

Down Syndrome Training & Support Service Ltd

Registered Charity Number
1130994. Company registered in
England and Wales 6915555

June 2017

اطلاع عام

FAMILY SATURDAY SESSION at HAWORTH ROAD METHODIST CHURCH

SATURDAY 10th June, 10am to 12pm
at Haworth Road Methodist Church Hall, BD9 6LH
FOR FAMILIES WITH CHILDREN AND YOUNG
PEOPLE OF ANY AGE

This month Noah's Ark will be joining us for a morning
of cute, cuddly, scaly, feathery and creepy crawly
animals - join us if you dare.

Alternative activities will
also be available during the
morning.

Help with transport may be
available if required, please
contact the office.

SURVEY ON OUR FAMILY SATURDAY SESSIONS PLEASE LET US HAVE YOUR THOUGHTS

We are gathering feedback
on our family Saturday
sessions via Survey Monkey.
Please can you follow the
link below to let us know
what you enjoy/don't enjoy and what activities you'd
like us to provide. Thank you Izzi

<https://www.surveymonkey.co.uk/r/TJYB2Q5>



LORD MAYORS CHARITY APPEAL

We are delighted to announce that on 16th May we were made
one of the Lord Mayor's Charities of the year for 2017/18. All
funds raised will be split 50/50 between our charity and the
Wishing Well Appeal, which will provide small grants to other
charities across Bradford.

On 16th May Louise Hobley and myself attended a ceremony at
Bradford City Hall where the new Lord Mayor, Cllr Abid
Hussian, and Deputy Mayor, Cllr Doreen Lee were installed.
Following a lovely lunch we were joined by Liz and Frances
McLean, Sam Murray, Chris Wood. Kim Booth and Stephen
Hobley to meet the Lord Mayor ready for photos and a press
release:

Waiting to see the Lord Mayor



FUNDING EVENTS

On 24th May the Lord Mayor's Appeal held its first fundraising
event at The Royal Taj, Bradford. Despite very short notice of
the event it was attended by over 150 people. Everyone had a
very enjoyable night and dance21 were received by rapturous
applause.

A calendar of events for the year is currently being compiled
and we will post on our Facebook page and email any updates
should you wish to be involved.

DONATION OF RAFFLE PRIZES NEEDED

A raffle will take place at many of these events so we would be
grateful of any prize donations. Thank you

DON'T MISS OUR:

Family Saturday session and Noah's Ark.....	1
Lord Mayor's Charity Appeal.....	1
Training at the centre this term.....	2
New RLI reading books	2
WisH Club news.....	3
Speech and language news.....	3
Wills & Trust evening.....	3
Summer activities	4
Health conference.....	4
News from other areas/groups.....	5
Funding update.....	6

TRAINING AT THE PAMELA SUNTER CENTRE, BINGLEY

Signing for children with Down syndrome

This course is over two mornings:

Thursday 15th June, and Wednesday 21st June, 9.30 to 11.30

The course covers why we use signing with children with Down syndrome, the alphabet (finger spelling), signs for manners, animals, food, family and other people, in the home, the school day, colours, descriptions, time/days, questions and connective/link words. Followed by a discussion on how behaviour can be addressed through introducing signing. Both sessions will include practise of useful phrases and familiar children's songs.

Our book "signing for children with Down syndrome" is available to purchase for £7

Teaching basic numeracy to children with Down syndrome and other learning difficulties using the Numicon approach. Numbers up to 10

Friday 16th June, 9.30 to 12.30pm

The morning will cover how we learn to count, the challenges and basic number skills up to 10. It will introduce the Numicon Foundation Kit and include practical activities and suggestions to promote numeracy. It is relevant for staff and parents working with children aged birth upwards who are still working with numbers up to 10.

COST: £60 per professional (£15 for second person from same school)/£15 per family member.

A memory stick of resources is available for £7.

