

# Council For Voluntary Services Central Lancashire

## **Council for Voluntary Service News - 20 September 2012**

Welcome to our weekly roundup of all things Voluntary Community Faith Sector in Central Lancashire!

This email is issued to subscribers and contributors.

Please feel free to circulate (preferably in its entirety) within your own networks. If you are receiving this email through forwarding and wish to subscribe directly, please visit our web site and follow the newsletters link.

### **CVS News**

Our Titanic exhibition is now up and running! For more information see the Lancashire Evening Post article:

<http://www.lep.co.uk/community/retro/shop-arcade-to-host-titanic-memorabilia-1-4941355>

**Thanks to Richer Sounds** we now have a widescreen television operating at our offices in the Guild Hall Arcade until early October 2012. The television is running a slideshow on a loop off of a USB drive and runs from 9 a.m. to 4 p.m. Monday to Friday. If you'd like to send us any content, (PDF or JPG), to display as part of the slideshow please email it to us using the contact details at the bottom of this email.

<http://www.richersounds.com/>

**Thanks to a generous donation at the office we have a PC to give away.** Details: I-Friend desktop pc; Windows XP Home edition (with Service Pack 2); 1.3GHz Intel Celeron processor; 632MB RAM; DVD ROM drive; Separate CD ROM drive; Floppy disk drive; Microsoft Office 97; 17 inch SVGA monitor; Keyboard and mouse. Expressions of interest to [info@prestoncvs.org](mailto:info@prestoncvs.org)

and now the news ....

### **Guild 2012**

#### **Postcard fair to take place - 29 September 2012**

A Guild postcard fair will take place on Saturday, September 29. The fair will be held at Barton Village Hall, Garstang Road between 9.30am and 3.30pm. The fair has been arranged by the Red Rose Postcard Society and there will be around 25 dealers involved.

#### **Last call for running events - Run Preston 30 September 2012**

Time is running out to sign up for the annual Run Preston event happening on September 30. Catering for all abilities the 2k fun run, 5k run and 10k takes place from 10am and will take runners on a lap of the city centre. Applicants can apply to take part online on the Preston Guild website:

<http://prestonguild2012.com/?OBH=413&ID=800>

#### **UCLAN supporting Preston Guild**

The One in Four Film Festival and the World Mental Health Day Open Minds and Open Hearts community event (see events below) are both UCLan Preston Guild contributions.

### **Guild Medals now available**

Available to purchase from 1 October 2012 at a cost of £1.50 each.

More:

<http://btckstorage.blob.core.windows.net/site7587/Uploads/09/20/GuildMedals.pdf>

### **Guild spirit still alive in plan for new events**

There's more still to come... The big tops at Avenham Park might have been pulled down, the stages dismantled and the floats put away for another 20 years – but there are still a string of Guild events to come. Although the main Guild week is over, the celebrations will continue for the rest of the year with a host of family events to keep the 2012 spirit alive.

Leader of Preston Council, Coun Peter Rankin, said: "The wonderful 10 days of historic Guild celebrations may be over but there are still a host of events to get involved in up until December." For further information about the remaining Guild events visit

<http://www.prestonguild2012.com>

### **Guild park is out of action for six months**

The parks which hosted Preston's spectacular Guild celebrations will be out of action for six months, Town Hall bosses have said. The city's Avenham and Miller Parks will not be able to host events while work takes place to repair the grass and paths after hundreds of thousands of people walked over them during this month's event.

<http://www.lep.co.uk/news/local/guild-park-is-out-of-action-for-six-months-1-4941666>

### **DVD of the Guild Ecumenical Service is now on sale**

The service took place earlier this month as part of the Guild celebrations. It was held in Avenham Park and was presented by Welsh singer and television and radio presenter Aled Jones. The DVD is on sale at the Tourist Information Centre in the Guild Hall Arcade priced at £5. Father Andrew Teather, director of the Ecumenical Service said: "It's a great DVD with the whole service as well as behind the scenes filming and interviews with Aled Jones and the Archbishops."

<http://www.lep.co.uk/community/ecumenical-dvd-has-gone-on-sale-1-4929150>

### **Cake City Preston Documentary**

We have recently just finished filming a short documentary based on all the cake makers who took part in the Preston guild event. The event we focused on was the cake city where the people of Preston choose a unique building to build into a cake to take part in a large showcase of different cakes at Wickley Square. We focused the documentary on the different communities in Preston and how one event brought the city together. We picked specific community members to showcase Preston's future, community values, the history of Preston and what make the city so special. We are film students with a passion to showcase community. We have currently funded this project ourselves and we've come to a point where we have ran out of money to complete this project. We are asking if you could possibly make a donation to help finalise our film. Here is our website which will show you more information about the film and what we need help with. Please check it out -

<http://asliceoflifedocumentary.tk/>

We look forward to hearing from you, Many thanks, Natasha and Michael

### **Fancy seeing you lot again...**

More than 200 people gathered at Preston Grasshoppers rugby club to mark Preston's 2012 Guild celebrations – 20 years after they last got together.

<http://www.lep.co.uk/news/local/fancy-seeing-you-lot-again-1-4937190>

### **Funding and Fundraising**

**Arts Funding for Libraries - opens 17 September 2012**

The Arts Council England has announced that it has an extra £6 million available to support arts funding for libraries.

Arts Funding for Libraries will support projects that stimulate ambitious and innovative partnerships between libraries and artists and/or arts organisations, encouraging communities to participate in cultural activities. The funding will run from September 2012 until March 2015.

<http://www.artscouncil.org.uk/what-we-do/supporting-libraries/>

**Tesco Charity Trust Community Awards (UK) - deadline 30 September 2012**

Charitable groups who are working locally across the UK to support elderly people and adults and children with disabilities have until the end of this month to submit their application for funding. The Tesco Charity Trust offers its Community Awards scheme four times a year to registered charities and not-for-profit organisations working on local projects that benefit communities close to Tesco stores in the UK. The scheme has two strands: one which supports elderly people and adults and children with disabilities and a second which supports children and their education and welfare. There are two funding rounds per strand per year. Last year, the Trust distributed nearly £700,000 to local community charities through the scheme. Groups can apply for one-off awards of between £500 and £4,000 which will support practical things such as equipment and resources. Projects previously supported include luncheon clubs, specialist equipment for disabled people, day trips and social trips for elderly or disabled people.

