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Introduction

Welcome to the 2009 edition of the CVS directory, containing information and contact details of voluntary organisations and community groups providing a service in Preston.

Preston CVS has made every effort to ensure that listings are correct and the most recent to date at the time of going to print. If you come across changes in information, please contact the CVS office (01772 251108) to let us know. An amendment form is placed at the back of the directory.

By agreement a copy of this directory is provided free to all Preston CVS member organisations and complimentary copies to Lancashire County Council, NHS Central Lancashire, Preston City Council and other funders.

Everyone who receives or purchases the directory will be sent updated information over the 12 months this directory is in circulation. We are always happy to take new entries, and any local voluntary organisations wishing to be included can fill out the form provided.

‘Thank You’ to all the organisations who have provided information for this new edition of the directory. I am sure it will prove a valuable source of information on the ample voluntary and community groups existing in Preston.

Finally, I would like to acknowledge all the hard work and effort put into compiling this directory by colleagues who work at the CVS in particular our small team of volunteers and Simon our administration officer. Without their patience, persistence and at times much needed good humour, we would not have been able to produce this vital resource which the voluntary sector and those that work with us rely on so much.

Joan Burrows
Chief Officer

“Promoting and assisting voluntary and community activity in Preston.”

~Preston CVS~

What is the CVS?

Preston Council for Voluntary Service is a registered charity, established in 1934 as an umbrella organisation to support local voluntary and community groups. We provide training, development services, information and representation on behalf of the voluntary sector in Preston.

Our **aims** include:

- ✓ Providing services and support to other voluntary organisations in Preston.
- ✓ Providing opportunities which enable a closer working together within the voluntary sector and with statutory authorities.
- ✓ Providing a channel through which other organisations may make representations on matters which concern the community.
- ✓ Developing new ideas, strategies and organisations.
- ✓ Forming strategic partnerships with statutory and other organisations in order to participate in decision making processes.
- ✓ Providing a limited service to individuals who wish to volunteer and support for voluntary and community organisations and other agencies who seek to recruit volunteers.

The team...

A board of trustees: elected officers and representatives of statutory bodies form the executive committee. Staff at Preston CVS include:

Joan BURROWS	- Chief Officer
Simon FOWLER	- Administrative Assistant
John FREEMAN	- Information and Support Officer
Christine CAMPBELL	- Community Involvement Officer
Tony HYLAND	- PEP Volunteer Service Co-ordinator
Sandra HOOLEY	- PEP Volunteer Service Administration Officer
Stella SWIFT	- Domestic Worker

We also have a number of community work based placements and volunteers assisting the staff, and we are very grateful for their support. Thank you to Remploy Primeforce, Age Concern Lancashire and HMP Kirkham for providing us with volunteers.

A Brief History...

The first CVS was created at the end of the 19th century, and in 1945 the National Association of Councils for Voluntary Service (NACVS) was formed, creating a network of CVS's. Preston CVS is one of the 240+ local CVS's who form this network. In June 2006 NACVS changed its name to the National Association for Voluntary and Community Action (NAVCA).

Preston CVS was first established in 1934 during the depression, with the aim of alleviating some of the needs of the population by harnessing the goodwill in 'social services'.

During its 75 years of establishment, Preston CVS has achieved a number of successes, nurturing new projects and supporting and representing many groups.

Membership Details

We now have over 180 members, including charities and voluntary and community groups. Annual membership to the CVS costs £10.00. For further details, please contact Joan Burrows on 01772 251108. Should you have any queries on the services we offer, or suggestions for new services you would like us to provide, then we will be happy to hear from you.

CVS Services

A wide range of services are made available to affiliated members of Preston CVS, including:

- **CVS News - produced quarterly, containing local and national information of interest to the voluntary and other sectors**
- **Directory of voluntary organisations and community groups working in Preston – produced annually**
- **Funding: User Guide 4th edition - produced annually**
- **Funderfinder Service - a computer software program helping groups to find potential funding sources.**
- **Resource library**

- Advice on governance and employment issues
- Consultation events
- Training - e.g. Minute Taking, Child Protection
- Charity law and registration
- Briefing sessions - e.g. how to produce an annual report, business planning, criminal records bureau
- Help with applications for funding
- Information and support for charity trustees
- Office services - e.g. photocopying, typing, laminating, comb binding
- Mailshots on request
- Desk top publishing - design posters, leaflets, tickets, etc
- Office equipment loan - overhead projector, exhibition boards, flip charts, collecting tins, chairs, mobile ramp, laptop and PowerPoint
- Meeting Room/Interview Room

CVS News

The quarterly newsletter of the CVS

- Local voluntary sector news
- Issues affecting local groups
- Latest books and publications
- Forthcoming training events
- Funding sources - local grants/trusts

CVS Plans for 2009

- ✓ Continue to provide support and information
- ✓ Continue to encompass the Investors in People and NAVAJO standards and to continue to work towards the PQASSO quality assurance system Level 3
- ✓ Continue to respond to local consultations
- ✓ Explore the feasibility of establishing a voluntary sector resource centre and to employ a development and a funding advice officer
- ✓ Further develop the volunteer support team
- ✓ Catalogue and expand our library resources and investigate the production of CVS publications in other formats i.e. tape, Braille
- ✓ Continue to facilitate networking opportunities
- ✓ Facilitate a voluntary/community sector reception in partnership with public and private agencies

Where are we?

Registered Office: **Units 23/27 Guild Hall Arcade
Lancaster Road
Preston
PR1 1HR**

Phone: **01772 251108** **Fax:** **01772 251170**
24-hour answerphone

E-mail: pcvs@voluntarysectorpreston.freeserve.co.uk

Website: www.prestoncvvs.org

Office opening hours: **9am - 4pm Monday - Friday**
Appointments welcomed outside these hours

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**A - Z
DIRECTORY OF
VOLUNTARY &
COMMUNITY
GROUPS**

A**P****C****V****S****A**

Abbeyfield Fulwood Society

Contact: Mrs Patricia Weetman - Secretary

Address: 4 Fareham Close, Fulwood, Preston PR2 8FH

Phone: 01772 702322

Meetings/Opening Times: Always open

Committee meetings held once a month

Services: 24hr cover for elderly people who are able to look after themselves, but no longer wish to maintain their own houses. Two meals daily, own en-suite rooms.

Access Lancashire (formerly known as Lancashire Disability Information Federation)

Contact: Denise Baker - Manager

Address: Office 11-13, Leyland House, Lancashire Business Park, Centurion Way,
Leyland, Preston PR26 6TY

Phone: 01772 621633

Fax: 01772 621640

Email: info@accesslancashire.org.uk

Meetings/Opening Times: Office Hours

Services: Support, advice, information and training to groups of disabled people.

Acorn Community Association

Contact: Sharon Brierley

Address: 35/37 Cedar Road, Ribbleton, Preston PR2 6DR

Phone: 01772 700324

Email: sharonacorn23@hotmail.co.uk

Meetings/Opening Times: Please phone

Services: Supporting young and elderly groups in the Tree's estate, Ribbleton.
Information centre, children's clubs, activities, fun days

A**P****C****V****S****A**

Action for Blind People

Contact: Mr. Simon Dooley

Address: Howick House, Howick Park Avenue, Penwortham, Preston PR1 0LS

Phone: 01772 320550

Fax: 01772 320579

Email: preston@actionforblindpeople.org.uk

Website: www.actionforblindpeople.org.uk

Meetings/Opening Times: 9am-5pm Monday-Friday

Services: Information, support and guidance on issues related to sight loss. Support with applying for benefits. Information service for welfare rights, employment, housing, grant applications, information technology, specialist hotels. Actionmoves clubs for children interested in sports. Mobile information service.

Active Mediation (formerly known as Mediation Services, Preston)

Contact: Ana Fernandez-Arias - Co-ordinator

Address: Premier House, Church Street, Preston PR1 3BQ

Phone: 01772 558978

Fax: 01772 903448

Email: activemediation@preston.gov.uk

Website: www.activemediation.co.uk

Meetings/Opening Times: 9am-4pm

Services: A Mediation service which helps to manage or resolve difficulties between neighbours. Confidential, professional relaxed approach helping all parties concerned. Training in mediation and conflict management.

A**P****C****V****S****A**

Addiction and Dependency Solutions (formerly known as Alcohol & Drug Services)

Contact: Pauline Ward

Address: 8-9 Fox Street, Preston PR1 2AB

Phone: 01772 561300

Fax: 01772 257891

Email: preston@alcoholanddrugservices.org.uk

Website: www.alcoholanddrugservices.org.uk

Residential Unit: 01772 797654

Meetings/Opening Times: 9am-4.45pm Monday-Friday, 7-9pm Tuesday, 7-9pm Thurs.

Services: Community based social care model treatment interventions for individuals and families who are experiencing problems with substance misuse. All services reflect diversity and awareness of culturally sensitive issues.

Advocacy Plus

Contact: Martin Layton – Learning Disabilities Manager

Address: c/o Caritas Care, 218 Tulketh Road, Ashton-on-Ribble,
Preston PR2 1ES

Phone: 01772 732313

Fax: 01772 768726

Email: martinlayton@catholiccaringservices.org.uk

Meetings/Opening Times: 9am-5pm Monday to Friday

Services: Short-term/Task-centred advocacy for people with a learning disability.

A**P****C****V****S****A**

After Adoption

Contact: Sharon Nolan

Address: Fishergate House, 16 Waltons Parade, Preston PR1 8QT

Phone: 01772 258893

Fax: 01772 258896

Email: preston@afteradoption.org.uk

Website: www.afteradoption.org.uk

Meetings/Opening Times: Office hours 9am-5pm Monday-Thursday / 9am-4pm
Friday
Flexible meetings, includes evenings

Services: Support, advice and information to people whose lives have been affected
by adoption.

Facilities/Events to share: Family days twice annually.

Age Concern Lancashire

Contact: Geraldine Moore - Chief Officer

Address: 61-63 St Thomas's Road, Chorley, Preston PR7 1JE

Phone: 01257 233200

Fax: 01257 479012

Email: gmoore@ageconcernlancs.org.uk

Meetings/Opening Times: 9am-5pm Monday-Friday

Services: Community & outreach support, day-care, befriending, carer support,
hospital after care, ageing-well activities, housing support.

A**P****C****V****S****A**

Age Concern, Preston & South Ribble

Contact: Linda Chivers – Chief Executive
Address: Arkwright House, Stoneygate, Preston PR1 3XT
Phone: 01772 552850 (254581-training)
Fax: 01772 552866
Email: Admin@55plus.org.uk
Website: www.55plus.org.uk
Meetings/Opening Times: 9am-4.45pm Monday-Thursday / 9am-4.30pm Friday
Services: Promoting the well-being of older people through day care and outreach support. Includes information & advice, advocacy, befriending, home support scheme, recreational & educational activities, grandparenting and men's health.
Additional Languages: Gujarati
Facilities/Events to share: Conference rooms, auditorium.

Ahmadiyya Muslim Association

Contact: Mr Abid Ahmad - General Secretary
Address: Bait-ul-nur, Fernyhalgh Lane, Fulwood, Preston PR2 9NU
Phone: 01772 705459
Email: abid1971@gmail.com
Meetings/Opening Times: 9am-5pm
Services: Religious Education serving and helping all people.
Facilities/Events to share: 'Questions/Answers' and fundraising.

Al-Ansaar Welfare & Education

Contact: Farook Kazi - Chairman
Address: 140-142 Garstang Road, Fulwood, Preston PR2 8NA
Phone: 01772 716060
Email: al_ansaar@yahoo.co.uk
Website: www.alansaar.org.uk
Meetings/Opening Times: 10am-12pm, 4.30-7.30pm Monday-Friday
Services: Evening classes in Islamic education, guidance in social and welfare issues. Current activities include an Internet club, and a Sports and Youth club (open to all).
Languages: Urdu, Gujarati

A**P****C****V****S****A**

Alcoholics Anonymous

Phone: 0845 7697555 (helpline)

Meetings/Opening Times: A group meets in Preston on a Sunday and Monday evenings.

Details from the CVS – 01772 251108

Services: Helping each other stay sober, share experiences, strength and hope with the goal of solving their common problem.

Alternative Futures

Contact: Tracey Bush – Regional Director

Address: Suite 306, Daisyfield Business Centre, Appleby Street, Blackburn BB1 3BL

Phone: 01254 297350

Fax: 01254 297351

Email: tracey.bush@alternativefutures.co.uk

Website: www.alternativefutures.co.uk

Services: Supporting people with learning disabilities as well as people with mental health issues.

A**P****C****V****S****A**

Alheimers Society, Central Lancashire & Fylde Branch

- Contact:** Mrs. Beverley Page-Banks – Branch Manager
Address: West Wing, Derby House, Lytham Road, Fulwood, Preston PR2 8JF
Phone: 01772 788700
Fax: 01772 715674
Email: Centrallancashire@alzheimers.org.uk
Website: www.alzheimers.org.uk/CentralLancashire
Meetings/Opening Times: Information Centre 9.30am-2.30pm Monday-Friday & Tuesday morning - drop in, advice, coffee morning 10.30-12pm.
 Support Group 1st Wednesday of month 7.30pm Fulwood Clinic, Lytham Road, Preston.
- Services:** Information service and support group. The care and support of people with dementia, their families and carers.
- Facilities/Events to share:** Extensive lending library, containing a wide range of books, journals, CDs, DVDs, puzzles and games.

Amity (Befriending in the Community)

- Contact:** Mandy Poole - Project Co-ordinator
Address: c/o The Foxton Centre, Knowsley Street, Preston PR1 3SA
Phone: 01772 555925
Fax: 01772 883688
Email: mandypoole1@hotmail.co.uk
Meetings/Opening Times: 9.00am-4.30pm Mon-Fri.
Services: Volunteers offer support as befrienders to homeless people and people at risk of becoming homeless., assisting their integration into communities, helping them with budgeting and other life skills, and being someone with whom they can talk.

A**P****C****V****S****A**

Amnesty International (Preston Group)

Contact: Vicky Hutchinson – Secretary

Address: c/o Lancs Global Education Centre, 37 St. Peter's Square, Preston
PR1 7BX

Phone: 01772 252299

Fax: 01772 888174

Meetings/Opening Times: 1st Monday of each month – 7.30pm @ St. Augustines
Parish House, St. Austins Road, Avenham

Services: Campaigning groups for human rights. Letter writing for prisoners of
conscience.

Andhra Social and Cultural Organisation

Contact: Mr R.K.R. Karri - President

Address: 28 St. Mary's Street, Preston PR1 5LN

Phone: 01772 798512

Meetings/Opening Times: 7-10am and 6-9pm daily.

Services: Social and cultural activities for the Andhra community, including
Telugu for youngsters, basic English skills for adults, cultural and
religious celebrations.

Languages: Telugu (own language)

Aqsa Mosque

Contact: Sandal Hussain

Address: 95-99 Fishwick Parade, Preston PR1 4XR

Meetings/Opening Times: Seven days a week for prayer

Services: To provide Religious facility.

A**P****C****V****S****A**

Ashton Methodist Worship and Community Centre

Contact: Rev D Wood MA. Mphil

Address: 9 Wellington Road, Ashton-on-Ribble, Preston PR1 1BU

Phone: 01772 723579

Services: Church based community centre offering a variety of community activities. Yoga, Gentle Exercise, Luncheon Club, Mums and Toddlers. Tai Chi. Various courses run by Lancashire College. Councillors surgery.

Association for Wheelchair & Ambulance Disabled Supporters

Contact: Mrs Barbara McCombs - Chair

Address: 2 Coopers Fold, Preston PR2 6HW

Phone: 01772 700788

Email: bmccombs@bt.internet.com. Online information available 24 hours a day.

Website: www.awads.co.uk

Services: Information group bringing disabled people together nationwide. Meetings through the website and the club.

Asthma Society

Contact: Mr B Horrobin

Address: 6 Forrester Close, Leyland, Preston PR25 2XT

Phone: 01772 457746

Meetings/Opening Times: 3rd Wed of each month 8pm @ Yewlands Drive Clinic, Leyland. Please ring, as some meetings are cancelled due to illness.

Services: Promotion of National Association and raising funds to help the local community.

A**P****C****V****S****A**

Avengers Performing Arts

Contact: Mrs W Blundell - Secretary

Address: 3 Turnfield, Ingol, Preston PR2 7DH

Phone: 01772 731929

Email: avengers@blueyonder.co.uk

Website: www.avengers.org.uk

Meetings/Opening Times: Thurs 6.30-8.30pm @ Roebuck Sports Centre,
Parker St, Preston

Services: Colour Guard and Dance Group - catering for young people
between 5-25 years old.

B**P****C****V****S****B**

Baitulmal (Charity Concern)

Contact: Ibrahim Member

Address: 264 Deepdale Road, Preston PR1 6QB

Phone: 01772 795301

Meetings/Opening Times: Please phone

Services: Support to isolated, sick and disabled people living in the Deepdale area.

Bangladesh Association, Preston

Contact: Mr Manik Miah - Chair

Address: 106 Freckleton Street, Kirkham, Preston PR4 2SR

Phone: 01772 687923

Meetings/Opening Times: Various

Services: Assistance and advice, looking after the interests of the community and improving educational, cultural and social welfare.
Interpretation and translation service at the weekend.

Languages: Bengali

Barnardo's "Include me2"

(Also see 'Moving On')

Address: Bradbury House, 453 Leyland Road, Lostock Hall, Preston PR5 5SB

Phone: 01772 629470

Fax: 01772 696087

Website: www.barnardos.org.uk

Meetings/Opening Times: 9am-5pm Monday-Friday

Services: Provides out of school play & leisure service to disabled children and young people aged 4-18 years in the South Ribble & Chorley districts. Activities are run all year round.

B**P****C****V****S****B**

Bowland - Pennine Mountain Rescue Team

Contact: Tony Bond - Team Leader
Address: c/o 'Sherwood', Goosnargh Lane, Goosnargh, Preston PR3 2BP
Phone: 01772 865539
Email: tony_bond@baesystems.com
Website: www.bowlandpennine.mrt.org.uk
Meetings/Opening Times: 8pm Wednesdays usually at Cop Lane, Penwortham
Services: To provide a mountain/fell search and rescue for those in need of such services.

Breast Cancer Care and Support Group

Address: St. Ambrose Church Hall, Leyland
Phone: 01257 247125/245690
Meetings/Opening Times: 1st Monday of each month 2pm @ St. Ambrose Church Hall, Leyland
Services: Newsletter, speakers, information, companionship.

Breathe Easy, British Lung Foundation

Contact: Jacqui Vella - Chairperson
Address: 61 Ramsey Avenue, Ribbleton, Preston PR1 6EN
Phone: 01772 796657
Meetings/Opening Times/Services: Exercise Group at Broadway Fulwood, St. Martins Church Hall every Tuesday 1pm-3pm.
 Education Group at Sacred Heart, Beech Grove, Ashton-on-Ribble, Preston 1st Thursday of each month.

B**P****C****V****S****B**

British Heart Foundation

Contact: Manager

Address: 22 Orchard Street, Preston PR1 2EN

Phone: 01772 253435

Meetings/Opening Times: 9.30am-5pm Monday-Saturday

Services: Shop in Town Centre.

British Red Cross

Contact: Nalini Patel

Address: Pittman Court, Pittman Way, Fulwood, Preston PR2 9ZG

Phone: 01772 707210

Fax: 01772 709977

Meetings/Opening Times: Monday once a month 7.30pm @ Pittman Court,
Pittman Way

Services: Transport and escort, medical loan, public duties, cosmetic & camouflage, fire victim support, home from hospital, emergency response and therapeutic care.

Or alternatively contact: Ernie Walton - Service Manager

Phone: 01772 709555

Meetings/Opening Times: Monday – Friday Office hours

B**P****C****V****S****B**

British Trust for Conservation Volunteers (BTCV)

Contact: Hilary Salkeld

Address: 16 Grimshaw Street, Preston PR1 3DD

Phone: 01772 204647

Email: lancashire@btcv.org.uk

Website: www.btcv.org/lancashire

Meetings/Opening Times: Meet at the office 9.15am on Tuesday, Wednesday and Thursday

Services: An opportunity to learn and practise conservation work by undertaking environmental improvement work to benefit local communities and schools. Providing advice and information on environmental issues.

Facilities/Events to share: Minibus, overhead projector, tools for conservation work

Brittle Bone Society (Osteogenesis Imperfecta) (Longridge Branch)

Contact: John Farmery - Secretary

Address: 2 Eden Gardens, Longridge, Preston PR3 3WF

Phone: 01772 784919

Email: farmery@supanet.com

Meetings/Opening Times: By arrangement

Services: Fundraising for society (head office Dundee) and information and advice for local sufferers (Lancashire area).

Facilities/Events to share: Various fundraising events.

B**P****C****V****S****B**

Brookfield Spaceplace

Contact: Debbie Raby/Pam Cooper - Co-ordinator/Secretary

Address: 7-9 Langcliffe Road, Ribbleton, Preston PR2 6UE

Phone: 01772 705912

Email: drooin2986@blueyonder.co.uk

Meetings/Opening Times: Office hours and evenings

Services: A community house for residents and tenants in Brookfield with various projects and activities. Drop in facility. Over 50's. Youth Group. Parents Group. Dance Group.

