



Down Syndrome Training & Support Service Ltd

LIBRARY

DVDs,
Books,
Leaflets,
Resources,
Periodicals.

CONTENTS

This booklet contains information on the contents of our library. Books, DVDs, resources etc are available on the following topics:

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S1: THE NEW LANGUAGE TOYS

Book by Sue Schwartz. ISBN 0-933149-73-5

If you are looking for inspiration on play activities which will help your child's language development, this may be the book for you. It is easy to read and explains how to use everyday toys to create activities that develop and improve language skills. It has lots of photographs. Parents and those working with a young child with language difficulties may find this book useful.

S2: TEACHING READING TO CHILDREN WITH DOWN'S SYNDROME - A GUIDE FOR TEACHERS AND PARENTS

by Patricia Logan Oelwein. ISBN 0-933149-55-7

An excellent resource by a very experienced practitioner. It gives lots of examples, including pages to photocopy of activities and emphasises the visual learning style that is most appropriate for children with Down syndrome. Teachers and Learning Support Assistants will find this useful as a reference book.

S3: CLASSROOM LANGUAGE SKILLS FOR CHILDREN WITH DOWN'S SYNDROME

Book by Libby Kumin. ISBN 1-890627-11-9

A large American reference book, similar to the one above. Libby, a leading expert on individuals with Down syndrome and their communication development, shares her expertise in this guide for parents, teachers and speech language therapists. The book explores the best strategies for adapting school-work, the curriculum, spoken instructions and classroom routines to meet the needs of pupils with Down syndrome. Samples of worksheets, checklists, visual prompts and an IEP are included.

S4: SPEECH AND LANGUAGE DEVELOPMENT FOR INDIVIDUALS WITH DOWN SYNDROME - AN OVERVIEW

DSii booklet written by Sue Buckley.

An inspiring explanation of how children with Down syndrome learn to speak and the principles of effective intervention based on the fact that speech and language are central to the development of mental abilities such as thinking, reasoning and remembering, as well as to social inclusion. Definitely worth a read.

S5: SPEECH AND LANGUAGE DEVELOPMENT FOR CHILDREN WITH DOWN SYNDROME (0-5 YEARS)

DSii booklet by Sue Buckley and Gillian Bird.
and

S6: SPEECH AND LANGUAGE DEVELOPMENT FOR CHILDREN WITH DOWN SYNDROME (5-11) YEARS

DSii booklet by Sue Buckley and Gillian Bird

S7: SPEECH AND LANGUAGE DEVELOPMENT FOR TEENAGERS WITH DOWN SYNDROME

DSii booklet by Sue Buckley and Gillian Bird.

These three booklets provide guidelines in the development of vocabulary, grammar, speech, sound production and interactive communication skills and activities to progress children's skills across all of these areas. We have sets of the checklists referred to in these booklets for you to use. Please note that these tick lists are for you to use with your child and do not need returning to the library.

S8: THE SOCIALLY SPEAKING GAME

The game teaches and reinforces important social skills through the fun of a board game.

S10: MEMORY DEVELOPMENT FOR INDIVIDUALS WITH DOWN SYNDROME

DSii booklet by Sue Buckley and Gillian Bird.

This booklet helps you to understand visual memory and auditory memory and the phonological loop. There is evidence that there is a basic impairment in the functioning of this loop in children with Down syndrome. It discusses memory training, which will improve speech sound and word discrimination and improve spoken language abilities and working memory.

S11: DOWNSED LANGUAGE CARDS

Resource from Downsed.

54 colour photographs to illustrate a selected set of first words. The words have been especially selected from lists provided by research studies of children's early language development. The vocabulary chosen can be used in a variety of ways to encourage language comprehension and production. The words include 35 nouns, 11 verbs and 8 words important for early one, two and three word communication. Words of one, two and three syllables are included to encourage speech and development at the same time. An instruction booklet provides ideas for a variety of activities and games to make learning fun for both teacher and child.

S12: DOWNSED CONSONANT SOUND CARDS

Resource from Downsed.

The ability to hear speech sounds and to imitate them is essential for the development of clear speech. This pack includes 20 colour cards with picture prompts for 20 English consonant sounds to encourage children to listen and to imitate the sounds. A hand sign to be used as a prompt for each sound is illustrated on the reverse of each card. An instruction leaflet explains how to use the cards. This pack can be used from 10 months of age.

S13: DOWNSED PICTURE LOTTO

Resource from Downsed.

A set of 18 cards illustrating first words with full colour photographs and 5 lotto base boards. The boards vary in size, providing the opportunity to start with two picture matching and then to progress to four and six. These materials can be used to play matching, selecting and naming games. Ideas for use are included.

S14: DOWNSED PICTURE DOMINOES

Resource from Downsed.

Picture dominoes for picture matching and teaching vocabulary, made with 24 full colour photograph illustrations for first words. The dominoes come with instructions for playing 2 games and can also be used for matching and teaching vocabulary. The dominoes and lotto pictures are different picture examples of vocabulary used in the language cards to encourage children to generalise their understanding of early vocabulary. This pack can be used from 18 months of age.

S15: READING AND LANGUAGE DVD 1980s

DVD. Contains two films originally published in the 1980s featuring children aged 6 months to 8 years working with Sue Buckley at DownsEd.

- Reading skills in pre school children with Down syndrome (1983)
- The Development of language and reading skills in children with Down syndrome (1986)

S16: UNDERSTANDING DOWN SYNDROME DVD 1990s

DVD produced by DownsEd. Contains two films published in the 1990s

- LEARNING TO TALK. Sue Buckley discusses how children with Down syndrome learn to talk.
- LEARNING TO READ. Sue Buckley explains the research on reading development in children with Down syndrome.

S17: SOUNDS FUN! A SOUND MATCHING GAME BY LDA

Resource by LDA.

A game with 6 lotto cards of real life photos and a CD of sounds. Listen for the sound of drinking and place a marker on the picture of a man drinking etc.

S18: CAN DO, ORAL MOTOR FUN & GAMES-RESOURCES

Resource pack.

Photo-copiable activities plus CD aimed at developing oral motor skills. Activities cover tongue and lip stimulation, strengthening and movement eg clucking and licking activities.

S19: SPEECH AND LANGUAGE DIFFICULTIES IN EDUCATION

Book by P Fleming, C Miller, J Wright. ISBN 0-86388-375-3

A short book looking at how all the different professionals (Speech and Language Therapists, Learning Support Assistants and Teachers) can work together to improve effectiveness.

S20: IT TAKES TWO TO TALK

Book by Ayale Manolson. ISBN 0-921145-02-0

Lots of ideas on how to encourage your child's curiosity, creativity and self expression within the conversations of play and daily routine.

S21: REACHING OUR CHILDREN THROUGH SONG

Booklet. Songs and how to use them researched by the Nottingham Paediatric Cochlear Implant Programme.

S22: BERCOW REPORT- REVIEW OF SERVICES FOR CHILDREN AND YOUNG PEOPLE (0-19)

WITH SPEECH, LANGUAGE AND COMMUNIACTION NEEDS

Government Report from 2008. This is an in depth review of the provision of speech & language therapy by John Bercow MP, and a suggested way forward.

S23: MAKING MUSIC WITH THE YOUNG CHILD WITH SPECIAL NEEDS

Book by Elaine Streeter. ISBN 1-85302-960-2

This book shows how music can be used to encourage a child's development and also gives practical help and guidance for all levels from beginners onwards.

S25: HOW MUCH IS ENOUGH? SPEECH AND LANGUAGE THERAPY PROVISION FOR SCHOOL AGED CHILDREN WHO HAVE DOWN SYNDROME

Booklet by Leela Baksi. Published by the Down Syndrome Association November 2006.

This booklet provides information for parents, schools, service planners and speech and language therapists about appropriate speech and language therapy for pupils with Down Syndrome.

S27: TEACH ME HOW TO SAY IT RIGHT - HELPING YOUR CHILD WITH ARTICULATION PROBLEMS

Book by Dorothy P. Dougherty. ISBN 1572244038

This is a good book for parents. Highly readable chapters cover communication, speech sounds, articulation, understanding and using words, literacy and phonological awareness with many clearly explained activities to put into practise with your child. It is not specifically written for children with Down syndrome but is very relevant since it explains how speech develops and what can go wrong and research shows that most children with Down syndrome go through the same stages of speech development as typically developing children - just at a slower rate.

S28: DISCOVERY - PATHWAYS TO BETTER SPEECH FOR CHILDREN WITH DOWN SYNDROME.

DVD by Will Schermerhorn . ISBN 0974807141

Will is the father of Mason, born in the year 2000 with Down syndrome. His first film was, "Down syndrome: The First 18 Months". This film features Prof. Sue Buckley and Libby Kummin discussing many issues around speech, communication, hearing, sign, vocabulary, reading. It also features many children with Down syndrome and I found it inspiring, reassuring and truly wonderful to watch.

S29: DVD - DEVELOPMENT IN PRACTICE - SPEECH AND LANGUAGE ACTIVITIES FOR PRESCHOOL CHILDREN WITH DOWN SYNDROME DVD.

A Downsed production which demonstrates activities for promoting communication, speech and language for preschool children with Down syndrome from 18 months to 4 years. Features the early intervention groups that run at DownsEd.

S30: IMPROVING THE COMMUNICATION OF PEOPLE WITH DOWN SYNDROME

Book by Jon F Miller. ISBN: 1557663505

This book provides a framework for assessing and treating speech, language and communication prob-

lems in children and adults with Down syndrome. An excellent resource for families of people with Down syndrome.

S31: COMMUNICATION SKILLS IN CHILDREN WITH DOWN SYNDROME - A GUIDE FOR PARENTS

Book by Libby Kumin. ISBN: 0933149530

This book provides parents with a wealth of information about speech and language development in children with Down syndrome. Parents learn what to expect as communication skills progress from infancy through to early adolescence, how Down syndrome can affect those skills and what they can do to help maximize their child's potential in this crucial area of development.

S33: DVD "WHAT DID YOU SAY?" A GUIDE TO SPEECH

INTELLIGIBILITY IN PEOPLE WITH DOWN SYNDROME

This DVD is written and produced by Libby Kumin, a renowned expert on speech and language skills in people with Down syndrome. She founded the Down Syndrome Centre for Excellence in Maryland, USA where she works extensively with families and professionals through presentations and workshops. She is active in research issues for infants, toddlers, children, adolescents, and adults with Down syndrome. This DVD features Libby explaining the most common difficulties underlying speech intelligibility problems in Down syndrome: structure of mouth, oral motor skills, articulation, sequencing and combining sounds into words, dysfluencies, rate and volume of speaking, turn taking, start/end conversations, eye contact, gestures, the list goes on! The DVD does not tell you how to treat these problems but helps you to understand what they are and that they can be treated. The last 20 minutes of the DVD discusses what needs to be on a child's IEP (individual education plan) to address speech intelligibility. Highly recommended viewing for parents, teaching staff and speech therapists working with children who have Down syndrome. We also have several books in the library by Libby Kumin - S3, S31 & S37.

S34: LET'S SIGN DICTIONARY AND SIGNS

Book (spiral bound) by Cath Smith ISBN: 0954238435

A collection of line drawings of signs with additional material developed with British sign language tutors.

S36: CD - LISTEN, SING, SNAP, CLAP

A music CD created to facilitate phonic awareness.

Catchy tunes paired with well known rhymes are used to encourage listening for special sounds and rhymes and to encourage singing using your best singing voice! For example London Bridge is Falling Down works on the letter sound "L".

S37: EARLY COMMUNICATION SKILLS FOR CHILDREN WITH DOWN SYNDROME

Book by Libby Kumin. ISBN 978-1890627270

Libby, who has worked with hundreds of children with Down syndrome over the last 23 years explains articulation, phonology, speech intelligibility, speech assessments and treatments using language that is easy to read and understand. This book offers guidance and checklists on evaluating and treating speech problems and lots of home based activities to help speech sounds develop.

S38: A SCALLY ACTIVITY & RESOURCE PACK - SCALLY'S WORLD OF VERBS

Resource.