<http://www.tescopl.com/index.asp?pageid=121>

**LandAid - deadline 1 October 2012**

LandAid is the property industry's leading charity. They commit up to £1m each year to support charities and agencies that work with disadvantaged young people in the UK and is now seeking to establish new partnerships with charities, which will form the focus of its grant giving and other types of support over the next three years. Applicants can apply for capital grants between £20,000 and £150,000 per annum.

<http://www.landaid.org/grants/>

**People's Postcode Trust Small Grants Programme - opens 8 October 2012, deadline 9 November 2012**

The People's Postcode Trust offers grants of between £500 and £10,000 to small organisations and community groups for projects lasting up to 3 months in the areas of Poverty Prevention; Advancement of Health; Community Development; Public Sports; Human Rights; and Environmental Protection. All community groups, sports clubs and registered charities are invited to apply for funding from £500 up to £2,000. Registered charities can apply for up to £10,000 (£5,000 in Wales).

<http://www.postcodetrust.org.uk/>

**BBC Music Fellowships Scheme - deadline 15 October 2012 or first 100 eligible applications**

The BBC has announced that its Music Fellowships grant scheme is now open for applications. The Music Fellowships scheme is designed to support individuals through the early stages of their music careers; helping them to establish themselves in the industry through bespoke placements within existing music organisations. Rather than awarding grants directly to individuals themselves, the BBC are looking for applications from music companies, organisations, venues and festivals from across the UK to host a Fellow. All Fellowships should offer an opportunity for a talented and motivated emerging creative music maker to work under the guidance of experienced mentors to develop their skills, experiment, create and showcase their work, and experience the reality of working in a professional music environment.

<http://www.bbc.co.uk/performingartsfund/grants/music-fellowships>

**Grants to Help New, Innovative Visual Arts Projects - deadline 15 October 2012**

The Elephant Trust offers grants to artists and institutions (priority is given to small organisations and galleries) for new, innovative visual arts projects based in the UK.

<http://www.elephanttrust.org.uk/docs/intro.html>

#### **Arts Council - Strategic Touring Programme - deadline 19 October 2012**

The £45 million Strategic touring programme aims to encourage collaboration between organisations, so more people across England experience and are inspired by the arts, particularly in places which rely on touring for much of their arts provision. The funding is available to both organisations and individuals. Partnerships, networks and consortia can also apply. These can include promoters, producers, artists, agencies, companies, marketing or audience development specialists, local authority representatives or any other kind of organisation or individual. Grants need to be more than £10,000 per project.

<http://www.artscouncil.org.uk/funding/apply-for-funding/strategic-funding/grant-programmes/strategic-touring-programme/>

#### **BT Internet Rangers - Student Awards - deadline 2 November 2012**

Telecommunications company, British Telecom (BT) has announced that its BT Internet Rangers Award scheme is now open for applications. The scheme rewards young people aged up to 16 who have taught an older person or group basic computer and internet skills. Four national winners will each receive £100 worth of IT vouchers and an Ipad or a laptop. And the lucky overall winner will receive an additional £100 of vouchers.

<http://www.btplc.com/Responsiblebusiness/Supportingourcommunities/Digitalinclusion/Majorprogrammes/BTInternetRangers/awards/student.aspx>

#### **Money for Life Challenge - deadline 23 November 2012**

The Lloyds Banking Group is inviting young people to enter its Money for Life Challenge. The Money for Life Challenge is a national competition to find the most innovative ways that young people can improve their money management skills and those of their community. The Challenge is open to young people between 16 and 24 years old and in further education, work based learning, adult community learning or a training organisation. Young people can apply for one of 250 grants of up to £500 to run a money management project. The best projects from each nation will win a donation to charity, shopping vouchers plus an all expense paid trip to London to attend the UK Grand Final!

<https://www.moneyforlifechallenge.org.uk/>

#### **Nominet Trust - Digital Edge Programme - deadline 12 December 2012**

The Nominet Trust has announced that it is inviting applications for funding through its £2 million Digital Edge programme. The programme aims to support projects that use new technology to engage young people in new, more meaningful and relevant ways and enable their participation in building a more resilient society. As part of this programme, the Trust has identified four key areas where they believe young people face the greatest challenge and digital technology can be used to greatest effect. These are; digging deeper into the problems and addressing the root causes; exploring the changing landscape and the nature of engagement; renegotiating professional practice; and new forms of employment and reward. Organisations that can apply for funding include not-for-profits organisation; schools, PTAs, universities or other educational establishments; statutory bodies e.g. local authorities; social enterprises; and other grant-making bodies to make awards on behalf of the Nominet Trust.

<http://www.nominettrust.org.uk/how-to-apply/areas-investment/digital-edge>

#### **Arts Council England offers £20m to improve access to the arts - deadline 12 December 2012**

Second round of Creative People and Places is to encourage collaboration between local communities and arts organisations. The national arts body has launched the second round of funding in its Creative People and Places programme, which is designed to focus investment on parts of the country where involvement in the arts is significantly below the national average. ACE will award grants to organisations that lead consortia, which will develop programmes of arts activity and engagement over the next three years. A full list of eligible locations is available in the guidance. The deadline for applications is 12 December.

<http://www.artscouncil.org.uk/funding/apply-for-funding/strategic-funding/commissioned-grants/creative-people-and->

[places-fund/](#)

### **Sport England's Protecting Playing Fields Programme - re-opens 12 November 2012, deadline 7 January 2013**

Applications can be submitted by organisations such as voluntary or community organisations, local authorities, sports clubs, playing field associations, charities and schools. PPF is seeking to support projects that help communities maximise the sporting benefits of playing field land. Grants of between £20,000 and £50,000 available to provide new playing fields, bring into use disused playing fields or improve existing playing fields in order to establish and/or host a community club-schools link. All local authority and school based projects will require partnership funding.

[http://www.sportengland.org/funding/protecting\\_playing\\_fields/programme\\_criteria.aspx](http://www.sportengland.org/funding/protecting_playing_fields/programme_criteria.aspx)

### **Localgiving's Grow Your Tenner campaign to match donations to small charities in England**

Localgiving.com, the online giving site which supports local charities and community groups, is offering to match up to £10 of donations made, up to £500,000.