Facilities/Events to share: Crèche, youth room, breakfast/afterschool club, meeting room.

Brothers of Charity Services

Contact: Nicola Howell

Address: Lisieux Hall, Whittle-Le-Woods, Chorley, Preston PR6 7DX

Phone: 01257 266311

Fax: 01257 265671

Email: info@brothersofcharity.org.uk

Website: www.brothersofcharity.org.uk

Meetings/Opening Times: 24hrs/day

Services: Day, residential and support services to adults with learning disabilities.

Broughton & District Club

Contact: Mr. Threadgold - Hon Secretary

Address: Whittingham Lane, Broughton, Preston PR3 5DA

Phone: 01772 863006

Meetings/Opening Times: 9.30-11.30pm

Services: Drama section, 2 snooker tables, a bar, bridge section, tennis and badminton courts, bowls green and 2 petanque pitches.

C**P****C****V****S****C**

C.A.R.E. Ltd

Contact: Paul Nester - Co-ordinator

Address: Stanley Grange, Roach Road, Samlesbury, Preston PR5 0RB

Phone: 01254 852878

Fax: 01254 851154

Email: paulnester@hotmail.co.uk

Website: www.care-ltd.co.uk

Meetings/Opening Times: Office open 9am-5pm Monday-Friday

Services: 24hr residential and day services for adults with a learning disability. A range of activities including arts and crafts, pottery, catering, gardening cycling, photography, computers and rambling. Volunteers always welcome to support and help.

Facilities/Events to share: A drop-in centre offering free training in basic I.T. and Internet Access. Fete day first Sunday in June. Craft Fair first Sunday in December.

Cadley and Greyfriars Police and Community Together Partnership

Contact: Mrs. Irene A. May

Address: 17 Mill Lane, Fulwood, Preston PR2 3HD

Phone: 01772 496052

Email: ireneannmay@yahoo.com

Meetings/Opening Times: First Thursday of each month 6.30pm at Fulwood High School, Black Bull Lane, Fulwood, Preston

Services: To identify and prioritise the issues facing the inhabitants of the Cadley and Greyfriars Wards and its immediate neighbourhood. In partnership with the police and other public sector agencies target crime and all environmental issues. Engage the community through education and participation.

C**P****C****V****S****C**

Callon Kids Community Club

Contact: Colin Makinson

Address: 16-18 Downing Street, Callon, Preston PR1 4RH

Phone: 01772 704713

07919 324830

Fax: 01772 705065

Email: colin.makinson@contourhousing.co.uk

Website: www.callonkidscc.co.uk

Meetings/Opening Times: For details of current programme telephone or check website.

Services: Provides various after school activities for boys and girls from age 8 - 18.

Campaign to Protect Rural England, Lancashire Branch

Contact: Branch Administrator

Address: 1st Floor, Hazlewells House, Station Road, Bamber Bridge, Preston PR5 6TT

Phone: 01772 627510

Email: ruralengland@btconnect.com

Website: www.lancashirecpre.freemove.co.uk

Meetings/Opening Times: 9.30am-12.30pm Monday, Tuesday, Thursday

Services: Protecting the greenspaces, recreational areas, trees and general landscape for the benefit of all, through general environmental tasks, monitoring and responding to planning applications, campaigning and influencing transport policy.

Facilities/Events to share: Local 'District Groups' meet in their own locality at times to suit.

C**P****C****V****S****C**

Cancer Help, Preston

Contact: Margaret O'Donoghue - Chief Executive
Address: Vine House, 22 Cromwell Road, Ribbleton, Preston PR2 6YB
Phone: 01772 793344
Fax: 01772 797495
Email: vinehouse@cancerhelppreston.co.uk
Opening Times: 9am-5pm Monday-Friday
Services: Free and confidential support to cancer patients and their carers. Advice, information, support, nurses, advocacy, home visits, dietetic & medical advice, and a day care service.

Cardiac Support Group (Preston)

Contact: Roy Parker - Chairman
Address: 19 Greyfriars Crescent, Fulwood, Preston PR2 3RB
Phone: 01772 715179
Meetings/Opening Times: 7.30-9pm Monthly - first Monday in each month
Services: Support provided for those suffering from heart disease or surgery and for carers in monthly support meetings with speakers on related issues, relaxation, and hospital or home visits if required.

Care and Repair (Preston)

Contact: Liz Sykes - Director
Address: Unit G3, Preston Technology Management Centre, Marsh Lane, Preston PR1 8UQ
Phone: 01772 204096
Fax: 01772 888328
Email: agency@prestoncareandrepair.fednet.org.uk
Meetings/Opening Times: 9am-4pm Mon-Fri
Services: A range of practical services that provide aids, adaptations, repairs & maintenance to homes, enabling homeowners to remain safe, secure, warm & independent for as long as they wish to. Focused on over 60's and/or disabled in the Preston city boundaries.

C**P****C****V****S****C**

Carers Centre (Preston & District)

Contact: Ben Blackman - Manager

Address: 28 Church Street, Preston

Phone: 01772 200173

Email: info@prestoncarers.org.uk

Website: www.prestoncarers.org.uk

Meetings/Opening Times: See website or telephone

Services: Represents all carers and young carers whatever their situation. The Preston branch links to Lancashire Carers Forum and North West Carers Action Group, and feeds local information and opinions to the National Body.

Languages: Gujarati, Urdu

Facilities/Events to share: Work in providing breaks for carers.

Carers UK (Preston Branch)

Contact: Angela Melling – Secretary

Address: 39 Leesands Close, Fulwood, Preston PR2 6GJ

Phone: 01772 651733

Email: preston.carersuk@fsmail.net

Meetings/Opening Times: Bi-monthly

Services: Carers UK is a charity that is committed to representing all carers whatever their situation. Carers UK links to Lancashire Carers Forum and the North West Carers Action Group and feeds local information and opinions to the national body.

C**P****C****V****S****C**

Caritas Care

Contact: Martin Layton - Director

Address: 218 Tulketh Road, Ashton, Preston PR2 1ES

Phone: 01772 732313 (01772 731324 text)

Fax: 01772 768726

Email: MartinLayton@catholiccaringservices.org.uk

Website: www.catholiccaringservices.co.uk

Meetings/Opening Times: 9am-5pm Monday-Friday

Services: Children's Services - Foster Care, Adoption, Therapeutic Centre, Residential Child Care, Family placement. Deaf Service - Hard of hearing & Part aural services. Learning Disability Services - Day, Outreach & Support services. Community Projects covering family support work and/or work with older people based in communities; Governed by local steering groups with at least one project worker or co-ordinator.

Languages: BSL

Facilities/Events to share: Shared meetings of network group.

Cats Protection League

Contact: Jeanette Greaves - PR Officer

Phone: 01772 490262

Email: jeanette@prestroncpl.com

Website: www.prestroncpl.com

Services: Cat rescue, re-homing, promotion of neutering in the PR1 - PR7 postcode areas.

C**P****C****V****S****C**

Cedar House Counselling Centre

Contact: Ruth Parkinson

Address: Cedar House, 23 Mount Street, Preston PR1 8BS

Phone: 01772 880909

Email: help@cedar-house.eu

Website: www.cedar-house.eu

Meetings/Opening Times: 9am-8pm Mon, 12-8pm Tues, 9.30am-5pm
Wed (5-8pm by appointment), 9.30am-5pm
Thurs, 10am-2pm Fri, 10am-12pm Saturday.

Services: One-to-one counselling for both male and female clients. Also specialising in pregnancy, crisis and post abortion counselling.

Central Advocacy

Contact: Julie Newton - Manager

Address: Preston Business Centre, Watling Street Road, Fulwood, Preston PR2 8DY

Phone: 01772 524469

Fax: 01772 511017

Email: prestonadvocacy@yahoo.co.uk

Website: www.prestonadvocacy.org.uk

Meetings/Opening Times: Appointment only. 24hr answerphone.

Services: One-to-one advocacy support to individuals in accessing or dealing with Health and/or Social Services matters. Free and confidential service. Ring for further details.

C**P****C****V****S****C**

Central Lancashire ME/CFS Support Group (formerly known as ME/CFS Preston Support Group)

Contact: Mrs. Yvonne Thompson - Chairperson/Sarah Roberts - Co-ordinator

Address: c/o Community Futures, 15 Victoria Road, Fulwood, Preston PR2 8PS

Phone: 01257 220356

Email: info@clancsme.org.uk

Website: www.clancsme.org.uk

Meetings/Opening Times: Meetings every four weeks @ Fulwood Clinic, Lytham Road and Bamber Bridge Methodist Church. Social lunch every 2 weeks. Dates and times on request.

Services: Support, information, advice, self-help management and a listening ear for sufferers of ME and their carers.

Certain Curtain Theatre Company

Contact: Claire Moore - Manager

Address: Unit 128 Oyston Mill, Strand Road, Preston PR1 8UR

Phone: 01772 731024

Email: cctheatre@yahoo.com

Website: www.cctheatre.co.uk

Meetings/Opening Times: Flexible

Services: Professional company specialising in new writing, drama and acting sessions to produce good quality theatre. Promoting theatre as a means of communication, exploration and self-development.

Cham Tse Ling Buddhist Group

Contact: Eileen Maher - Secretary

Address: 13 Hawthorn Crescent, Lea, Preston PR2 1RD

Phone: 01772 726481

Meetings/Opening Times: 7.00 for 7.30pm @ Thursdays @ Multi Faith Centre, UCLA 33 St. Peters Square

Services: Religious services, and ongoing Buddhist meetings and teachings & Meditation. Weekend Courses. Retreats.

C**P****C****V****S****C**

Chataway 2000

Contact: Wendy Woods

Address: 37 St Cuthbert's Road, Lostock Hall, Preston PR5 5TH

Phone: 01772 323362

Meetings/Opening Times: Bi-monthly - Monday evenings 6.30-8pm

Services: Encourage young disabled people to gain confidence in making friends, speaking up for themselves and deciding about their own future.

Childsplay (Preston)

Contact: Debbie Egan - Manager

Address: Grange Community Centre, 2-4 Hazel Grove, Ribbleton, Preston PR2 6PT

Phone: 01772 655645

Fax: 01772 655645

Email: Prestonchildsplay@hotmail.com

Meetings/Opening Times: 9am-5pm Monday-Friday

Services: Crèche and childcare provision. Provide childcare - Full Day Care 0-5 in Deepdale Area. Playgroup for children 2-5, 8 sessions a week. Mobile crèche facility for meetings, planning weddings etc. wherever needed.

Languages: Gujarati, Hindi

Citizens Advice Bureau, Preston & District

Contact: Mrs Pearson - Manager

Address: Town Hall Annexe, Birley Street, Preston PR1 2QE

Phone: 01772 822416 (advice line) / 906434 (appointments).

Fax: 01772 254407

Email: preston.cab@lycos.co.uk

Meetings/Opening Times: 9.15am-3.15pm Monday-Thursday. 9.15am-12.15pm Friday. Open for booking appointments.

Services: Advice and assistance on employment, debt, benefits, housing, immigration, travel. Appointments only.

Languages: Varied - accord to staff available

C**P****C****V****S****C**

City Parish of Preston: St John & St George The Martyr (formerly known as Parochial Church of Preston)

Contact: Mrs. J. Royan - Honorary Treasurer

Address: The Parish Office, St. John's Minster, Church Street, Preston PR1 3BT

Phone: 01772 901313

Email: pcc@prestonparish.plus.com

Meetings/Opening Times: 8.30am-5pm

Services: Inner City Parish Churches - The Minster Church of St. John and the Parish Church of St. George The Martyr. The churches are open for worship and facilities can be provided for many events including fundraising evenings, concerts and multi-racial meetings.

Facilities/Events to share: Meeting rooms, concert/workshop space.

Civil Service Pensioners Alliance, Preston & Chorley

Contact: Mrs Anne Smith – Secretary

Address: 42 Brow Hey, Clayton Brook, Preston PR5 8DS

Phone: 01772 338097

Website: www.cspa.co.uk

Meetings/Opening Times: 2pm - second Monday of each month

Services: Working for the interests of Civil Service Pensioners, including campaigns to promote their interests & also the interests of the wider community of Senior Citizens.

C**P****C****V****S****C**

Clarendon Community Centre

Contact: Mahmood Seedat - Centre Co-ordinator

Address: 10/14 Clarendon Street, Preston PR1 3YN

Phone: 01772 203225

Email: mahmood.ccc@btconnect.com

Meetings/Opening Times: For information contact: Mahmood Seedat (male co-ordinator) or Suafina Aslam (female co-ordinator)

Services: Local community centre running course, a youth club, advice surgeries and women-only activities promoting education, health and sport.

Languages: Gujarati, Urdu

Community Futures

Contact: Denise Partington - Chief Executive

Address: 15 Victoria Road, Fulwood, Preston PR2 8PS

Phone: 01772 717461/718710

Fax: 01772 900250

Email: ccl@communityfutures.org.uk

Website: www.communityfutures.org.uk

Meetings/Opening Times: Office hours

Services: Develop and support community action with voluntary + public partners.

Community North West

Contact: Hilda Reidy - Administrator

Address: 1st Floor, 91 Manchester Road, Nelson BB9 7HB

Phone: 01282 692323

Fax: 01282 697780

Email: info@communitynw.org.uk

Website: www.communitynw.org.uk

Services: Communication forum for community and small voluntary organisations.

C**P****C****V****S****C**

Cot Death Support Group (Central Lancs)

Contact: Elizabeth Carthy - Chair

Address: 50 Moorcroft Crescent, Ribbleton, Preston PR2 6DP

Phone: 01772 797657

Meetings/Opening Times: Flexible

Services: A visiting service and befriending support for people who have been affected by a cot death.

Cottam Community Association

Contact: Sheila M. Dolman - Chairman

Address: Haydocks Lane, Cottam Hall, Preston PR4 0NY

Phone: 01772 736446/726713

Email: samanthalord@hotmail.com

Website: www.cottamcommunitycentre.org.uk

Meetings/Opening Times: Contact booking officer – 01772 722056

Facilities/Events to share: Community hall available to hire, includes main hall, kitchen and meeting room. Hall may be booked. Through bookings officer (telephone 01772 722056) Samantha Lord.

CRUSE Bereavement Care Lancashire Area

Contact: Madge Cook

Address: Office 12, Croston House, Lancashire Enterprise Business Park, Leyland, Preston PR26 6TT

Phone: 01772 686668 (helpline for Preston, Blackpool, Fylde & Wyre)
01772 433645 (helpline for Chorley & South Ribble & East Lancashire)

Email: cruselancashire@tiscali.co.uk

Meetings/Opening Times: Office manned 10am-12noon on Wednesdays.
24hr answerphone.

Services: Support those bereaved through death of a loved one. Helping people understand their grief and cope with their loss.

C**P****C****V****S****C**

CSV Training & Enterprise North (formerly known as CSV Media Millennium)

Contact: Kate Dunbavan

Address: 12 St. Wilfreds Street, Preston PR1 2US

Phone: 01772 978353

Email: katedunbavan@hotmail.co.uk/info@voltv.co.uk

Website: www.voltv.co.uk

Meetings/Opening Times: 9am-5pm Monday-Friday

Services: Provides volunteering and training opportunities for young people aged 13-25. Internet T.V. station in Preston. Volunteers can get involved in a wide variety of activities ranging from camera operators to project workers. Opportunities are "tasters" part time and full time. Production of films, audio and magazine with an educational/community benefit.

Cystic Fibrosis Parent Support Group

Contact: Margaret Wilkinson - Support Worker

Address: 9 Pineway, Fulwood, Preston PR2 3SH

Phone: 01772 720554

Meetings/Opening Times: First Monday in the month

Services: Support and fundraising for parents of those suffering with cystic fibrosis.

Languages: Literature in various languages

D**P****C****V****S****D**

Deafway

- Contact:** David Hynes - Chief Executive
Address: Brockholes Brow, Preston PR2 5AL
Phone: 01772 796461 (01772 652388 Minicom)
Fax: 01772 654439
Email: info@deafway.org.uk
Website: www.deafway.org.uk
Meetings/Opening Times: 9am-5pm Monday-Friday
Services: Services for deaf people in developing world. Equality of access and opportunity for deaf people in all areas of life – Residential Care & Rehabilitation, Deaf Awareness and British Sign Language training, information and advice. Deaf/BSL arts.
Facilities/Events to share: Meeting rooms, catering facilities, social club, sports hall

Deepdale Homework Club

- Contact:** Ismail Daud - Chairman
Address: 74 Holmrook Road, Preston PR1 6SS
Phone: 01772 258024
Meetings/Opening Times: 3 evenings during weekdays, weekends and school holidays (afternoon sessions)
Services: Provide additional tuition to students in order to enhance their education performances in English, Maths and Science at key stages 2, 3 and 4.
Languages: Urdu
Facilities/Events to share: Classrooms with computers and books

Deepdale Womens Action Group

- Contact:** Taahera Patel – Secretary
Address: 25 Stanleyfield Road, Preston PR1 1QL
Phone: 01772 887306
Email: taahera@fsmail.net
Meetings/Opening Times: 10am-12pm on 2nd Wednesday of the month - Term time only
Services: A women only group organising needed courses in the community - exercise classes, female doctor sessions, health sessions etc.
Languages: Urdu, Gujarati

D**P****C****V****S****D**

Despair After Suicide (DAS)

Contact: Christine Boardwell

Phone: 01772 760662

Meetings/Opening Times: 24 hour helpline and home visits can be arranged

Services: Visit sites of suicide with bereaved persons, accompanying them to the Coroners Court, obtaining copy depositions of inquest, help coping with reporters, information on last rites.

Diabetes UK - Preston & District Support Group

Contact: Anne Costich - Secretary

Address: 255 Black Bull Lane, Fulwood, Preston PR2 9YD

Phone: 01772 719433

Email: anne@costich.org.uk

Meetings/Opening Times: 3rd Thursday each month (except July & August)
@ Blessed Sacrament Social Centre, Ribbleton
Avenue

Services: Support, information and signposting for people who have diabetes, their carers, or any persons including health care professionals who need information or advice.

Languages: Leaflets in various languages

Facilities/Events to share: Talks, information and discussions. Chance to socialise

D**P****C****V****S****D**

Disability Information Services Centre, (DISC) Preston

Contact: Melanie Close - Manager

Address: 103 Church Street, Preston PR1 3BS

Phone: 01772 563090 (558863-helpline)

Fax: 01772 204787

Email: info@prestondisc.org.uk

Website: www.prestondisc.org.uk

Meetings/Opening Times: 9.30am-4pm Monday-Friday

Services: Info & advice service, for disabled people & carers in Preston & surrounding area, awareness training, men's group, women's group, amputee support group, consultation group. Form-filling service by appointment only.

Facilities/Events to share: Interpreter available on request, literature in ethnic languages available on request. Training room to hire – fully accessible

Disabled Drivers Motor Club

Contact: Mr Tony Russell - West Lancs Area Rep

Address: 75 Summertrees Avenue, Lea, Preston PR2 1SA

Phone: 01772 768208

Email: info@ddmc.org.uk

Website: www.ddmc.org.uk or
www.disabled-motorists.co.uk

Meetings/Opening Times: Office hours

Services: Promotes personal mobility, provides monthly membership magazine (Disabled Motorist), represents disabled people in the community, advises on adaptations.

Languages: Access to interpreters

D**P****C****V****S****D**

Down's Syndrome Support Group, Lancashire

Contact: Cath Noblet – Chairperson

Address: 8 Brookside Road, Fulwood, Preston PR2 9TR

Phone: 01772 719142

Meetings/Opening Times: Regular monthly committee meetings

Services: Support, referrals, social activities and a library available to people with down's syndrome and their families.

Facilities/Events to share: Annual children's Christmas Party. Bi-annual conference.

Drugline - Lancashire Ltd

Contact: Kathryn Talboys - Project Manager

Address: 2 Union Court, Union Street, Preston PR1 2HD

Phone: 01772 253840 (825492-helpline)

Fax: 01772 887927

Email: ktalboys@drugslinelancs.co.uk

Website: www.druglinelancs.co.uk

Meetings/Opening Times: 9.30am-9.30pm Mon-Thurs, 9.30am-5pm Fri

Services: Comprehensive drugs support for users, their carers and workers which includes a helpline, influential and non-judgemental face to face counselling, and district support; Befriending, Vulnerable Young Peoples/Young Homeless/Children JYC, Crack Cocaine, Dance Drug Safety.

Facilities/Events to share: Meeting/Training Room available to hire.

Dyspraxia Foundation

Contact: Ken Hummer

Address: 261 Inner Promenade, Fairhaven, Lytham St Annes FY8 1AZ

Phone: 01253 738679

Meetings/Opening Times: To be arranged

Services: Support, promotion of awareness and understanding of Dyspraxia. Conferences and talks are organised, important information and advice for families and professionals is readily available.

E**P****C****V****S****E**

East Lancashire Deaf Society

Contact: Ms. Jenny Harmer - Director Community Services

Address: 10 Theatre Street, Preston PR1 8BQ

Phone: 01772 250117

Email: jenny.harmer@elds.org.uk

Meetings/Opening Times: 9am-5pm Monday-Friday

Services: Community services for deaf people, including family work with deafness involved. Advice and Information. Translation service and advocacy.