By Cheryl Dobbs & Pat Minton for Topologika software.

This spiral book of resources and CD contains 14 language games and 12 language activity sheets covering rhyme, sound recognition, reading and writing skills. It can be used independently of the Software (Scally's World of Verbs) or linked to Clicker 5 to make your own talking books.

S39: Wise Words DVD

Dvds to help children with special needs to learn to talk and read.

S41: ASK AND ANSWER "WHO?"

Resource.

A deck of cards containing 56 colourful, fun filled cards that will motivate children to develop their question-asking and answering skills. Instructions are included for card based games that can involve all the family.

S42: ASK AND ANSWER "WHERE?"

Resource.

A deck of cards as described in S41, asking "where?" rather than "who?".

S43: ASK AND ANSWER "WHY?"

Resource.

A deck of cards as described in S41, asking "why?" rather than "who?".

S44: ASK AND ANSWER "WHEN?"

Resource.

A deck of cards as described in S41, asking "when?" rather than "who?".

S45: ASK AND ANSWER "WHAT?"

Resource.

A deck of cards as described in S41, asking "what?" rather than "who?".

S46: COMMUNICATION LINKS - A DICTIONARY OF SIGNS

Book (spiral bound).

The Communication Link Project was initially based at Beverley School for the deaf in Middlesbrough. They produced this in depth Dictionary of line drawings of Signs which can be used by anyone interested in learning sign language.

S47: Q & A CARDS - MINI MYSTERIES FUN DECK

Resource produced by Super Duper publications.

A great activity for practicing conversation. The Mini -Mysteries Fun Deck has 56 illustrated cards. One side shows a picture and question eg 'What is Marla painting?'. The reverse has clues to give to the child to help answer the question.

S48: LDA Language Cards - Why? Because

Resource by LDA. Children will enjoy working with the 20 pairs of cards illustrating cause and effect, e.g. card 1A shows an ambulance whizzing down the street, and card 1B shows a lady injured from falling off her bike. The cards are designed to improve listening and critical thinking skills, and to develop spoken language.

S49 DEVELOPING ORAL-MOTOR & FEEDING SKILLS IN THE DOWN SYNDROME POPULATION.

These 6 DVDs focus on the development of oral motor & feeding skills in the Down syndrome population from birth to adulthood. An overview of therapeutic intervention strategies to prevent long term feeding problems is also included.

S51 AS A PARENT WHAT CAN I DO TO IMPROVE MY CHILD'S FEEDING & SPEECH?

2 dvds specifically for parents with questions about feeding & speech clarity. They provide parents with a better understanding of the skills & techniques to help their child succeed.

S50 ORAL PLACEMENT THERAPY

A guide for both therapists and parents/care givers. The exercises are organised in a comprehensive, step by step approach, developed to be fun for children while logical and reasonable for adults.

S54 & S55: FOOTBALL PHONICS 1 & 2

Resource.

Two tins of circular shaped cards with a football theme. The first pack contains cards on

initial letter sounds and CVC sounds. Six games that are fun and quick to play. The second tin is similar to the first but works on initial and final consonant clusters sl, tr, gl, ng, nt.

S57: CONVERSTATION - BOARD GAME

Resource.

A multiuse game for adults and children to improve functional and social communication. This is basically a board game with cards to turn over. The cards cover who, what, where, when, how do you....,If..., I could..., The board can easily be used for other speech and language word card games.

S58: SOCIAL DEVELOPMENT FOR INDIVIDUALS WITH DOWN SYNDROME -AN OVERVIEW

DSii booklet by Sue Buckley, Gillian Bird and Ben Sacks.

Social development includes social interactive skills with both children and adults, social understanding and empathy, friendships, play and leisure skills, personal and social independence and socially appropriate behaviour. Each of these areas of development are discussed, drawing on the available research literature.

S60: READING AND WRITING FOR INDIVIDUALS WITH DOWN SYNDROME - AN OVERVIEW

DSii booklet by Sue Buckley.

Reading ability is a strength for children with Down syndrome due to their good visual memory skills. Reading and being involved in supported reading and writing influences speech, language and memory skills. This booklet reports recent research and it's implications for teaching strategies.

S61: READING AND WRITING DEVELOPMENT FOR CHILDREN WITH DOWN SYNDROME (0 - 5) YEARS

DSii booklet by Sue Buckley.

and

S62: READING AND WRITING DEVELOPMENT FOR CHILDREN WITH DOWN SYNDROME (5 - 11) YEARS

S63: READING AND WRITING DEVELOPMENT FOR TEENAGERS WITH DOWN SYNDROME (11-16) YEARS

These three booklets explain how language and literacy teaching can work together to promote the development of children with Down syndrome. Guidance on teaching methods, expectations and examples of children's work combine to show teachers and parents how to include children in literacy learning programmes.

S64 SEE AND LEARN SPEECH PROGRAMME

The first two steps in the *See and Learn Speech Program*: Playing with Sounds and Putting Sounds Together is now available to loan from our library.

Playing with sounds includes 41 sound cards, (23 consonants & 18 vowels) and a detailed guide on how to deliver the activities. The sound cards are all pictures of objects which begin with the chosen letter sound, d for drum, m for mouse. The first activity is a listening activity - children listen to the sounds as you hold up the card, the next focuses on hearing - the child has to hear the difference between two different sounds as you hold up two cards and say one of the sounds. The third activity is a speech production activity. You hold up the card and say the sound and encourage the child to have a go at verbalising it. The resource can be used from 6 months upwards.

To find out more click http://www.dseinternational.org/en/gb/news/2011/03/see-and-learn-speech.aspx?dm_i=9MS,EGM3,1OZJVL,15MCE,1

S65 PUTTING SOUNDS TOGETHER

See and Learn Speech steps is also available to download free from the Downsed website.

This follows on from playing with sounds. It uses individual sound cards and "combination" cards to encourage the child to blend sounds, eg "it", "oo", "too". The first activity involves practising sounds in

isolation and then blending them using the combination cards. The second activity practices symbolic sound, eg moo for cow, baa for sheep, wee for here we go down the slide.

S66 OTHER WAYS OF SPEAKING

A booklet providing information on how to support children and young people who have no speech or whose speech is difficult to understand.

MAKATON & SIGNING

SG1: LETS SIGN & DOWN SYNDROME

Book by Cath Smith and Dr Wendy Uttley ISBN 1-905913-02-8.

This publication covers why we use signing with children with Down Syndrome, how to put it into practice, and the benefits it brings to all involved. Over 200 signs are line drawn and categorised under the following headings: manners, family/ people, animals, vehicles, food, home, feelings, school/ instructions, colours/descriptions, weather/outside, time, questions and link words to help with the introduction of grammar and more complete sentences. CAN BE PURCHASED DIRECT FROM THE OFFICE AT A COST OF £7.00.

SG3: THE LORD'S PRAYER

Booklet.

Includes 3 versions of the Lord's Prayer with Makaton line drawings - including words, signs and music.

SG5: LET'S SIGN BSL FLASH CARDS

ISBN 0-9542384-5-1

Resource.

Set of flash cards for common early years and baby signs.

SG6: MAKATON SIGNED SONGS

Booklet.

A collection of popular nursery rhymes and songs including signs, words and music to be enjoyed by all ages. (Can be used with SG9—Makaton nursery rhymes DVD)

SG7: MAKATON NURSERY RHYMES DVD

DVD. Presented by Dave Benson Phillips.

Young children will love this DVD. A fantastic way to learn Makaton.

SG8: SIGN A SONG DVD

DVD.

A fun packed way to learn how to sign using Signalong. Children will enjoy signing along to nursery rhymes.

SG9: MAKATON NURSERY RHYMES DVD

DVD. Dave Benson Phillips sings and signs 19 traditional songs and rhymes. Ever popular with the kids - a great watch.

SG11: BBC SOMETHING SPECIAL- MY FAVOURITE THINGS

DVD. Join Justin, Mr Tumble and their friends in these 5 programmes as they find out about toys, music, colours, food and What I Like.

SG12: BBC SOMETHING SPECIAL- PETS AND OTHER ANIMALS DVD

DVD. Join Justin (CBeebies), Mr Tumble and their friends in these five Something Special programmes as they find out about: pets, a farm, gardens, under the sea and jungle animals. Presented in a fun way using Makaton throughout.

SG13: THE HAIL MARY,

Book. The Makaton book of line drawings of signs for this prayer.

SG15: SING AND SIGN DVD

A baby signing programme developed with the help of Speech and Language professionals. This fun DVD features twenty five Sing and Sign babies filmed at the park, on a farm and in a class setting demonstrating eighty plus signs for you and your baby to use.

See the website for more information www.singandsign.co.uk

SG16: MAKATON CHRISTMAS CAROLS - BOOK 1

Book (spiral bound).

Christmas carols translated into signs and published by the Makaton Vocabulary Development Project. The words of Christmas carols are accompanied by the Makaton line drawings of signs.

SG17: MAKATON CHRISTMAS CAROLS - BOOK 2

Book (spiral bound). More Christmas carols as above.

SG20: MY FIRST MAKATON SYMBOLS AND SIGNS - BOOK1

ISBN 978-1-907864-01-8.

SG21: MY FIRST MAKATON SYMBOLS AND SIGNS - BOOK2

ISBN 978-1-907864-02-5.

SG22: MY FIRST MAKATON SYMBOLS AND SIGNS—BOOK3

ISBN 978-1-907864-03-5

These 3 books (by Tom Pollard, illustrated by Andrew Hancock) form series of picture books to enjoy reading with your child. The illustrations and text are accompanied by Makaton Symbols and Signs to help encourage the development of essential communication and literacy skills.

SG23: MY MAKATON BOOK OF COLOURS

This children's book includes loveable and humorous illustrations of colourful animals. The pictures and text are accompanied by Makaton symbols and signs which encourage the development of essential communication and literacy skills.

SG24: MY MAKATON BOOK OF NUMBERS

This children's book uses loveable and humorous illustrations of colourful sea animals to introduce early maths concepts. The pictures and text are accompanied by Makaton symbols and signs which encourage the development of essential communication skills.

SG25: MY MAKATON PUZZLE COLOURS&ANIMALS

Set of 5 four piece puzzles to encourage the development of communication and early literacy skills.

SG26: SOMETHING SPECIAL—OUT & ABOUT DVD

SG27: SOMETHING SPECIAL—BIG PEOPLE, LITTLE PEOPLE DVD

SG28: SOMETHING SPECIAL—WHERE I LIVE DVD

SG29: SOMETHING SPECIAL—NURSERY RHYMES DVD

SG30: SOMETHING SPECIAL—6 DVD COLLECTION

DVDs of the popular CBeebies show featuring Makaton signing & everyone's favourite Mr Tumble.

SG31: BSL XMAS SIGNS

A collection of flash cards showing the signs for all things connected with Christmas.

SG32: MY MAKATON BOOK OF NURSERY RHYMES.

A beautifully illustrated Makaton book of popular nursery rhymes that you can enjoy sharing & retelling.

SG33: SIGNS OF HEALTH.

A booklet showing the signs for various illnesses, ailments, and medical terms.

SG34: LET'S SIGN SONGS FOR CHILDREN DVD.

A DVD of popular songs including top tips and a sign class.

SG35: LET'S SIGN BSL FEELING & EMOTIONS

Flashcards to help explore & discuss feelings and emotions for people with additional needs.

SG36: BSL FOOTBALL SIGNS:

A collection of 48 flashcards to support people playing football, including 4-4-2 formation, advantage, captain & many more.

SG37: LET SIGN FOR WORK

This book contains a selection of everyday signs useful in the workplace .

SG38: A CHILD'S BOOK OF SIGNED PRAYERS

Contains colourful BSL illustrations and words for 6 prayers.

CHILDREN'S BOOKS FEATURING CHILDREN WITH DOWN SYNDROME

C1: VERONICA'S FIRST YEAR

Book by Jean Sasso Rheingrover. ISBN 0-8075-8474-6

The story of how a 9 year old boy welcomes his new baby sister who has Down syndrome into the family.

