

Make do and Mend

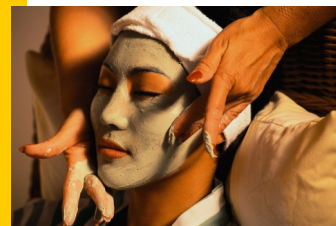


5 weeks course. Cost: Free

Starts: Monday 28th February 11

Time: 1 till 3pm

At: **New Wortley Community Centre**
40 Tong Road
New Wortley
LS12 1LZ



Week 1:

Look after yourself using things from your cupboard. learn how to make face masks and body scrubs.

Week 2:

Be inspired by making your very own bath bombs.

Week 3:

Make your very own bag and customize it.

Week 4:

Re-cycle your old clothes to make a new garment, and we will show you how to customise it.

Week 5:

Cook on A budget. Learn how to make a pizza from scratch. You'll be amazed how easy and cheap this is.

To register your interest: Contact
Tabassum at Healthy living Network Leeds: 2951043
Gary Potter at New Wortley Community Centre: 2793466