Teaching basic numeracy to children with Down syndrome and other learning difficulties using the Numicon approach. Beyond 10, time and money

Friday 23th June, 9.30 to 3pm

The morning will cover counting beyond 10, introducing two digit numbers, addition and subtraction, counting in 10s, introducing place value and look at realistic targets for children with Down syndrome in this area.

After lunch detailed programmes developed by Wendy Uttley to teach time and money will be outlined. We will use some of the activities and resources from the programmes to illustrate how to teach these two necessary life skills.

COST: £95 per professional (£30 for second person from same school)/£30 per family member. Lunch included in price of this day.

A Memory stick of the time and money programme and resources is available for £14

BOTH NUMBER DAYS CAN BE ATTENDED FOR THE REDUCED COST OF £120 per professional (£40 for a second person from same school)/£40 per family member

Toilet training for all ages

FREE FOR PARENTS

Fridays 30th June, 7th July, 14th July, 10 to 12pm

Do you need help toilet training your child?

Whether it be a young child just starting or an older child who still needs to develop skills towards independent toileting you are welcome to join us.

Sessions will run over three weeks and cover how the bladder develops, skills needed to use the toilet, tips on toilet training, constipation, day and night time wetting and set targets for each child. There will also be opportunities to support each other, share ideas and resources and monitor progress.

This will be 2 hours a week for 3 weeks and be limited to 10 people. FREE.

Creche available at £10 per child per session.

Clicker 6 (and 7)

Course is over two mornings

Thursdays 29th June and 6th July, 9.30 to 12.30.

Clicker 6 (or the upgrade to Clicker 7) is a fantastic programme enabling users to build their own sentences, make talking books by recording their own voice, make word and picture banks for topics and much more.

The training (over 2 mornings) will introduce Clicker 6 and demonstrate its many features. It will include activities to help you create word banks, sentence building grids, talking books and picture/word/sound matching activities. Clicker 7 differences will also be detailed.

We do have limited access to Clicker 6 at the Centre, however if you already have Clicker 6 (or 7) loaded on a laptop we encourage you to bring it along. Please let us know when you book whether you are able to bring a laptop.

AUTUMN TERM Dates for training in the Autumn term have now been set. Please contact the office for details of courses and times.

EARLY READING BOOKS

LINKED TO READING

LANGUAGE

INTERVENTION

(RLI) SCHEME

Our first set of 10 books is now available

to buy in print or download. The books

include much of the early vocabulary we introduce in our early development groups, have large clear print and images on a clear white background. Each page has a repetitive sentence as the vocabulary builds and is revisited throughout the set. The books have been written at level 1 of the Hatcher Grading scheme used in the Reading Language Intervention programme developed by Down Syndrome Education International.

Cost: hard copy, £20 plus postage for the set of 10 books. Electronic copy, £10 for the set.

'The books are simply excellent - perfect for my child in school. Thanks so very much, if you produce more please let us know'

A second set of 10 books written at level 2 will be available soon.



The cow is jumping.



Where is the car?



Look at the crisps.

WISH CLUB

WISH CLUB FOR YOUNG PEOPLE WITH DOWN SYNDROME AGED 11+

On Friday 12th May the WisH Club held a leaving party for Donna and Sue. It was lovely to see them; we wish them both all the very best.



In addition, Rhiannon, who has been volunteering at the club since it started February 2014, had her leaving do on Friday 19th May. Her work now means she is struggling to attend on a Friday. A big thank you to Rhiannon for her commitment, we will miss her and wish her all the best.

Our WisH Club aims to run every Friday 6pm to 8pm for young people aged 11 up to 13 years and 6pm to 10pm for teenagers upwards. Young people are welcome to bring along a friend or sibling age 11+ to the club. SUBS £2 per week.

Keep up to date with what's happening and view photos from the club by becoming a member of the secret WisH Club Facebook group. <https://www.facebook.com/groups/wishclubyouth/>

VOLUNTEERS NEEDED

We are in need of volunteers for the WisH Club if you would like to volunteer for a couple of hours between 6 and 10pm on a Friday we would love to hear from you. Please contact the Office, thank you.