<http://localgiving.com/>

### **The Barclays Community Sports Award**

Nominations for the Barclays Community Sports Award 2012/13 season are now open. The award aims to recognise the outstanding achievements of individuals who use sport to benefit communities across the UK. Each monthly winner receives £1,000 for their group or organisation, a limited edition trophy and entry into the end of season award to win a further £5,000. The end of season award winner also receives an invitation to a celebratory event with former Crystal Palace ace Gareth Southgate in London.

<http://www.barclayscommunitysportsaward.com/>

### **New Programme to Help UK Charities Support People into Employment - no deadline**

Microsoft has announced the launch of Britain Works Initiative, and NGO programme which provides resources and connects UK registered charities working in the employability arena. This initiative is aimed at helping 500,000 people into employment by giving them access to vital IT skills over the next 3 years. By becoming a Britain Works NGO Programme Partner charities will be able to access resources, software, training curriculum and dedicated events and webinars.

<http://www.microsoft.com/uk/britainworks/ngo/default.aspx>

## **Fundraising News**

### **University celebrates charitable students**

Nursing students from the University of Central Lancashire (UCLan) have been applauded for their fundraising efforts that benefitted two national charities. The undergraduate and postgraduate students from UCLan's School of Health raised over £1,400 for the Royal College of Nurses (RCN) Benevolent Fund and The Florence Nightingale Foundation during an activities day to celebrate International Nurses' Day earlier this year.

[http://www.uclan.ac.uk/schools/school\\_of\\_health/university\\_celebrates\\_charitable\\_students.php](http://www.uclan.ac.uk/schools/school_of_health/university_celebrates_charitable_students.php)

### **Royal British Legion: Fitness fanatic in funds drive**

A former soldier has launched an appeal for a team of fitness fanatics to help him raise thousands of pounds for Armed Forces charities. Chris Robinson, from Farington, Leyland, who was awarded the British Empire Medal during a 30-year Army career, is gearing up for a fitness drive to raise cash for the Royal British Legion. Using gym equipment he will simulate a walking, climbing, running and rowing trip which will take him 'across Europe', to raise cash and the boost the profile of a charity close to his heart.

<http://www.lep.co.uk/news/health/local/fitness-fanatic-in-funds-drive-1-4930078>

### **CSV scheme to place 9,000 volunteers gains £700,000 from Cabinet Office**

The Cabinet Office has provided about £700,000 of funding to the volunteering charity CSV to run a scheme that aims to match 9,000 volunteers with 400 small charities. The Professionals scheme, funded through the government's £20m Social Action Fund, encourages people with professional skills to provide specific help to more than 400 community groups in activities including recruitment, IT support, fundraising or marketing.

<http://www.csv.org.uk/professionals/>

### **Scope launches scheme for philanthropists to sponsor charity shops**

Scope has launched a new scheme that asks wealthy people to sponsor new charity shops. The disability charity said that £50,000 covers the cost of opening one of its shops, which will then generate £30,000 a year towards funding its work. It is asking philanthropists either to donate the money or make loans that can be repaid in two years.

<http://www.scope.org.uk/>

### **Big Society Capital states conditions for profit-making companies to receive investment**

Big Society Capital has published a governance document outlining the social criteria a company will need to fulfil before it can receive investment. The "vast majority" of Big Society Capital investments will be in regulated social sector organisations, according to a blog accompanying the document, written by Nick O'Donohoe, chief executive of BSC. But he said it "would be wrong to completely exclude companies that seek to create significant social value but have organised themselves as for-profit companies."

[http://bigsocietycapitalblog.files.wordpress.com/2012/09/governance\\_agreement1.pdf](http://bigsocietycapitalblog.files.wordpress.com/2012/09/governance_agreement1.pdf)

### **Charity warns of 'giving crisis' as donations from younger generations fall**

Younger generations are failing to give as much to charities as the over-60s, which could lead to a "long-term giving crisis", according to a report by the Charities Aid Foundation. More than half of all donations to charities now come from the over-60s, compared with just over a third 30 years ago. The over-60s are now more than twice as likely to give to charity as the under-30s.

### **British Red Cross launches women-only fundraising initiative**

The British Red Cross has launched a new women-only fundraising initiative after a similar project in the US proved successful. The Tiffany Circle will be made up of successful women who give their time, skills and influence as well as money. Members will donate at least £5,000 a year to projects of their choice affecting women and children. A chief executive, a managing director and a doctor are among those who have already signed up to the scheme.

### **Vacancies and Employment**

#### **Lancashire Association of CVS's, in partnership with Lancashire Drug and Alcohol Action Team: Locality Worker - deadline 1 October 2012**

35 hours/week - (With a possibility of job share [2 x 17.5 hour posts]). Flexible (wk day/wk end/evenings)

NJC Sc5 pt22 (£19,621, Pro rata; £18,312 actual)

Fixed Term until March 2014

Base: CVS Central Lancashire, Units 23/25 Guildhall Arcade, Lancaster Road, Preston, PR1 1HR

An exciting opportunity has arisen to help build opportunities for sustainable recovery from alcohol and substance misuse in communities. Lancashire Association of CVS's, in partnership with Lancashire Drug and Alcohol Action Team are looking to increase the involvement of people in recovery from alcohol and substance misuse in community activity, building more sustainable models of recovery by:

Establishing recovery forums in localities; Raising awareness of recovery and the issues people face; Developing opportunities for people in recovery to access volunteering, training and employment; Supporting groups focusing on

people in recovery and led by people in recovery to set up and become sustainable.

More:

<http://www.cvscentrallancashire.btck.co.uk/CurrentVacancies>

### **Child Action North West: Triage Early Action Youth Engagement Worker (BwD)**

37 hours per week

Short term contract (18 months)

Remote Working, Blackburn based

Salary Pt. 21-25 (£19,510-£21,951)

More:

<http://btckstorage.blob.core.windows.net/site7587/Uploads/09/20/TEALAdvert.pdf>

### **New pension rules for charities**

The Pensions Regulator has published an online leaflet (PDF 246KB) explaining new rules about pensions, which affect all charities that employ staff members.