Languages: British Sign Language

Facilities/Events to share: Deaf Awareness training, British Sign Language training

East Preston Development Trust

Contact: Ms. Daphne Tilbury – Secretary

Address: 2-4 Hazel Grove, Ribbleton, Preston PR2 6PT

Phone: 01772 796111

Email: junaid121@hotmail.com

Website: www.epdt.org

Services: Youth work in the community, with various community projects to follow.

Emmaus Preston Limited

Contact: Kath Derbyshire

Address: The Birches, 165 Ribbleton Lane, Preston PR1 5ST

Phone: 01772 796622

Email: simon@emmaus.org.uk

Website: www.emmauspreston.org.uk

Services: Provide a home and work for formerly homeless people.

E**P****C****V****S****E**

Empty Cradle

Contact: Liz Carthy

Phone: 01772 797657

Meetings/Opening Times: By phone only

Services: Umbrella group for organisations that deal with the loss of a child or baby, these are: The Miscarriage Group, Stillbirth and Neo-natal Death Society, Cot Death Support Group. Telephone support, and contact for the groups and an information centre and library. Annual service in June.

Enterprise4all

Contact: Ilyas Munshi - Chief Executive Officer

Address: Enterprise Suite, Blakewater House, Capricorn Park, Blakewater Road, Blackburn BB1 5QR

Phone: 0845 6070786

Fax: 01254 694999

Email: ilyas@enterprise4all.co.uk

Website: www.enterprise4all.co.uk

Meetings/Opening Times: 9am-5pm Monday-Friday

Services: Engagement with difficult to reach groups. Training and business support, advice, networking facilities, Health and Safety, food hygiene, research, skills brokerage.

Languages: Urdu, Gujarati, Punjabi, French, German, Italian

Facilities/Events to share: Various - always keen to work with other organisations

Environappies

Contact: Avril McGarvey

Address: 1 York Yard, Derby Street, Preston PR1 1DT

Phone: 01772 651159

Services: A charity established in Preston in June 2000 by a small group of mothers and grandmothers who care about the future of our planet.

E**P****C****V****S****E**

Epilepsy Action, Preston

Contact: Beth De Nobrega - Branch Secretary

Address: 8 Lowry Close, Lostock Hall, Preston PR5 5ND

Phone: 01772 628757

Email: empearce81@aol.com

Website: 'Link' on www.epilepsy.org.uk

Meetings/Opening Times: We meet at the CVS on the 3rd Thursday of every month 7.30-9pm

Services: A group of volunteers who may have epilepsy or care for people with epilepsy. Support group and fundraising activities also carried out.

Languages: Portuguese

Facilities/Events to share: Support group, fundraising, information about epilepsy given and social events.

Ex-Services Council, Preston & District

Contact: Mr A Grisedale

Address: 177 West Park Avenue, Ashton-on-Ribble, Preston PR2 1SX

Phone: 01772 724910

Email: gerfellin@aol.com

Meetings/Opening Times: Council meeting 4th Wed of month 7.45pm @ The 55th Division Association Club, Church Street

Services: A platform to help with concerns of Ex-Servicemen and women. Co-ordinating activities of Old Comrades Associations, publicity for member meetings, supporting the local authority on civic occasions.

F**P****C****V****S****F**

Faiths 4 Change

Contact: Tom Fyson - Project Officer, Preston

Address: Unit 5, St. Augustine's Avenham Centre, St. Austin's Place,
Avenham, Preston PR1 3YJ

Phone: 01772 901014

Fax: 01772 901014

Email: tom@faiths4change.org.uk

Website: www.faiths4change.org.uk

Services: To support and enable local faith communities to develop and deliver environmental projects in their neighbourhoods. We provide Project officer support, small scale grant funding and training sessions in topics including project planning and carrying out sustainability audits.

Fox Street Community

Contact: Nigel Francis - Manager

Address: Fox Street Community, P.O. Box 315, Preston PR1 2NW

Phone: 01772 554930

Email: foxst.community@btinternet.com

Meetings/Opening Times: Self referral 8am-9pm. Agency referral 9pm-8am

Services: Nightshelter for single homeless people over 18 years. Includes bed, showers, clothing and food at £15 per week. Advice and support available.

Facilities/Events to share: Day care centre for rough sleepers.

F**P****C****V****S****F**

Foxton Centre

Contact: Tim Keightley - Director
Address: Knowsley Street, Preston PR1 3SA
Phone: 01772 555925
Fax: 01772 883688
Email: foxtoncentre1@tiscali.co.uk
Website: www.thefoxtoncentre.co.uk
Meetings/Opening Times: 9am-7pm Monday-Friday
Services: A range of clubs for children and young people, outreach services for vulnerable people and counselling. Befriending service - one to one mentoring. Community café, allotment project.
Facilities/Events to share: Hall available for hire.

Frenchwood Social Club

Contact: Tony Clarkson - Chair
Address: Strawberry Gardens (Off Southern Avenue), Frenchwood, Preston
Phone: 01772 251513 (after 7pm)
Meetings/Opening Times: 7pm-11pm Monday-Saturday. 12noon-10.30pm Sunday
Services: Live dancing, quiz, bingo, live entertainment, a bowling green, big screen and sky sports.
Facilities/Events to share: Room for hire

Friends of the Earth (Central Lancs)

Contact: Alistair Elliott – Co-ordinator
Address: 21 Cecil Street, Lytham FY8 5NN
Phone: 01253 737808
Fax: 01253 737808
Email: alistair@gaeia.co.uk
Meetings/Opening Times: Monthly meetings in Preston
Services: Environmental campaigning through meetings and distributing information.

F**P****C****V****S****F**

Friendship Club North Preston

Contact: Marie Sherratt

Address: 'Hawthorn', Station Lane, Barton, Preston PR3 5DX

Phone: 01772 864338

Meetings/Opening Times: Last Tuesday of every month at 2.00pm in Barton Village Hall

Services: Providing various activities for people over fifty including guest speakers, outings, theatre visits to widen people's horizons.

Full Life Church

Contact: Pete Goulding

Address: 37 Wheelton Lane, Farrington, Leyland, Preston PR25 3UD

Phone: 01772 460265

Email: hisproperty@blueyonder.co.uk

Website: www.fulllifechurch.org.uk

Services: Sunday morning Christian worship service 11am (until Sept 08 at Moor Nook Youth and Community Centre). From Sept 08 at Moor Nook Primary School. Mid week home group meetings, children's programmes, Kids Klub, give away Christmas hampers, Easter eggs, school uniforms. Alpha courses commencing Sept 08.

Fulwood Methodist Church

Contact: Alan Smith - Chairman

Address: 1 The Blossoms, Fulwood, Preston PR2 9RF

Phone: 01772 704199 (07768 036413)

Website: www.fulwood.org.uk

Meetings/Opening Times: Sunday services 10.30am & 6.30pm. Toddler group Friday 10am-12noon. Mens social group alternate Tuesdays 10am

Services: Activities for toddlers, youth groups, social and spiritual groups for older people.

Facilities/Events to share: Meeting rooms

G**P****C****V****S****G**

Galloways Society for the Blind

Contact: Peter Taylor - Director

Address: Howick House, Howick Park Avenue, Penwortham, Preston PR1 0LS

Phone: 01772 744148

Fax: 01772 753709

Email: peter.taylor@galloways.org.uk

Website: www.galloways.org.uk

Meetings/Opening Times: 9am-5pm Monday-Thursday. 9am-4pm Friday

Services: Produce 18 weekly talking newspapers, training and adult education courses, social & sporting activities, I.T. training, information & advice to help support people with a sight loss.

Facilities/Events to share: Possible minibus hire and conference/meeting rooms

Gamblers Anonymous

Phone: 0161 9765000 (24hr helpline)

Services: Assistance to gamblers and to their partners and friends.

Gentle Approach to Cancer Association

Contact: Mr Colin Sutherland - Secretary

Address: Flat 2, Hodfellows Hall, 115 Highgate, Kendal LA9 4EN

Phone: 07967 481466

Email: sutherland_colin@hotmail.com

Website: www.gentleapproach.org.uk

Meetings/Opening Times: Second Saturday of each month 10.00am-3.30pm

Services: Experienced counsellors and a team of therapists provide help with relaxation, meditation, stress reduction and diet, with a chance to talk to other cancer sufferers.

G**P****C****V****S****G**

George Barton Trust (Research into Motor Neurone Disease)

Contact: Ward 17, Royal Preston Hospital

Phone: 01772 522545

Or: Ann Walters - Chairperson

Address: 4 Wingates, Penwortham, Preston PR1 9YN

Phone: 01772 745920

Meetings/Opening Times: Quarterly meetings

Services: To promote and advance knowledge, experiment, research and treatment in relation to motor neurone disease, and other similar motor system disorders.

Girlguiding North West England

Contact: Mrs Ann White

Address: 1 Ribblesdale Place, Preston PR1 3NA

Phone: 01772 823331

Fax: 01772 881051

Email: northwesthq@girlguiding.org.uk / ann.white@girlguiding.org.uk

Meetings/Opening Times: 9am-5pm Monday-Thursday. 9am-4pm Friday.
Guide group meetings vary at different units.

Services: A contact point for the various guide groups. All guide activities are programme-based. Rainbows aged 5-7, Brownies aged 7-10, Guides aged 10-14, Senior section aged 14-25 and for leaders of units. The very aims for all groups are personal development and achievement through a structured programme. Challenged by adventure and experiences. Girls and women will develop self-awareness, self-respect and confidence, learn teamwork and acquire leadership skills.

G**P****C****V****S****G**

Grassroots Family Support Project

Contact: Julianne Stokes - Co-ordinator, Bamber Bridge

Address: St. Mary's Priory, Browndale Lane, Bamber Bridge, Preston PR5 6SP

Phone: 07881 587776

Email: julianne.stokes@bsrgrassroots.org

Website: www.bsrgrassroots.org

Meetings/Opening Times: 9am-5pm Monday-Friday

Services: Support to families who are struggling to cope. This assistance could be simply providing an empathetic ear or signposting a family towards external agencies who could assist them through their difficult time.

Greater Deepdale Community Assoc'n

Contact: Mrs Sue Thackeray - Secretary

Address: Catherine Beckett Centre, Deepdale Enclosure, Deepdale Road, Preston PR1 5AR

Phone: 01772 556546

Fax: 01772 556546

Email: catherinebeckettcentre@hotmail.com

Meetings/Opening Times: 9am-10pm Monday-Friday

Services: Run child's play, full-time Nursery, computer sessions, over 60s sequence dancing, Genjitsu. Maintaining and improving the community centre for the use of the community of Greater Deepdale.

Facilities/Events to share: Main hall/offices to hire

G**P****C****V****S****G**

Groundwork Lancashire West and Wigan

Contact: Paul O'hanlon - Youth and Community Development Co-ordinator
Address: Albyn Bank Road, Avenham, Preston PR1 4HU
Phone: 01772 257577
Fax: 01772 257578
Email: paul.o'hanlon@groundwork.org.uk
Website: www.groundwork.org.uk
Meetings/Opening Times: 9am-5pm Monday-Friday
Services: Supporting community groups in environmental regeneration projects across Western Lancashire. Engaging young people and communities through positive activities.

Guild Initiative for Furniture Trust (GIFT 92)

Contact: Peter Metcalf - Chairman
 Eddie Atkinson - Operations Mgr
Address: Unit 2, Boundary Road, off Robinson Street, Preston PR2 3DS
Phone: 01772 716572
Email: mail@gift92.com
Meetings/Opening Times: Monday-Friday as advertised on telephone
Services: Recycle donated furniture and household items to needy people in the Preston area.

Guillain Barre Syndrome Support Group

Contact: Mr Mike Bonney
Address: Redland, 49 Church Road, Warton, Preston PR4 1BD
Phone: 01772 634509 (0800 374803-helpline)
Website: www.gbs.org.uk
Meetings: Every 3 months
Services: Social gatherings for sufferers and carers, at Bilsborrow Community Centre. Also raise funds for research into the disease. The main aim is to offer support, advice and information to those who have just received a diagnosis and their families.

G**P****C****V****S****G**

Gujarat Hindu Society

Contact: Ishwer Tailor - President

Address: South Meadow Lane, Preston PR1 8JN

Phone: 01772 253901

Fax: 01772 882221

Email: ghsenterprise@hotmail.com

Website: www.ghspreston.co.uk

Meetings/Opening Times: 8.30am-9pm 7days/week

Services: A community centre which includes conference facilities, community arts school, Hindu Temple service, and a day-care centre for the elderly.

Languages: Gujarati

Facilities/Events to share: Navrati Festival in October. Health Mela in March, usually on Easter Sunday.

Gujarat Muslim Welfare Society

Contact: Mr M Y Amirat - Chair

Address: 72 Coniston Road, Fulwood, Preston PR2 8AY

Phone: 01772 791600

Email: mahmud_amirat@yahoo.co.uk

Website: www.gmws.org.uk

Meetings/Opening Times: By appointment

Services: To promote and improve health, social, cultural and educational standard of Gujarati Muslim Community. The society encourages and supports isolated/infirm/disabled members by providing a range of learning skills, outings, lunch clubs etc.

Languages: Gujarati, Urdu, Hindi

Gujarati Sunni Muslim Community Centre

Contact: Mr Hussain Mulla - Treasurer

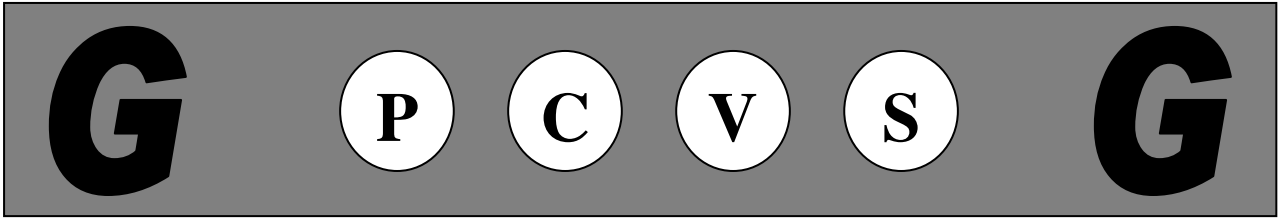
Address: 14 Eldon Street, Preston PR1 7YE

Phone: 01772 562298

Fax: 01772 562298

Services: Teaching Religious Education and Urdu Language. Muslim prayer, Mosque.

Languages: Gujarati, Urdu



Guru Gobind Singh Sikh Temple/Community Centre

Contact: Sam Singh

Address: 1 Great Hanover Street, Deepdale, Preston PR1 1PY

Meetings/Opening Times: Phone to confirm

Services: To provide educational, recreation, social and leisure facilities to the local Sikh community. To run the Sikh Temple as a place of worship.

H**P****C****V****S****H**

Headway (Preston)

Contact: Mr W King

Address: 23 Egerton Grove, Chorley PR7 2HQ

Phone: 01257 271629

Services: Help and support to those who have been affected by a head injury.
The aim is to raise awareness and gain improvements in services.

Heartbeat North West Cardiac Centre

Contact: Colin Davidson – Executive Director

Address: Pond House, Harris Park, 253 Garstang Road, Fulwood, Preston PR2 9XB

Phone: 01772 717147

Fax: 01772 788098

Email: info@heartbeat-nwcc.org.uk

Website: www.heartbeat-nwcc.org.uk

Meetings/Opening Times: 8am-7pm Monday-Friday

Services: To provide long term medically monitored facilities for those recovering from all types of Coronary Heart Disease, and educate schools and workplaces regarding lifestyle.

Historical Society

Contact: Linda Barton - Secretary

Address: Green Farm, Carris Green, Inskip

Phone: 01772 690764

Meetings/Opening Times: First Monday in the month except June-September

Services: Lectures on all aspects of life of the History of Preston, members aged 50+.

H**P****C****V****S****H**

Home-start North West Regional Office

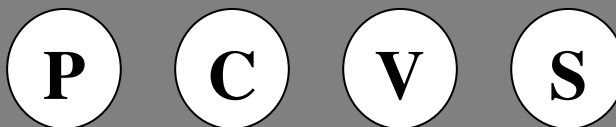
Contact: Julie Downs - Regional Consultant
Address: 6 Liverpool Road, Penwortham, Preston PR1 0AD
Phone: 01772 752418
Fax: 01772 750173
Email: northwestregion@home-start.org.uk
Website: www.home-start.org.uk
Services: Charitable organisation providing support to families with children under the age of five.

Home-Start, Preston

Contact: Ann Gill - Senior Organiser
Address: Unit 4, St Augustine's Avenham Centre, Avenham, Preston PR1 3YJ
Phone: 01772 881331
Fax: 01772 512725
Email: admin@homestart-preston.org.uk
Meetings/Opening Times: 8.30am-4.30pm Monday-Friday
Services: Home visiting volunteers to support families that have a child under the age of five. Volunteers will visit 2 hours per week to offer emotional and practical support.
Facilities/Events to share: Meeting room available to hire.

Hospital Radio, Preston

Address: Broadcasting Studio, Royal Preston Hospital, Sharoe Green Lane, Fulwood, Preston PR2 8DU
Phone: 01772 524306
Fax: 01772 523493
Email: prestonhospitalradio@hotmail.com
Services: Provide a hospital radio service to Royal Preston Hospital broadcasting 24 hours a day, 7 days a week. Volunteers produce 168 hours of programmes every week.



ia Central and North Lancashire

Contact: Mr. Keith Woan

Address: 80 Carleton Road, Chorley PR6 8UB

Phone: 01257 278759 (0800 0184 724-freephone)

Fax: 028 9332 4606 (National Office)

Email: info@iasupport.org

Website: www.ia.org.uk

Meetings/Opening Times: Spring, summer & autumn open meetings

Services: Help for people who have had their colon removed with the aim of returning them to a fully active and normal life.

Languages: Leaflets available in all Asian languages

Facilities/Events to share: All meetings are open to members of the public.
A quarterly journal is available to members.

Ingol and Tanterton Community Trust (INTACT)

Contact: Denise Hartley - Chief Executive

Address: The Centre, 49 Whitby Avenue. Ingol, Preston PR2 3YP

Phone: 01772 760760

Fax: 01772 761607

Email: denise.hartley@intact-preston.org.uk/debbie.foye@intact-preston.org.uk (re services)

Website: www.intact-preston.org.uk

Meetings/Opening Times: 9am-5pm Monday-Thursday, 9am-12pm Fri

Services: A community project established to meet the needs of local people offering information, support, friendship & practical assistance. Two drop-in-centres, 'Job' Shop, confidential listening service and leisure activities, housing.

Facilities/Events to share: Drop-in-centre - Ingol Youth & Community Centre (Whitby Avenue) - I.T. suite.

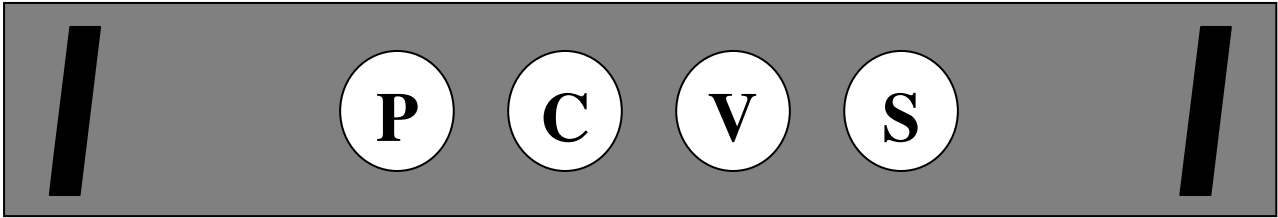
Inner Wheel of Preston

Contact: Mrs Marie Davies - Secretary

Address: 10 Marlborough Drive, Fulwood, Preston PR2 9UE

Phone: 01772 863103

Services: Wives/widows of members of the Rotary Club, who encourage ideals of community service and foster international understanding.



Integrate (Preston & Chorley) Ltd

Contact: Rosemary Trustam – Executive Director

Address: 112-116 Tulketh Brow, Ashton-on-Ribble, Preston PR2 2SJ

Phone: 01772 333805

Fax: 01772 333808

Email: vose@integratepreston.org.uk

Website: www.integratepreston.org

Meetings/Opening Times: 9am-5pm Monday-Thursday, 9am-4pm Fri

Services: Support for adults with learning disabilities – supported housing, employment projects, training (includes NVQ) for staff.

Facilities/Events to share: Training & meeting rooms

J**P****C****V****S****J**

Jalgos Sports and Social Club

Contact: Miss Webb - Secretary

Address: Rose Street, Preston PR1 3XY

Phone: 01772 556109

Meetings/Opening Times: 1.30-10.30pm

Services: Afro-Caribbean meals, entertainment for older retired groups. A meeting place to discuss community activity and to give advice and help.

Facilities/Events to share: Large room with bar.

Jamaica National Association

Contact: Mrs. S. Sampson

Address: 179 London Road, Preston PR1 4BA

Phone: 07745 593869

Email: jna-preston@hotmail.co.uk

Meetings/Opening Times: Second Sunday of the month 6pm @ Jalgos Sports & Social Club, Rose Street, Preston

Services: Support, information, help with government departments, and ensuring social and welfare needs are met for Jamaican nationals living in Lancashire. Fundraising for charity. Assist Jamaicans returning to their country.