WILLS AND TRUSTS INFORMATION EVENING AT OUR CENTRE

Do you want to learn what a discretionary trust is? On Monday 10th July, 7 to 9pm we are holding an information evening at the Pamela Sunter Centre with Claire Aldridge and Ambreen Ahmed from Gordons LLP Solicitors. All welcome to come along and share in the discussion on how parents can set up a trust for their child.

Knitting and Crochet Group

Friday night get together, 7 to 9pm, to make items for yourself or to sell on future stalls and in Aladdin's Cave. Can't knit or crochet?? We can teach you!!



SPEECH & LANGUAGE SESSIONS AND FEEDING/ORAL SUPPORT

SPEECH & LANGUAGE GROUP DATES IN JUNE:

ELLIE'S sessions will take place on Sat 17th June.

LAUREN'S sessions will take place on Wednesday 21st June and Saturday 24th June.

Half hour one to one sessions are available with Lauren or Ellie, booking essential.

Cost: £6 per group session, £15 per half hour 1 to 1 session.

FEEDING/ORAL SUPPORT GROUP with Jo Gallagher

This group is now running monthly and is open to any child or young person who is experiencing difficulty with oral motor skills, feeding or is tube fed. The sessions are open to both parents and child so that Jo can observe feeding and offer tips and advice. The next session is on the 12th June 12.30 to 2pm. Please let us know if you and your child are attending.

Visit Jo's website: www.intospeech.co.uk

SPEECH & LANGUAGE NETWORK NORTH FOR SPEECH AND LANGUAGE THERAPISTS ACROSS THE NORTH OF ENGLAND

We are delighted to announce that our 6th networking, training and information day will take place on Monday 3rd July 2017 with Wendy Uttley.

9.30 to 10am Arrive, tea and coffee

10 to 12pm Understanding and managing behaviour in children with Down syndrome. The session will include an overview of the learning profile, strengths and weaknesses in children with Down syndrome and discuss positive behaviour strategies to modify unwanted behaviours.

Lunch - bring your own

1 to 2.30pm An overview of the Reading Language Intervention Programme (RLI) developed and produced by Down Syndrome Education International. We will look at the assessment resources, tracking progress and the delivery of the reading and language strand with daily activities that can be finely adapted to each child.

COST: £20 per head. Refreshments will be provided but please provide your own lunch. If cost precludes attendance please contact the office. Thank you.



dance21 •

Every Monday 6 to 7pm at Shipley Lanes. Sessions are for young people with Down syndrome aged 11+.

The young people are encouraged to pay on entry, £3.50; an opportunity to independently handle money and count out 4 coins or pay with a £5 note and request change. Please can you support your young person to achieve this by providing them with a purse/wallet/bag and their own money. Thank you.

Funded by David Solomon Charitable Trust, the Cotton Trust and Greggs.



EARLY DEVELOPMENT GROUPS

ALL THE BEST MARGARET AND THANK YOU

A big thank you to Margaret Southern who has been working voluntarily for us for the last 2 years delivering the brown early development group and helping to make the many resources we use during the sessions and for parents to take home. Margaret has had to leave to care for her parents. We will miss her lovely singing voice.

All families involved in these groups will receive texts to remind them of their group session dates. Please contact Wendy Rhodes if you have any queries or are unable to attend your session.

The sessions are currently funded by Sovereign Health until December 2017.

ALL DATES FOR JUNE ARE LISTED ON OUR APP:

Download using Google Chrome. You need to type (or paste) in the full link as it is not listed in Google Play.

