.org)). Shoe boxes should be filled with items, such as, toothpaste, toothbrush, sponge, soap, scarf, gloves, sweets and a toy. Christian literature is also put into each box. We are looking for

willing helpers, donations of items or shoe boxes ready wrapped and filled. We managed to send 200 boxes in 2011, this year our target is to send 300. For more information, please contact April Webb 845679.

#### **KINGSWOOD ABBEY WOMEN'S INSTITUTE**

In September Kingswood Abbey W.I. members and their guests enjoyed a most interesting talk with slides from local teacher, Rosemary Pearce about the School of Hope in Uganda.

In October the WI celebrates its 46th birthday with a party at The Farmers Table at Tortworth.

Members would like to thank everyone who contributed cakes or visited the Tea and Cake stall at the Village Show in September. The WI cup was shared by President, Val Jones and Liz Coatsworth and the Best in Show entry was won by Sheila Kerr. Congratulations to the KVA committee for organising a wonderful Show again this year.

New members are always welcome, for more details please contact the President, Val Jones on 01453 842471.

#### **KINGSWOOD VILLAGE ASSOCIATION**

A big thank you from the KVA to everyone who came along to this year's Showday, to those who ran a variety of stalls, put on demonstrations and displays and made it such a success. It was great to see such a large proportion of the village come along and support the event! We raised around £2000 and we are asking groups and individuals in the village to apply for grants so that we can donate this money to those who need it. Please visit [www.k-v-a.org](http://www.k-v-a.org) and click on the grants page for more information and to apply, alternatively please call Donna on 07583298016.

KVA will be putting on a **WINE FESTIVAL** at Kingswood Village Hall on **Saturday December 1st**. All wines will come from the Wine Society, the winner of the Best Wine Club award for the second year running. Tickets will be £10 to include four glasses of excellent wines plus canapés. Further glasses will be available at a modest price. There will be at least 24 wines to choose from. Tickets available from Rod Alexander (843398), Dave Rothwell (843789) and Jim Sinkinson (843074).

KVA members - we are looking for new members to join our team to help put on events through the year. If you are able to offer a couple of hours each month to help, we would love you to join! Please call Donna on 07583298016 or email [kingswoodvillage@hotmail.co.uk](mailto:kingswoodvillage@hotmail.co.uk) - feel the fear and do it anyway!

#### **Friends of St. Mary's**

**Supper Quiz 10th November** at 7pm in St. Mary's Room: brain teasing questions and a three-course hot supper of home-cooked dishes. Teams of four (prizes for the winners). Tickets £14 per person from (01453) John 520359, Rod 843398, David 843199 or Simon 845204.

**Gardens Calendar 2013:** A4 size wall calendar, 13 colour photos, £7. Details from Patricia 845204 or any of the above numbers. All proceeds to St. Mary's refurbishment.

#### **i-Vitae**

People can now look at i-Vitae's brilliant new website, Kingswood's own unique community hub, and find out what they have managed to achieve so far and what plans they have for the future by going to: [www.i-Vitae.net](http://www.i-Vitae.net)

The classes at i-Vitae this Autumn are as follows:

**Monday** - 'Moves and Cooes' 11.30 - 12.30 £3. A class designed to help you burn calories, have fun and meet other mums whilst keeping your baby entertained.

Boot Camp 7.45 - 8.45 £3

**Tuesday** Core Strength 7.30 - 8.30 £3

**Friday** Seated Nia 2 - 3pm £3

Yoga classes will be back soon too.

#### **JOHN MAYO'S EDUCATIONAL FOUNDATION**

Are you going to university, college, undertaking an apprenticeship or doing any other form of higher education or training? If so, provided you come from Kingswood, John Mayo's Charity may be able to help you with a grant towards books or equipment. Applications should be made in writing to Dr David Hatton, 5 Wotton Road, Kingswood, before **21st October**.

#### **KINGSWOOD PLAYGROUP AND TODDLERS**

Playgroup bid a fond farewell at the end of the summer term to lots of boys and girls who are now at Kingswood Primary School. They've all settled in well and are enjoying being "big boys and girls". We've got some new children joining us soon who we are looking forward to meeting and joining our group. If you have a pre-school child aged over 2 and under 5, we would be very glad to meet you. Our playgroup is open on Mondays, Tuesdays, Thursdays and Fridays, 9.15am – 11.45am. If you would like to find out more about our group, please contact our playleader, Julia Wood, on 07855 105 944, or come along and visit us one morning at the village hall. We would love to see you!

If anyone has any bikes or trikes you would be happy to donate to playgroup, please contact us. Thanks to all those who supported us at Showday and helped create our big fire engine!

#### **KINGSWOOD NEIGHBOURHOOD WATCH**

The Police Information Point is available in the Post Office should you wish to report any problem to be followed up.

#### **KINGSWOOD VILLAGE HALL.**

November 9<sup>th</sup> – Curry Evening.

This will be a fundraising event for the hall. There is still much upgrading to do and we need you to support events put on by the committee.

Once details are finalised information will be available for this evening featuring genuine Indian Cuisine.

Tickets will be available at £15 a head. Don't miss out – Book early as tickets will be limited and the food excellent!

#### **KINGSWOOD PARISH COUNCIL**

The Parish Council is still working on a Village Design Statement and keeping a close watch on the archaeological work at Chestnut Park. Further information will follow as it becomes available.

**The Village Diary can be viewed on the *Grapevine* website. For an entry please email or telephone Gill on 842734.**