Facilities/Events to share: Jamaican Independence (6th) celebrations first weekend in August - cultural day, dance, thanksgiving service.

L**P****C****V****S****L**

La Leche League

Contact: Jackie Stopyra

Address: 20 Beacon Grove, Fulwood, Preston PR2 3QU

Phone: 01772 774080

Meetings/Opening Times: Monthly at venues in Preston and District

Services: Information and support on breast feeding matters, to allow members to make an informed choice. Telephone counselling, leaflets & books available.

Ladies Circle (Preston 231 & 792)

Contact: Kay Dickinson - Secretary

Address: 45 Powis Road, Ashton on Ribble, Preston PR2 1AD

Phone: 01772 729059

Services: A women's group who support Round Table activities and arrange social and fundraising events for members.

Lancashire Advocacy

Contact: Linda Coleman-Hill - Manager

Address: Galloway's, Howick House, Howick Park Avenue, Penwortham, Preston PR1 0LS

Phone: 01772 744050

Fax: 01772 744051

Email: info@lancashireadvocacy.com

Website: www.lancashireadvocacy.com

Meetings/Opening Times: 9am-4.30pm Monday-Friday

Services: Lancashire Advocacy is an independent organisation which develop advocacy and service user involvement projects. It supports mental health service users and people with learning difficulties to have a voice which allows them to challenge stigma and promote social inclusion.

Facilities/Events to share: Advocacy awareness week 15th-21st Sep.

L**P****C****V****S****L**

Lancashire and South Cumbria Cancer Partnership Group

Contact: Jeanette Smalley - Partnership Group Facilitator

Address: Room 113, Preston Business Centre, Watling Street Road, Fulwood, Preston PR2 8DY

Phone: 01772 647045

Fax: 01772 220291

Email: jeanette.smalley@northwest.nhs.uk

Meetings/Opening Times: Monthly Working Group Meetings

Services: Involves patients and carers in the development of cancer services, in order to shape the changes that will be required to achieve both the local and national vision for the future of cancer services.

Lancashire and South Cumbria Neurological Alliance

Contact: Mr Ian Wardle - Chairperson

Address: Department of Built Environment, University of Central Lancashire, Preston PR1 2HE

Phone: 01254 760343 (answerphone)

Email: iwardle@blueyonder.co.uk

Website: www.lasna.co.uk

Meetings/Opening Times: Monthly Working Group Meetings

Services: A contact point for signposting information to neurological groups/societies.

L**P****C****V****S****L**

Lancashire Care Mental Health Helpline

Contact: Sarah Foxtton - Service Manager

Address: Admin Office, Parkwood, East Park Drive, Blackpool FY4 8PW

Phone: 0500 639000 (freephone helpline)
01253 303699 (Admin)

Email: sarah.foxtton@lancashirecare.nhs.uk

Website: www.lancs-mentalhealthhelpline.nhs.uk

Meetings/Opening Times: 7pm-11pm Monday-Friday, 12pm-12am
Saturday-Sunday

Services: Freephone listening and information service for anyone concerned about mental health. Also volunteering opportunities.

Languages: Language line interpreter

Lancashire Family and Partners Support Group

Contact: A. Handyside - Co-ordinator

Address: 7 York Close, Leyland, Preston PR25 1BT

Phone: 01772 464097

Meetings/Opening Times: 9am-5pm Monday-Friday, 6-9pm Wed

Services: Helps couples reach agreement over children, finance, property on separation and divorce. Legal aid - resolves conflict between family members, counselling.

L**P****C****V****S****L**

Lancashire Family Mediation Service

Contact: Manager

Address: 15 Cross Street, Preston PR1 3LT

Phone: 01772 204248

Fax: 01772 204430

Email: mediation@lfms.co.uk

Website: www.lfms.co.uk

Meetings/Opening Times: 9am-5pm Monday-Friday, 6-9pm Wed.

Services: Sessional appointments for divorcing, separating couples, impartial assistance to help reach agreement over children, finance or property. Resolves conflict between Family members. Counselling.

Languages: Urdu, Gujarati (translation services)

Facilities/Events to share: Training events for family mediators and occasionally for office staff.

Lancashire Fire & Rescue Service - The Prince's Trust

Contact: George Martin - Delivery Project Manager

Address: Headquarters, Garstang Road, Fulwood, Preston PR2 3LH

Phone: 01772 866898

Fax: 01772 866899

Email: georgemartin@lancsfirerescue.org.uk/
theprincestrust@lancsfirerescue.org.uk

Website: www.princes-trust.org.uk

Meetings/Opening Times: 9am-4pm Aug-Nov, Jan-Mar

Services: 12 week personal development programme for unemployed and employed young people aged 16-25. Team building and projects in the community.

L**P****C****V****S****L**

Lancashire Folk

Contact: Margaret McFarlane - Secretary

Address: 4 Ledson Grove, Aughton, Ormskirk L39 6TB

Phone: 01695 423882

Meetings/Opening Times: Dance club held on various nights of the week

Services: The committee organise 3 main dances – New Year, Spring gathering, Day of Dance and help with Avenham Childrens Festival. 500 members in Lancashire.

Lancashire Global Education Centre

Contact: Richard Carbridge - Chief Executive

Address: 37 St. Peter's Square, Preston PR1 7BX

Phone: 01772 252299

Fax: 01772 888174

Email: lgec@lgec.org.uk

Website: www.lgec.org.uk

Meetings/Opening Times: Resource Centre open to public by appointment.

Services: Working to promote learning for action and positive global change, delivered through a range of projects and services to teachers, youth Workers, adult education tutors and in the community.

Facilities/Events to share: Community based training and workshops for project beneficiaries.

Lancashire Gujarati Health Users Forum

Contact: Mr Ishwar Tailor - Treasurer

Address: Gujarat Hindu Society Centre, South Meadows Lane, Preston PR1 8JN

Phone: 01772 253912

Fax: 01772 827403

Meetings/Opening Times: Meetings held approximately each month

Services: General objectives relate to raising the level of health within the South Asian community in Preston and surrounding areas.

Languages: Gujarati

Facilities/Events to share: Annual Health Mela in the Spring.

L**P****C****V****S****L**

Lancashire Gulu Local Agenda 21 Link

Contact: D. Taylor

Address: St. Walburge's Centre, St. Walburge's Gardens, Preston PR2 2QJ

Phone: 01772 739742

Fax: 01772 739742

Email: lancashiregulu@btconnect.com

Meetings/Opening Times: 9.30am-3pm Monday-Thursday

Services: Link/friendship between people in Lancashire and Gulu (Uganda) - linking, training & awareness raising. Volunteer possibilities.

Lancashire Head Injury Association

Contact: Marie Creaney - Director

Address: 167 Chapel Lane, Longton, Preston PR4 5NA

Phone: 01772 611892

Fax: 01772 611892

Meetings/Opening Times: Tuesday/Thursday day/any evening

Services: Counselling, advocacy, advice & information for people suffering from head injury.

Lancashire Parenting Service (formerly known as Preston Parenting Project)

Contact: Debbie Charlesworth

Address: 10-12 Brandon Street, Fishwick, Preston

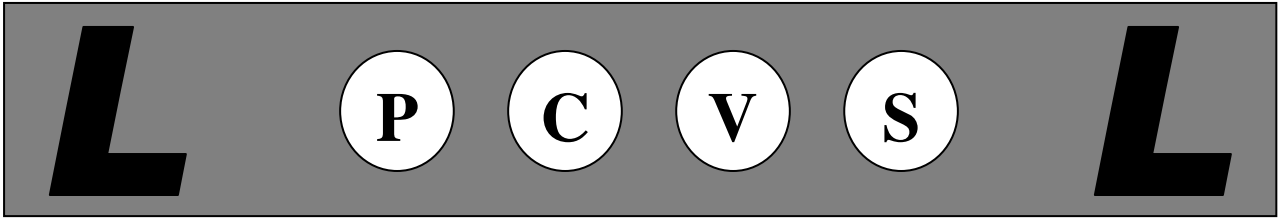
Phone: 01772 709815

Email: debbie.charlesworth@nch.org.uk

Website: lancashireparentingproject@nch.org.uk

Meetings/Opening Times: 9am-4pm Monday-Friday (phone first).

Services: One to one family support, group work parenting, social activities, Rainbows, dads groups, support groups and drop ins.



Lancashire Twins and More Club

Contact: Ann Court

Phone: 07812 424395

Email: info@lancashiretwinsandmoreclub.co.uk

Website: www.lancashiretwinsandmoreclub.co.uk

Meetings/Opening Times: 1st & 3rd Mondays of each month 10am until 12 noon at Cheeky Monkeys, Old Mill Industrial Estate, School Lane, Bamber Bridge PR5 6SY (Bamber Bridge), 1st & 3rd Thursdays of each month 1pm until 3pm at Buddys Play Centre, King Court, Kings Street, Leyland, Preston PR25 2LE (Leyland), 1st & 3rd Fridays of each month 10am until 12 noon at Giddy Kids, Unit 69, Roman Way Industrial Estate, Longridge Road, Preston PR2 5BE (Preston), 2nd & 4th Mondays of each month 10am until 12 noon at Rascals, Unit 4, Capitol Trade Park, Walton-le-Dale, Preston PR5 4BG (Walton-le-Dale). Except for Bank Holidays.

Services: Clubs run by parents of twins and more, for parents and children from birth and beyond. Access to information about multiples and products for twins/triplets. Clubs continue to meet during the school holidays so older children can come along too. Evening meetings for parents to organise different social events during the year. We welcome those who are adopting multiples, expectant parents and parents who do not work whilst their children are at school.

L**P****C****V****S****L**

Lancashire Wide Network for Minority Ethnic Women

Contact: Jabien Kauser - Project Co-ordination Officer

Address: Spring Hill Community Centre, Exchange Street, Accrington BB5 0JD

Phone: 01254 392974

Fax: 01254 381349

Email: cbproject@lcda2.org.uk

Services: Help minority ethnic women to effectively participate in the economic, political and social life of the community.

Languages: Punjabi, Urdu, Gujarati

Facilities/Events to share: Meeting room

Lancashire Young Homeless Project Ltd (formerly known as Preston Young Homeless Project)

Contact: Donna Alexander

Address: c/o Barnardo's Ground Floor, Derby House, Lytham Road, Preston PR2 8JF. Address for correspondence - 118 Ringway, Thornton-Cleveleys FY5 2NW.

Phone: 01772 788993

Meetings/Opening Times: 9.30am-5pm Monday-Friday

Services: Floating support scheme for young people aged 16-25 who are homeless or threatened with homelessness in Lancashire, by providing assessments, support and accommodation, together with advice and information in obtaining a tenancy.

L**P****C****V****S****L**

Lancashire Youth Association

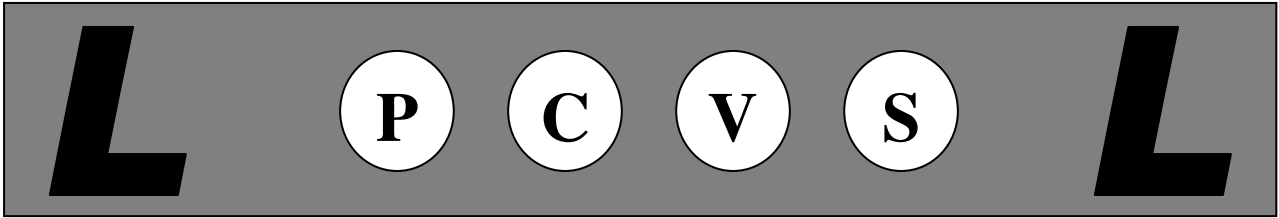
Contact: Graham Whalley - Director
Address: 10 Fishergate Hill, Preston PR1 8JB
Phone: 01772 556127
Fax: 01772 251334
Email: graham@lya.org.uk
Website: www.lya.org.uk
Meetings/Opening Times: 9.30-4.30 Monday-Friday
Services: Support & develop high quality voluntary youth work and educational opportunities for young people. Activities help to develop skills & attitudes.

L'Arche Community (Preston)

Contact: Stephen Grice - Administrator
Address: 3 Moor Park Avenue, Preston PR1 6AS
Phone: 01772 251113
Fax: 01772 251116
Email: preston@larche.org.uk
Website: www.larche.org.uk/preston
Meetings/Opening Times: 9am-5pm (office hours). 24hr residential service
Services: Residential and day care services in a community where adults with and without learning disabilities live and work together.
Facilities/Events to share: Open evenings, last Friday of each month.
 Annual open afternoon.

Larches and Savick Community Association

Contact: Julie Bell - Chair
Address: 26 Starrgate Drive, Ashton-on-Ribble, Preston PR2 1NA
Phone: 01772 732233
Email: juliembell@hotmail.com
Meetings/Opening Times
Services: Offer information to residents of the Larches and Savick estates and immediate areas. Hold regular surgeries for police, health service, councillors etc. Arrange activities for young people in the area including pool, computer games. Parent and Toddler sessions.
Facilities: Internet access. Contact point for community issues.



Leonard Cheshire

Contact: Jan Phillips - Service Manager

Address: North West Community Services, Derby House, Lytham Road,
Fulwood, Preston PR2 8JE

Phone: 01772 772200

Fax: 01772 772201

Email: nwcommserv@lc.uk.org

Website: www.leonard-cheshire.org

Meetings/Opening Times: 9am-4.30pm Monday-Friday

Services: Personal, domestic and social support for children and adults with physical and, occasionally, learning disabilities, so enabling people to remain independent and get the most out of life.

M**P****C****V****S****M**

Maa Aur Bacha Group (Mother & Baby Group)

Contact: Mehrunnisa Tutla - Chairperson

Address: 3 Goldfinch Street, Preston PR1 6SX

Phone: 01772 889000/885337

Meetings/Opening Times: Please phone

Services: Support group for mothers and/or children with health problems and disabilities. Fathers are also welcome.

Main Junction

(In partnership with Young People's Service and the Fishergate Baptist Church)

Contact: Tom Ireland

Address: c/o Urban Exchange, Mount Street, Preston PR1 8BQ

Phone: 01772 255305

Email: tom.ireland@lancashire.gov.uk

Meetings/Opening Times: 1pm – 4pm Wednesdays

Services: A drop-in service for young people aged 16-25 years particularly those facing housing issues. Provided is a choice of hot meals, laundry service, showers and a clothing store. There is a range of support workers available to give advice on housing, benefits, unemployment, educational and vocational courses, and access to both paid and voluntary work.

Facilities/Events to share: Table tennis, snooker, T.V. room, art equipment, karaoke machine; access to computers, the Internet and telephones is also provided.

M**P****C****V****S****M**

Make A Wish Foundation UK

Contact: Francesca Towson - Northern England Manager
Address: Tower House Business Centre, Fishergate, York YO10 4UA
Phone: 01904 567319
Fax: 01904 567366
Email: n.England@make-a-wish.org.uk
Website: www.make-a-wish.org.uk
Services: Wishes granted for children between 3 and 18 years, who have life threatening conditions.

Making Space

Contact: John Williams - Organiser
Address: Preston West C.M.H.T., West Strand House, West Strand, Preston PR1 8UY
Phone: 01772 823720
Fax: 01772 822195
Email: john.williams@makingspace.co.uk
Meetings/Opening Times: 4th Tuesday of the month 7.30pm @ The Connolly Centre, Steeple View, Preston
Services: Supporting families and carers of people suffering enduring mental illness (Family support and supported accommodation). Advice re illness and medication, coping skills, emotional support. Signposting to other organisations, assisting with benefits and assisting to access services.

Male Rape Support Association (M.R.S.A)

Contact: Simon - Co-ordinator
Address: PO Box 126, Fleetwood FY7 6WN
Phone: 07932 898274
Email: malerapemrsa2001@yahoo.co.uk
Meetings/Opening Times: Weekly group meetings 7-9pm Thurs.
Helpline 7 days 8am-Midnight
Services: Help and support to victims of male rape and childhood sexual abuse and domestic violence through a helpline, group meetings, one to one listening sessions, counselling, outreach and Training Day Providers.

M**P****C****V****S****M**

Marie Curie Cancer Care

Contact: Lyn Fenton - Community Fundraising Manager
Address: 4 Hawksbury Drive, Penwortham, Preston PR1 9EJ
Phone: 01772 749797
Fax: 01772 749595
Email: Lyn.fenton@mariecurie.org.uk
Meetings/Opening Times: 8.30am-4pm Monday-Friday
Services: A Nationwide Network of free Marie Curie Nurses giving practical nursing care at home for cancer sufferers.

Masjid-E-Aqsa (Preston Hanfi Sunni Muslim Society)

Contact: Salim Ibrahim Patel – President for Educational Facilities
Address: 135-139 Kent Street, Preston PR1 1PE
Phone: 01772 887215
Meetings/Opening Times: Prayer times and evenings
Services: Daily Prayers, Islamic education, Counselling, girls classes, Mosque/ Masjid.
Languages: English, Urdu, Gujarati

Med-Alert

Contact: Nigel E Robinson - Charity Director
Address: 4 Richmond Avenue, Clivinger, Burnley BB10 4JL
Phone: 01282 710488
Email: nigelrobinson@ntlworld.com
Services: The provision of training, equipment, organisation and structure to doctors who volunteer to immediately attend the scene of accidents or other medical emergencies.

M**P****C****V****S****M**

Mencap (Royal Society)

Contact: Bryan T Smith - Community Development Officer
Address: Units 21/22 Ford Street, Off Chester Street., Stockport SK3 0BT
Phone: 0161 9689250
Fax: 0161 968 9251
Email: bryan.smith@mencap.org.uk
Website: www.mencap.org.uk
Meetings/Opening Times: 9am-5pm Monday-Friday
Services: National charity with local affiliated groups. Advice, information and focus on nation-wide issues, linking with professionals, service providers, people with learning disabilities and their families. Services in housing, employment, education and personal support. Support to local groups to campaign for positive changes.
Facilities/Events to share: Small library with national reports

Mental Health Service User's Forum, Preston

Contact: Sue Barnhurst/Steve Lenehan
Address: c/o Lancashire Advocacy, Galloways, Howick House, Howick Park Avenue, Penwortham, Preston PR1 0LS
Phone: 01772 752525 (Sue)
01772 744050 (Steve)
Fax: 01772 744051
Email: pmhf1@ukonline.co.uk
Meetings/Opening Times: Office hours 9am-5pm Monday-Friday. Forum meetings 1st Wednesday of each month @ Galloways 12pm-3pm.
Services: Empowering service users to participate in the planning, evaluation and delivery of mental health services, influencing the future of mental health services, training and evaluation of mental health staff. Act as a point of contact between service users, service providers and commissioners. Represent the views and perspectives of all mental health service users in Preston.

M**P****C****V****S****M**

Merriweather Home Association

Contact: Brian Evans - Project Manager

Address: 8-9 Fishergate Hill, Preston PR1 8JB

Phone: 01772 253480

Email: merriweather@tiscali.co.uk

Meetings/Opening Times: Enquiries re-accommodation 9am-5pm. Staffed 24hrs.

Services: Accommodation, support, life skills training, and resettlement. For young homeless people aged between 16-25.

Mid Lancashire Member Relations Committee of United Co-operatives Limited

Contact: Dave Bretherton - Member Committee Manager

Address: United Co-operatives Limited, 5th Floor, New Century House, Corporation Street, Manchester M60 4ES

Phone: 01706 202035

Fax: 01706 202193

Email: david_bre@coop.co.uk

Services: Member Relations Committee provides support to local communities and schools providing funds to schools and young people to support projects.

Miles of Smiles

Contact: Karen Rainford

Phone: 07801 446099

Email: k.rain@tiscali.co.uk

Services: Give individual treats to children who deserve a smile in their day - for example young carers.

M**P****C****V****S****M**

Montserrat Association (Preston)

Contact: P. T. Meade - Chairman

Address: 1 Ramsay Avenue, Ribbleton, Preston PR1 6ER

Phone: 01772 702018

Email: prestonmontserratassociation@yahoo.co.uk

Meetings/Opening Times: Last Sunday of each month @ Jalgos Sports & Social Club, Rose Street, Preston.

Services: Promotion of health and well-being for its members in social activities and the sharing of useful information.

Mood Swings Network

Contact: Tom McAlpine - Chair

Address: 23 New Mount Street, Manchester M4 4DE

Phone: 0161 9534105

Fax: 0161 9534105

Email: mood.swings@virgin.net

Meetings/Opening Times: 10.30am-5pm Monday-Friday

Services: Support and advice for people with mood disorders. Help with benefits, self-management, welfare rights, employment leaflets, booklets and fact sheets on all aspects of mood disorders.

Moving On Project (Barnardo's)

Contact: Donna Alexander/Sian Davis - Team Leaders

Address: West Wing, Ground Floor, Derby House, Lytham Road, Preston PR2 8JF

Phone: 01772 788993

Fax: 01772 718017

Email: Sian.davis@barnardos.org.uk

Website: www.barnardos.org.uk/movingon

Meetings/Opening Times: 9am-5pm Monday-Friday

Services: To provide advice, information and support to homeless young people (16-25's). Advice and information service at Urban Exchange Floating Support Scheme, Supporting Lodgings Scheme, Nightstop.