C2: OUR BROTHER HAS DOWN SYNDROME

Book by Shelly Cairo. ISBN 0920303-31-5

An excellent book written through the eyes of two sisters describing how they see their little brother who has Down syndrome. A useful starting point for schools and nurseries wanting to introduce the subject.

C3: MY FRIEND HAS DOWN SYNDROME

Book by Jennifer Moore-Mallions. ISBN-10: 0-7641-4076-0

A children's book about summer camp and the friendship between some young girls, one of whom has Down syndrome. The book addresses some of the awkward questions that can be raised by children, eg can I catch it?

C4: THUMBS UP FOR RICO

Book by Maria Testa. ISBN 0-8075-7906-8

An American book that tells a number of stories about Rico, a boy with Down syndrome. This is a book with a positive message showing Rico coping in everyday situations.

C5: WHERE'S CHIMPY

Book by Bernice Rabe. ISBN 0-8075-8927-6

This book follows Misty's attempts to remember where she left her favourite toy. The story is illustrated using photographs and follows Misty's busy day. A lovely story to share at bedtime.

C6: A BOY AND A BEAR

Book by Lori Lite. ISBN 1-886941-07-6

A gentle story about a boy who meets a polar bear explaining how they learn to relax and go to sleep. A book to teach simple breathing techniques to help children relax at the end of the day.

C7: ROLLING ALONG WITH GOLDILOCKS AND THE 3 BEARS

Book by Cindy Meyers. ISBN 1-890627-12-7

A book written by a physiotherapist to try and explain to young children what it is like to have a disability. Although it focuses on physical disability, it also shows that children can be friends whatever their differences.

C8: RUSS AND THE APPLE TREE SURPRISE

Book by Janet Rickett. ISBN 1-890627-16

A story about Russ. This time he is making an apple pie with his Grandma, but he gets a nice surprise at the end of the day. A nice story to share.

C9: RUSS AND THE FIRE HOUSE

Book by Janet Rickett. ISBN 1-890627-17-8

Last in the series about Russ. In this story he has a good time helping his uncle at the fire station.

C10: LIVING WITH DOWN SYNDROME

Book by Jenny Bryan. ISBN 0-7502-2248-4

An information book that looks at people with Down syndrome from birth through to adulthood. It covers many issues in a basic way including bullying, working, learning etc and could be useful as an information book as children go into school.

C11: MY BROTHER MATTHEW

Book by Mary Thompson. ISBN 0-933149-47-6

A story about what it is like to be the older brother of Matthew who has Down syndrome.

C12: WE'LL PAINT THE OCTOPUS RED

Book by Stephanie Stuve-Bodeen. ISBN 1-890627-06-02

A touching story about a big sister who is told her baby brother has Down syndrome.

C13: MY SISTER ANNIE

Book by Bill Dodds. ISBN 0-613-02698-5

The story of a younger brother learning to accept his older sister who happens to have Down syndrome.

C14: BEST, WORST BROTHER

Book by Stephanie Stuve-Boden. ISBN 1890627682

In this children's book Emma is frustrated with her young brother Isaac, who has Down Syndrome; when will he ever learn to talk? The family use signing and Emma is overjoyed when Isaac uses his first sign "thank you".

C15: WHAT'S IT LIKE? DOWN SYNDROME

Book by Angela Royston. ISBN 0-431-11226-6

A lovely book aimed at 5-7 year olds to read and find out what it is like to have Down syndrome. Very clear with lots of photographs to accompany the narrative.

C17: LUKE HAS DOWN SYNDROME

Book by Jillian Powell. ISBN 0-23752-671-9

A book aimed at school children following the day to day life of Luke - who is learning to read and goes to cub scouts.

C18: RUSS AND THE ALMOST PERFECT DAY

Another story about Russ who is having an excellent day, but has to make a difficult decision to help out someone else.

C19: BIG BROTHER DUSTIN

A story about Dustin, a young boy with Down syndrome whose Mum is expecting another baby.

C20 - KIDS LIKE ME LEARN COLOURS

Suitable for children from birth to 6 years, this title introduces colours and features photographs of

children with Down syndrome and siblings too .

C21- KIDS LIKE ME LERAN ABCs

Suitable for children from birth to 6 years this title introduces letters, and signs and features photographs of children with Down syndrome.

C22- I LIKE BERRIES DO YOU/

A delightful board book exploring the world of healthy food. Suitable for ages 0-6 years and featuring photographs of children with Down syndrome.

C23 - MY UP AND DOWN AND ALL AROUND BOOK.

This title is for ages birth to 6 years. Playful, colour photos introduce young children to many of the most frequent prepositions eg Over and Under, Up and Down etc. Photographs of children with Down syndrome illustrate the concepts behind the words. At the end of the book there is a section written by a speech therapist giving ideas on how to expand children's language skills and use the book to suit your child's needs.

C24- VICTORIA'S DAY

The book clearly makes the point that children with Down syndrome enjoy the same activities and family life as all other children. It is an excellent book for raising awareness at home, at nursery or in the classroom. A lovely book to recommend to children with Down syndrome, their siblings, friends or class mates.

C25 - I CAN CAN YOU?

A delightful board book featuring babies and toddlers with Down syndrome as they discover their world. They say "I can swim, I can draw, I can play ball" and more - can you too?

C26 - I LOVE YOU NATTY

A sibling's uplifting introduction to Down syndrome written by big sister Mia, aged 9 with help from her Mum Hayley.

READING SCHEMES: BOOKS FOR CHILDREN TO READ

R1: POPS (Plenty Of Potential) RED ELEPHANT SERIES PACK 1.

Set of books written by Marie Dunleavy a mother of a child who has Down syndrome.

This reading scheme features a family whose youngest member Kal, has Down syndrome. The scheme promotes language development alongside reading and phonics.

Pack 1 contains 5 reading books and instructions:

The Pops Family

Belly Button Painting

Helping Dad

Kal's Birthday

Dad's Birthday.

R2: POPS (Plenty Of Potential) RED ELEPHANT SERIES PACK 2.

There are 4 books (and instructions) in this pack:

The Dressing Up Game.

The Jumping Game.

The Lost Keys.

Granny's Sweet Box.

R3: POPS (Plenty Of Potential) RED ELEPHANT SERIES PACK 3.

There are 4 books (and instructions) in this pack:

Milly's Doll's House.

Bruno.

The Magic Word.

The Jungle Game.

R4: POPS (Plenty Of Potential) RED ELEPHANT SERIES PACK 4.

There are 4 books (and instructions) in this pack:

Helping Grandad.

Lunch at Cool Ketchup.

Going on a Picnic.

Sam on the Tractor

R5: POPS (Plenty Of Potential) BLUE ELEPHANT SERIES PACK 1.

The Blue series follows on from the Red series.

There are 4 books (and instructions) in this pack:

Kal has a friend to play.

Bella has a sore tooth.

The peg monster.

Making a den.

R6: POPS (Plenty Of Potential) BLUE ELEPHANT SERIES PACK 2

There are 4 books (and instructions) in this pack:

Making animal cakes.

A big mess.

Dad makes lunch.

A new bed.

R7: POPS (Plenty Of Potential) BLUE ELEPHANT SERIES PACK 3

There are 4 books (and instructions) in this pack:

Uncle Aidan comes to visit.

Uncle Aidan visits a friend.

Kal 's new shoes.

Uncle Aidan goes home.

R8: POPS (Plenty Of Potential) BLUE ELEPHANT SERIES PACK 4

There are 4 books (and instructions) in this pack:

Lots and lots of spots.

Dad's long list.

My turn to talk.

Mrs Pearce 's Birthday.

R9: POPS PHONIC FAMILIES - STAGE 1 ON CD ROM

CD Rom.

POPS phonic families are designed to help your child acquire decoding skills by breaking the concept of blending sounds into small easy steps. Stage 1 covers the 'en', 'at', 'an', and 'ig' word families.

R10: POPS (Plenty of potential) PHONICS FAMILIES

Game containing 32 single word cards and sentences to work on phonics:

-at, -en, -an, -ig words, eg cat, bat, sat, hat, fat...Can be used in conjunction with R9.

R12: POPS (Plenty of potential) WORD CARDS FOR THE RED ELEPHANT SERIES.

A box of word cards containing a complete set for every book in the Red Elephant Series. Cards can be used alongside the books to match to the words in the books and to play a lotto game. Also available on CD Rom (item R13).

R13: POPS RED ELEPHANT SERIES - WORD CARDS ON CD ROM

This CD Rom contains:

Word cards for all 16 books in the red elephant series. The POPS family introduction book, worksheets and games, teacher and parent manual, POPS characters for use with the clicker 5 software package.

R14: POPS FAMILY - SLIDER GAME

This phonics game covers the first 16 word families:

'an', 'at', 'en', 'ig', 'ug', 'og', 'et', 'oy', 'ed', 'ap', 'ag', 'ob', 'un', 'ot', 'it', 'in'. The 'magic' red elephant slider is used to change the initial letter sound eg. bat to cat to mat to sat.

R15: MY FOOD: A FIRST WORD AND PICTURE BOOK

A Campbell big board book. ISBN 0 333 68720 5.

Food is one of the first things children talk about. This book contains 20 colourful photographs with words of food found in the home.

R16: WHAT'S THAT? A FIRST WORD AND PICTURE BOOK

A Campbell big board book. ISBN 1-85292-001-7.

Enjoy pointing out and naming familiar objects with your child. This board book contains 40 photographs and words.

R17: BIG AND STRONG: A FIRST WORD AND PICTURE BOOK

A Campbell big board book. ISBN 1-85292-067-X.

Enjoy pointing out familiar big and strong vehicles with your child.

R18: MY HOME: A FIRST WORD AND PICTURE BOOK

A Campbell big board book. ISBN 1-85292-212-5.

Enjoy pointing out and naming everyday objects seen around the home.

R19: ON THE FARM: A FIRST WORD AND PICTURE BOOK

A Campbell big board book. ISBN 1-85292-160-9.

This board book contains 40 photographs of animals and things that can be seen on a farm. Talk about each picture with your child to help stimulate the development of language skills.

R21: OXFORD READING TREE STAGE 4

Six books plus teaching notes:

Wet paint.

Swap!

Flying elephant.

The scarf.

The dragon dance.

Everyone got wet.

R23: TOUCH AND FEEL BOX SET

Box of 4 Touch and Feel books by Hinkler books. ISBN 186515256-0.

A set of four board books with pictures, words and touchy feely areas, eg stroke the fur on the kittens tummy. Includes 'Cats and Kittens', 'Wild Animals', 'Dogs and Puppies' and 'At the Farm'.

R24: PUDDLE LANE BOOKS

A set of Stage 1 Puddle Lane books. Eleven in total. Published by Ladybird.

Text for you to read and text for your child to read, enabling a story of greater depth.

THE SEE AND LEARN LANGUAGE AND READING PROGRAMME

Developed and produced by Down Syndrome Education International.

The *See and Learn Language and Reading* programme is a series of activities specially developed to help children who have Down syndrome learn to talk and to read. The programme provides instructions, material and language development. There are four steps in the programme teaching early vocabulary

using carefully structured activities. Guides, materials and activity sheets are FREE to download by visiting:
www.see-and-learn.org or ready to use kits can be purchased.

R25: SEE AND LEARN - FIRST WORD PICTURES

The first step in the *See and Learn Language and Reading* programme. First Word Pictures is designed for children who are at the first stage of learning language. It contains activities and resources to help children learn 60 common first words using pictures. This step also prepares children for learning to read by helping them develop their visual skills through matching and selecting activities.

R26: SEE AND LEARN - FIRST WRITTEN WORDS

The second step in the *See and Learn Language and Reading* programme uses reading as a support to language development introducing 16 written words and 34 two key word phrases.

R27: SEE AND LEARN - MORE WORD PICTURES

The third step in the *See and Learn Language and Reading* programme teaches a further 55 words using pictures with matching and selecting activities.

R28: SEE AND LEARN - FIRST SENTENCES

The fourth step in the *See and Learn Language and Reading* programme uses reading as a support to language development. Specially developed reading activities use written word cards and picture cards to encourage your child to develop 'sight' reading of 16 new written words. These written words are then used in four books illustrating a variety of sentences with three 'key' content words. Sentence cards and matching photos will help your child get extra practice reading, understanding, and producing sentences with three 'key' content words.