<http://www.thepensionsregulator.gov.uk/docs/intro-to-workplace-pension-changes-2011.pdf>

### **Minimum wage change**

The national minimum wage increases from 1 October 2012 to £6.19 for ages 21 and over, and for apprentices the minimum wage will rise to £2.65.

[http://www.direct.gov.uk/en/Employment/Employees/TheNationalMinimumWage/DG\\_10027201](http://www.direct.gov.uk/en/Employment/Employees/TheNationalMinimumWage/DG_10027201)

### **Career reboot: getting a voluntary sector job in tough times**

Are you looking to get your first job in the voluntary sector? Or perhaps trying to re-launch your career after a redundancy? We teamed up with John Lees, the UK's top career expert, and forum3, non profit career specialists, to help you get a few steps closer to a job offer.

Do the whole 'career reboot' course for FREE!

<http://www.knowhownonprofit.org/studyzone/career-reboot-getting-a-voluntary-sector-job-in-tough-times/>

### **Want to work for a charity or are new to the sector?**

Are you interested in transferring your skills to the voluntary sector from elsewhere, or do you know someone who does?

Are you new to the voluntary sector and want to learn more about how it works?

<http://www.ncvo-vol.org.uk/workingforacharity>

### **Training**

#### **Umbrella Collective: Labels and Identity - Awareness, Impact, Discrimination Workshop Events - 12 October 2012**

To be held at CVS Central Lancashire, £55

Umbrella would like to invite you to a workshop event. Based upon the themes of; labels and their impacts on our mental health, identity, well being and professional practice. This is a dynamic interactive event and will aim to explore in depth the impact that labelling can have on a person, their mental health, their self esteem, recovery and social status.

More:

<http://btckstorage.blob.core.windows.net/site7587/Uploads/09/20/Identity&Labels1.pdf>

<http://btckstorage.blob.core.windows.net/site7587/Uploads/09/20/Identity&Labels2.pdf>

### **UCLan MA in Community Leadership - recruiting now for January 2013**

UCLan Centre for Volunteering and Community Leadership are currently recruiting for the MA in Community Leadership



at the University of Central Lancashire starting in January 2013. This is a dynamic & interactive programme, underpinned by core philosophical and ideological tools that build the capacity of key individuals to become effective leaders within their communities.

[http://www.uclan.ac.uk/information/courses/ma\\_pgdipl\\_pgcert\\_community\\_leadership.php](http://www.uclan.ac.uk/information/courses/ma_pgdipl_pgcert_community_leadership.php)

## **Volunteering**

### **St Matthew's Mission, Preston, Work Club**

The Work Club is run by 2 volunteers who are members of St Matthew's Church under the supervision of the Vicar and the Parochial Church Council of the Church. The Club was set up in April 2012 with a £3,000 grant from JobCentrePlus which enabled us to buy 5 laptops and a printer and an internet connection. The Club meets weekly on a Monday from 1pm to 3.30 pm at St Matthew's Mission, Acregate Lane, Preston, PR1 5QQ. In the spring and summer we had between 4 and 11 clients per session. We need more volunteers to help run the club. The list below are the skills we'd like from volunteers who help with the Work Club. We'd be happy to have volunteers could offer just one of these skills. We are looking for volunteers who can make a regular commitment, weekly, fortnightly or even just once a month, but dependability is important once a commitment is made. We'd welcome people to come and look and see if this is something they'd like to try before committing to be a volunteer. Helping clients write a CV; Showing clients how to use the internet to look for jobs (We do have a web site: <http://www.theworkclub.org.uk> which gives clients a start); Giving clients help with interview skills for when they have an interview; Discussing with clients the sort of things that will increase their chances of getting a job.

Peter Nunn, Vicar of St Matthew. 01772 794312 / 07960 433697

[peter@therisenlordpreston.org.uk](mailto:peter@therisenlordpreston.org.uk)

<http://www.therisenlordpreston.org.uk/parish/index.php>

### **Student Volunteering**

UCLAN have, this week, launched a website designed to link their students with opportunities to volunteer with organisations throughout Lancashire. This site is in its infancy so there's a lot to develop, but the core functions are there. Registration is open to any organisations within the voluntary, community, faith and social enterprise sectors. All students participating will be accredited by the Institute of Leadership and Management as well as UCLan, and the aim is to support the development of grassroots organisations and strengthen networks through quality collaborative working. If any organisation can offer volunteering roles to University Students, please register the opportunities for students to volunteer under the 'register opportunities' function at:

<http://www.lancashirestudentvolunteering.com>

For more information contact Rebecca Steel at UCLan: Email:

[RSteel@uclan.ac.uk](mailto:RSteel@uclan.ac.uk)

Telephone: 01772 893662.

### **Shortage of volunteers hinders Olympic legacy**

It was meant to be the Games which sparked a sporting legacy... But a string of sports clubs in Preston expressed major doubts over the existence of an Olympic 'bounce', amid growing concerns about their future.

<http://www.lep.co.uk/community/shortage-of-volunteers-hinders-olympic-legacy-1-4926465>

### **Young people urged to be Health Makers for trust**

A Lancashire health organisation is looking for new members to become Health Makers to make their services better and is appealing to younger members to get on board. Lancashire Care NHS Foundation Trust is a membership organisation and needs new members to become Health Makers and help make its services better, safer and more responsive to local demand. Everyone is encouraged to join and there are no barriers to membership. A junior associate health maker membership is being launched at a special event on September 28 for those under the age of 14. David



McNeil, deputy company secretary said "Creating Health Makers is an initiative aimed at getting people involved in health and wellbeing in their local community."

<http://www.lep.co.uk/community/young-people-urged-to-be-health-makers-for-trust-1-4937179>

### **Annual Preston 10 Race - 18 November 2012**

The annual Preston 10 is set to take place on Sunday November 18. It is the 32nd race and it takes place at Hutton Grammar School. It is the 32nd race and it takes place at Hutton Grammar School. Places are beginning to fill up with runners who want to complete the 'Guild Series'. Organisers are looking for people to marshall the race, alongside the marathon on October 28. To help call 01772 493098.

### **Volunteering in the Arts**

Voluntary Arts has produced a toolkit to support small and medium-sized arts groups who struggle to improve the support they offer volunteers.

<http://www.voluntaryarts.org/2012/09/11/volunteering-in-the-arts-toolkit/>

### **Trustee Bank**

Our Trustee Bank offers a free service to advertise or view trustee vacancies. We also provide information about becoming a trustee and on recruitment and induction practices.