Languages: British sign language

N**P****C****V****S****N**

National Association of Widows, Preston

Contact: Mrs M. Harris

Address: 80 Wolseley Road, Preston PR1 8EU

Phone: 01772 259259

Meetings/Opening Times: Every other Saturday 6.45-8.45pm

Services: A group that provides widows (of any age) with the chance to socialise with other widows. A varied programme including speakers, drives and outings.

National Association Premenstrual Syndrome

Contact: Patricia Tracey - Helpline Co-ordinator

Address: 69 Ampleforth Drive, Lostock Hall, Preston PR1 5TD

Phone: National - 0870 777 2178

Website: www.pms.org.uk

Services: Provide support service for women suffering from PMS. Online forum available at website address.

National Childbirth Trust - Preston, Fylde & District

Phone: 0870 4211812

Email: prestonfyldeanddistrictnct@yahoo.co.uk

Website: www.nctpregnancyandbaby.com

Meetings/Opening Times: 9am-8pm answerphone. Coffee mornings for mums-to-be and new mums

Services: A preparation for pregnancy and parenthood offering early years support, through various classes, breastfeeding advice, support and general advice available.

N**P****C****V****S****N**

National Federation of Spiritual Healers (Preston Branch)

Contact: Anne Cutler - Secretary

Address: 8 Greenside Avenue, Lea, Preston PR2 1YN

Phone: 01772 734307

Meetings/Opening Times: Tuesday 7pm-9pm at Friends Meeting House, St Georges Road, Preston

Services: Promoting healing as a complimentary therapy to general public and medical students.

National Football Museum

Contact: Rachel Bellingham

Address: Sir Tom Finney Way, Deepdale, Preston PR1 6RU

Phone: 01772 908442

Fax: 01772 908444

Email: enquiries@nationalfootballmuseum.com

Website: www.nationalfootballmuseum.com

Meetings/Opening Times: 10am-5pm daily. Closed Mondays.

Services: Huge variety of displays and exhibitions open to the public. Meeting venues available to voluntary and community groups at small cost. Family learning activities and children's play area available.

N**P****C****V****S****N**

National Society for the Prevention of Cruelty to Children (NSPCC)

Contact: Nusrat Younis - Childrens Service Manager

Address: 125 Oxford Street, Preston PR1 3QY

Phone: 01772 821635

Fax: 01772 825822

Email: nyounis@nspcc.org.uk

Website: www.nspcc.org.uk

Meetings/Opening Times: 9am-5pm Monday-Friday. 24hr helpline 0808 8005000

Services: Services to children and young people in schools. One-to-one counselling, group work on a variety of issues including race & prejudice, friends & relationships. Support and guidance to school staff, parents and carers.

Languages: Helplines 11am-7pm Monday-Friday: 0800 096771.....4 (Bengali), ...5 (Gujarati), ...6 (Hindu), ...7 (Punjabi), ...8 (Urdu)

National Women's Register

Contact: Jackie McMullin

Address: Unit 3A, Vulcan House, Vulcan Road North, Norwich NR6 6AQ

Phone: 01772 745840 (Local Contact)

Meetings/Opening Times: Every Monday at 8pm in members houses

Services: Meeting place for women to discuss various topics.

New Horizons

Contact: Susan Coyne

Phone: 01772 556574

Meetings/Opening Times: Friday evenings @ Galloway Hall, Brackenbury Road, Fulwood

Services: Personal growth and development group - meditation, healing available, weekly speakers.

N**P****C****V****S****N**

New Leaf Integrate (Preston & Chorley) Ltd

Contact: The Manager

Address: 17 Oakham Court, Avenham, Preston PR1 3XP

Phone: 01772 886792/259700

Meetings/Opening Times: Open every weekday 9am-5pm and Saturdays
10am-2pm

Services: A registered charity which employs people with learning difficulties backed up by a team of expert furniture restorers. Provides restoration, re-upholstery and re-polishing. Integrate also offer a home gardening service, including hanging baskets, hedge and lawn cutting etc.

Nguzo Saba Centre

Contact: Linford Sweeney - Manager
Joti Sethi - Secretary

Address: 16-18 Derby Street, Preston PR1 2HD

Phone: 01772 883733

Email: nguzosabacentre@yahoo.co.uk

Website: www.nguzosabacentre.org.uk

Meetings/Opening Times: 10am-2pm Monday, Tuesday and Thursday

Services: Community activities and workshops for mainstream service providers for health, education, employment and business. Bridging the gap in the provision of services for the African, Caribbean mixed/dual heritage community. Drop in service for advice and support, meeting room and large room for activities available for hire. Internet access.

N**P****C****V****S****N**

N.W. Planning Aid (RTPI)

Contact: Jan Beaumont - Co-ordinator
Jackie Dibley

Address: 2nd Floor, Friars Court, Sibson Road, Sale M33 7SF

Phone: 0161 9693672

Fax: 0161 9693815

Email: nwco@planningaid.rtpi.org.uk

Website: www.rtpi.org.uk

Meetings/Opening Times: Office hours 9am-5pm Monday-Friday

Services: Planning advice and support covering North West England (excluding Cumbria). A volunteer based organisation providing free professional planning advice for individuals and community groups, including help with specific planning issues, informal training specialist speakers, support for community consultation events and environmental education.

Facilities/Events to share: Happy to participate in relevant consultation events around regeneration, planning, environmental and housing issues.

O**P****C****V****S****O**

One Voice Neighbourhood Management Partnership

Contact: Louise Davies - Manager

Address: c/o Grange Community Centre, 2-4 Hazel Grove, Ribbleton, Preston PR2 6PT

Phone: 01772 903017

Email: l.davies@preston.gov.uk

Website: www.nmpreston.org.uk

Meetings/Opening Times: 9am-5pm Office hours

Services: Youth work, improvement to the environment and community safety. Developing SLAs with service providers and work with community representatives and agencies to improve services, covering Brookfield and Ribbleton areas.

Ormskirk, Preston and Southport Travellers Association

Contact: Colin Wells - Secretary

Address: 48 Manor Avenue, Burscough L40 7TT

Phone: 01704 893882

Email: colin.wells@tesco.net

Meetings/Opening Times: 2nd Tues of every month @ Stanley Club, Burscough

Services: Lobbying group, newsletter and attendance at forums to promote public rail routes, representing passenger interests and campaigns for improvements.

O**P****C****V****S****O**

Osteoporosis Support Group for Preston

Contact: Mrs Marion Fogarty

Address: 19 Lansdown Hill, Fulwood, Preston PR2 3WD

Phone: 01772 863859

Email: marionfogarty@aol.com

Meetings/Opening Times: 2nd Tuesday of every month

Services: Support, information, advice and literacy available for sufferers of osteoporosis. Healthy bones pack for all primary schools in Preston.

Facilities/Events to share: Social and fundraising events organised.

OXFAM

Contact: Beverly Metcalf

Address: 146 Victoria Road, Walton-le-Dale, Preston PR5 4AU

Phone: 01772 881590

Meetings/Opening Times: Various

Services: Varying shops throughout the Northwest that offer promotion of fairly traded goods (some hand-crafted), plus quality second-hand books. Plus the provision of different volunteering/placement/working experiences.

P**P****C****V****S****P**

Parent Partnership Service (formerly known as Lancashire Parent Partnership)

- Contact:** Peter Livesey - Co-ordinator / Joan Bill
Address: Joint Divisional Offices, East Cliff, Preston PR1 3JT
Phone: 0845 6014284 (information line)
Email: info@lancashireparentpartnership.org.uk
Website: www.lancspp.org.uk
Meetings/Opening Times: 9am-5pm Monday-Friday. Meetings, information sessions and courses by arrangement, at times to suit participants
Services: Advice and support for parents of children with special education needs on all educational issues. Includes independent parental supporters meetings, information leaflets, information sessions and courses for parents or professionals, and a newsletter.
Facilities/Events to share: 'Making Sense' information file re. SEN available at schools and libraries but can be obtained from us.

Parish of Preston: The Risen Lord

- Contact:** Philip N. Tyres - Team Rector
Address: St Matthew's Vicarage, 20 Fishwick View, Preston PR1 4YA
Phone: 01772 794312/794222
Email: pndtyres@speed-mail.co.uk
Services: Worship, youth groups, womens groups, parent & toddlers, study groups.
Facilities/Events to share: Rooms to hire in Avenham & Acregate Lane.
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P**P****C****V****S****P**

Parkinson House Teenage Parent Services

Contact: Charley Wilkinson - Service Manager
Address: Parkinson House Mother and Baby Home, 68 West Cliff, Preston PR1 8HU
Phone: 01772 251274
Fax: 01772 251274
Services: A homeless mother and baby unit provided under Stonham + Home Group.

Parkinson's Disease Society (Preston & District Branch)

Contact: Shamim Patel - Secretary
Address: 4 Merton Avenue, Fulwood, Preston PR2 8XH
Phone: 01772 774169
 0808 800 0303 Monday-Friday (helpline)
Email: Shamimhoor@yahoo.co.uk
Website: www.parkinsons.org.uk
Meetings/Opening Times: 7.30-9pm every 2nd Tuesday in month @ St. Cuthberts Church Hall, Lytham Road, Preston.
Services: Welfare, support & information to Parkinson's Disease sufferers, carers and their families - social events.
Languages: Pamphlets in varied languages

Play Inclusion Partnerships (PIP)

Contact: Fran Peill
Address: 153A Blackpool Old Road, Poulton-le-Fylde FY6 7RS
Phone: 01253 899883
Fax: 01253 899146
Email: pip.bfw@ic24.net
Meetings/Opening Times: Office hours 9am-5pm Monday-Friday
Services: Support in playgroups, pre-school, social activities, youth groups, and after school clubs. For children and young adults between the ages of 2-25 years with special needs and learning disabilities.

P**P****C****V****S****P**

Poets Estates Tenants and Residents Association (PETRA)

Contact: Keith Cross

Address: 1 Thompson Street, Ribbleton, Preston PR1 5RD

Phone: 01772 510230/510479

Meetings/Opening Times: 10am-2pm Monday-Friday and public meetings every 3 months at St. Matthews mission, Alston Street, Preston.

Services: Work to get improvements carried out, keep councillors involved in local issues, hold social activities in a community centre and look at environmental issues.

PRESCAP

(Preston Community Arts Project)

Contact: Ben Hunt - Chief Executive

Address: 5a Walton's Parade, Preston PR1 8QT

Phone: 01772 887785

Fax: 01772 558806

Email: prescap@prescap.co.uk

Website: www.prescap.co.uk

Meetings/Opening Times: 9am-5pm Monday-Friday

Services: Arts based community development enabling people to explore, realise and value their full potential through arts projects and creativity. Also help them develop promotional material e.g. t-shirt printing.

Languages: Urdu, Punjabi (Part time basis)

Facilities/Events to share: Equipped black + white darkroom, screen printing & video equipment, computers with colour printers, internet facilities, hire of premises.

P**P****C****V****S****P**

Pre-School Learning Alliance

- Contact:** Pat Styles – Regional Director. Anything to do with training Rosie Gorman
- Address:** North West Regional Centre, 1-9 Leyland House, Lancashire Business Park, Centurion Way, Leyland, Preston PR26 6TY
- Phone:** 01772 423538
- Fax:** 01772 424855
- Email:** northwest.region@pre-school.org.uk
- Website:** www.pre-school.org.uk
- Meetings/Opening Times:** 9am-5pm Monday-Friday
- Services:** Safe care education & play for children below statutory school age. Publications, legal advice & training. Support for groups, parents & carers.
- Facilities/Events to share:** Training/meeting room and equipment
-

Preston and District Blind Bowling Club

- Contact:** Barry Walsh
- Address:** 114 St. Thomas Road, Preston PR1 6AX
- Phone:** 01772 259934
- Email:** barry.walsh114@talktalk.net
- Meetings/Opening Times:** 5.30pm on a Thursday (late April-early September) at Moor Park
- Services:** Bowling for partially sighted and blind people. The opportunity to learn to bowl and also to take part in friendly national competitions. 2 special wheelchairs available for use on the green to enable disabled people to take part.
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P**P****C****V****S****P**

Preston and District Dyslexia Association (PADDA)

Contact: Mrs Wendy Swindlehurst

Address: Galloways, Howick House, Howick Park Avenue, Penwortham,
Preston PR1 0LS

Phone: 01772 619640 (helpline)

Website: www.discoverdyslexia.com

Services: Advice and support to people suffering with dyslexia. Helpline for parents.

Facilities/Events to share: Mathematics Workshop with 'Kumon',
Information Com. Technology – 'Berta', Mind
Mapping Presentation

Preston and District Multiple Sclerosis Society

Contact: Mr Peter Buckley

Address: 18 Corncroft, Penwortham, Preston PR1 9YP

Phone: 01772 746212

Meetings/Opening Times: Monthly Social meetings

Services: Information and support for anyone with MS and their families.

Facilities/Events to share: Yoga sessions twice monthly

Preston and District Muscular Dystrophy Support Branch

Contact: Mrs Sheila Douglas – Secretary

Address: 11 Hodgson Avenue, Freckleton, Preston PR4 1SQ

Meetings/Opening Times: Every 2nd Monday each month @ Ribbleton
Resource Centre 7.15-9pm

Services: Advice and support to sufferers and families of muscular dystrophy.

P**P****C****V****S****P**

Preston and Western Lancashire Racial Equality Council

Contact: Mr. F Desai – Chief Executive

Address: Town Hall Annexe, Birley Street, Preston PR1 2RL

Phone: 01772 906422

Fax: 01772 906685

Email: admin@prestonrec.org.uk

Website: www.prestonrec.org.uk

Meetings/Opening Times: 9.30-4.30 Monday-Friday

Services: Racial harassment services for victims. Advice and assistance to victims of discrimination on the grounds of the following:- Age, Disability, Gender, Re-assignment of Gender, Race, Religion and Belief, Sexual Orientation.

Languages: Urdu, Gujarati

Preston Arts Association

Contact: Ms Gwen Weiss – Hon. Secretary

Address: 11 Baxendale Grove, Bamber Bridge, Preston PR5 6SZ

Phone: 01772 629770

Fax: 01772 863549 (Hon. Treasurer)

Email: gwenweiss@btinternet.com

Website: www.prestonarts.com

Services: Preston Arts Association acts as an umbrella organisation for various art societies in Preston (ie written, visual, performing, music etc). A modest grant is received from and distributed on behalf of PCC to societies and individuals. PAA arranges the Preston Arts Festival and issues "arts news" three times a year. Open networking/social events are also held for members.

P**P****C****V****S****P**

Preston Christian Message

Contact: Rev Dr Richard Cook
Address: Preston Railway Station
Phone: 077189719915
Website: www.pcmaytime.co.uk
Meetings/Opening Times: 24 hour telephone line
Services: A telephone counselling service and helpline for the bereaved.
Visitation service at home or in the hospital.

Preston City Caribbean Carnival Association

Contact: Ronald Clarke via organiser's page on website
Address: c/o Preston City Council, Regeneration, Community, & Leisure Services, The Guild Hall, Lancaster Road, Preston PR1 1HT
Phone: 07814 693048
Website: www.prestoncarnival.co.uk
Services: Planning and organising the Preston Caribbean Carnival.
Facilities/Events to share: Workshops for voluntary groups, community groups, individuals. Stalls concessions to agencies/organisations and businesses. Limited support can be offered to schools and colleges. Carnival enthusiastically welcomes the participation of young people.

Preston City Football Development Forum

Contact: Ian Kay - Sports Development Manager
Address: Preston City Council, Preston Guild Hall, Lancaster Road, Preston
Phone: 01772 906180
Meetings/Opening Times: Meetings held 4 times a year
Services: To develop high quality provision for football and the improvement to both facilities and pitches.

P**P****C****V****S****P**

Preston City Trampoline Club

Contact: Angela Robson - Welfare Officer

Address: 12 Sheraton Park, Ingol, Preston PR2 7AZ

Phone: 01772 735649

Email: pctc@vwclub.net

Website: www.pctc.org.uk

Meetings/Opening Times: Roebuck Community Facility, Parker Street, Preston. Adult class Fri eve. All ages from 5 years onwards Sun a.m. (Hourly sessions)

Services: Recreational Classes in Trampolining Gymnastics. Looking to expand to schools. Social events. Life skills.

Preston Community Network

Contact: Julie Humphrey - Co-ordinator

Address: c/o Preston CVS, Units 23/27 Guild Hall Arcade, Lancaster Road, Preston PR1 1HR

Phone: 01772 204604

Fax: 01772 204704

Email: julie@prestoncn.org / info@prestoncn.org

Website: www.prestoncn.org

Meetings/Opening Times: 9am-5pm Monday-Friday

Services: The voice of the voluntary community sector on Preston Strategic Partnership and other local decision-making bodies. Equity Forum to promote equality and justice and to challenge discriminatory practices across Preston.

Facilities/Events to share: Full Network meetings quarterly - contact the office for details.

P**P****C****V****S****P**

Preston Community Transport Ltd

Contact: Howard Dixon

Address: The Mobility Centre, 28 Friargate, Preston PR1 2AU

Phone: 01772 204667

Fax: 01772 251638

Website: www.prestonct.co.uk

Meetings/Opening Times: Mobility Centre open 9am-4.30pm Monday-Saturday. Call for details on bus service, 48hr advance booking

Services: Dial-A-Bus in Preston and South Ribble area. Red Rose Runner Bus Service. The Red Rose Runner service can take qualifying people for hospital and clinic appointments. Shopmobility in Preston City Centre and Lancs Shopmobility, calling at Clitheroe, Lancaster and Morecambe. Lancashire Ranger - Day trips out from Preston and South Ribble. Can provide minibus driver training to a national standard.

Preston Concert Band

Contact: Sue Hickey - Secretary

Phone: 01772 700991

Email: gray.sue@blueyonder.co.uk

Website: www.prestonconcertband.co.uk

Services: Rehearsals every Thursday 7pm-9pm. Friends meeting house St. Georges Road, Preston. Band rehearsals and opportunity to perform as a group in public.

P**P****C****V****S****P**

Preston Council for Voluntary Service

Contact: Joan Burrows - Chief Officer

Address: Units 23/27 Guild Hall Arcade, Lancaster Road, Preston PR1 1HR

Phone: 01772 251108

Fax: 01772 251170

Email: pcvs@voluntarysectorpreston.freeserve.co.uk

Website: www.prestoncvcs.org

Meetings/Opening Times: 9am-4pm Monday-Friday. 24hr answerphone.

Services: To provide support, training, development services, information and representation on behalf of the voluntary sector. Advice on constitutions, committees, charity law, recruitment, employment, fundraising, annual directories providing local VCFS details and funding guide. Quarterly newsletter.

Facilities/Events to share: Payroll service, colour photocopying, typing. Conference suite and equipment hire (flip chart, OHP, laptop, chairs, display boards etc). Current Project: Volunteer Service to address local worklessness.

Preston Crown Court Witness Service

Contact: Lisa Westoby

Address: Crown Court Witness Service, Preston Crown Court, Law Courts, Ringway, Preston PR1 2LL

Phone: 01772 844836

Fax: 01772 844836

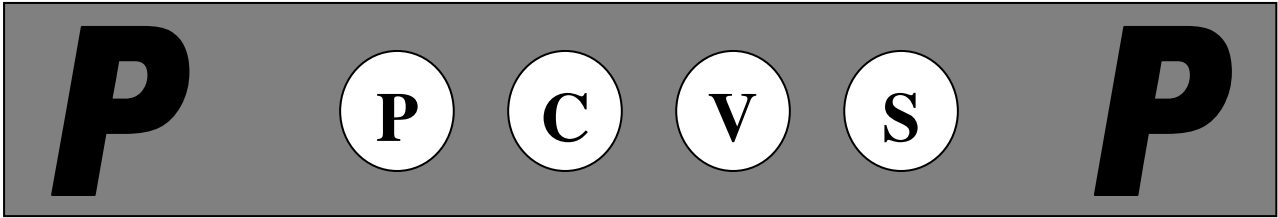
Email: prestonccws@victimsupportlancashire.org.uk

Website: www.victimsupport.org

Meetings/Opening Times: Office hours 9am-5pm Monday-Friday

Services: Free and confidential emotional support and practical information about court procedures to witnesses, victims and their families before, during and after a court hearing.

Facilities/Events to share: Disabled Access



Preston Faith Forum

Contact: Vijayanti Chauhan c/o Ms. Clare Gornall - Preston Faith Forum
Administrator
Address: Preston City Council Member Services, Town Hall, Preston PR1 2RL
Phone: 01772 906475
Email: c.gornall@preston.gov.uk
Website: www.prestonfaithforum.org.uk
Meetings/Opening Times: Every 6-8 weeks
Services: To improve the lives of the citizens of Preston by fostering interfaith dialogue, understanding, co-operation and joint working on a range of social, economic and environmental issues.

Preston FM Community Radio

Contact: The Manager
Address: 2nd Floor, Buckingham House, Glovers Court, Preston PR1 3LS
Phone: 01772 880791
Email: radio@prescap.co.uk
Website: www.preston.fm
Meetings/Opening Times: By appointment.
Services: Opportunities for local voluntary organisations to train and deliver their own radio show.

P**P****C****V****S****P**

Preston Friendship Centre

Central Preston:

Contact: Jennie Aston

Phone: 01257 265721

Meetings/Opening Times: 3rd Monday at Central Methodist Church Café,
Lune Street, Preston at 1.45 pm (excepting Bank
Holidays).