R29: JOLLY PHONICS

DVD

Enter the enchanting world of Inky Mouse as she shows her friends Snake and Bee how to read and write with the help of Phonic, an old computer.

R30: OXFORD READING TREE STAGE 2

4 books from the popular reading scheme:

Monkey tricks

Creepy—Crawly

A sinking feeling

Hey presto

R31 WORD CARDS FOR THE BLUE ELEPHANT SERIES CD ROM

A CD ROM to support the POPS reading scheme. Contains a complete set of word cards for the 16 books, writing and phonic worksheets, maze and snap games, sentence building kit, family and friend characters for use in the clicker software package and a teacher/parent manual.

R33 ALLAH

A photocopiable resource to share with your child.

R34: A READING AND LANGUAGE INTERVENTION FOR CHILDREN WITH DOWN SYNDROME

A teachers handbook, DVDs and CD Rom describing an intensive intervention programme designed for children with Down Syndrome.

DEVELOPMENT: INCLUDING GAMES AND ACTIVITIES TO PROMOTE DEVELOPMENT

D1: DOWN SYNDROME - THE FACTS

Book by Mark Selikowitz. ISBN 0-19-262662-0

A useful broad reference book particularly for new families. It includes information on education, employment and community attitudes.

D2: BABIES WITH DOWNS SYNDROME

Book by Karen Strug-Gundersen. ISBN 0-933149-64-6

This is a well written new parent's guide which also includes information on pre-natal testing.

D3: TAKING CARE

Book by Alison Cowen ISBN 0-9536078-0-2

Published by The Family Fund Trust. www.familyfundtrust.org.uk.

This book pulls together many examples of how families cope with caring for a child with a disability. There is also information on a whole range of topics from inclusion to housing and a resource directory of services.

D4: GROSS MOTOR SKILLS IN CHILDREN WITH DOWN SYNDROME

Book by Patricia Winders. ISBN 0-933149-81-6

A large reference book full of photographs and examples of activities to do with your child to encourage gross motor development. A very useful book that may be of particular interest to early years professionals.

D5: FINE MOTOR SKILLS IN CHILDREN WITH DOWN SYNDROME

Book by Marianne Bruni. ISBN 1-890627-03-8

Another large reference book which is especially useful to parents/support assistants who are looking for ideas on how to help children whose fine motor development is delayed. A useful resource with lots of good ideas.

D6: SMALL STEPS FORWARD

Book by Sarah Newman. ISBN 1-85302-643-3

This is a very good book which gives ideas of activities and games with very practical advice to help your pre-school child. The book covers cognitive, linguistic, social and emotional behaviour, sleep and toileting.

D7: 300 THREE MINUTE GAMES

Book by Jackie Silberg. ISBN 978-0876591826

If you are short of time and in need of inspiration on activities to do with your child then this is the book for you!

D8: THE DOWN SYNDROME HANDBOOK - A PRACTICAL GUIDE FOR PARENTS AND CARERS

Book by Dr Richard Newton. ISBN 0-09-188430-6

Written in association with the DSA, this book goes beyond the average introduction to Down syndrome and addresses the questions, practical and otherwise that parents will often find themselves asking. It offers information and advice on a wide variety of issues including - medical knowledge, special care of babies and young children, education and training, emotional and sexual development, integration with society.

D9: FINE MOTOR SKILLS

Book by Mark and Katy Hill (LDA). ISBN 978-1-85503-404-4

Photocopiable activities to improve motor control colouring, finger painting, overdrawing, following a track and dot to dots, resulting in creating a rewarding picture or finding treasure etc.

D10: GROSS MOTOR SKILLS ADVICE AND ACTIVITY SHEETS FOR CHILDREN WITH DOWN SYNDROME

Brochure produced by Community Children's Physiotherapy Dept, NHS Leeds, April 2009.

Gross motor skills describe the way your child moves around, eg by rolling, sitting, crawling, standing and walking, and their abilities within these positions. This pamphlet is divided into the sections above giving general information, ideas for activities and positions for play.

D11: MOTOR DEVELOPMENT FOR INFANTS WITH DOWN SYNDROME (0–5 YEARS)

A DSii booklet by Sue Buckley and Ben Sacks. ISBN 978-1-903806-18-0.

This book is part of a series, which together, cover important aspects of development and education for babies and children with Down syndrome. This booklet provides a guide to the development of motor skills in babies and preschool children with Down syndrome.

D12: SOCIAL DEVELOPMENT FOR INFANTS WITH DOWN SYNDROME (0–5 YEARS)

A DSii booklet by Sue Buckley and Gillian Bird. ISBN 978-1-903806-22-7.

This booklet focuses on social development including social-emotional development, relating to others, practical independence and behaviour.

D13: LISTENING LOTTO - FACES AND FEELINGS

Each player has a lotto card of eight pictures. Each picture is of a different child pulling a face to show an emotion. The emotions covered are - happy, angry, tired, disgusted, thinking, worried, bored, sad/hurt, pouting, scared, excited, in trouble, shocked and silly. Players listen to sentences on the CD. After listening to one sentence at a time, players look at their lotto cards to find the facial expression that best matches the content and emotion of the sentence they have just heard. They then cover the picture with a counter or a matching card. Winner is player who is the first to cover their lotto board.

D14: PARACHUTE GAMES

Book by Meynell Games. ISBN 1-898068-00-3

Over 60 games you can try out with the parachute.

D15: LIFE FOR ADULTS WITH DOWN SYNDROME - AN OVERVIEW

A DSii booklet by Roy Brown. ISBN 1-903806-61-5

This booklet is an introduction to the *DSii - Adult living* series and considers issues affecting people with Down syndrome, aged 17 and above, their families and communities.

D16: BABY MASSAGE

A Dorling Kindersley book explaining techniques and advantages of baby massage, by a child psychologist and health visitor who run successful sleep and crying clinics.

D17: MOTOR DEVELOPMENT FOR INDIVIDUALS WITH DOWN SYNDROME - AN OVERVIEW

A DSii booklet by Sue Buckley & Ben Sachs. ISBN 1-903806-17-8

This booklet covers both fine and gross motor development.

D18: WRITE FROM THE START - BOOK 1

THE TEODORESCU PERCEPTO-MOTOR PROGRAMME

Resource book by Ion Teodorescu and Lois M. Addy. ISBN 1-85503-245-7

This programme develops the fine motor and perceptual skills for effective handwriting. A useful and fun book with lots of worksheets to help develop fine motor skills and move children towards better handwriting.

D19: WRITE FROM THE START - BOOK 2 - THE TEODORESCU PERCEPTO-MOTOR PROGRAMME

Resource book by Ion Teodorescu and Lois M. Addy. ISBN 1-85503-245-7

Continuing the development of fine motor skills and handwriting.

D20: WRITE FROM THE START - TEACHERS BOOK

Resource book by Ion Teodorescu and Lois M. Addy. ISBN 978-1855032453

To accompany the previous 2 books to guide those delivering the programme.

D21: DVD, DOWN SYNDROME - THE FIRST 18 MONTHS

DVD by Will Schermerhorn. ISBN 0-9748071-3-3

An informative and uplifting DVD for prospective or new parents to view. Written, produced and directed by a father of a child with Down syndrome. It covers: what Down syndrome is, new babies and finding out, health care for newborns, breast feeding, heart conditions, professionals involved, ear nose and throat, nutrition and meal times, teething, therapies including speech and language, signing and expectations.

D22: CD, SING AND PLAY

CD by Julie Wylie.

Learning songs for early childhood. This CD incorporates songs about self, body awareness, nature and the environment, shapes, colours, numbers, the alphabet, and simple percussion instrument songs for young children to play along with.

D23: DOWN'S SYNDROME THE ESSENTIAL GUIDE

by Antonia Chitty & Victoria Dawson

This guide explains in straightforward language exactly what Down syndrome is and provides information on what support is available. An essential read whether you are a parent, carer or professional.

D24: CD, DO THE BEAN BAG BOP

CD by Julie Wylie.

An exciting music resource aimed at providing a range of musical experiences which challenge and inspire children to listen, move, sing and play.

D25: ADOLESCENTS WITH DOWN SYNDROME

This book takes an holistic approach to issues focusing on the person with Down Syndrome, considering areas such as biomedical, psychological, social, sexual, behavioural, educational, vocational, recreational and legal concerns. Useful for families and professionals.

D26: CHILDREN WITH SPECIAL NEEDS—A GUIDE FOR PARENTS AND CARERS

The author offers advice and information on coping with the initial diagnosis, brothers and sisters, self image, expectations and more. Written primarily for parents but also useful for professionals.

D27: DVD, DEVELOPMENT IN PRACTICE ACTIVITIES FOR BABIES WITH DOWN SYNDROME.

This DVD features Sue Buckley and Julie Hughes working with children and parents in the Early Development Groups at DownsEd in Portsmouth. It features many young children with Down syndrome learning through watching and play both in groups and one to one sessions. It suggests many ideas/games to encourage early communication; discussing positioning for play as well as encouraging play. The last section looks at preparing to talk, using signing alongside objects to introduce new vocabulary. The DVD is easy to watch and is not aimed at a specific age but rather early development. I would recommend it to all parents and professionals working with young children who have Down syndrome.

D28: PLAY HELPS

A creative book full of ideas for toys and games to hold the interest of the child with special needs and help them realise their full potential.

D29: V TECH V SMILE.

Resource by Vtech.

Basic educational video games for children aged 3 to 7 years. Plug the V Tech into your TV to play

games. Control is a joy stick plus 2 large buttons. Includes Spiderman and Winnie The Pooh games.

D30: Dsii An overview of the development of children with Down Syndrome (5-11 years).

A Dsii booklet by Sue Buckley and Ben Sacks giving an overview of development in all areas for this age range.

D31: MANAGING PROBLEM BEHAVIOURS.

A concise guide to help manage problem behaviours in caring for young children with special needs for both parents and professionals.

D32: LIFESKILLS A POSITIVE APPROACH.

Written by an OT this book provides practical, structured programmes to enable parents, teachers and carers to help individuals with special needs master small everyday skills they need to live more independently.

D33: PSYCHOBABBLE A PARENTS GUIDE TO PSYCHOLOGICAL REPORTS.

An A-Z of technical language used in reports to help parents understand reports.

D34 DOWN SYNDROME—MOVING THROUGH LIFE

This book considers the full life cycle of a person with Down Syndrome and outlines practices and activities that will foster constructive patterns of movement from infancy through childhood and adolescence to later adulthood.

D35 DOWN SYNDROME—INFORMATION FOR PARENTS

This publication provides information about Down Syndrome, explains what is known about how the syndrome affects progress in children, points to ways in which you can help your child, tells you about support and services that can help and identifies useful sources of information and advice.

D36 SUSAN'S GROWING UP

A pictorial story to help explain what can happen to a girl when she starts her periods. There is text at the back of the book to guide the parent/carer in explaining the story.

D37 THE BIG BOOK OF CHANGE

This is a book made up of creative work by young people who have experienced change first hand. It is to educate, inspire and inform young people who might be about to go through transition and let them know that they are not alone.

EXPERIENCES OF PEOPLE WITH DOWN SYNDROME AND THEIR FAMILIES

EX1: UNCOMMON FATHERS

Book by Donald J Meyer. ISBN 0-933149-68-9

This is a book written by fathers for fathers. Nineteen fathers tell of their experiences of having a child with special needs. The stories cover a range of disabilities including Down syndrome and represent a perspective which is seldom covered.

EX2: A MINOR ADJUSTMENT

Book by Andy Merriman. ISBN 0-330-36748-X

This book was written by a father about his experiences raising Sarah, a little girl with Down syndrome. This book was the basis of a Radio 4 series in which Sarah played a character based on herself. The book gives accounts from Sarah's mother, grandparents and auntie and offers a more down to earth account of raising a child with a disability.

EX3: DELICATE THREADS

Book by Debbie Staub. ISBN 0-933149-90-5

A book based on research about friendships between children with and without special needs. Thoughtful and sensitive.