<https://dstsapp.appsme.com/app/dsts/be-seen-be-educated-be-included>

CONFERENCE

Health and children with Down syndrome for parents and professionals feeding, hearing, sleep, eyesight

We are delighted to announce that we have planned a health conference for Friday 3rd November 2017, 9am to 3.30pm. The conference will take place at the Cedar Court Hotel, Bradford and be delivered by health experts in the field of Down syndrome Topics:

- Feeding issues and the management of nutrition and growth with Georgina Williams - lead principal investigator for the FADES study.
- Hearing issues and the management of hearing loss with Rob Gardner, Head of Audiology Services, Bradford and Sue Marsden from the Hearing Impaired Team, Bradford Education
- Sleep issues in children and young people with Down syndrome with Dr Desaline Joseph, sleep consultant, Evelina London children's sleep medicine department
- Eyesight issues and their management with Dr Margaret Woodhouse, senior lecturer, School of Optometry, Cardiff University

COST: £60 per head for professionals/£30 per head family members. This includes all refreshments and lunch. HALF day price £30 professional/£15 family member.

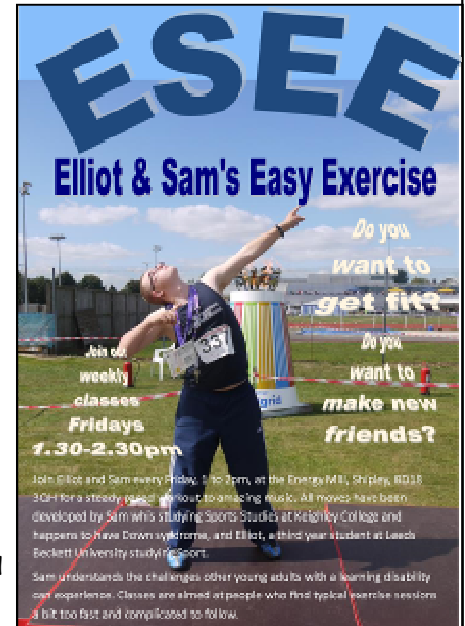
BOOKING FORM NOW AVAILABLE

ESEE

ELLIOT AND SAM'S EASY EXERCISE CLASS

Sam Murray and Elliot Scott have put together an exercise routine aimed at adults with learning disabilities who find mainstream fitness

classes a challenge. Music and moves have been chosen by Sam who is studying Sport at Keighley College and happens to have Down syndrome, and Elliot Scott a third year student studying sport at Leeds University. Weekly classes take place at the Energy Mill, Shipley, BD18 3QH Fridays, 1.30 to 2.30pm. FREE no need to book, just come along and join in.



EXCITING SUMMER ACTIVITIES FOR OUR FAMILIES WITH THE NATIONAL CITIZENS SERVICE (NCS)

BOOKING NEEDED PLEASE

In July and August we will be running two weekends of activities involving our children, families and young people and students enrolled on the NCS project. The first activity weekend is Saturday 22 & Sunday 23 July, 1.30pm-3pm and will be a photography session with the WisH Club members. The focus of the session will be "Who am I?" The aim will be to illustrate the youth group and capture photos which celebrate the identity of young people in the room. All cameras, ipad and phones welcome for the session. Places are limited to 12 and need to be booked in advance.

The second activity session is on Friday 4 & Saturday 5 August, 1.30pm-3pm and is open to families of children with Down syndrome aged 5 to 11 so that siblings and parents can also take part in the activities. It will be an arts and craft session creating posters to represent the group of people present. Places will be limited to 10 families and again need to be booked in advanced.

PLEASE CONTACT THE OFFICE TO BOOK, THANK YOU

WEEKLY DANCE CLASS AGE 5 TO 11

Classes are on a Saturday, 2.15 to 3.15pm at Bingley Fitness Studio, Unit 2, St. John's House, Clyde Street, Bingley, BD16 4LD with Claire from Footsteps Theatre School.

PAY ON ENTRY In order to help your child develop money skills we would like to encourage parents to let their child pay for themselves as they enter the building. Could parents please provide their child with a wallet/purse/bag with two £1 coins so that they can count out '1', '2' and pay an entrance fee of £2 at the desk. Thank you.

Funded by the David Solomon Trust, the Cotton Trust and Greggs.