Services: Meetings, speakers, outings to places of interest, meals, theatre
walks.

North Preston: Friendship Group

Contact: Heather Carmichael

Phone: 01772 718270

Meetings/Opening Times: Last Tuesday of the Month at Barton Village Hall
2pm-4pm - speaker.

Services: Meetings, outings to places of interest, meals, walks, ten pin
bowling. Theatre trips.

South Preston:

Contact: Angela Livingstone

Phone: 01254 853569

Meetings/Opening Times: First Monday each month at Farington Lodge,
Farington, Leyland, Lancs 2.30 pm (excepting
Bank Holidays/2nd Monday).

Services: Programme of events for two months including theatre trips, places
of interest, meals, walks. Regular ten pin bowling session at the
Capitol Centre.

P**P****C****V****S****P**

Preston HIV Support Team

Contact: Philomena Evans – Chair

Address: PO Box 515, Preston PR1 8XP

Phone: 01772 259444 (01772 827915-helpline)

Fax: 01772 259666

Email: phiv-st@btconnect.com

Website: www.prestonhivsupport.com

Meetings/Opening Times: By appointment

Services: Advice, support, awareness & training on HIV and sexual health.
One to one peer support for those infected and affected by HIV and AIDS.

Facilities/Events to share: Awareness events all year round. World Aids Day December 1st.

Preston LGBT (Lesbian, Gay, Bisexual, Transgender) Group (formerly known as Preston Gay and Lesbian Centre)

Contact: Debs Bradshaw

Address: c/o Preston DISC, 103 Church Street, Preston PR1 3BS

Phone: 07936 712478

Services: Social networking and events for anyone wishing to get involved.

Facilities/Events to share: Fundraising events, HIV awareness, charity work

Preston Mela

Contact: Nagina Ali

Address: Preston City Council, Regeneration Division, Premier House, Church Street, Preston PR1 3BQ

Phone: 01772 906900

Fax: 01772 881716

Meetings/Opening Times: July/August Festival

Services: A unique and colourful festival featuring local music and dance artists, workshops, food and fashion. Promoting South Asian Culture amongst the wider community.

P**P****C****V****S****P**

Preston Moneyline (IPS) Ltd

Contact: Elaine Rimmer

Address: 4 Fleet Street, Preston PR1 2UT

Phone: 01772 556877

Fax: 01772 556826

Email: info@prestonmoneyline.co.uk

Website: www.prestonmoneyline.co.uk

Meetings/Opening Times: 9am-4.30pm Monday-Friday.

Services: A community development finance institution (CDFI) promoting financial inclusion providing personal, business, home improvement loans for people unable to access mainstream lenders at an affordable rate.

Preston Musical Comedy Society

Contact: Mrs Ruth Carter

Address: 511 Blackpool Road, Ashton-on-Ribble, Preston PR2 1EQ

Phone: 01772 721835

Email: ruthpmcs@hotmail.com

Website: www.prestonmusicalcomedy.co.uk

Meetings/Opening Times: Monday and Thursday 7.30pm-10pm at Wychnor, Harris Primary School, off Lightfoot Lane, Fulwood.

Services: Amateur dramatics - performing musicals and pantomimes at Charter Theatre and Playhouse Theatre, Preston. Membership open to all - on or off stage.

P**P****C****V****S****P**

Preston Muslim Forum

Contact: Yusuf Motala - Chief Officer

Address: 185 Deepdale Road, Preston PR1 6LJ

Phone: 01772 889000

Email: pmforum@hotmail.com

Website: www.pmforum.org.uk

Meetings/Opening Times: 9.30am-4.30pm Monday-Friday

Services: Free and confidential information, advice and guidance for adults on education, employment & training issues. Specialist support surgeries, one to one support for women, outreach work. Community development & regeneration.

Languages: Urdu, Gujarati

Facilities/Events to share: Room hire available.

Preston North End Anti Racist Citizenship Project

Contact: Kay Patterson - Development Officer

Address: Learning & Community Centre, Preston North End FC, Sir Tom Finney Way, Deepdale, Preston PR1 6RU

Phone: 01772 704275

Fax: 01772 467971

Meetings/Opening Times: Office hours

Services: Active citizenship projects and sports events in the local community.

Facilities/Events to share: Celebration evenings. Annual Conference.

P**P****C****V****S****P**

Preston North End Football in the Community

Contact: Ian Johnstone - Community Manager

Address: Sir Tom Finney Way, Deepdale, Preston PR1 6RU

Phone: 01772 704275

Fax: 01772 467971

Meetings/Opening Times: 9am-9pm

Services: Delivery of coaching programmes and activities for schools, special needs, ethnic groups, disabled & unemployed to encourage community involvement in the game.

Facilities/Events to share: Classroom and family room available to hire.

Preston Opera

Contact: Mrs Marie Louise Lane - Secretary

Address: 12 Hill Road, Penwortham, Preston PR1 9XH

Phone: 01772 747973

Email: harlan.1@tinyworld.co.uk

Meetings/Opening Times: 7.30-10.00pm Thursdays @ Grimshaw Street
United Reformed Church

Services: Singing rehearsals and the opportunity to perform in the stage works.

Preston Orpheus Choir

Contact: Mrs Doreen Nicholson - Secretary

Address: 1 Longworth Street, Bamber Bridge, Preston PR5 6GN

Phone: 01772 323194

Meetings/Opening Times: Weekly rehearsals 7.30pm Tuesdays @ St. Pius X
School, Garstang Road, Preston

Services: Training and practise in choral singing. Public performance of artistic works of merit.

P**P****C****V****S****P**

Preston Pakistan Cultural Society (formerly known as Pakistan Muslim Welfare Association, Preston)

Contact: Ghulam Kauser - Secretary

Address: 32 Sedgwick Street, Preston PR1 1TP

Phone: 01772 561388

Email: ghulam.kauser@blackpool.gov.uk

Services: To promote the welfare of the Pakistani Muslim community, social, cultural and educational activities.

Preston Panthers

Contact: Mrs. Marilyn Gregson

Address: 118 Brackenbury Road, Fulwood, Preston PR2 3BT

Phone: 01772 719025 / 07719 599537

Email: sue24weyer@hotmail.co.uk

Meetings/Opening Times: Saturday at West View Leisure Centre, 5.00-6.30pm - various sports, 6.30-7.30pm - Swimming Only (pool not open to general public)

Services: Multi Sports Club for youngsters with disabilities. To give children and young people (ages 5-25) the chance to participate in sport at their own pace and level. Sports include ball games, rock climbing, swimming and creative dance.

Preston People First

Contact: Fiona Jones

Address: Howick House, Howick Park Ave, Penwortham, Preston PR1 0LS

Phone: 01772 744222

Fax: 01772 744051

Email: prestonpeoplefirst@ukonline.co.uk

Meetings/Opening Times: 9-5pm Monday-Friday. Meetings 7-9pm every other Monday evening @ Ribblebank.

Services: Self-Advocacy group for people with learning disabilities. Provide training, information, consultation forum, social network, and support.

P**P****C****V****S****P**

Preston Phoenix Roller Hockey Club

Contact: Kevin Thomas

Address: 15 Keats Way, Cottam, Preston PR4 0NL

Phone: 01325 565328

Fax: 01772 265591

Email: Kevin.pa.thomas@bt.com

Website: www.prestonphoenix.net

Meetings/Opening Times: Learn to Skate Club 4.30-5.30pm every Saturday at Fulwood Leisure Centre. Roller Hockey Training 2pm-6pm every Saturday at Preston College

Services: Learn to Skate, Skate Clinics, In Line Roller Hockey.

Preston Photographic Society

Contact: Mike Barnes - Secretary

Address: 32 Cop Lane, Penwortham, Preston PR1 0SR

Phone: 01772 746314

Website: www.lcpu.co.uk/www.rps.org

Meetings/Opening Times: 7.45pm @ Fulwood Conservative Club, Blackpool Road, Preston. 2008/09 syllabus Monday/Thursday evenings Sept - May

Services: Timetabled syllabus which includes digital group, portrait group, demonstrations, guest speakers.

Facilities/Events to share: Darkroom facilities, Christmas Social, Exhibitions, Competitions, Lectures.

Preston Religious Society of Friends (Quakers)

Contact: The Clerk

Address: Friends Meeting House, 189 St. George's Road, Preston PR1 6NQ

Phone: 01772 719433

Meetings/Opening Times: 10.30am Sunday

Services: Worship according to the Religious Society of Friends.

Facilities/Events to share: Meeting rooms

P**P****C****V****S****P**

Preston Sea Cadets

Contact: LT. CDR Gail M. Speariett RNR - Commanding Officer

Address: 55 Alderfield, Penwortham, Preston PR1 9HD

Phone: 01772 883882 or 01772 740506

Email: co_preston@btconnect.com

Website: www.units.sea-cadets.org/preston

Meetings/Opening Times: 7.30-9.30pm Mondays, Tuesdays and Thursdays.
Extra activities at weekends and evenings.

Services: Activities for 10-18 yr olds including Duke of Edinburgh Award;
Millennium Volunteers; BTEC Diploma in Public Services;
Seamanship. Valuable academic and vocational training in lifeskills,
of teamwork, self respect and social responsibility.

Preston Serene Reflection Meditation Group (Soto Zen)

Contact: Chris Richardson - Chairman

Address: 13 Broadfield, Broughton, Preston PR3 5LB

Phone: 01772 863232

Email: candrich@hotmail.com

Website: www.prestonserenereflection.org.uk

Meetings/Opening Times: 7.30-9.30pm Tuesdays @ Multi Faith Centre,
33 St. Peters Square

Services: The opportunity to learn, practise, and discuss Zen Buddhist
meditation, as well as public talks about Buddhism.

Facilities/Events to share: Retreats and talks by visiting monks.

P**P****C****V****S****P**

Preston Sikh Cultural Association

Contact: Gulab Singh M.B.E.

Address: c/o 144 Watling Street Road, Fulwood, Preston PR2 8AH

Phone: 01772 700180

Email: gulab.singh@homecall.co.uk

Website: www.prestonsikh.org

Services: To promote cultural heritage and community cohesion within the Sikh community of Preston. Volunteers run projects.

Languages: Punjabi

Facilities/Events to share: See website.

Preston Social Support Group for Deafened People

Contact: Ruth Moss

Address: 15 Maple Grove, Ribbleton, Preston PR2 6QH

Phone: 01772 704401

Meeting Times: Monthly meetings - call for details.

Services: Provide support to people, with hearing impairments (including family and friends). A mixed programme of outings, speakers (meetings with electronic typist) and social events held in a friendly relaxed environment.

Preston Sports Forum

Contact: Dave Johnston - Secretary

Address: 22 Leadale, Preston PR2 1YU

Phone: 0771812 3201

Email: davejohnston2@talktalk.net

Meeting Times: Meetings held 4 times a year

Services: To promote and support the development of sport within Preston and to monitor the delivery of the local Sports and Recreation strategy.

P**P****C****V****S****P**

Preston Twinning Partnerships (PTP)

Contact: Derek Smith - Chairman

Address: 13 Greenway, Fulwood, Preston PR2 9TL

Phone: 01772 717949

Email: smitsca@talk21.com

Website: www.prestontwinning.co.uk

Meetings/Opening Times: Quarterly meetings

Services: To encourage links and exchanges - cultural, sporting and educational - between Preston and its 4 twin towns in Holland, France, Germany and Poland.

Probus Club

Contact: Mr T D Hilton

Address: 19 Aspels Crescent, Penwortham, Preston PR1 9AN

Phone: 01772 744450

Meetings/Opening Times: Monthly, for lunch and a speaker

Services: Friendship and social interaction for retired and professional men.

Project Oscar

Contact: John Miller

Address: Public Health Directorate, Jubilee House, Lancashire Business Park, Centurion Way, Leyland, Preston PR26 6TR

Phone: 0800 7835345 (helpline) 9am-5pm. 24hr answerphone.

Email: project-oscar@centrallancashire.nhs.uk

Website: www.clangles.com

Services: Lesbian, gay, bisexual and trans information and support.

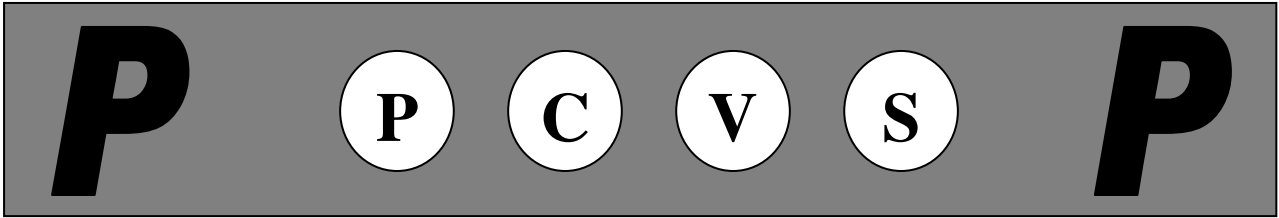
Prospects, Stonham Housing Association

Contact: Alison Martin/Chris Turner

Address: 6 East Cliff, Preston PR1 3JE

Phone: 01772 272750

Fax: 01772 272759



PUKAR Disability Resource Centre

Contact: Centre Manager

Address: 3/5 Oakham Court, Preston PR1 3XP

Phone: 01772 822700

Fax: 01772 259410

Email: pukar@ukonline.co.uk/nisha.pukar@hotmail.co.uk

Website: www.pukar.org.uk

Meetings/Opening Times: 9am-5pm daily.

Services: Information, advice, translation and interpretation service regarding correspondence and appointments for ethnic minorities, disabled people, and their carers. Training in literacy, numeracy, I.T.

Languages: Urdu, Gujarati, Punjabi, Tamil, Telugu

Facilities/Events to share: I.T., scanner, photocopier, meeting room in evenings

R**P****C****V****S****R**

Relate Lancashire & Cumbria

Contact: John Paton - Executive Officer
Address: 160 Garstang Road, Fulwood, Preston PR2 8NB
Phone: 01772 717597
Fax: 01772 788220
Email: relatelancs.CEO@btconnect.com
Website: www.relatelancashirecumbria.org.uk
Meetings/Opening Times: 9am-9pm Monday-Thursday, 9am-5pm Friday,
9.30am-12.30pm Sat
Services: Relationship counselling (including domestic violence),
psychosexual therapy, counselling for young people and family
counselling.
Languages: Urdu, Punjabi, Arabic, Italian
Facilities/Events to share Counselling rooms/training room to hire

Release (formerly known as Crash, Chorley & South Ribble)

Contact: Shirley Jolly - Chair
Address: c/o Women's Centre, Chorley
Phone: 01257 267776 (answering service)
Meetings/Opening Times: Helpline open 7-9.30pm Tuesday evening
Services: Counselling service for any persons who have been sexually abused
or raped, no matter how long ago. Counselling for people in
Chorley & S. Ribble.

Roadpeace Lancashire

Contact: Maria Hodgson
Address: 14 Mulgrave Avenue, Ashton-on-Ribble, Preston PR2 1HH
Phone: 01772 720279
Email: maria14mul@myway.com
Services: At local level provide support to victims and families of victims of
road crashes. At national level campaign for safer roads, better law
enforcement and justice for victims.

R**P****C****V****S****R**

Rosemere Cancer Foundation

Contact: Sue Thompson - Chief Officer
Address: Radiotherapy Dept, R P Hospital, Sharoe Green Lane, Preston PR2 9HT
Phone: 01772 522913
Fax: 01772 523724
Email: sue.thompson@lthtr.nhs.uk
Website: www.rosemere.org.uk
Meetings/Opening Times: 9am-5pm daily
Services: Support for the provision of cancer services through additional funding for research, patient welfare, equipment and training, for patients in Lancashire and South Cumbria.

Rotary Club of Preston

Contact: Martin Haworth - Secretary
Address: 13 Birchwood Avenue, Hutton, Preston PR4 5EE
Phone: 01772 613013
Meetings/Opening Times: Wednesday lunchtimes
Services: Community based activities.
Other clubs in the Preston area: Preston Guild – 01772 555192
Preston North – 01995 643499
Preston South – 01772 748800
Preston Amounderness – 01772 774613

Royal British Legion Preston Branch

Contact: K. Downing - Chairman
Address: 76 Cheetham Meadow, Moss Side, Leyland, Preston PR26 7UA
Phone: 01772 493343
Email: kendow553884@yahoo.co.uk
Meetings/Opening Times: First Monday each month @ 55th Division Club, Church Street
Services: Help for ex servicemen, women and their families with housing, rehabilitation, financial difficulties, state benefits, war pensions. Home and hospital visits, care for the disabled, employment training.

R**P****C****V****S****R**

Royal British Legion Womens Section, Preston Branch

Contact: Mrs Irene Morris - Secretary

Address: 33 Clifton House, Watling Street Road, Fulwood, Preston PR2 6FA

Phone: 01772 709465

Meetings/Opening Times: 3rd Monday each month

Services: Aid for women soldiers.

Royal Life Saving Society, Lancashire Branch

Contact: Edward Oldfield - Secretary

Address: Martinside, Church Walk, Wesham, Kirkham

Meetings/Opening Times: Various

Services: Clubs in various areas develop courses and training in life saving techniques.

Facilities/Events to share: Manikins for resuscitation training

Royal National Institute of the Blind (RNIB)

Address: 105 Judd Street, London WC1H 9NE

Phone: 08457 669999 (helpline)

Website: www.rnib.org.uk

Services: A National Charity that provides services to people with serious sight problems. Provides information to carers and people of all ages whatever their circumstances.

R**P****C****V****S****R**

Royal Naval Association, Preston Branch

Contact: Mr D. H. Banks - Secretary

Address: 14 Mulgrave Avenue, Ashton-on-Ribble, Preston PR2 1HH

Phone: 01772 729758

Meetings/Opening Times: 2nd Monday of each month 8pm @ The 55th
Division Association Club, Church Street

Services: To promote unity, loyalty, patriotism and comradeship amongst ex-naval serving members, through meetings, socials, and an annual dinner.

RSPCA (Preston & District Branch)

Contact: The Manager

Address: Ribbleton Lane, Preston PR2 6QL

Phone: 01772 792553

Email: rspcapreston@blueyonder.co.uk

Website: www.rspca-preston.org.uk

Meetings/Opening Times: 11am-4pm Tue-Sun. Last viewing of animals 3.30.
Closed Monday.

Services: Promotion of kindness and prevention of cruelty to animals.

S**P****C****V****S****S**

Sahara in Preston

Contact: Ms. Zafar Coupland

Address: 48/54 Fishwick Parade, Preston PR1 4XQ

Phone: 01772 702090

Fax: 01772 700780

Email: sahara.inpreston@btinternet.com

Meetings/Opening Times: 9am-5pm Monday-Thursday, 9am-4.30pm Friday.

Services: Culturally and linguistically sensitive service, providing information, advice and counselling for ethnic minority women. Help and support to women who are victims of domestic violence - contact Farzana Kauser. All calls will be treated with the strictest of confidence.

Languages: Urdu, Gujarati, Punjabi, Bengali

Salvation Army

Contact: Malcolm and Janet Martin/Greg Smith

Address: Community Centre, Harrington Street, Preston PR1 7BN

Phone: 01772 555425

Email: info@sapreston.co.uk

Website: www.sapreston.co.uk

Services: The Open Door Community Project aims to provide a welcoming multipurpose community centre for local residents and the people of Preston. Clubs for children and youth on Friday evenings, parents and toddler group on Wednesday, Craft Club on Monday, a drop in 'Open Door' kitchen on Friday. The Virtual Open Door is the new computer suite with state of the art facilities running courses in partnership with colleges and other voluntary community organisations. Rooms available for external booking.

S**P****C****V****S****S**

Salvation Army Housing Association

Contact: Joanne Oliver

Address: Salvation Army, The Lawson Street Project, 17 Lawson Street,
Preston PR1 2QT

Phone: 01772 881380

Fax: 01772 881342

Email: joanne.oliver@saha.org.uk

Website: www.saha.org.uk

Meetings/Opening Times: Office open Monday-Friday 8am-5.30pm
Phone line open 24 hours.

Services: Providing interdependency supported housing for (16-25 yr old)
young homeless.

Samaritans

Contact: Lyn - Director

Address: 11 St. Wilfred Street, Preston PR1 2US

Phone: 01772 822022

Website: www.samaritans.org

Meetings/Opening Times: 11am-9pm Monday-Saturday for visitors.
Tuesdays 7-9pm only.
24 hr phone and email service.

Services: 24hr helpline for those in emotional distress or despair and
experiencing feelings which may include suicide.

Sanity

Contact: Mrs. Whitlock

Phone: 01772 744500

Services: Support and raise money for research into the nutritional and
biochemical factors of mental illness. Plus offer advice and
information for those whose lives are touched by an individual with
mental health needs.

S**P****C****V****S****S**

Save The Children - Preston Branch

Contact: Frances Seth - Branch Secretary
Address: 29 Woodplumpton Lane, Broughton, Preston PR3 5JJ
Phone: 01772 864266
Fax: 01772 864266
Website: www.scfnw.org.uk
Meetings/Opening Times: 8 times a year to plan fundraising events
Services: A wide range of fundraising events supported, with our main criteria to ensure the well-being of children.