EX4: I'M FINE, MARKS' STORY

Book by Les and Caroline Simpson. ISBN 978-0-9562965-0-4

Les and Carolina are the parents of Mark, born 1986, who has Down syndrome and Autism Spectrum Condition. The book follows the life of Mark from birth up to the present day; their struggles, fears, hopes and expectations. Readers may find some of the language unprofessional but otherwise a very moving account of life with Mark.

EX5: JUST KIDS

Book. A collection of photographs and written accounts of children with Down syndrome. A lovely introduction to Down syndrome for new parents.

EX6: DOWN SYNDROME - A PROMISING FUTURE, TOGETHER

Book - edited by Terry J Hassold, Ph.D. and David Patterson, Ph.D

Designed to meet the needs of parents and professionals alike, filled with practical advice from leading practitioners and advocates in the field, this book looks at:

- Step-by-step advocacy skills
- Health and clinical care
- Genetics
- Psychological issues such as behaviour problems and SRE
- Communication, language and literacy,
- Inclusive education,
- Transition into adulthood and the role of the family.

EX7: FAMILIES IN CONTEXT

Book - edited by Barry Carpenter. ISBN 1-85346-489-9

Emerging trends in Family Support and Early Intervention. A book aimed at professionals working with families who have children with special educational needs and disabilities. Looks at early intervention with the family at the heart of the practice.

EX8: DOWN SYNDROME - ACROSS THE LIFE SPAN

Book by M Cuskelley, A Jobling, S Buckley. ISBN 1-86156-230-6

This book promotes a positive message for people with Down syndrome across the world. Bringing the latest information on research and good practise to families, practitioners and policy makers in order to improve the services available.

EX9: DOWN SYNDROME - VISIONS FOR THE 21ST CENTURY

Book by W Cohen, L Nadel, M E Madrick.. ISBN 978-0471418153

An enlightening book providing comprehensive and up to date treatment of issues, such as - health and clinical care, family life, psychosocial issues, self determination, education and inclusion, self advocacy and recent research developments.

EX10: ADVENTURES IN THE MAINSTREAM-COMING OF AGE WITH DOWN SYNDROME.

Book by Greg Palmer. ISBN 1890627305.

Greg is Ned's dad and for his 21st birthday they have set off on a cruise around the British Isles. Ned is crossing the border from "cute kid" to "difficult adult" and his dad shares the pleasure, fear, challenge and above all his love and pride as Ned joins the big, wild mainstream world of money, strangers and responsibility. Definitely worth a read by all parents.

EX11: TALES OF NORMANSFIELD - THE LANGDON DOWN LEGACY

By Andy Merriman. ISBN 0-9555228-0-3

This book charts the history of the hospital founded by Langdon Down in 1868. The book contains personal accounts by patients, letters from parents and relatives, photographs and interviews with staff members. The language used to describe people with Down syndrome at the time may be very insulting to parents but serves as a reminder as to how far we have come on our journey of acceptance, inclusion and education for people with learning disabilities.

EX12: UP CLOSE, A MOTHER'S VIEW

Book by Fiona Yaron-Field. ISBN 978-1593730673

A book of photos taken over the first 12 years of her daughter's life with thoughtful, meditative text conveying Fiona's feelings towards her daughter who has Down syndrome.

EX13: WHAT PARENTS WISH THEY'D KNOWN - REFLECTIONS ON PARENTING A CHILD WITH DOWN SYNDROME

Booklet produced by the Segullah Group.

This booklet offers glimpses of understanding to individuals beginning their journey in parenting a child with Down syndrome. The glimpses, often encouraging and refreshing, are given by other parents who have been journeying for some time.

EX14: SHIFTING PERSPECTIVES

Book. Supported by GlaxoSmithKline in association with The Down's Syndrome Association. ISBN 978-0-9552843-7-3

A lovely book of photos of children with Down Syndrome produced by Richard Bailey. The display has toured the UK.

EX15: THE SPECIALS DVD

Meet Sam, Hilly, Lucy, Lewis and Megan. Five housemates with special needs who live the classic student lifestyle in Brighton. Aged between 19-23 they have been friends since childhood and together they share the ups and downs of each other's lives: from first love to heartbreak, from going to college to working 9-5, as well as the day-to-day stuff like arguing over the remote or storming the local Karaoke night. 10 episodes and housemates' profile films

EX16: VIEWS FROM OUR SHOES

Siblings share their experiences as brothers and sisters of someone with a disability with essays written by kids aged 4 to 18.

EX17: DOWNS THE HISTORY OF DISABILITY

Professor Davis Wright a professor of Medicine looks at the care and treatment offered to people with Down Syndrome from Medieval times to the present day.

EX18: THE POLITICS OF DOWN SYNDROME

Are we a more accepting society than ever before? Is there no longer them and us division between the disabled and everybody else? The Politics of Down Syndrome looks at how we got to where we are today, from the racist roots of its identification to the rising number of abortions today. Down syndrome is the most common syndrome in the world, shared by all classes and races, yet it's one we rarely address our feelings about, head on. This book, although direct and questioning, takes a positive view about where we go from here and the opportunity for society to fully enjoy the benefits of being inclusive.

EX19: DSII ISSUES FOR FAMILIES WITH CHILDREN WITH DOWN SYNDROME

Written by Sue Buckley this book provides information and guidance to families to support them in bringing up a child with Down syndrome.

EX20: FOR PETE'S SAKE

Written by a Mum of a young man with Down syndrome, relating the story of his life from birth to moving into sheltered accommodation.

EX21: "OH NO! NOT YOU AGAIN!"

Continuing the story of Pete's life, now negotiating his way through his twenties taking us up to his 30th birthday.

EX22: DOWN SYNDROME—LIVING AND LEARNING IN THE COMMUNITY

This book provides information for parents and professionals to help deal with issues they may face to enable young people to fully participate in community life.

EX23: BARNARDO'S BELIEVE IN CHILDREN—DVD & BOOKLET

Ideas and resources to develop participation work with children, young people and parents/carers in shaping and deciding on the future of available services.

EX24 WHEN SOMEBODY DIES

A pictorial book to help to explain and go through the feelings of grief experienced by everyone when they loose someone they love or are close to. There is text at the back of the book to assist parents/carers in discussing this sensitive issue.

EX 25: ENJOYING SPORT & EXERCISE

A pictorial book to explain to young people the importance of exercise and to help them find out what is available locally. There is text at the back of the book to assist carers, parents and service providers

EDUCATION

E1: SPECIAL EDUCATION NEEDS - CODE OF PRACTICE, NOVEMBER 2001 ISSUE (implemented Jan 2002)

Book published by the Dept. of education and skills. ISBN 1 84185 5294

This book was written with LEAs, Head Teachers and Governors in mind. Useful for parents - detailing everything you need to know about the legal side of inclusion, statementing etc.

E2: SEN TOOLKIT - NOVEMBER 2001 ISSUE

This toolkit comprises 12 booklets designed to be read in conjunction with the SEN code of practice (Item E1). It aims to help everyone working with children and young people with special education needs. The booklets cover many issues including - statementing, inclusion, transition and the role of the social services.

E3: A GUIDE TO THE STATEMENT OF SPECIAL EDUCATIONAL NEEDS FOR PARENTS OF CHILDREN WITH DOWN'S SYNDROME

Booklet published by the Down's Syndrome Association (DSA). Contains information and guidance.

E5: UTILISING ICT TO ASSIST THE EDUCATION OF INDIVIDUALS WITH DOWN SYNDROME

A DSii booklet by Bob Black and Amanda Wood.

This booklet explores how ICT can be used as a tool to differentiate the curriculum and promote inclusion, as well as to promote specific areas of development including motor skills, speech and language, reading and writing, number skills, memory and social development.

E6: THE EARLY YEARS - STARTING SCHOOL

An information leaflet produced by the DSA.

Looks at social inclusion in the nursery/ pre-school environment and preparation for starting school.

E7: TEACHING READING TO CHILDREN WITH DOWN SYNDROME A GUIDE FOR TEACHERS AND PARENTS

Introducing an approach to teaching reading to children with Down syndrome by presenting lessons which are both imaginative and functional and can be tailored to meet the needs of each student.

E9: MENCAP - TRANSITION

A leaflet produced by Mencap. Looks at the transitional period after leaving school.

E10: CHILDREN WITH DOWN'S SYNDROME - A Guide for Teachers and Learning Support Assistants in Mainstream Primary and Secondary School

Book by Stephanie Lorenz.

The author is an Educational Psychologist who has successfully run training courses for support assistants and teachers at Downright in Manchester. A good practical book which may be a useful resource for schools.

E11: SEN GUIDE FOR PARENTS

Produced by the Dept for Education and Skills (DfES). Covers statements, LEAs and SEN. A guide for parents written by parents.

E12: MAKING IT WORK

Produced by Down Syndrome Scotland

A folder containing lots of information towards achieving successful inclusion in secondary schools.

E13: CANDLE CAMHS AND NEW DIRECTION IN LEARNING

DISABILITY AND ETHNICITY.

A resource containing all you need to know about terminology, definitions, community awareness, etc. Ideal for trainers and front line staff working with people who have a learning disability.

E14: ENHANCING SELF ESTEEM IN THE CLASSROOM

Book. ISBN 1-85396-351-8

Activities for promoting self esteem in the classroom. Children who feel good about themselves achieve more and have fewer behaviour problems. All activities have been tried and tested.

Includes a chapter on how teachers can also maintain their own self esteem.

E15: SENCO'S GUIDE TO THE NEW CODE OF PRACTICE

By Roger Baker. ISBN 1-903-893-08-9

A 2003 publication looking at the new code of practice introduced in Jan 2002 (E1).

E16: INCLUSION AGAINST THE ODDS

Book by Dr Sharon Rustemier. ISBN 1-872001-38-6

The life story so far, both social and educational, of Kirsty Arrondelle, a young woman who happens to have Down syndrome. An encouraging and uplifting read.

E17: LITERATURE FOR ALL

Book by Nicola Grove. ISBN 1-85346-495-3

A book offering a framework for the differentiation of literature within the National Curriculum.

E18: FIRST STEPS IN INCLUSION

Book by Stephanie Lorenz. ISBN 1-85346-763-4

This book is aimed at all those involved in ensuring inclusion is effective both for the child and the school, be they teachers, SENCOs, parents, support staff or governors.

E19: SPECIAL EDUCATIONAL NEEDS IN THE PRIMARY SCHOOL - A PRACTICAL GUIDE

Book by Jean Gross. ISBN 0-335-21217-4

Readable, practical and accessible. Written by a teacher of SEN, based on her many experiences, it is aimed at the busy teacher or SENCO. This book will increase confidence, showing how to build differentiation into lessons and schemes of work. Covers language, literature, maths and behaviour.

E20: TIPS FOR TEACHING INFANTS AND TODDLERS

Book by C Weil, E D'Amato, D Benson F Cagan. ISBN 0-937857-77-7

A comprehensive look at early intervention, presenting 52 weeks of activities on a multi -sensory level.

E21: DSA - EDUCATION SUPPORT PACK FOR SCHOOLS

A publication by the DSA, covering mainstream, primary and secondary schools. A concise file of information for schools, covering all areas of interest from inclusion, differentiating, literacy and numeracy to transition and alternative accreditation at Key Stage 4. Very accessible.

E22: TEACHING MATH TO PEOPLE WITH DOWN SYNDROME—BASIC SURVIVAL SKILLS

Book by DeAnna Horstmeier, Ph.D. ISBN 1-890627-42-9

A book for teaching practical maths to children and adults with Down syndrome using hands-on activities that appeal to their learning style. Covers addition, subtraction, time, money, counting, measuring and more. For parents and teachers.

E23: CD (by DSA) - EDUCATION SUPPORT FOR SCHOOLS.

This resource CD has been put together by the DSA and is intended to support and improve the provision for children with Special Educational Needs. It contains the following information which can be viewed and printed:

DSA Education Information Sheets - Transition, behaviour, early years, fine motor skills, numeracy, reading, sex education, short term auditory memory, alternative accreditation.