NUFFIELD COUNCIL ON BIOETHICS ONLINE SURVEY ON GENOME EDITING

Nuffield Council has launched an online survey about prospective uses of new genome editing technologies in human reproduction to inform a major new report due for publication in December. They want to hear as wide a range of views as possible on ethical questions about these potential uses of genome editing and how far we, as a society, should go in altering fundamental aspects of human biology. The survey can be completed in 15 minutes.

<https://www.surveymonkey.co.uk/r/6NRBD8V>

Deadline 30th June.

NEWS FROM THE FAMILY FUND

In England, the [Department for Education](#) has confirmed that it will maintain its £27.3 million annual funding for Family Fund for three years from 2017-18. Last year they awarded over 89000 grants to families across the UK. You can apply for specialist equipment, help with bedding, clothing, hospital costs (eg car parking fees), a holiday, day trip, help with furniture and much more.

To download an application form and read about the types of things you can apply for visit:

<https://www.familyfund.org.uk/FAQs/how-do-we-apply>

DISCUSSION ON EARLY YEARS PROVISION WITH THE PUBLIC FORUM FOR EDUCATION, BRADFORD ALL WELCOME

The topic for the next Public Forum for Education will be improving attainment in Bradford by focusing on the early years. It will take place in the Hockney Conference Room, Margaret McMillan Tower, Princes Way, Bradford BD1 1NN on Wednesday 14th June 2017 from 4.30pm to 6.30pm (with a buffet from 4pm).

The Early Years is a critical phase in a young person's learning journey and an exciting and highly rewarding area to work in. Speakers will include:-Michaela Howell, Director Better Start Bradford and Lynn Donohue, Early Years Strategic Manager. The Forum enables everyone with an interest to contribute their views.

ALL WELCOME

Please confirm your attendance by emailing Public.Forum.for.Education@bradford.gov.uk or telephoning Heidi Hardy on (01274) 434335.

EDUCATION HEALTH CARE PLAN SURVEY RESULTS

The Dept of Education have published the results of their survey of families and young people who received an EHC plan. 13,000 parents and young people responded, with 66% saying they felt satisfied with the overall process. However, those aged 16-25 were less satisfied, with just 49% feeling that their plan will help achieve the outcomes agreed, compared to 74% where the child was aged under five. Young people were also less likely to feel that their opinions had been included in their plans, with 55% agreeing compared to 80% of parents.

<https://councilfordisabledchildren.org.uk/news-opinion/news/dfe-publish-results-family-survey-ehc-process>

EHCP WORKSHOPS IN BRADFORD

PFBA—Parents Forum for Bradford and Airedale, will be holding workshops on

Monday 5th June - 10.30 am - 2 pm

Tuesday 27th June - 6 pm - 8.30 pm

Thursday 29th June - 10.30 am - 2 pm

Thursday 6th July - 10.30 am - 2 pm

At their office: Unit 73, Carlisle Business Centre, Carlisle Road, Bradford, BD8 8BD.

If you would like to attend one of these, please email supportnews@pfba.org.uk, or call 01274 397396.

www.pfba.org.uk

SUPPORT WORKERS REQUIRED

£8.30 per hour. Hours to be agreed with the family. BD18 area.

Kind, caring & patient support workers required to provide support to an active young woman who happens to have Down syndrome, including accompanying her to various activities in the community.

As a support worker you will assist with a wide variety of duties including some aspects of daily living.

This role may require some sleep in support.

Must be reliable and flexible.

For application form, please contact

Direct Payments Team on 01274 434191

Quoting reference: BD18/EK

This post may be subject to an enhanced DBS check.

SPECIAL OLYMPICS GB, AUGUST 2017 SHEFFIELD

Special Olympics GB is thrilled to announce that James Toseland - former double World Superbikes Champion turned rock music artist - has, with Toby Jepson, written, produced and re-recorded 'We'll Stop at Nothing' to become the 2017 Official Special Olympics National Summer Games Anthem.

The song has been released with all profits going to the charity to support athletes with a learning disability.

Buy the anthem:

<https://itunes.apple.com/gb/album/well-stop-at-nothing-feat-chorusuk-single/id1237597006>

All proceeds will support the games in Sheffield!

