

Preston
Incredible
Edible

Grow your way to work

Developing Food Growing Skills in Preston



Free Six Week Food Growing Courses at Grange Community Gardens

Every Monday from 9.30 –3.30 Starts 16th July ends 27th August

Learn about organic food growing.

Sessions will include:

Soil management

Pest and disease problems

Composting

Fruit

Brassicas (cabbages cauliflowers
etc)

Salads 52 weeks of the year

Potatoes

Seed Sowing

And much more.....

BOOKING ESSENTIAL

Courses are free and open to all, either individuals or clients and service users of other organisations.

Morning sessions will be largely practical, assisting with the running of the vegetable garden.

Afternoon sessions will be more theory based.

Feel free to attend just the morning or just the afternoon session.

The theory element of the course carries an accredited qualification AQA unit award in Plant Health. (This is optional)

To book or for more information

please contact Chris:

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Lancashire Care 
NHS Foundation Trust




Central Lancashire



The Wildlife Trust for Lancashire, Manchester and North Merseyside
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Lancashire,
Manchester &
N Merseyside

The Lancashire Wildlife Trust is a Registered Charity (No. 229325) and a Registered Company (No. 731548) dedicated to the protection and promotion of wildlife in Lancashire, seven boroughs of Greater Manchester and four of Merseyside, all lying north of the River Mersey.