Booklets to support inclusion - Primary schools (E35), Secondary schools (E36) and a guide to statementing.

DSA Education Support Packs for Schools - One for mainstream education (E21) and another for special schools.

Publications from the QCA - Including P scales in Mathematics, English, Science, ICT.

Examples of assessment tools from B squared publishing - art, DT, early steps, geography, history, ICT, P steps, PHSE, small steps for Scotland.

Examples of differentiated materials produced by teachers and support staff - Curriculum maps for a variety of areas plus examples of some worksheets completed by pupils.

E24: FAREWELL AND WELCOME - A NEAT FINISH & A GOOD START

Book by Ann Cossavella & Charmian Hobbs. ISBN 1-87394-239-4

A book full of resources to support teachers in enabling children to cope effectively with transition to secondary school. It contains teachers notes, activities and photocopiable worksheets to enable not only pupils but schools, teachers and parents to deal with change successfully.

E26: DVD, INCLUSION IN PRACTICE - EDUCATING CHILDREN WITH DOWN SYNDROME AT PRIMARY SCHOOL

DVD by DownsEd.

This DVD starts by outlining why it is so important that children with Down syndrome are included in mainstream schools. It features 5 children with Down syndrome working in schools in the Portsmouth area and looks at planning for entry, whole school preparation, and developing early number, literacy and language skills. It also covers the importance of friendships and how to encourage and support positive behaviour and independence by promoting social understanding and using social stories, eg, the sentence "I will do good sitting today" and a picture of the child performing that task. Such methods work with the strengths of children with Down syndrome. This DVD is highly recommended to all parents and professionals living and working with a child who has Down syndrome. At just 75 minutes playing time it would work particularly well for an in set training day.

E27: EDUCATIONAL SUPPORT PACK FOR FURTHER EDUCATION

Pack published by the Down Syndrome Association.

This pack of materials has been put together for staff working in a Further Education (16+) setting supporting young people with Down Syndrome. (Can be used in conjunction with E37).

E28: SECONDARY TRANSFER GUIDANCE

A DSA file supporting the secondary transfer process for pupils with Down syndrome and other complex needs. Guidance & photocopiable resources.

E29: TRANSITION TO SECONDARY SCHOOL CHECKLIST

Guidance booklet produced by Down Syndrome Society of South Australia. A concise yet

thorough guide/list of what needs to be in place/practised for a successful transition.

E30: TRANSITION TO SECONDARY SCHOOL BOOKLET.

Booklet produced by Down Syndrome Society of South Australia.

This booklet is a guide for Secondary schools covering support, training, peer groups, etc.

E32: GUIDELINES FOR TEACHERS - PRIMARY SCHOOL.

Guidance produced by Down Syndrome Society of South Australia .

Another concise yet well thought booklet offering strategies to help with inclusion and behaviour.

E33: A PARENTS GUIDE TO EDUCATION PLANNING

Guide produced by SERCO, Education Bradford.

E34: INCLUDING PUPILS WITH DOWN'S SYNDROME - EARLY YEARS

Information for Teachers and Support Staff

Booklet published by the Down Syndrome Association. This booklet is designed to inform staff in the early years setting about the learning profile typical of young children with Down syndrome, and about good practice in their education, thus paving the way for successful inclusion.

E35: INCLUDING PUPILS WITH DOWN'S SYNDROME - PRIMARY

Information for Teachers and Learning Support Assistants

A booklet written by Sandy Alton, published by DSA.

This is an excellent good practice guide which parents may wish their child's primary school to have.

E36: INCLUDING PUPILS WITH DOWN SYNDROME - SECONDARY

Information booklet for Teachers and Learning Support Assistants

A booklet written by Sandy Alton, published by DSA.

As above (E35) but for secondary schools. Includes case studies.

E37: INCLUDING PUPILS WITH DOWN SYNDROME - FURTHER EDUCATION

Information for Teachers and Support staff

This booklet provides information for staff involved in further education, which will empower them to support students with Down syndrome in a positive and effective way. Includes information about the specific learning profile and how to support and teach students effectively. (Can be used in conjunction with E27).

DSii DEVELOPMENT & EDUCATION PACKS

These packs are produced by Down Syndrome Education International. They contain comprehensive, practical and accessible information resources for families and professionals caring for individuals with Down syndrome. The series breaks the topics down into specific age groups - infants (0-5 years), primary (5-11 years) and teenagers (11-16 years).

See items below.

E38: DSii EARLY YEARS DEVELOPMENT & EDUCATION PACK FOR

INFANTS WITH DOWN SYNDROME (0 - 5 YRS) - BINDER 1

This binder contains the following booklets :

- Living with Down syndrome
- An overview of the development of infants with DS (0-5 years)
- Assisting individuals with Down syndrome to access IT - an overview
- Speech & language development for individuals with DS - an overview
- Memory development for individuals with DS
- Reading & writing development for infants with DS (0-5 yrs)

E39: DSii EARLY YEARS DEVELOPMENT & EDUCATION PACK FOR INFANTS WITH DOWN SYNDROME (0 - 5 YRS) - BINDER 2

This binder contains the following booklets :

- Motor development for individuals with DS - an overview
- Social development for individuals with DS - an overview
- Utilising IT to assist the education of individuals with DS
- Issues for families with children with DS
- Vocabulary checklist 1/ record list - first 120 words
- Vocabulary checklist 2/ record list - second 340 words
- Vocabulary checklist 3/ record list - third 350 words
- Speech sound checklist/ record list
- Interaction communication & play checklist/ record sheets
- Sentences and grammar checklists/ record sheets

E40: DSii DEVELOPMENT & EDUCATION FOR CHILDREN WITH DOWN SYNDROME (5 - 11 YRS) -

BINDER 1

This binder contains the following booklets :

- Series introduction
- Living with Down syndrome
- An overview of the development of children with Down syndrome (5-11 yrs)
- Assisting individuals with DS to access IT - an overview
- Speech & language development for individuals with Down syndrome - an overview
- Speech & language development for children with Down syndrome (5-11 yrs)
- Memory development for individuals with Down syndrome
- Reading & writing for individuals with Down syndrome - an overview
- Reading & writing development for children with Down syndrome (5-11 yrs)

E41: DSii DEVELOPMENT & EDUCATION FOR CHILDREN WITH DOWN SYNDROME (5 - 11 YRS) -

BINDER 2

This binder contains the following booklets :

- Motor development for individuals with DS - an overview
- Social development for individuals with DS - an overview
- Education for individuals with DS - an overview
- Accessing the curriculum- strategies for differentiation
- Utilising IT to assist the education of individuals with DS
- Issues for families with children with DS
- Vocabulary checklist 1/ record list - first 120 words
- Vocabulary checklist 2/ record list - second 340 words
- Vocabulary checklist 3/ record list - third 350 words
- Speech sound checklist/ record list
- Interaction communication & play checklist/ record sheets
- Sentences and grammar checklists/ record sheet

E42: DSii DEVELOPMENT & EDUCATION FOR TEENAGERS WITH DOWN SYNDROME (11 - 16

YRS) - BINDER 1

This binder contains the following booklets :

- Series introduction
- Living with Down syndrome
- An overview of the development of teenagers with DS
- Assisting individuals with DS to access IT - an overview
- Speech & language development for individuals with DS - an overview
- Memory development for individuals with Down syndrome
- Reading & writing for individuals with DS - an overview
- Reading & writing development for teenagers with DS

- Number skills development for teenagers with DS

E43: DSII DEVELOPMENT & EDUCATION FOR TEENAGERS WITH DOWN SYNDROME (11-16 YRS)

- BINDER 2

This binder contains the following booklets :

- Motor skills development for individuals with DS - overview
- Social development for individuals with DS - overview
- Accessing the curriculum - strategies for differentiation
- Utilising IT to assist the education of individuals with DS
- Issues for families with children with DS
- Vocabulary checklist 1/ record list - first 120 words
- Vocabulary checklist 2/ record list - second 340 words
- Vocabulary checklist 3/ record list - third 350 words
- Speech sound checklist/ record list
- Interaction communication & play checklist/ record sheets
- Sentences and grammar checklists/ record sheets

E44: WHAT KIND OF A FUTURE?

Supporting young people with Down syndrome to lead full lives after they leave school

Booklet produced by the Foundation for People with a Learning Disability.

ISBN 978 1 906162 115.

This booklet looks at transition into adulthood by telling the story of ten young people who lead full lives and who also have Down syndrome. It includes lots of ideas about how this can be achieved for others. It is written clearly and is very easy to read. More specific areas looked at include - Direct Payments, Person Centred Planning, Money, Travel, Friends, Getting a job, Living in your own home and learning new skills.

E45: PREPARED FOR THE FUTURE?

Information to prepare families when a young person with a learning disability is leaving school or college

Booklet produced by the Foundation for People with Learning Disabilities. Contains information to prepare families when a young person with a learning disability is leaving school or college.

E46 DVD PORTAGE IN BRADFORD

A look at the services on offer from Portage in the city.

E47 THE WELCOME WORKBOOK

A practical guide for professionals to ensure they are moving towards inclusive education for as many youngsters as possible. A useful read for parents embarking on the education journey.

E48: DSII READING AND WRITING DEVELOPMENT FOR CHILDREN WITH DOWN SYNDROME (5-11)

Booklet by Gillian Bird and Sue Buckley looks at the steps in learning to read and write so that children with Down Syndrome can receive sufficient teaching and practice for learning these skills.

E49: DSII NUMBER SKILLS DEVELOPMENT FOR CHILDREN WITH DOWN SYNDROME (5-11)

Booklet by Gillian Bird and Sue Buckley looks at the steps in learning about number so that children with Down Syndrome can receive sufficient teaching and practice for learning these skills.

E50: DSII TRANSITION TO EMPLOYMENT

E51: THE SUPPORT ASSISTANT'S SURVIVAL GUIDE

A booklet to support LSAs in mainstream primary and secondary schools

E52: SUPPORTING THE SUPPORT ASSISTANT

Stephanie Lorenz

A practical handbook for SENCOs in mainstream primary and secondary schools

E53: TEACHING THE INFANT WITH DOWN SYNDROME

Marci J Hanson

Written specifically for the parents of infants with Down Syndrome, this book consists of an extensively illustrated step by step guide to recognising and encouraging developmental milestones

E54/54a INCLUSION MATTERS DVD

A video showing disabled and non disabled children playing and learning together at different child-care settings in the Bradford district. The video shows how inclusive settings and practitioners can make a difference to the quality of play and care for every child.

E55: TRANSITION DVD

Easy to use interactive DVD for parents/carers of young people with learning difficulties/disabilities.

Produced by Leicester Council.

E56: GOING TO COLLEGE DVD

An interactive DVD with useful information for students, parents and carers. Produced by Leicester City Council.

MEDICAL AND HEALTH ISSUES

*Can be downloaded directly from the DSA website www.down-syndrome.org.uk

M1: SOLVE YOUR CHILD'S SLEEP PROBLEMS

Book by Richard Ferber. ISBN 978-0-7432-0163-6

For those in need of a full nights sleep, this book is full of practical advice.

M2: HEARING PROBLEMS IN CHILDREN WITH DOWN SYNDROME*

A booklet produced by the DSA and NDCS. Notes for parents and carers.

M3a: PROMOTING HEALTH IN PEOPLE WITH DOWN SYNDROME*

This booklet is for carers, produced by the DSA.

The aim of this booklet is to raise awareness of common medical conditions that are often missed/misdiagnosed. Includes a personal health record that can be used as a point of reference for both carers and health professionals.

M3b: LOOKING AFTER YOURSELF*

By DSA. This booklet promotes a healthy lifestyle, looking at ways to improve health and keep well.

M4: EYE PROBLEMS IN CHILDREN WITH DOWN SYNDROME*

A DSA booklet for parents and carers.

M5: ATLANTO-AXIAL INSTABILITY AMONG PEOPLE WITH DOWN SYNDROME*

A DSA booklet for parents and carers.

M6a: THYROID DISORDER AMONG PEOPLE WITH DOWN SYNDROME*

A DSA booklet, aimed at parents and carers.