<http://www.ncvo-vol.org.uk/trusteebank>

### **The Queen's Diamond Jubilee Volunteering Award 2012**

An award for national organisations involved in volunteering activities. Click the link for eligibility and how to nominate.

[http://www.direct.gov.uk/en/Governmentcitizensandrights/UKgovernment/Honoursawardsandmedals/TheQueensAwardforVoluntaryService/DG\\_201131](http://www.direct.gov.uk/en/Governmentcitizensandrights/UKgovernment/Honoursawardsandmedals/TheQueensAwardforVoluntaryService/DG_201131)

### **Events**

#### **Cats Protection Cat Extravaganza, Penwortham - 22 September 2012**

The Cats Protection Cat Extravaganza event is set to take place on Saturday. It will run between 2pm and 4pm at St Leonard's Church Hall, Marshall's Brow, Penwortham. The annual raffle draw will be held and there will also be photo competition judging, a gift stall, tombola, refreshments and more.

#### **Craft at Avenham Pavilion, Preston - 22 September 2012**

Crafty goings on in the park

Get crafty and help wildlife at Avenham Park Pavilion this Saturday. Help encourage beneficial insects like lacewings and ladybirds into your garden by making a bug hotel. The workshop will run between 1pm and 3pm at Avenham Park, Preston and costs just £2.50 to get involved. Booking is essential for the event. Please call 01772 906471 for further details.

#### **Fulwood Farmers Market, Preston - 22 September 2012**

Fresh local produce and fair trade goods will be available at the Fulwood Farmers Market. Held at Fulwood Methodist Church, Crossroad Centre, Watling Street Road, Preston on Saturday, September 22, the event will support small producers of both local and global produce. The market will run between 10am and 4pm. Call 07813 870641 for details.

#### **Free health MOT at the Mela, Leyland - 22 September 2012**

Residents can get a free health 'MOT' at Leyland's first-ever Health Mela on Saturday. South Ribble Borough Council is hosting the free event, which is being organised by the Rotary Club of Leyland and Lancashire Gujarat Health Users Forum. The Health Mela is being held at the Civic Centre, on West Paddock, on Saturday 22 September, from 11am to 6pm. Visitors will be able to get a free health check up, have their height and weight measured, and be tested for blood

sugar and cholesterol levels. They can also get sight and hearing checks, receive advice on healthy living, exercise, smoking and alcohol abuse, and benefit from confidential health counselling.

<http://www.southribble.gov.uk/Section.asp?sectiontype=listseparate&catid=301268&docid=3256>

#### **Leyland Festival ready to shine - 22 - 23 September 2012**

Leyland Festival will be jam-packed with fun for all the family when the popular event gets off the ground this weekend. The two-day festival was rescheduled after downpours left parts of Worden Park flooded back in July, but organisers have used the extra time to add some new attractions.

<http://www.southribble.gov.uk/Section.asp?sectiontype=listseparate&catid=301268&docid=3255>

#### **Preston Domestic Violence Service: Nadzieja Service Launch - 26 September 2012**

A service for Polish victims of domestic and/or sexual violence will take place on 26 September 2012 at 12.45pm, at 10 Oakham Court, Preston PR1 3XP. If you would like more information please email [polish@pdvs.org.uk](mailto:polish@pdvs.org.uk) or call 01772 514106. Please book your places with: [hayley.sumner@pdvs.org.uk](mailto:hayley.sumner@pdvs.org.uk)

Poster:

<http://btckstorage.blob.core.windows.net/site7587/Uploads/09/20/Nadzieja.pdf>

#### **Stoptober Road Show, Preston - 28 September 2012**

North West local partners, employers and pharmacies have been provided with support tools to help amplify the Stoptober messages at local levels, within a wide range of community touch points. Each local area is holding their own special events, and there will be three special roadshows with the nearest being in Preston City Centre on 28 September 2012.

<http://www.tobaccofreefutures.org/news/stoptober-coming-to-the-nw/>

#### **Vintage vehicle rally, Lancaster - 29 September 2012**

The Preston and District Vintage Car Club will be showcasing their treasured vehicles on Saturday September 29. The vehicles will be on display in Williamson Park in Lancaster.

<http://www.lep.co.uk/community/vintage-vehicle-rally-is-set-to-take-place-1-4941420>

#### **Preston's First Gay Pride Festival - 29 September 2012**

A small city-centre Festival at the Flag Market and Harris Museum and Art Gallery 12 p.m. to 5 p.m.

<http://btckstorage.blob.core.windows.net/site7587/Uploads/09/20/PridePosterA3.pdf>

#### **Fairtrade Fashion Show, Preston - 3 October 2012**

An all age Fairtrade fashion show at 53 Degrees, with music and dance. A variety of models will take to the catwalk, showcasing the best of Fairtrade fashion from local and other sources. Come and be amazed at the choice and extent of Fairtrade clothing and learn why it makes a difference to buy Fairtrade.

<http://prestonguild2012.com/?OBH=413&ID=1192>

#### **Preston Caribbean Carnival Ltd AGM - 4 October 2012**

Holiday Inn, Ring Road Preston. Start time 6.15pm for 6.30 pm start. We will be starting promptly so please dont be late.

We will be selecting a new committee and are looking for approximately 10 people to enable Carnival to continue in its present format. This year we only had 5 people on the committee and that small number puts a lot of demand on the committee. The more people who step up to do the work will mean that less has to be done by each committee member.

#### **Rosemere Cancer Foundation: Fitness Event, Preston - 7 October 2012**

A fitness event is set to take place at Fulwood Leisure Centre on October 7 in aid of the Rosemere Cancer Foundation.

The event is now in its fourth year and is organised by Preston Council in association with MWR Solicitors. The fundraiser will see more than 100 participants complete three different activities as part of a bid to raise more than £3,000 for the cancer charity.

#### **Film Festival at UCLAN - 8 - 12 October 2012**

The One in Four Film Festival is UCLan's annual celebration of the power of film to promote awareness of mental health, dispel stigma and invite discussion on key issues. Building on last year's phenomenal success, this year is set to be better than ever!