Schools Out

Contact: Miss Worrall - Chair/Trustee
Address: c/o 19 St. Paul's Road, Preston PR1 1UE
Phone: 07894 332324
Fax: 01772 490794
Email: schoolsoutpreston@yahoo.co.uk
Website: www.schoolsoutpreston.btik.com
Meetings/Opening Times: Please check website for recent activities
Services: Schools Out runs activities for families with children in recreation and sport. Arts, sports and leisure. Children and Young People. Community. Parents and Families.

S**P****C****V****S****S**

Scope (Preston & District)

Contact: Miss Kerry Galloway

Address: The Bridge Centre, 179 Eldon Street, Ashton-on-Ribble, Preston PR2 2BA

Phone: 01772 828000

Fax: 01772 558147

Email: prestonscope@hotmail.co.uk

Website: www.prestonscope.co.uk

Meetings/Opening Times: 9.15am-3.15pm (Monday-Friday Termtime, Monday-Thursday Holidays)

Services: Support for people (and families) of Cerebral Palsy or a related disability. Home visits, counselling, swim sessions, toy & resource library, social events. Parent and toddler group. After school club. Young persons group. Young adults group.

Facilities/Events to share: Meeting room & a light sensory room

Scouts (Preston & District)

Contact: Jim Hunter - Asst District Commissioner

Address: 4 Hollins Grove, Fulwood, Preston PR2 3TT

Phone: 01772 732062

Services: Promoting the development of young people in achieving their full physical, intellectual, social and spiritual potentials.

Seaside Venture Group - Riding for the Disabled

Contact: Ian Howson - Group Organiser

Address: 43 Goldsborough Avenue, Blackpool FY3 9RJ

Phone: 01253 761144

Fax: 01253 761144

Email: seasideventure@aol.com

Website: www.seasiderda.org.uk

Meetings/Opening Times: Tuesdays @ Wrea Green Education Centre, Wrea Green

Services: Horse riding for disabled persons of all ages.

S**P****C****V****S****S**

Sense North West

Contact: Brenda Carter

Address: 3 The Briars, Eccleston, Chorley PR7 5UB

Phone: 01257 451920

Meetings/Opening Times: Phone to confirm

Services: A support network for families with a deaf/blind member.

Seventh Day Adventists Homework Centre

Contact: Marlene Clarke - Project Leader

Address: 25 Glebe Close, Watling St Road, Fulwood, Preston PR2 8EF

Phone: 01772 715125

Meetings/Opening Times: 10am-3pm. Sundays only.

Services: Out of school educational support for pupils and students undertaking compulsory and post compulsory education.

Shadows and Rainbows Partnership

Contact: Anuradha Srivastava

Address: 71 The Green, Ribbleson, Preston PR2 6QF

Phone: 01772 653718

Email: shadowsandrainbo@aol.com

Services: Helping people with mental health issues, lecturer, group work, seminars, workshops, therapies, mentoring, self help.

S**P****C****V****S****S**

Shahbash Limited

Contact: Sohail Nawaz

Address: 15 Carrwood Way, Walton Park, Walton-le-Dale, Preston PR5 4NR

Phone: 01772 561812

Fax: 01772 788271

Email: sohail.nawaz@yellgroup.com

Meetings/Opening Times: Surgery last Thurs of every month.

Services: Provide activities and residentials for men, women and children. Youth Club. Arabic classes, self defence (includes ladies), Kick Boxing, between 5-7pm Islamic Education for children Monday-Friday. Irfan Sabir Board Member 201107.

Sharing Shores

Contact: Hemal Desai/Chetan Chauhan/Mona Desai

Address: 61 Wellfield Road, Preston PR1 8SP

Phone: 01772 491329

078174 33464

Fax: On demand (01772 491329)

Email: sspreston@hotmail.co.uk

Website: www.sspreston.tripod.com

Meetings/Opening Times: Every month (sometimes twice a month).

Services: Helping the users, engaging them into community work, helping them to get employment and help the users to relieve stress (in order to stop mental depression) and engage isolated people into the mainstream.

Languages: Gujarati, Hindi, Urdu

Facilities/Events to share Walks and various other events as they come up

S**P****C****V****S****S**

Sickle Cell and Thalassaemia Support Group

Contact: Mrs C Coke

Address: c/o the Nguzo Saba Centre, 16-18 Derby Street, Preston PR1 1DT

Phone: 01772 883733

Meetings/Opening Times: Surgery last Thurs of every month.

Services: Bring to the Community and professional bodies the issue of Sickle Cell Thalassaemia. Also helps sufferers in any way possible.

Signposts MARC Limited

Contact: Pamela Beswick

Address: 58 Regent Road, Morecambe LA3 ITE

Phone: 01524 419021

3 community centres as follows:

Farringdon Park:

Address: Farringdon Park Community Centre, 18-24 Thirlmere Road, Preston PR1 5TR

Phone: 01772 759413

Ribbleton:

Address: Grange Community Centre, 2-4 Hazel Grove, Ribbleton, Preston PR2 6PT

Phone: 01772 653539

Tanterton:

Address: Tanterton Community Centre, Village Green Lane, Tanterton, Preston PR2 7DS

Phone: 01772 723329

Email: signpostsmarc@signposts.org.uk

Website: www.signposts.org.uk

Meetings/Opening Times: Various contact sites above.

Services: Information and advice. Work with young people. Work with adults and older people. Work with children and families.

S**P****C****V****S****S**

S.M.I.L.E. (Self Motivation in Lasting Endorphins)

Contact: Sue Turp - Chair

Address: 12 Sharoe Bay Court, Sharoe Green Lane, Fulwood, Preston PR2 9HZ

Phone: 01772 787260 9.30am-Noon Wednesday

Email: keith.turp@btinternet.com

Services: Self help group for chronic pain sufferers. We meet once a week and do the gentle exercise done on the pain management course at the Royal Preston Pain Management Clinic. We also have relaxation sessions, reflexology, Tai Chi, go swimming once a month, have people come along to give talks on relevant subjects and have several outing a year.

Facilities/Events to share: Meeting venue: St. Martins Community Hall, Broadway, Fulwood.

Soldiers, Sailors, Airmen & Families Association

Contact: H.H. Ferguson - County Secretary

Address: SSAFA/FHS, Building 57, Fulwood Barracks, Preston PR2 8AA

Phone: 01772 260462/260285

Fax: 01772 260287

Website: www.ssafa.org.uk

Meetings/Opening Times: Office manned Tues & Wed 9am-12pm.
24hr answerphone.

Services: Help serving and ex-service families in need.

Soroptimist International of Preston

Contact: Lynn Yates - Secretary

Address: Sunny Bank, 65 Abbot Meadow, Penwortham, Preston PR1 9JX

Services: A community service which works for human rights, and advancing the status of women. Promotes friendship and fellowship.

Meetings/Opening Times: 1st & 3rd Wednesday of each month

S**P****C****V****S****S**

Speakability

Contact: Megan Crew - Chairman

Address: 11 Copster Drive, Longridge, Preston PR3 3SH

Phone: 01772 782813

Meetings/Opening Times: Monthly - last Monday in month

Services: Social meetings for disabled people and their carers.

Facilities/Events to share: Luncheon Club, coach outings and theatre trips

Spectrum Association

Contact: Philip Duncan - Treasurer

Address: 42 Bleasdale Street East, Deepdale, Preston PR1 5DB

Phone: 01772 499520

Email: spectrum.association@hotmail.com

Services: Mainly provides services to people from the ethnic community living in Deepdale. Dance classes for young people. Art workshops to design costumes for various carnivals in the North West. Help disabled children to take part in the Preston Caribbean Carnival.

Spina Bifida Association, Preston & District

Contact: Sheila Thompson - Secretary

Address: Flat 3, 62 Alexandra Road, Southport PR9 9HH

Phone: 01704 542589

Meetings/Opening Times: Monthly meetings

Services: Small group concerned with help and assistance for young people with Spina Bifida and/or hydrocephalus. Helping with queries and problems, and support for parents and families.

S**P****C****V****S****S**

Spiritual Assembly of the Baha'is of Preston

Contact: Dr Malcolm Craig - Chairman
Address: 20 Fulwood Hall Lane, Fulwood, Preston PR2 8DB
Phone: 01772 700539
Email: gemini1948@btinternet.com
Website: www.bci.org/Preston
Services: Devotional meetings, children's classes, study circles.
Languages: Arabic, Persian

SPIRE - Preston Supported Housing

Contact: Karen Burrow - Project Manager
Address: Room 107, Preston Business Centre, Sharoe Green Building, Watling Street Road, Fulwood, Preston PR2 8DY
Phone: 01772 524567
Fax: 01772 524567
Email: spire.preston@btconnect.com
Website: www.spirepreston.org.uk
Meetings/Opening Times: 9am-5pm Office hours. 24hr answerphone.
Services: Supported housing and independent living for people with learning disabilities. Help people move on from their parents.

Squadron Air Training Corps, 341 (Preston)

Contact: Flt. Lt. S.A. Woods - Officer Commanding
Address: Kimberly Barracks, Deepdale Road, Preston PR1 6PR
Phone: 01772 827428
Services: A youth service that aims to teach discipline, training in aviation, adventure training, sports and the Duke of Edinburgh Award.

S**P****C****V****S****S**

Sri Guru Arjan Dev Gurdwara

Contact: Balvinder S. Singh - Secretary

Address: c/o 26 Woodlands Avenue, Ribbleton, Preston PR2 6DT

Phone: 01772 494031

Email: sakiSingh@hotmail.co.uk

Meetings/Opening Times: Monthly

Services: To provide a place of worship for the Sikh community thus promoting Sikh values, principles, ethos and heritage in its daily duties.

Languages: Punjabi

SRPCC - Cat Welfare Trust

Contact: Carol Walker or Pat Creaton

Address: 11 St. Saviour's Close, Bamber Bridge, Preston PR5 6AH

Phone: 01772 321869

Services: Free or subsidised emergency veterinary treatment for cat owners on state benefits. Also free vaccinations and neutering.

St. Catherine's Hospice

Contact: Nikki Dobson

Address: Lostock Lane, Lostock Hall, Preston PR5 5XU

Phone: 01772 629171

Fax: 01772 696399

Email: nikki.dobson@stcatherines.co.uk

Website: www.stcatherines.org.uk

Services: In patient care, day care, community nurse and family support.

Facilities/Events to share: 2 lecture rooms, garden room, meeting rooms, catering, all for hire.

S**P****C****V****S****S**

St. James' Soup Kitchen

Contact: Mick Hogarth

Address: St James' Church, Avenham Lane, Preston

Phone: 01772 252308

Meetings/Opening Times: 7-9pm Monday evenings

Services: Giving out food (toast, tea, soup, etc) and donated clothes in a friendly atmosphere. Help offered in any way we can, but don't give out money.

St. John Ambulance (County HQ Lancashire)

Contact: Mrs Audrey McLennan - Commissioner

Address: 79 Garstang Road, Preston PR1 1LD

Phone: 01772 252239

Fax: 01772 883941

Email: countyhq@lancashire.sja.org.uk

Website: www.sja.org.uk

Meetings/Opening Times: Office hours 8.30am-5pm Monday-Friday
Meetings varied times at County HQ

Services: First Aid courses to the public and industry. Attendance at public functions.

St. Vincent de Paul Society

Contact: Michael Porter - President

Address: St. Augustine's Parish House, St. Austin's Place, Avenham, Preston PR1 3YJ

Phone: 01772 555547

Meetings/Opening Times: 6.20-6.50pm Wednesday evenings

Services: A store of food in the parish house, advice and help on benefits, debt counselling, home visits and a second hand furniture store.

S**P****C****V****S****S**

Standing Conference of Women's Organisation (Preston)

Contact: Mrs B Whittle - Secretary

Address: 18 Egerton Road, Ashton-on-Ribble, Preston PR2 1AJ

Phone: 01772 728425

Meetings/Opening Times: Five times yearly, alternate months

Services: An umbrella organisation of women's groups, who discuss matters of local and national interest.

Support and Education on Eating Disorders (SEED)

Contact: Shelley Perry - Director or Emma Fletcher-Jones

Phone: 07738 891507 (Shelley)

07922 828806 (Emma)

Email: prestoneds@hotmail.co.uk

Website: www.lancashireseed@btik.com

Services: Eating disorder service that provides information, resources, advice and support for sufferers and carers. Drop in service and sufferer support group.

Survivors Group, Preston - Lancashire

Contact: Mrs Janie Ogilvie - Chairman

Address: PO Box 57, Leyland, Preston PR26 7WA

Phone: 01772 433400 (24hr answerphone)

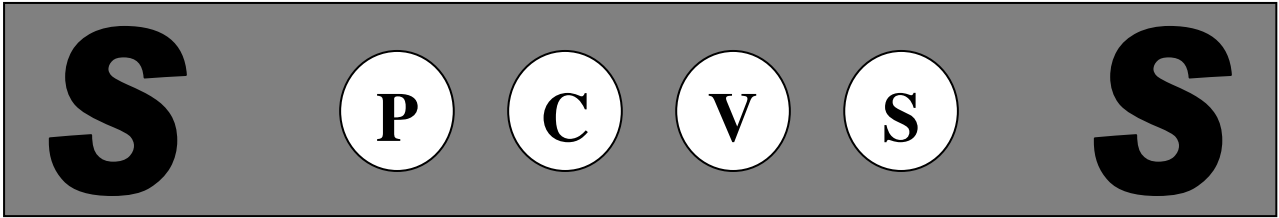
Email: plsg.janie@virgin.net

Website: www.pl-survivorsgroup.com

Meetings/Opening Times: Known only to members.

Services: Facilitator-led structured therapy groups for adult survivors of childhood/adolescent sexual abuse. Not a self help group. Provide training for those coming into contact with survivors.

Facilities/Events to share: Annual training days



Swaminarayan Hindu Mission

Contact: Kailash Parekh & Mr Gandhi

Address: 8a Avenham Place, Off Frenchwood, Preston PR1 8SX

Phone: 01772 562252

Meetings/Opening Times: Please phone

Services: Health Screening, advice & guidance, education & training.

Facilities/Events to share: I.T. Centre

T**P****C****V****S****T**

Talkwise

Contact: Mrs G O'Connor

Address: 143 Church Street, Preston PR1 3BU

Fax: 01772 203436

Meetings/Opening Times: Monday 12noon-3pm, Tuesday 3-7pm (doctor 4-6pm), Thursday 3-5pm, Saturday 12-3pm

Services: Confidential drop-in centre for under 25s on sexual health, contraception, condoms, pregnancy testing & support, sex and sexuality and relationships. Trained nurses and doctors are available.

Telugu Community Association

Contact: Sai Reddy

Address: 28 St. Marys Street, Preston PR1 5LN

Phone: 0788 634 0488

Meetings/Opening Times: 3rd Sunday every month

Services: Activities and social events to promote awareness of the Hindu culture.

The Dystonia Society

Contact: Margaret Low - Treasurer

Address: 7 Sharoe Green Park, Fulwood, Preston PR2 8HW

Phone: 01772 715799

Email: magielow@aol.com

Meetings/Opening Times: 7-9pm last Thursday in the month at Blackpool

Services: Support and information to patients with dystonia and their family and friends. Fun evenings and speakers.

Facilities/Events to share: Awareness week 2nd week in May. Runs Saturday-Saturday.

T**P****C****V****S****T**

The Grangers

Contact: Mrs Doreen Dewhurst

Address: 140 Longridge Road, Ribbleton, Preston PR2 6RL

Phone: 01772 796556

Meetings/Opening Times: 11am-1.30pm Monday - Friday

Services: Social activities for people aged 60 and above, including bingo, raffles and trips out. Good-as-new shop open.

The Mothers' Union

Contact: Mrs E.J. Barlow - Preston Deanery President

Address: 3 Cottam Lane, Ashton-on-Ribble, Preston PR2 1JR

Phone: 01772 729501

Website: www.themothersunion.org

Meetings/Opening Times: Afternoon and evening meetings (usually monthly at various churches in Preston)

Services: Promoting Christian family life, through meeting, working and sharing with others.

The National Autistic Society Preston and District Branch

Contact: Peter van Parys - Branch Officer/Christine Walker - Branch Officer/Helen van Parys - Branch Officer/Treasurer

Address: 2 Tanglewood, Fulwood, Preston PR2 8WQ

Phone: 07789 903250

Email: preston@nas.org.uk

Services: Access to and signposting to local autism related information and services. Monthly meetings to support parents and children. Free lending library for members, access to IT and multimedia resources with autism related software. Newsletters, social events including Christmas and Summer parties for children, and swimming sessions.

T**P****C****V****S****T**

The National Trust - Ribble Centre

Contact: Mrs Irene Hurst - Secretary

Address: 19 The Turnpike, Fulwood, Preston PR2 3NT

Phone: 01772 715746

Website: mihurst2000@yahoo.co.uk

Meetings/Opening Times: Meetings held monthly and day trips and holidays arranged throughout the year.

Services: The Ribble Centre is an independent association of National Trust members. Founded in 1973 to promote and prosper the work of the National Trust.

The Oaklea Trust

Contact: Gemma Summers

Address: India Mill Business Centre, India Mill, Bolton Road, Darwen BB3 1AE

Phone: 01254 707657

Fax: 01254 707710

Email: gemma.summer@oakleatrust.co.uk

Website: www.oakleatrust.co.uk

Services: Advice and support for disadvantaged groups – employment and training. 3 week MOT National Course work placements, support in the workplace. Job Broker service.

The Prince's Trust

Contact: Neil Mack - Area Manager

Address: Edinburgh House, Clarence Street, Blackburn BB1 8AN

Phone: 01254 682896

Fax: 01254 679681

Meetings/Opening Times: Phone to confirm

Services: Aim to give the young people of Preston, the opportunity to succeed by taking part in a personal development programme.

Facilities/Events to share: Minibus

T**P****C****V****S****T**

The Rowan Organisation

Address: Eliot Park, Innovation Centre, Barling Way, Nuneaton CV10 7RH

Phone: 02476 322860

Website: www.therowan.org

Services: Committed to enabling disabled people to live independently by providing support, advice and information on such matters as finance and employment Law.

The SPACE Centre (Friends of the Willows)

Contact: Alison Shorrocks – Manager

Address: The Space Centre, 10 Pedders Lane, Ashton-on-Ribble, Preston PR2 2TH

Phone: 01772 760403

Fax: 01772 769391

Website: www.users.globalnet.co.uk/~fow/

Meetings/Opening Times: 7 days a week

Services: Multi-sensory room for all those with special needs. Room can be hired by individuals or groups for relaxation, stimulation, communication, and movement in safety.

T**P****C****V****S****T**

The Wildlife Trust for Lancashire, Manchester & North Merseyside

Contact: Cat Altounyan/Sue Savage

Address: The Barn, Berkeley Drive, Bamber Bridge, Preston PR5 6BY

Phone: 01772 324129

Fax: 01772 628849

Email: info@lancswt.org.uk/volunteer@lancswt.org.uk

Website: www.lancswt.org.uk

Meetings/Opening Times: Numerous - see website

Services: Working with local communities - landowners & managers, businesses, town, parish, district, borough, city & county councils, regional & national government etc to secure a better future for wildlife and people. We offer many chances to get involved including popular and diverse volunteering opportunities.

Facilities/Events to share: Numerous - see website

Tinniswood Management Company

Contact: Ben Humphries

Address: 4 Tinniswood, Ashton-on-Ribble, Preston PR2 1EL

Phone: 01772 768694

Email: bhumphr@christian-aid.org

Services: Support services for the residents of the Tinniswood estate.

Together - Working for Wellbeing

Contact: Liz Swallow - Project Manager

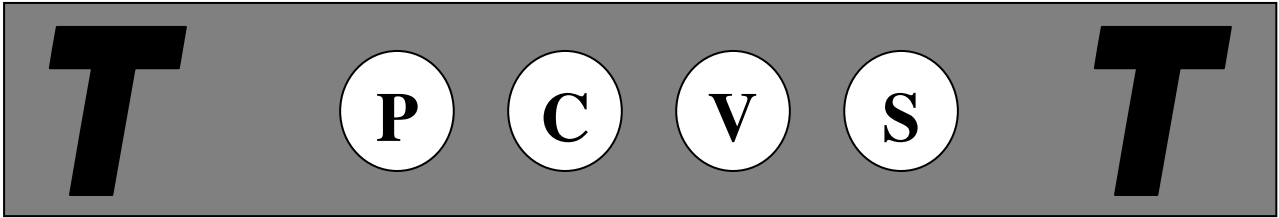
Address: Office 1, Railway House, Railway Road, Chorley PR6 0HW

Phone: 01257 269733

Website: www.together-uk.org

Meetings/Opening Times: 9am-5pm Monday – Friday

Services: Together - Working for Wellbeing is a national mental health charity delivering a range of services throughout England. Preston area - we deliver a housing support service (support includes help with benefits, finance, budgeting, debts, finding more appropriate accommodation).



Tourette Syndrome (UK) Association

Contact: Chris Mansley

Address: 16 Vicarage Close, Watling Street Road, Fulwood, Preston PR2 8EG

Phone: 01772 743981

Meetings/Opening Times: First and second Tuesday in the month from
7.30pm-9.30pm

T**P****C****V****S****T**

Townswomen Preston Federation of Townswomen's Guilds

Fulwood and Broughton (Afternoon) Townswomen's Guild:

Contact: Mrs Carol Jones

Phone: 01772 462692

Meetings/Opening Times: Meetings held in the Broughton Parish Hall, Broadway, Fulwood on the first Thursday of each month. 2.00pm to 4.00pm.