M6b: THYROID DISORDER AMONG PEOPLE WITH DOWN SYNDROME*

A DSA booklet, aimed at doctors.

M7: GASTROINTESTINAL PROBLEMS IN PEOPLE WITH DOWN SYNDROME*

A DSA article with useful information.

M8: MANAGING SLEEP PROBLEMS IN CHILDREN WITH DOWN SYNDROME*

A DSA leaflet for parents and carers.

M9: DOWN SYNDROME - A NEW PARENTS GUIDE*

A DSA booklet.

M10: THE GENETICS OF DOWN'S SYNDROME*

A DSA booklet for parents and carers.

M11: PREPARATION FOR MENSTRUATION*

A DSA article aimed mainly at parents and carers, but with some sections suitable to share with a young woman approaching menstruation.

M12: DIABETES AND DOWN'S SYNDROME*

A DSA booklet for parents and carers.

M13: DOWN SYNDROME - AGEING AND ALZHEIMERS DISEASE*

A DSA booklet for parents and carers.

M14: DEPRESSION IN PEOPLE WITH A LEARNING DISABILITY*

A DSA leaflet for parents and carers.

M15: THE DOWN'S SYNDROME NUTRITION HANDBOOK

Book by Joan E Guthrie Medlen. ISBN 1-890627-23-2

An informative book looking at all aspects of nutrition and healthy living for children with Down syndrome from birth through to young adulthood.

M16: THE OUT OF SYNC CHILD

Book by Carol Stock Kranowitz. ISBN 0-399-52386-3

Looking at the senses and tactile emotions - some children with Down syndrome can be over or under sensitive. This book discusses different sensitivities and strategies to manage this.

M17: INFANT MASSAGE

Book by Vimla McClure. ISBN 285-63617-0

Information on how to give your baby a massage and the benefits to be gained.

M18: DVD, HEAR FROM THE START—TWO YEARS WITH BAHA

A DVD featuring experiences of the bone anchored hearing aid.

M19: TEACH YOUR BABY TO SLEEP THROUGH THE NIGHT

Book by CE Schaefer & MR Petronko. ISBN 0-7228-1774-2

A book offering a programme to help conquer sleepless nights.

M20: PREGNANCY & BIRTH*

A DSA booklet featuring experiences of parents who have a child with Down syndrome.

M21: TESTING FOR DOWN SYNDROME IN PREGNANCY*

A booklet produced by the National Screening Committee offering information about testing.

M22: DOWN'S SYNDROME - A LEAFLET FOR FAMILY & FRIENDS*

A brief DSA leaflet outlining what Down syndrome is, with pointers on how to react for family and friends.

M23: PEOPLE WITH DOWN'S SYNDROME-YOUR QUESTIONS ANSWERED*

A DSA booklet for new parents.

M24: SURGICAL & MEDICAL CARE FOR CHILDREN WITH DOWN SYNDROME, A Guide for Parents

Book. ISBN 0 933149 54 9

Written by a team of 25 authors who are experts in the fields of medicine, dentistry, psychology,

nursing, nutrition and rehabilitation. This book is designed to give parents a complete and easy to understand overview of specific medical conditions common among children with Down syndrome.

M25: GLUE EAR - AN ESSENTIAL GUIDE FOR TEACHERS, PARENTS & HEALTH PROFESSIONALS

Book by Lindsey Peer. ISBN 1843123525

This book is aimed at the 15 to 20% of typically developing children who have glue ear between the ages of 2 and 5. As we know this percentage is much greater for children with Down syndrome (75%) and can continue to effect hearing for many years. Recent studies show that up to 70% of students with dyslexia experienced glue ear in their early years. This book looks at what glue ear is and the implications for speech development, behaviour, reading, spelling, listening and self esteem. It also includes strategies to help at home and in school.

M26: CONTINUING PREGNANCY WITH A DIAGNOSIS OF DOWN SYNDROME - A GUIDE FOR PARENTS

A DSA booklet for people expecting a baby with Down syndrome.

M27: INFORMATION FOR PARENTS - SLEEP

Produced by the Dept of Education. Search publications.education.gov.uk to access the Dept of Education online publications and download free. This booklet was developed by the Early Support programme in partnership with a number of organisations and individuals. It examines why sleep problems may occur and gives ideas to try at home to help a child have a better nights sleep.

M28: SELF CARE

Book, published by Bradford CVS.

A directory of voluntary and community sector health organisations in the Bradford District.

M29: SUPPORTING FEEDING AND ORAL DEVELOPMENT IN YOUNG CHILDREN

This booklet, published by Down syndrome Ireland, is a guide for parents of young children with Down syndrome on feeding, feeding difficulties and congenital heart disease.

M30: A GUIDE TO GOOD HEALTH FOR TEENS AND ADULTS WITH DOWN SYNDROME - UROLOGY

Extract from a book by Brian Chicoine and Dennis McGuire.

A really interesting and useful chapter about Urology. Looks at problems related to difficulties in emptying the bladder (such as not emptying the bladder often enough or completely), with possible treatments. Kidney problems and circumcision are also discussed.

M31: DOWN SYNDROME AND CHILDHOOD DEAFNESS

Information booklet for families, produced by DSA & NDCS.

A very informative booklet outlining hearing, hearing tests, glue ear, communication tips and support.

M32: HEART CHILDREN - A PRACTICAL HANDBOOK FOR PARENTS

Published by the HeartLine Association. ISBN 978-0-9515270.

A book written for parents who have a child with a heart condition. The aims of this book are to explain complicated terminology to parents and share experiences.

M33: I'M GOING FOR IT

A dvd & booklet to help young people and their families prepare for heart surgery.

Produced by The Downs Heart Group

M34: GETTING BETTER DVD

A short cartoon for people who have learning disabilities showing what to expect when you go to the doctors, the clinic or have an eye test or see the Dentist. All the voices on the sound track are those of actors with learning disabilities.

M35: UNDERSTANDING HIRSCHSPRUNGS DISEASE—A GUIDE FOR PARENTS & CARERS

A booklet designed to help those involved with the care of children with Hirschsprung's disease to understand what it is, the treatment involved and why long term bowel management is so important.

M36: UNDERSTANDING ANO-RECTAL MALFORMATIONS

A booklet designed to help those involved with the care of children with ARM to understand what it is, the treatment involved and why long term bowel management is so important.

M37: UNDERSTANDING BOWEL PROBLEMS IN SCHOOL

A booklet offering advice and practical solutions for children with bladder and bowel problems.

M38: UNDERSTANDING BOWEL TRAINING FOR CHILDREN WITH HIRSCHSPRUNGS DISEASE AND OTHER ANO RECTAL MALFORMATIONS

A booklet for both parents and professionals offering lots of practical advice. Understanding bowel training for children with Hirschsprung's disease and other Ano-Rectal malformations.

M39 - 43 DOWN'S SYNDROME ASSOCIATION HEALTH SERIES. A collection of guides for parents and carers.

M39 Oral Health Care

M40 Bereavement

M41 Ageing & its consequences

M42 Sexual Health

M43 Epileptic Spasms in Children

M44 DSA HEALTH BOOK

As adults people with Down syndrome should have an annual health check, usually with their GP. This booklet produced by the DSA is a checklist that can be used to ensure a thorough health check is completed.

M45 : THE ESSENTIAL GUIDE TO HEALTH CARE FOR ADULTS WITH DOWN SYNDROME

A practical guide for professionals, support workers and family members on the health care needs of adults with Down syndrome. A straightforward and practical book dealing with both minor and more serious health problems that adults with Down syndrome may experience.

BENEFITS & OTHER ISSUES

*Can be downloaded directly from the DSA website www.down-syndrome.org.uk

B1: WHAT CAN YOU CLAIM? *

A DSA leaflet acting as a basic guide to which benefits people with learning disabilities may be able to claim.

B2: DISABILITY BENEFITS IN A NUTSHELL By Ian Greaves.

A short guide to disability benefits created by DAB (Disability Advice Bureau), Bradford 2001-2002. Latest version is currently 'in print' / on order.

B3: A PRACTICAL GUIDE FOR DISABLED PEOPLE OR CARERS

Book produced by the Dept of Health in 2003.

This guide is designed to provide you with accurate information about your rights and the

services you can use if you are a person with a disability or if you are a carer.

B4: DISABILITY RIGHTS HANDBOOK APRIL (38th edition) 2013-2014

Produced by the Disability Alliance.

A guide to benefits and services for all disabled people, their families, carers and advisers.

B6: DISABILITY RIGHTS COMMISSION.

The Duty to Promote Disability Equality. Statutory Code of Practice.

B7: A GUIDE TO RECEIVING DIRECT PAYMENTS FROM YOUR LOCAL COUNCIL.

Produced by the Dept of Health.

This guide offers advice to people who are thinking about or who are already getting direct payments from their local council social services department.

B8: DIRECT PAYMENTS (BRADFORD).

Information leaflets, (issued Feb '05)

B9: THE FAMILY FUND TRUST.

This folder contains information about the Family Fund Trust and application forms for financial support.

GUIDELINES TO CLAIMING DISABILITY LIVING ALLOWANCE*

A series of DSA booklets -

B10: BIRTH TO 3 YEARS OLD *

B11: AGES 3 TO 8 *

B12: AGES 8 TO 16 *

B13: AGE 16+ *

B14: MENCAP YOU GUIDE TO WILLS AND TRUSTS.

Information booklet

B15: BENEFITS AT SIXTEEN.*

A DSA leaflet for young people with Down syndrome.

B16: AN EASY GUIDE TO VOTING

A DVD produced by Bradford People First.

B17: WORKING TAX CREDIT AND CHILD TAX CREDIT *

Information leaflet produced by DSA (2008-2009)

B18: GOLDEN LANE HOUSING

Information to help adults with a learning disability to make choices about where, with whom and how they wish to live. An independent charity working in partnership with Mencap.

B19 : YOUR PLACE TO LIVE - MAKING IT HAPPEN

Booklet by the Dept of Health. A housing and support plan for people with learning disabilities.

B20 : PLACES FOR PEOPLE

Information from the Vicar Lane Housing Scheme on : individual support for young people aged 16-25, the Tenancy Support Service and information for referrers

B22: CARERS AND WORKING

A number of publications offering information and support to carers wanting to return to the work-place.

B23: LOOK BOOK

Information on the 29 providers who operate in Bradford to support adults with a learning disability with domiciliary support, housing related support or supported living.

B24: FIRST STEPS FOR PARENT & CARERS

A guide to support and services available in Leeds.

NUMERACY BOOKS AND KITS

N1: NUMICON FOUNDATION BOOK

Book by Numicon

Explains the background behind Numicon and its use in the foundation stage with suggested teaching strategies.

N2: NUMICON EXTRAS

Extra resources which can be used in conjunction with the Numicon kits (items N3, N16, N17 and N18). Contains Numicon post box, spinner and overlays, sum sheets and a set of 1-10 Numicon picture cards.

N3: NUMICON HOME KIT

Resource. This kit contains Numicon shapes, pegs, boards and activity cards. They provide our children with a visual representation of numbers. Learning numbers using the Numicon approach should help our children with basic numeracy throughout their lives.

N4: MATHS & MONEY

A booklet produced by the Down Syndrome Society South Australia outlining programmes and strategies for teaching space, number, money and measurement.

N5: NUMBER SKILLS FOR PEOPLE WITH DOWN SYNDROME—AN OVERVIEW

A DSii booklet by Gillian Bird and Sue Buckley. ISBN1-903806-13-5

A detailed look at how children with Down Syndrome learn about numbers and mathematics. This booklet looks at the maths curriculum with an insight into how children with Down Syndrome learn compared to typically developing children, with case studies and discussion on latest research and ideas.

N6: NUMBER SKILLS DEVELOPMENT FOR INFANTS WITH DOWN SYNDROME (0-5YRS)

A DSii booklet by Gillian Bird. ISBN 1-903806-14-3

Follows on from N5. This booklet looks at number skills for children with Down Syndrome aged 0-5. Areas looked at include—early learning about number and expectations, motor skills, social learning, play and teaching activities, counting practice and learning about quantity.