[http://www.uclan.ac.uk/schools/school\\_of\\_health/one\\_in\\_four\\_film\\_festival.php](http://www.uclan.ac.uk/schools/school_of_health/one_in_four_film_festival.php)

#### **Lancashire Learning Disability Consortium (LLDC) Conference, Assistive Technology - 10 October 2012**

Gujarat Centre, Preston

Lancashire Learning Disability Consortium (LLDC) are a group of voluntary providers in Lancashire and our Conference this year is on Assistive Technology. The Conference provides the opportunity for providers, careers, family members and service users across all social care to come along to hear what is happening in Lancashire and also an opportunity to talk to 10 different companies about the assistive technology products available.

Poster:

<http://btckstorage.blob.core.windows.net/site7587/Uploads/09/20/AssistiveTech.docx>

Booking Form:

<http://btckstorage.blob.core.windows.net/site7587/Uploads/09/20/BookingForm.doc>

Programme:

<http://btckstorage.blob.core.windows.net/site7587/Uploads/09/20/Programme.docx>

#### **World Mental Health Day Wednesday 10th October 2012**

To celebrate World Mental Health Day 2012, the organisers of the One in Four Film Festival invite you to join in a day of creativity, learning and fun in UCLan's 53 Degrees venue.

#### **Age Concern Central Lancashire, Annual Conference and AGM, Leyland - 11 October 2012**

10.00am – 2.00pm

Daring to be Different

The work Age Concern Central Lancashire does supporting older people is first class. This is no idle boast, but is something we are told by service users, commissioners and members of the public who know us. It is also what we hear from our fellow professionals in the charitable sector. Part of the reason for the quality of our work is that we at Age Concern Central Lancashire have dared to be different. We have dared to be innovative and at the cutting edge. This approach is demonstrated throughout our service provision but particularly in outreach programmes, dementia care services and information and advice services. Our conference includes speakers who, in their own fields of design and film making, have dared to be different and are producing outstanding work. You will also hear about some of the exciting projects we have lined up for the future.

To register for this free event please e-mail

[events@55plus.org.uk](mailto:events@55plus.org.uk)

or follow the link

<http://www.fiftyfiveplus.org.uk/index.php/permalink/3388.html>

#### **Growing Avenham Launch Event - 18 October 2012**

The project is currently managed by Moving On (a mental health, not for profit social, enterprise) to help clients develop their confidence learn horticultural skills and grow fresh produce. The site has been developed on land owned by Contour Housing on Hudson Street and a huge amount of the work needed to prepare the site has been done by offenders with Community Payback. The allotments are available for people involved with Moving On. Lancashire

Wildlife Trust will be providing horticultural sessions on site and anyone interested in being involved should contact Lorna Stevenson 01772 558628,

[lstevens@movingonlancashire.co.uk](mailto:lstevens@movingonlancashire.co.uk)

or Chris Taylor on 07967820744

[ctaylor@lancswt.org.uk](mailto:ctaylor@lancswt.org.uk)

There will be a launch of the allotment on the 18th October 10am - 1pm and anyone is welcome

### **Age Concern Central Lancashire Variety Show, Preston - 26 October 2012**

7.30 pm

Preston Playhouse, Market Street West

The Age Concern Central Lancashire Variety Show is back by popular demand. Showcasing the talents of Age Concern staff, volunteers family and friends it will be an evenings entertainment not to miss. Music, singing, dancing and comedy guaranteed! Tickets are £5 and are available from Arkwright House, Stoneygate, Preston, PR1 3XT.

Please e-mail

[events@55plus.org.uk](mailto:events@55plus.org.uk)

for details or visit our website

<http://www.55plus.org.uk>

### **Public Notices**

#### **Making it easier to run a charity**

The government has issued 'Making it easier to set up and run a charity, social enterprise or voluntary organisation: Progress Update'. It includes a section on "Improving the support available to frontline civil society organisations".

<http://www.cabinetoffice.gov.uk/resource-library/making-it-easier-set-and-run-charity-social-enterprise-or-voluntary-organisation>

#### **South Ribble: Council tax plan may lead to £600k cuts**

Government plans to abolish council tax benefit could lead to a funding reduction of £600,000 for South Ribble Council and mean the area's most vulnerable have to pay more. The change will come into force from April 2013 when council tax benefit will be replaced with council tax support, which will be designed and administered by each local council.

<http://www.lep.co.uk/community/council-tax-plan-may-lead-to-600k-cuts-1-4941449>

#### **Bamber Bridge: £1m home for children opens**

A new £1m home for young people has been opened in Bamber Bridge. Eden Bridge, in Cooperative Street, is a purpose-built residential unit that provides safe accommodation for up to six young people aged 12-18.

<http://www.lep.co.uk/community/1m-home-for-children-opens-1-4930070>

#### **Fears for tenants as rental costs rise**

A charity has called for more security for tenants, as a survey suggests that the cost of renting rose to a record high in August. Charity Shelter said that landlords should offer long-term contracts.

<http://www.bbc.co.uk/news/business-19664133>

#### **Age Concern Central Lancashire: Have you ever thought about the send off you would like to have?**

Perhaps not, but some have as Ian Scott, Caring Cafe Information and Awareness Support Officer, Charnley Fold found out when contacted by a couple recently, who wished to complete their Funeral Plans. 'To be honest they started the ball rolling! I had assisted them earlier in the year with a TCES prescription, which lead to a Blue Badge, and consequently they phoned again because I had dealt with their previous enquiries. The conversation during the form filling was light hearted and practical. They just wanted everything sorted, she had asked for a particular song that she

had sung, and then he asked for his wife's song to be sung at his funeral. J Other than that it was plain sailing. Ian' This is just one of the many services provided by Age Concern Central Lancashire

For more details contact: Clare Kenny, Business Development Manager, Age Concern Central Lancashire, Arkwright House, Stoneygate, Preston, PR1 3XT Tel: 01772 552 873 Fax: 01772 552866

Email: [help@55plus.org.uk](mailto:help@55plus.org.uk)

### **Sexual abuse of children on police radar**

Almost 1,500 cases of suspected child sexual exploitation were referred to Lancashire Police in a 12-month period.

Lancashire Police is launching a week-long campaign from September 17 to 21 to raise awareness of the problem. The force will hold events across the county during the campaign and use Twitter to share insights from CSE teams.