<http://sheffield2017.org.uk/>

The views and items on this newsletter are not necessarily those of the Down Syndrome Training & Support Service Ltd. Mention does not necessarily mean recommendation or support.

funding news

The month of May has not seen as many donations as previous months with a total of £1370 being raised towards our target of £80 000. So we still have just over £50 000 to generate before the end of the year, which is about £7000 per month. We are busy submitting funding bids and every fundraising event helps, no matter how small, they all add up. Please keep going with your efforts. They are very much appreciated.

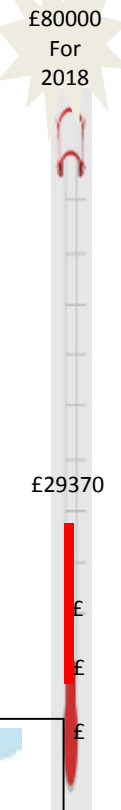
We would ideally love to be open 5 days a week again but this would mean increasing this target by at least a further £10 000.

A massive thank you to everyone who has donated in May:

- In memory of KM Gaffney, a further £240
- Wrestling for Down syndrome event, a further £196
- The Sun Inn, Ann & Rob £45.56
- Crown Fisheries, Hebden Bridge £60.16
- Paul Oakley, London Marathon £585
- St Matthews CofE odd sock day £138.35
- Becky & Don Szepler £16
- Mr Thorpe £10
- Happy Frier £5
- Titus Salts bun sale £75



Paul Oakley and Jensyn's family joined us at our Saturday session to present the cheque



SPONSORED EVENTS IN JULY CAN YOU HELP SPREAD THE WORD?

BETTY'S CHARITY EVENT - TIM'S DALES WAY TRAIL ADVENTURE

In July Timothy Forster of Bettys Ilkley will be attempting to set the fastest known time along the Dales Way National Trail Path (84 miles) in aid of our charity. Tim will be attempting to beat the previously held record of 21 hours and 50 minutes. Sponsor him and follow his progress by visiting his Justgiving page:

<https://www.justgiving.com/crowdfunding/timothy-forster>

JOHN & REBECCA TO RUN LEEDS 10K

On the 9th July John Ryan and his fiancée, Rebecca, will be running the Leeds 10K in aid of our charity. Sponsor them by visiting:

<https://mydonate.bt.com/fundraisers/johnryan1987>



BECOME A MEMBER OF THE COOP AND HELP US RAISE FUNDS

Visit <https://www.coop.co.uk/membership>, fill in your details, search for and choose our charity and pay £1. You will then get a membership card in the post. Every time you show your card when you buy Co-op branded products and services, 1% will be given to us and 5% to you.

MY DONATE WITH BT

You can make online donations and create a fundraising page for us by visiting <https://mydonate.bt.com/charities/downsyndrometrainingsupportservicelt>

You can also donate direct to our bank account by using our new [standing order](#) form. This can also be downloaded from our website.



KEEP UP TO DATE WITH EVENTS VISIT US ON FACEBOOK OR OUR WEBSITE

PUBLIC FACEBOOK PAGE

<https://www.facebook.com/DownsyndromeTSS/>

For more general and formal information.



CLOSED FACEBOOK GROUP

Our closed Facebook group provides information on day to day activities.

<https://www.facebook.com/groups/DSTSS/>

DOWNLOAD OUR APP

Using Google Chrome. You need to type (or paste) in the full link as it is not listed in Google Play.

<https://dstssapp.appsme.com/app/dstss/be-seen-be-educated-be-included>

CONTACT Wendy Uttley or Wendy Rhodes

The Pamela Sunter Centre, Down Syndrome Training & Support Service Ltd,
2 Whitley Street, Bingley, Bradford, BD16 4JH

Tel 01274 561308 | Mobile 07816 465 845/07512346717 | Email office@downsyndromebradford.co.uk

Web: www.downsupportbradford.btck.co.uk