Services: The Guilds meet to hear Speakers who are informative on various topics, discuss national and regional issues and enjoy outings to places of interest. Social events are organised at Guild and Federation meetings.

Fulwood Evening Townswomen's Guild:

Contact: Mrs Connie Morris

Phone: 01772 715535

Meetings/Opening Times: Meetings held in the Christ Church Parochial Hall, Victoria Road, Fulwood on the second Wednesday of each month at 7.30pm.

Services: The Guilds meet to hear Speakers who are informative on various topics, discuss national and regional issues and enjoy outings to places of interest. Social events are organised at Guild and Federation meetings.

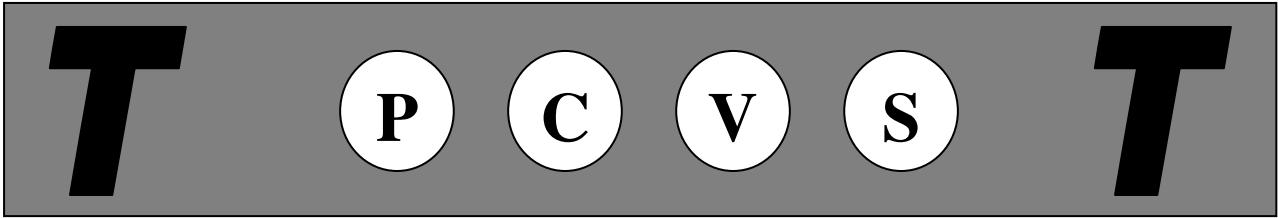
Penwortham Townswomen's Guild:

Contact: Mrs Lillian Burns

Phone: 01772 743981

Meetings/Opening Times: Meetings held in St Mary's Hall, Cop Lane, Penwortham on the third Monday of each month at 2.00pm.

Services: The Guilds meet to hear Speakers who are informative on various topics, discuss national and regional issues and enjoy outings to places of interest. Social events are organised at Guild and Federation meetings.



Trades Union Council (Preston & S Ribble)

Contact: Terry King - Secretary

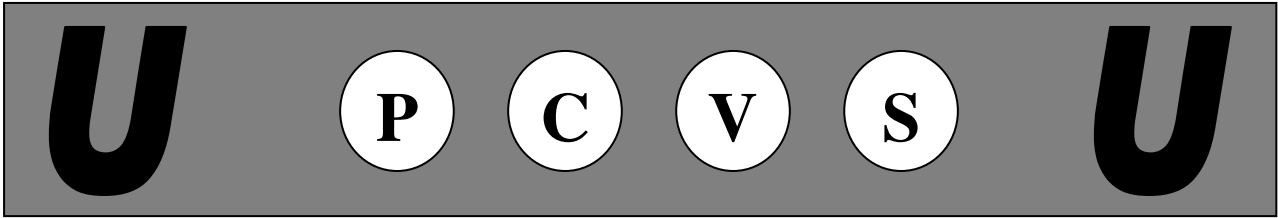
Address: 9 Oaktree Avenue, Cuerden Residential Park, Leyland, Preston PR25 5PJ

Phone: 01772 458538

Email: tex_king@btopenworld.com

Meetings/Opening Times: Monthly meetings, Thursdays @ Preston CVS, Units 23/27 Guild Hall Arcade, Lancaster Road, Preston PR1 1HR

Services: Trade Union Council voice in the community. Assistance for union branches in local activities, lobbying & campaigning on local issues i.e. social exclusion, economic development, wages & conditions, equal opportunities.



UCLAN Students' Union

Contact: Joseph Cooper - Student Involvement and Development Centre (SIDC)
Address: The University of Central Lancashire, Students Union, Fylde Road, Preston PR1 2TQ
Phone: 01772 895382
Email: jacoper@uclan.ac.uk
Services: Promoting and providing students with the opportunity to volunteer to local organisations.

Unity Centre - Preston & W Lancs Racial Equality Council

Contact: Bernadette Stephenson
Address: 5-6 Shephard Street, Avenham, Preston PR2 3YD
Phone: 01772 906422
Email: admin@Prestonrec.org.uk
Meetings/Opening Times: Please phone for times
Services: Luncheon Club
Languages: Bengali, Gujarati, Urdu, Hindu
Facilities/Events to share: Hall for community events (seats 70 people) - available for hire by community/private groups.

V**P****C****V****S****V**

Victim Support Lancashire (Preston Branch)

Contact: Kath Thomas - Area Manager for Victim Support Lancashire
Rachel Skinner - District Manager for Central and Southern District

Address: 8-10 Waltons Parade, Preston PR1 3JX

Phone: 01772 828422 (Area Manager)
01772 201142 (District Manager)
01772 256000 (District Manager)

Fax: 01772 555899

Email: centraldistrict.lancashire@victimsupport.org.uk

Website: www.victimsupport.org

Meetings/Opening Times: 9am-5pm Monday-Friday

Services: Helping people cope with crime. Support, advice, information, assistance at magistrates and crown courts for witnesses. Specialist support for victims of rape, crime and those bereaved by homicide. Crown Court Witness Service contact Mark Geraghty direct dial 01772 844836, Magistrates Court contact Farida Sidat 01772 887439.

Languages: Gujarati, Urdu

Voluntary Organisations in Social Care Education (VOISE)

Contact: Pat Hastings

Address: Hathaway Court, 67 Lytham Road, Walton-le-Dale, Preston PR4 1AD

Phone: 01772 679888

Fax: 01772 679777

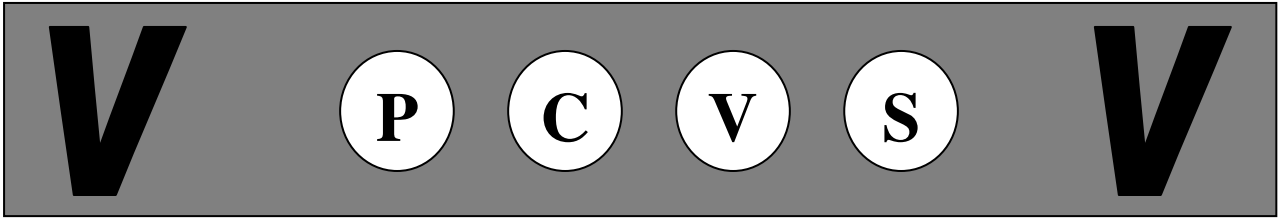
Email: voise@btconnect.com

Website: www.voise.info

Meetings/Opening Times: 9.30-4.30 Monday-Friday

Services: Supporting voluntary organisations in obtaining relevant, good quality training and accreditation. Advice & information relating to social work, care, welfare and training issues.

Facilities/Events to share: Meeting/training room available to hire.



Voluntary Service Overseas Group

Contact: Sue Aikman - Secretary

Address: 107 Victoria Road, Fulwood, Preston PR2 8NL

Phone: 01772 774359

Services: Enables people to share their skills and experience with communities across the developing world. We welcome prospective and returned volunteers, provide a meeting point, information, & raising public awareness.

W**P****C****V****S****W**

Women Supporting Women: Self Help and Development Groups

Contact: Erin Whittingham - Chairperson

Address: c/o Connolly Centre, Steeple View, Ashton-on-Ribble, Preston PR2 2PX

Phone: 07847 385691

Email: womensupportingwomen@tiscali.co.uk

Website: www.wswomen.org.uk

Meetings/Opening Times: Various: Contact for updated times/locations

Services: Variety of regular workshops around confidence, self esteem, anger management etc. Depression Support Group, Social Group, Book Club and Creative Writing. PCT South Ribble Project including meditation, healthy lifestyles and menopause support.

Languages: Other languages can be catered for by request.

Women's Institute Lancashire Federation

Contact: Mrs Susan Orchard

Address: 15/16 Croston House, L.E. Business Park, Centurion Way, Leyland, Preston PR26 6TU

Phone: 01772 459020

Services: Women's Educational Charity

W**P****C****V****S****W**

Women's Refuge, Preston

Contact: Valerie Wise - Director

Address: 10-12 Oakham Court, Preston PR1 3XP

Phone: 01772 201301/201801

Fax: 01772 201701

Email: enquiries@prestonwomensrefuge.org.uk

Website: www.prestonwomensrefuge.org.uk

Meetings/Opening Times: Helpline 24hrs/day, 7days/week. Support centre
9am-5pm Monday-Friday

Services: Support women and children who are or have been subjected to domestic violence. Provide temporary, safe accommodation, emotional support, practical help & information, outreach support in the community.

Languages: Support in Gujarati, Punjabi & Urdu.

Women's Royal Voluntary Service

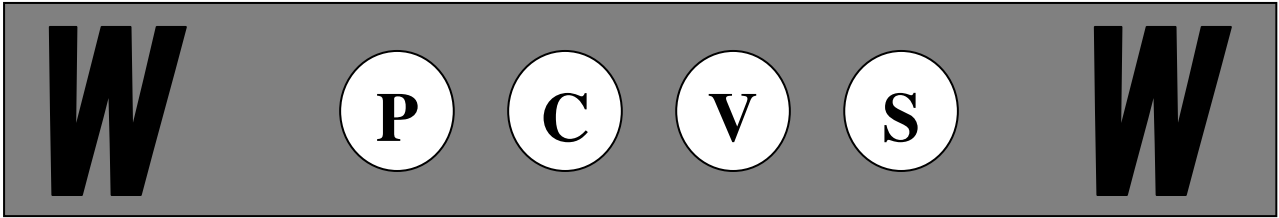
Contact: Mark Davidson - Co-ordinator

Address: 51 Drinkhouse Lane, Croston, Preston

Phone: 01772 603378

Meetings/Opening Times: Various

Services: Working with statutory authorities responsible for the welfare of the community in every day and emergency situations. Provide books on wheels, meals on wheels, lunch clubs, and a shop and trolley service in hospital.



Workers Educational Association North West Region

Contact: Harriet Grimsditch - Learning Manager

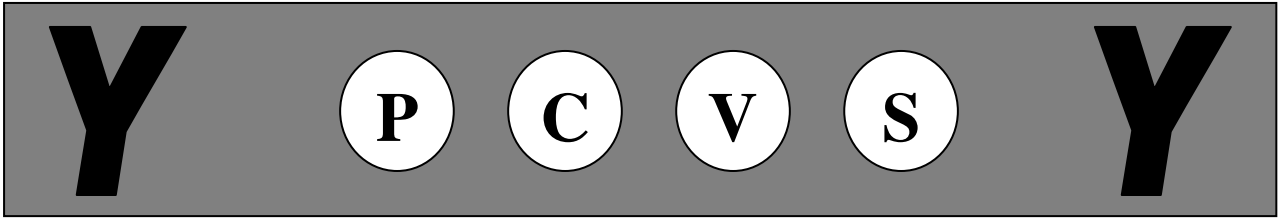
Address: 4th Floor, Crawford House, Precinct Centre, Oxford Road,
Manchester M13 9GH

Phone: 0161 2744948

Email: hgrimsditch@wea.org.uk

Meetings/Opening Times: Classes are arranged to meet individual group needs

Services: Adult and community learning organised jointly with community and voluntary organisations. Training for community and voluntary organisations.



Y.M.C.A. Preston

Contact: Tim Brampton - Secretary

Address: Samuel Street, Preston PR1 4YE

Phone: 01772 794103

Fax: 01772 651312

Email: officemanager@prestonymca.co.uk

Meetings/Opening Times: Office hours 9am-5pm Monday-Friday. Open some evenings depending on activities

Services: I.T. courses, playgroup, womens group, arts and crafts, dance, youth club.

Yog Seva Centre

Contact: Mr. Bhupendra Soni

Address: 67 Meadow Street, Preston PR1 1TS

Phone: 01772 561219

Meetings/Opening Times: Every Sunday at The Community Centre, Oxford Street. Every Sunday 9am-10am

Services: Yog and Pranayam – Breathing and light simple physical exercises to promote physical/mental health and spiritual wellbeing.

Youth-works (Avenham)

Contact: Ghazanfar Akram / Katie Fitch

Address: 16 Albyn Bank Road, Avenham, Preston PR1 4HU

Phone: 01772 562772

Meetings/Opening Times: Please phone

Services: Boys and girls group, drop-in centre, information and advice, activities, outreach, sports coaching. Primarily for young people aged between 8-25.

OTHER USEFUL CONTACTS

Lancashire County Council

Chair

County Councillor Alan Whittaker
alan.whittaker@lancashire.gov.uk
07887 831700

Preston East

County Councillor Kevin Ellard
kevin.ellard@lancashire.gov.uk
07970 654144

Preston South East

County Councillor Jennifer Mein
jennifer.meinard@lancashire.gov.uk
07917 627342

Preston North

County Councillor Geoff Driver
geoff.drover@lancashire.gov.uk
07917 627336

Preston North West

County Councillor Tom Burns
tom.burns@lancashire.gov.uk
07917 627333

Preston Rural

County Councillor George Wilkins
george.wilkins@lancashire.gov.uk
07917 627352

Preston City

County Councillor Yakub Patel
yakub.patel@lancashire.gov.uk
07917 627366

Preston North East

County Councillor Michael Welsh
michael.welsh@lancashire.gov.uk
07751 011402

Preston West

County Councillor Norman Abram
norman.abram@lancashire.gov.uk
07917 627327

Preston Central North

County Councillor Francesco De Molfetta
francesco.demolfetta@lancashire.gov.uk
07917 627364

Preston Central South

County Councillor Vali Patel
vali.patel@lancashire.gov.uk
07973 629928

Preston City Council

Leader

Cllr. Ken Hudson MBE JP
cldr.k.hudson@preston.gov.uk
07836 470357

Deputy Leader

Cllr. Eric Fazackerley
cldr.e.fazackerley@preston.gov.uk

Cabinet Members

Cllr. Kate Calder
cldr.k.calder@preston.gov.uk
Cllr. Neil Cartwright
cldr.n.cartwright@preston.gov.uk
Cllr. Eric Fazackerley
cldr.e.fazackerley@preston.gov.uk
Cllr. Anthony Gornall
cldr.a.gornall@preston.gov.uk
Cllr. Christine Thomas
cldr.c.thomas@preston.gov.uk

General Enquiries

Town Hall, Lancaster Road,
Preston,
PR1 2RL
01772 906000
info@preston.gov.uk

Local M.P.'s

Preston

Mark Hendrick MP (Lab)
Constituency Office
6 Sedgewick Street
Preston. PR1 1TP
hendrickm@parliament.uk
01772 883575

Ribble Valley

Nigel Evans MP (Con)
Constituency Office
9 Railway View
Clitheroe. BB7 2HA
01200 425939

Fylde

Michael Jack MP (Con)
C/o Fylde Conservative Assoc'n
Universal Fairfield
Bradshaw Lane
Greenhalgh
Preston. PR4 3JA
jackm@parliament.uk
01772 671533

South Ribble

David Borrow MP (Lab)
Constituency Office
Crescent House
2-6 Sandy Lane
Leyland. PR25 2EB
01772 454727

Health

NHS Central Lancashire

Preston Business Centre
Watling Street Road
Fulwood
Preston
01772 645500

European M.P.'s - NW Region

Conservative MEPs

Den Dover
30 Countess Way
Euxton
Chorley
PR7 6PT
den.dover@europarl.eu

UK Independence Party

John Whittaker
7 King Street
Lancaster
LA1 1JN
01524 387690
northwest@ukip.org

Labour MEP

Brian Simpson
Lakeside
Alexandra Park
Prescot Road
St. Helens
WA10 3TT
briansimpson.labour@virgin.net
01744 451609

Conservative MEP

Sir Robert Atkins
Manor House
Lancaster Road
Garstang
PR3 1JA
ratsmep@sir-robertatkins.org
01995 602225

Lancashire Teaching Hospitals NHS Foundation Trust

Royal Preston Hospital
Sharoe Green Lane North
Fulwood
Preston PR2 9HT
01772 522435

Social Services

Adult and Community Services

Directorate

East Cliff Offices

Preston

PR1 3EA

01772 534285

Adult Social Care Office

58-60 Guildhall Street

Preston

PR1 3EA

01772 534285

Children's Social Care Office

Social Services

155 Greenbank Street

Preston

01772 404400

Sure Start Children's Centres

Cherry Tree Children's Centre

c/o Sharoe Green Library

8 Sharoe Green Lane

Fulwood

Preston

PR2 8ED

01772 452022

sandra.simpson@ed.lancscc.gov.uk

Preston East Children's Centre

Brookfield primary School Site

Watling Street Road

Ribbleton

Preston

PR2 8TU

01772 790810

sandra.simpson@ed.lancscc.gov.uk

Stoneygate Children's Centre

Stoneygate Walk

Preston

PR1 3XU

01772 257865

head@stoneygate.lancs.sch.uk

Sunshine Children's Centre

Brant Road

Preston

PR1 5TU

01772 706100

jane.lloyd@cyp.lancscc.gov.uk

Sure Start Preston West Children's

Ashton Primary School Site

Ainsdale Drive

Ashton

Preston

PR2 1TU

01772 727032

sally.nightingale@ed.lancscc.gov.uk

Sure Start Ribbleton Children's Centre

Ribbleton Hall Drive

Ribbleton

Preston

PR2 6EE

01772 655789

jane.lloyd@cyp.lancscc.gov.uk

Sure Start Riverbank Children's Centre

Brieryfield Road

Preston

PR1 8SR

01772 906970

sally.nightingale@ed.lancscc.gov.uk

Preston East Children's Centre

Brookfield Primary School Site

Watling Street Road

Ribbleton

Preston

PR2 6TU

01772 790810

Lisab32@btinternet.com

Libraries in Preston

Fulwood Library
294 Garstang Road

Fulwood

PR2 9RX
01772 719082
fulwood.library@lcl.lancscc.gov.uk

Harris Central Library
Market Square
PR1 2PP
01772 404006
harris.reference@lcl.lancscc.gov.uk

Ingol Library
Ventnor Place
Off Tag Lane
Ingol
PR2 3YX
01772 720483
ingol.library@lcl.lancscc.gov.uk

Ribbleton Library
Ribbleton Hall Drive
Ribbleton
PR2 6EE
01772 792632
ribbleton.library@lcl.lancscc.gov.uk

Savick Library
West Park Avenue
Ashton-On-Ribble
PR2 1UH
01772 729119
savick.library@lcl.lancscc.gov.uk

Sharoe Green Library
8 Sharoe Green Lane
Fulwood
PR2 8ED
01772 719071
sharoe-green.library@lcl.lancscc.gov.uk

Talbut Library

Weston Street
Ashton-On-Ribble
01772 760186

Information Services

County Information Centre
The Bus Station
Tithebarn Street
Preston
PR1 1YT
01772 556618
preston.cic@lcl.lancscc.gov.uk

Tourist Information Centre
Guild Hall Arcade
Lancaster Road
Preston
PR1 1HT
01772 253731
tourism@preston.co.uk

Welfare Rights Service (Preston & Fylde)
58 Guildhall Street
Preston
PR1 3NU
01772 263656
preston@lancswelfarerights.com

Business Venture Group Ltd.
Centurion House
Leyland Business Park
Centurion Way
Farington
Leyland
PR25 3GR
01772 422242
post@bvg.org.uk

Amendments & New Entry Forms

Amendment Form

Please fill out this form if you wish to make an amendment to your published details, should they have altered or are incorrect. Any changes will be included in our updated information, sent out to all recipients of the directory.

Date (Month/Year):

Page Number of Entry:

Name of Organisation:
.....

2009 Directory Amended Entry:

**Please return to Preston CVS, Units 23/27,
Guild Hall Arcade, Lancaster Road, Preston. PR1 1HR**

Additions to the 2009 Directory

Please complete this form if your voluntary organisation is not in the Directory. If you are using a home address, please indicate whether you want your contact details to be published or not. All the details you provide will be included in our regular updated publications of the directory.

Full name of Group/ Organisation:

.....

Contact Person:

.....

Position in Group:

.....

Address:

.....

.....

Postcode:

.....

Phone:

Fax:

Email:

.....

Website:

.....

Brief Description of Services/ Activities provided:

.....

.....

.....

.....

.....

.....

Meetings/Opening times:

.....
.....

Facilities/Events to share:

.....
.....

Languages in addition to English:

.....

Please tick up to 4 boxes which best describe your organisation and the services provided:

Advocacy		Employment	
Animal Welfare		Ethnic Minorities	
Armed Forces		Health & Well Being	
Arts, Sports & Leisure		Housing / Homeless	
Blind Societies		Information & Advice	
Carers -Support/Provision		Men	
Childbirth & Pregnancy		Mental Health	
Children & Young People		Mobility	
Community		Over 55's	
Conservation/Environment		Parents & Families	
Counselling & Support		Religion	
Disability - Learning		Room Hire	
Disability - Physical		Transport	
Domestic Violence		Volunteer Services	
Drugs & Alcohol		Women	
Education & training			

Please return to:

Preston CVS
Units 23/27 Guild Hall Arcade
Lancaster Road
Preston
PR1 1HR

NOTES