<http://www.lep.co.uk/news/local/sexual-abuse-of-children-on-police-radar-1-4926358>

### **New guidelines issued on domestic abuse**

The definition of domestic abuse has been widened so it covers forms of non-violent coercive behaviour and under-18s for the first time. It means behaviour such as preventing partners from leaving the house or having access to a phone could lead to a prosecution. It is hoped the broadened definition will increase awareness of what domestic abuse is and who suffers it. The Home Office says more prosecutions could be brought as a result.

<http://www.bbc.co.uk/news/education-19640257>

### **LGBT Information Centre: New service**

To enable LGBT communities in Lancashire to be happier, healthier and self empowered. Last Tuesday of the month at the Urban Exchange, Preston.

More:

<http://btckstorage.blob.core.windows.net/site7587/Uploads/09/20/LGBT.pdf>

### **Push to create a million UK ponds**

Details of a plan for a million healthy ponds in the UK are being announced to combat decades of neglect. The charity Pond Conservation says ponds offer more species diversity than any other habitat per square metre. But 80% of them are polluted - mostly by fertilisers and pesticides from farms, and also by run-off from streets and homes in towns and villages. The man leading the project, Dr Jeremy Biggs, said the plan was less ambitious than it sounded. He told me: "There are already half-a-million ponds in the UK - that means we only have to create another half-a-million.

<http://www.bbc.co.uk/news/science-environment-19624009>

### **Give statutory force to best value guidance, says Children England**

Children England has made a series of policy suggestions it hopes will trigger debate about the role of civil society organisations. In its report, Perfect Storms: an analysis of the operating conditions for the children, young people and families voluntary sector, the membership body for children's charities calls on the government to modernise and simplify Gift Aid. It also says that statutory force should be given to the expectations in Best Value Statutory Guidance, published by the Communities and Local Government department last year, and says local authorities should avoid passing on "disproportionate" cuts to voluntary and community sector organisations.

Report:

<http://www.childrenengland.org.uk/upload/Perfect%20Storms%20-%20FINAL.pdf>

### **Finding new trustees**

The Charity Commission has updated "Finding new trustees - What charities need to know". This guidance answers some of the more common questions charities ask about how to recruit, select, appoint and induct trustees. It also sets out a framework for the recruitment process.

<http://www.charitycommission.gov.uk/Publications/cc30.aspx>

### **Adobe to offer charities software at reduced prices**

Charities with an annual income of less than £6m will be able to use professional software including Photoshop and InDesign at a fraction of their retail cost after the firm Adobe joined the Charity Technology Trust's CTXchange programme.

<http://www.ctxchange.org/>

### **NCVO and Volunteering England agree merger**

A joint statement said that the merged organisation would use the NCVO's name but it would keep the brands of Volunteering England and the Institute for Volunteering Research, a Volunteering England initiative that carries out research into policy and practice in volunteering. The new body will adopt the strapline "championing volunteering and civil society".

### **Mental Health Helplines Partnership and The Helplines Association agree merger**

Mental Health Helplines Partnership and The Helplines Association have announced their merger, due to take place by the end of September 2012

<http://www.mhhp.org.uk/news/press-release-mhhp-and-tha-merger.html>

### **Acevo and Navca want more joint working between small and large charities**

In another outbreak of joined up thinking The sector chief executives body Acevo and the local infrastructure organisation Navca are to examine how small and large charities can work together more. They are planning to meet in November to talk about ways of improving relationships between small and large voluntary sector organisations so they can better face up to the challenges of government cuts and the recession.

## **Health**

### **Andrea Foster appointed Local Healthwatch Development Manager**

Lancashire LINK host organisation Parkwood Healthcare has appointed Andrea Foster to spearhead the development of Local Healthwatch in Lancashire. More in the latest edition of the Lancashire LINK (Local Involvement Network) website, including the opportunity to become a member and / or sign up for their newsletter.

<http://www.lancashirelink.org.uk/>

### **Lancashire Care Mental Health Helpline**

The Lancashire Care Mental Health Helpline was initiated in 1996 following a review of local Mental Health Services.

Users and Carers identified a need to access out of hours information and support. The Helpline service is available within Lancashire and can be accessed by dialling our FREEPHONE HELPLINE NUMBER:

0500 639 000

Open Monday to Friday 7pm - 11pm

Saturday & Sunday 12 midday to 12 midnight

Our trained operators can access an information database to provide you with details of local and national support services, or are there simply to listen.

<http://www.lancs-mentalhealthhelpline.nhs.uk/>

### **Eco Centre Launch**

A new Eco Centre Project has been established in Lancashire to give members of the community a place to work together and gain a range of skills through horticultural and agricultural activities. The project is a joint venture between Lancashire Care NHS Foundation Trust, Lancashire Mind, Lancashire County Council and Red Apple. It aims to support individuals through eco-therapy to acquire new skills, improve confidence, self-esteem and improve employment

opportunities for those involved. Keith Isherwood, community restart co-ordinator at Lancashire Care NHS Foundation Trust, said: "The eco centre aims to support research which suggests that the use of eco-therapy and physical exercise can have a positive impact on mental health and wellbeing. The centre is open Monday to Saturday and is based in Newburgh. To find out more about the eco centre, visit:

<http://www.theecocentre.org.uk>

More:

<http://btckstorage.blob.core.windows.net/site7587/Uploads/09/20/EcoCentre.docx>

### **Ready, Steady, Stoptober! – mass quitting campaign arrives in NW**

Last week the Department of Health launched Stoptober - a new campaign which aims to increase the number of smokers making a quit attempt across the country. North West stop smoking services, many pharmacies and even some employers have been provided with support tools to help amplify Stoptober at a local level. Read what's happening in the North West and download briefing sheets, toolkits and resources. (See also the Stoptober Roadshow event on 28 September 2012 above).

More:

<http://www.tobaccofreefutures.org/news/stoptober-coming-to-the-nw/>

### **North West residents help secure biggest regional response to end glitzy cigarette packaging**

Thousands of North West residents played a key role in securing the biggest regional response to a national campaign that has called for the end of colourful cigarette packaging. More than 63,000 responses have been collected in the North West as part of the Plain Packs Protect campaign – more than any other region in the UK.