N7: NUMBER SKILLS DEVELOPMENT FOR CHILDREN WITH DOWN SYNDROME (5-11YRS)

A DSii booklet by Gillian Bird and Sue Buckley. ISBN 1-903806-15-1

Follows on from N6

N8: NUMBER SKILLS DEVELOPMENT FOR TEENAGERS WITH DOWN SYNDROME (11-16YRS)

A DSii booklet by Gillian Bird and Sue Buckley. ISBN 1-903806-16-X

Follows on from N6 and N7. This booklet looks at the development of number skills for teenagers with Down Syndrome with examples of achievements. Topics considered are fundamental number skills, place value, addition and subtraction multiplication and division, problem solving.

N9: 100 MATHS LESSONS

Flexible, differentiated maths lessons for every day of the year. Includes a CD rom.

N11: TIME SNAP

An enjoyable snap game to help children master important time concepts

N13: THE VERY HUNGRY CATERPILLAR

The popular story retold to incorporate Numicon tiles to help build familiarity.

N14: NUMICON ROD TRAYS

Numicon Rod trays 1 -11

N15: MONEY LOTTO LDA

A game designed to help children recognise notes and coins and their value and to build skills and understanding around pence to pounds conversion, change and adding up values.

N16: NUMICON STARTER KIT

Includes - board, shapes, pegs, postbox and binder. The kit provides a series of clearly illustrated activities and games to introduce concepts about number and arithmetic.

N17 &18: NUMICON STARTER KIT

Includes board, shapes and pegs. The equipment to help work on early number skills and concepts.

N19 NUMICON MONEY LOTTO GAME

4 boards and tiles to cover, a game to assist coin recognition.

N20 TEACHING NUMBER SKILLS TO CHILDREN WITH DOWN SYNDROME USING NUMICON

SEXUALITY, RELATIONSHIPS EDUCATION

SRE 1 YOU TALK I'LL LISTEN - TOM HARDING

Fifteen social skills songs.

SRE 3 THE PARENTS PACK—FAMILY PLANNING ASSOCIATION

11 Booklets to help you talk to your child about growing up.

SRE 4 TEACHING CHILDREN WITH DOWN SYNDROME ABOUT THEIR BODIES, BOUNDRIES AND SEXUALITY - TERRI COUWENHOVEN

An easy to read book that gives parents the background and confidence to speak comfortably with their children about these sometimes difficult subjects. Each chapter highlights key points, activities and parent statements and because people have different attitudes about sexuality, the author prompts parents to consider their personal and family values on a particular topic before teaching begins.

SRE 5 PUBERTY AND SEXUALITY FOR CHILDREN AND YOUNG PEOPLE WITH A LEARNING DISABILITY - NHS LEEDS

An award winning teaching pack developed to be taught to learning disabled children and young people aged 9-18. It can be used with both individuals and groups of children.

SRE 6 CHANGES IN YOU - PEGGY C. SIEGAL

A clearly illustrated and simply worded explanation of the changes of puberty for girls.

SRE 7 CHANGES IN YOU - PEGGY C. SIEGAL

A clearly illustrated and simply worded explanation of changes of puberty for boys.

SRE 8 AN EASY GUIDE TO LOVING CAREFULLY

A book explaining the sexual parts of women's and men's bodies, sexual health and sexual feelings. It also tells us how to prevent unplanned pregnancies and about STIs.

SRE 9 THE RIGHT TOUCH - SANDY KLEVIN

A read aloud story to help prevent child sexual abuse. A gentle thoughtful story explaining the difference between touches that are positive and touches that are secret, deceptive or forced.

SRE 10 TALK TO ME - PARENTS SECTION

A personal development manual for women and girls with Down Syndrome and their parents.

SRE 11 STEPS TO INDEPENDENCE

A book to help you help your child develop skills needed to live as independently as possible.

SRE 12 BELLY BUTTONS ARE NAVELS - MARK SCHOEN

A book to help learn body parts, to learn the vocabulary and to introduce honest and accurate adult/child discussion of sexual anatomy.

SRE 13 TALKING TOGETHER ABOUT GROWING UP - LORNA SCOTT & LESLEY KERR-EDWARDS

A book for children with learning disabilities at the stage of puberty that will help parents find it easier to discuss the changes with their child

SRE 14 TALKING TOGETHER ABOUT SEX AND RELATIONSHIPS - LORNA SCOTT & LESLEY KERR-EDWARDS

A practical resource for school and parents working with young people with learning disabilities. Complementing SRE13, it is intended to help adolescents understand about sex and relationships.

SRE 15 TOM - MALE BODY SENSE CLOTH MODEL**SRE 16 - THELMA FEMALE BODY SENSE CLOTH MODEL**

These dolls were purchased for use on our sexuality and relationship course. They provide hands on opportunity to discuss names and functions of "private parts", keeping private parts covered, differences between boys and girls. They are also useful in developing self help skills—for example you can show your child, using the doll how to clean themselves after using the toilet.

SRE 17 BODY SENSE CLOTH MODELS - NOTES FOR USERS

Notes for using Tom and Thelma as described in SRE 15 & 16.

SRE 20 COUPLES WITH INTELLECTUAL DISABILITIES TALK ABOUT LIVING & LOVING - KARIN MELBERG SCHWIER

An inspiring collection of profiles of people who have found meaningful and intimate relationships. An opportunity to hear first hand from people with disabilities about how they found love and companionship.

SRE 21 DEVELOPING PERSONAL SAFETY SKILLS IN CHILDREN WITH DISABILITIES - FREDA BRIGGS

This book provides information for parents, teachers and carers on understanding personal safety skills for all children and explain the risks and considerations specifically for children with special needs.

SRE26: HATE CRIME—WHAT IS IT

An easy read guide with audio CD to inform, empower and support young people to cope if they are victims of such crimes.

SRE27: WASH, SRUB, BRUSH

A fun book of personal hygiene to reinforce the importance of keeping clean and tidy for young children.

SRE28: "WHO HAS WHAT"

Robie H Harris

Join siblings Nellie and Gus on a day at the beach as they ask questions and figure out the similarities and differences between boys and girls in a humorous and honest way.

SRE29: STAYING SAFE ON LINE

An easy read booklet explaining how to stay safe when using social media and the internet for young people to read through.

I PAD APPS

Most of the apps are available at the APP store on i-Tunes and android apps on Goggle play. There are also some specific web addresses you could visit that are listed below.

SPECIAL WORDS- www.specialiapps.co.uk-Teach your child to recognise early vocabulary written words, encourage their speech development and improve their hand eye coordination and fine motor skills. Supplied with 96 pictures and written and spoken words based on See & Learn language and reading resources from Down Syndrome Education International. Personalise with your own words, pictures and audio.

SPECIAL STORIES- www.specialiapps.co.uk-Special stories makes it easy to create your own stories, containing text, pictures and sound. You can read and listen to your stories , print them and share them with friends and family.

You can use Special Stories in many ways eg. making photo albums about holidays and other events, improving reading skills, encouraging development of spoken language skills, creating talking books, helping with social skills, explaining step-by-step tasks and sharing information between home and school like a conversation diary.

SPECIAL NUMBERS - www.specialiapps.co.uk-Special numbers contains a set of activities to help develop early number skills, including counting, matching, ordering, comparing and selecting. Designed in collaboration with parents, children, teachers and educational psychologists and suitable for use at home, at school and in therapy sessions.

MATCH & FIND- www.specialiapps.co.uk-an app designed to help develop young children's memory, matching, searching and sequencing skills. Working memory is very important for the development of language and numeracy, and the carefully designed activities in this app can help train children and improve their auditory and visual working memory.

TOUCH APPS - www.specialiapps.co.uk-including, Touch-Words, Touch- Numbers, Touch- Colours, Touch- Shapes

A collection of 4 easy to use apps for children who are at the first stage of learning to talk

and to read, to recognise numbers and to understand colours, shapes. Touch each picture and hear it spoken. Touch -Words includes pictures and words from the See & Learn Language and Reading programme from Down Syndrome Education International.

SPLINGO - www.speechandlanguagestore.com-Splingo's Language Universe is an engaging app that reinforces listening & language skills. Splingo, the friendly alien, teaches students to listen to his spoken task & follow directions so he can get home. Students interact with objects to complete the task & are rewarded with points & verbal praise. If the app goes untouched for more than 30 seconds, Splingo offers a polite yawn to capture the users attention. After 3 tasks are completed students are given the chance to help Splingo navigate the galaxy and advance on his journey.

PRONOUNS WITH SPLINGO - www.speechandlanguagestore.com-using fun animated scenes & a motivating reward game, this app will help teach the understanding & expressive use of a wide range of pronouns, including: he, she, they, I, we, him, her, them, me, us, his, hers, theirs, mine, our. You can select a US or UK voice & decide whether you'd like the written sentence to be displayed alongside the verbal instruction.

BIG CAT APPS - www.collins.co.uk-8 apps in total, the titles include: Playing Story, At the Dump, My Bike, The Farmer's Lunch, In the Garden, The Steam Train, It was a Cold Dark Night and Around the World. Great books with lovely illustrations and hidden interactions, with an option to record your voice reading and play back.

OXFORD READING TREE- www.gazoob.com - 6 iPad apps, each containing 8 books levels 1-6 and 24 phonics books. The apps re-create the books familiar to most primary school children word for word and also includes interactive features , including "read to me" which will read the stories to the children and highlight the text. Each word can be touched to have it read aloud & some of the illustrations include sound effects.

NOSY CROW-THE 3 LITTLE PIGS- www.noisycrow.com- highly readable, this app is filled with exciting music, vibrant animations and hundreds of touch points. Features include, sophisticated animation on every screen, lots of funny character comments & interactive surprises, listen to the story narrated entirely by children and enjoy a different reading experience every time.

FIVE LITTLE FROGS- www.inclusive.co.uk-touch the screen to play this popular counting song which reinforces early number skills. Count down from five to zero as the frogs jump off the log and sing the catchy tune. There are also two counting activities to reinforce counting up from zero to five.

FIVE LITTLE ALIENS- www.inclusive.co.uk- learn the numbers from one to five with this early learning counting song. The song and animation stop at the end of each verse and you can use a switch or touch the screen to play the next verse. The follow up activities give lots of opportunity to see numbers and hear number names.

WHAT TIME IS IT MR WOLF - www.tpet.co.uk- a clever and interactive way to help children tell the time. Watch as Mr Wolf spins the clock on the face of the moon to 10 random times and offers the player a choice of answers. With simple and intuitive controls the app is very easy to play and allows the player to concentrate on their time telling practice.

CHOOSE IT! LITERACY - www.inclusive.co.uk -designed by a teacher with over 20 years experience in primary & special schools, the series is ideal for pupils at the Foundation Stage & KS1 as well as those with special needs who need extra practice. Clear graphics & good quality recorded speech make this app ideal for children with learning difficulties. Topics included are:
Listening skills, Initial sounds, Initial letters, Initial blends, Tricky high frequency words, Alphabet

CHOOSE IT! NUMERACY- www.inclusive.co.uk-has a simple & consistent presentation, clear language and audio support which makes it a valuable resource for children with special needs. Correct answers result in a short animated sequence. Topic included are:
Shape, space and measure, Early number, Number 0-5, Number 5-10, Number 0-100, Money, Time

CHOOSE IT! SCIENCE- www.inclusive.co.uk-has a simple & consistent presentation, clear language and audio support making it a valuable resource for children with special needs. Topics included are:
Living things, Materials, Forces & electricity, Light, sound & space and Everyday words.

LIBRARY REGULATIONS

No more than 5 items to be borrowed per member at any one time. Items not returned after 2 months will incur a fine of £3 per item, per month overdue.

Items loaned and returned must be signed out/in using the library loans book available in the library.

Contacts—Louise Hobley, Wendy Rhodes, Wendy Uttley

Telephone : 01274 561308

Office - The Pamela Sunter Centre

2 Whitley Street

Bingley

BD16 4JH

If you would like to borrow any of these items please call or drop into the office, where the library is on display. Also a sample of the books, resources and software is taken along to our Saturday sessions where you can borrow/return any items.