<http://www.tobaccofreefutures.org/news/north-west-residents-help-secure-biggest-regional-response-to-end-glitzy-cigarette-packaging/>

### **Chemical Soup spreads through North West communities and encourages parents to Take 7 Steps Out**

Arsenic, toilet cleaner and nail varnish remover aren't the usual ingredients you would give your children this autumn – but parents who smoke in the North West are being reminded that this could be the case unless they take '7 steps' out of the house when smoking. The advice follows a series of sessions which took place in the North West over the last year as part of the 'Chemical Soup' initiative which educated parents, volunteers and health workers about the dangers of second hand cigarette smoke.

<http://www.tobaccofreefutures.org/news/a-chemical-soup-spreads-through-north-west-communities/>

### **Hospital admission for booze is highest**

Preston's rates of hospital admission for alcohol related liver disease are the highest in the North West, according to a new report. The report by the North West Public Health Observatory shows that in 2010/11 80 people per 100,000 of the population in Preston were admitted.

<http://www.lep.co.uk/community/hospital-admission-for-booze-is-highest-1-4941430>

### **Painkillers 'are the cause' of millions of headaches**

Up to a million people in the UK have "completely preventable" severe headaches caused by taking too many painkillers, doctors have said. They said some were trapped in a "vicious cycle" of taking pain relief, which then caused even more headaches. The warning came as part of the National Institute for Health and Clinical Excellence's (NICE) first guidelines for treating headaches.

<http://www.bbc.co.uk/news/health-19622016>

### **Diabetes link to breast cancer in post-menopausal women**

Post-menopausal women who have Type 2 diabetes appear to have a 27% greater risk of developing breast cancer, experts say. An international team, writing in the British Journal of Cancer, examined 40 separate studies looking at the



potential link between breast cancer and diabetes. These studies involved more than 56,000 women with breast cancer. Post-menopausal women with Type 2 diabetes had a 27% increased risk of breast cancer. But there was no link for pre-menopausal women or those with Type 1 diabetes.

<http://www.bbc.co.uk/news/health-19585931>

### **Mums lead the way in research**

Mums are helping to shape maternity research projects at Lancashire Teaching Hospitals NHS Foundation Trust. The new research proposals have been developed by Dr Tracey Cooper, who recently joined the trust as a consultant midwife.

<http://www.lep.co.uk/community/mums-lead-the-way-in-research-1-4929138>

### **Appeals**

#### **British Heart Foundation (BHF): Charity call for women**

The British Heart Foundation (BHF) is calling on women in Lancashire to saddle up for a nocturnal adventure. The charity wants women to take part in the Manchester to Blackpool Night Ride on Saturday and Sunday, September 29 and 30. With a week until pre-registration closes on Sunday, 70% of the 700 riders signed up for the event are men. Ali Rulton, event organiser, said: "Cycling is growing in popularity in the UK, but the numbers of women riding bikes is actually shrinking. To enter call 0300 456 8355 or go to

<http://bhf.org.uk/m2bdark>

#### **Buckshaw Village Amateur Musical Performers**

Male actors for the roles of The King and the villain, Sir Simon Blackheart, in their Christmas panto, Puss in Boots.

Chairman Aby Hardy said: "Previous acting experience isn't necessary, just the ability to work hard and try your best." If interested, email:

[press@buckshawvamp.co.uk](mailto:press@buckshawvamp.co.uk)

#### **Salvation Army: URGENT HARVEST APPEAL to support the Community Food Bank**

Last month 297 households were helped by the provision of emergency food parcels from the Community Food Bank at The Salvation Army. This is just one indicator of increasing poverty and distress among local families as they struggle to manage in these austere times. As a result the shelves are almost empty and if the provision of help to the most needy people in Preston is to continue they need to be restocked. At this time of year many churches and schools will be planning Harvest Festivals celebrations and making collections of food stuffs. We will be extremely grateful if you can make donations to the Food Bank. We need donations of non perishable (in date!) foods: cans of meat, fish, vegetables, fruit, and packets of dry goods such as pasta, rice, cereals, biscuits etc. (Donations of toiletries and money also appreciated). Churches, schools and community groups are encouraged to make collections of food and deliver them to The Salvation Army, Harrington Street, Preston PR1 7BN tel. 01772 555425 Open Weekdays 9am-3pm (except Thursday)

<http://www.cuf.org.uk/together-lancashire>

<http://pcanprestonchristianactionnetwork.yolasite.com/>

<http://prestonchristianactionnetwork.blogspot.co.uk/>

#### **Lancashire County Council: Woodlands set to be planted**

An appeal has been launched for businesses and landowners to join a woodland planting scheme. Lancashire County Council's Lancashire Woodlands Project gives people access to funds to establish woodland areas. It recently carried out a planting project on the newly-opened Guild Wheel cycling route around Preston. Call 01772 533917.

## Consultations

### Lancashire County Council: Travel Safety Survey

Older people are being asked to take part in a survey to help the county council improve public transport. They are being asked to complete a travel diary detailing how, when, and why they travel and any issues they experienced. Travel diaries are available by emailing [access@lancashire.gov.uk](mailto:access@lancashire.gov.uk) or calling 01772 530201.

### Charity Commission - key issues affecting charity properties - deadline 23 September 2012

The Charity Commission is working with the Ethical Property Foundation (Charity no 1101812) to identify the key issues which are currently affecting charities with regard to the property that they own, lease or rent. In particular we would like to know which issues are most significant, who they affect, whether your organisation has the capacity to deal with them, and the costs incurred to do so. The survey should take around 15 minutes and you could be in with a chance to win Waterstones vouchers.

<http://vovici.com/usb.dll/s/122beg50b65>

### South Ribble Council: Tax Benefits - deadline 2 November 2012

South Ribble residents are being invited to have their say on a change in council tax benefits.

Visit <http://www.southribble.gov.uk> to take part in the consultation before November 2

### Call for items

Do you have any items of interest for the sector? Please feel free to email details to [info@prestoncvs.org](mailto:info@prestoncvs.org) to have them circulated through YOUR CVS network. Comments?, suggestions? Please email them to the same address.

To subscribe please visit our web site <http://www.cvscentrallancashire.org.uk/> and follow the newsletters link.

Previous issues can be found on the same page in both portable document format (pdf) and microsoft word formats.

This email is circulated by:

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