



# Down Syndrome Training & Support Service Ltd

Registered Charity Number 1130994

Company registered in England and Wales 6915555

# June 2016

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## Our next Saturday meeting is on

**11th June, 10am to 12pm** at Haworth

Road Methodist Church Hall, BD9 6LH

During the morning Peter Evans, from PSK Photography Bradford will be joining us to do a photo shoot for families. If we get some good pictures it would be lovely to make them into a calendar for 2017. The pictures will be to print off on the day for a

donation towards costs.

There will also be the usual fun learning activities including play dough, sand pit, soft play and singing and signing with the magic bag, parachute and fantastic elastic.

**FAMILIES WITH CHILDREN AGED BIRTH TO 11 ARE WELCOME TO COME ALONG AND JOIN IN THE FUN**

## Summer Day Trip to Cleethorpes & Pleasure Island Theme Park **Thursday 18<sup>th</sup> August 2016**

This year we will be going on one summer trip to the seaside and a theme park. We are asking for a booking fee of £5 per person towards the cost. If this presents financial difficulties to any family please let us know. We do not wish for any family to miss out because of cost. The coach will leave Howarth Rd Methodist Church, BD9 6LH at 9am. Cars can be left in the church car park. You are also welcome to travel using your own transport and meet us there.

Volunteers will be available to help but families are responsible for the care and safety of their own children

**BOOKING FORM ENCLOSED—PLEASE COMPLETE AND RETURN TO SECURE YOUR PLACE. THANK YOU**

Cleethorpes  
& Pleasure  
Island  
Theme Park



## UPDATE ON OUR FUNDING



Since January 2011 our services have been part funded by the Big Lottery Fund to the amount of approximately £70 000 per year. This covers about 50% of our total running costs. This year is our last year of funding from the BLF and we are busy trying to secure funding so that we can maintain, and if possible, continue to develop our services to meet the needs of children and young people with Down syndrome. However we are beginning to run out of options for such large, long term funding needed for salaries and speech and language provision. We are in the process of setting out a plan for 2017 should we have to cut our services.

## 70 EVENTS TO HELP US RAISE FUNDS

£

COULD YOU, OR SOMEONE YOU KNOW, ORGANISE AN EVENT AND HELP US TO RAISE FUNDS TOWARDS OUR £70 000 TARGET? ALL WE NEED IS 70 EVENTS THAT RAISE £1000 AND WE'LL HAVE DONE IT!!

£

Get your thinking caps on and plan an event! Please get in touch if you would like to be involved.

£

A record of the funding raised via other funding bids, donations and fundraising events will be recorded on our BTdonate page:

<https://mydonate.bt.com/events/70events/304610>

## **Events you've organised to date are:**

9th April Richard Hunt cycled the *Paris Roubaix challenge*. You can still donate by visiting:

<https://mydonate.bt.com/fundraisers/richardhunt69#.VvxJO9a-V6w.facebook>

Friday 20th May - staff from Skipton Financial Services *walked from Skipton to Saltaire* - Visit: <http://uk.virginmoneygiving.com/fundraiser-web/fundraiser/showFundraiserProfilePage.action?userUrl=SBSCCommercialWalkers&isTeam=true>

Monday 30th May, Maggie Halliday, Jack's grandma has arranged a *family fun day from 2pm at the Hudson Arms in Hawksworth*. ALL WELCOME.

10th July Simon McNulty is running *Leeds 10K* for us. Visit:

[https://mydonate.bt.com/fundraisers/simonmcnulty1#.VxzQqB14K\\_g.facebook](https://mydonate.bt.com/fundraisers/simonmcnulty1#.VxzQqB14K_g.facebook)

**ASDA SHIPLEY** You can now vote for our charity using the green tokens at Asda, Shipley. Please spread the word.

The views and items on this newsletter are not necessarily those of the Down Syndrome Training & Support Service Ltd. Mention does not necessarily mean recommendation or support.

**SPECIALIST FEEDING INFORMATION  
SESSION AT OUR CENTRE TO HELP  
SUPPORT PARENTS OF CHILDREN WHO  
ARE TUBE FED**

On Tuesday 21st June, 12.30 to 2pm there will be an information session at the Pamela Sunter Centre aimed at families whose children are tube fed or are experiencing difficulties with feeding. Jo



Gallagher, Highly Specialist Speech and Language Therapist, Leeds and Caroline Nally, Paediatric Dietitian, Bradford will deliver the session. A crèche will be available but will need booking in advance and will cost £10 per child. The session is FREE but please can you let us know if you would like to attend.

**SPEECH & LANGUAGE SESSIONS**

Most children and young people involved in Lauren and Ellie's groups should now have had a one to one session and have been allocated a place in a group.

We thought we'd share some details about our new speech therapists this month

**Lauren Drake:** Lauren is currently delivering groups for our younger children. She started working for our charity at the beginning of 2014 as a third year speech and language student supporting Ben Bolton in his groups. In 2015 Lauren graduated with a degree in Clinical Speech and Language Sciences (BSc Hons) from Leeds Beckett University; she is an associate of Trinity College London for speech and drama teaching. Lauren also works at Craven College as a specialist support lecturer, working closely with young people who have a range of speech, language and communications needs. Laurens personal experiences have seen her overcome both disability and a communication disorder, meaning she is passionate about equipping individuals with the skills they need to aid or enhance communication and participation.

**Ellie Coleman:** Ellie is delivering our older group sessions. She has 9 years of experience working with individuals, of all ages, with learning disabilities and/or Autism and a range of communication and sensory support needs. Ellie has trained in Intensive Interaction, Picture Exchange Communication System (PECS), Makaton, Attention Autism, Talkabout, Objects of Reference and Multisensory support, the Listening Program, and Lego therapy, and is currently training to become a Regional Makaton Tutor. She currently works at a specialist school in Leeds providing speech and language intervention for individuals and groups, training and mentoring for parents and staff, and whole school strategy development. She has experience working with a wide range of augmentative and alternative communication strategies including high and low tech communication aids.

DATES THIS MONTH:

**GINA, LAUREN AND ELLIE'S GROUPS** will all take place on **Saturday 18th June**. Lauren is also running a session on **Wednesday 22nd June**. Half hour one to one sessions are available with Lauren or Ellie, booking essential.

Wendy Rhodes will be in touch with everyone involved to confirm dates and times.

**DOWN SYNDROME + AUTISTIC SPECTRUM  
CONDITION SUPPORT GROUP**

Our next meeting is on Tuesday 21st June, 7 to 9pm when the topic will be 'Sensory Issues', with Shelley Russell. At our last meeting Shelley Russell spoke about 'What is Autism?' This will be our last session. We had hoped that this series of information sessions would help to build a support group for parents to share experiences, ideas and information. However attendance has been lower than anticipated. All families will be contacted shortly so that we can gather feedback on the sessions and whether we have managed to meet needs or not. Please let us know if you are able to attend our June session. Thank you.

**SPEECH AND LANGUAGE NETWORK NORTH AND  
CLINICAL EXCELLENCE NETWORK JOINT EVENT**

On 11th July, 9.30 to 3pm we will be holding our 4th specialist training and information day for speech and language therapists across the North of England at the Pamela Sunter Centre, Bingley. We are delighted to share the day with the Clinical Excellence Network.

Speaker: Leela Baksi

Topic: Visual supports for expressive syntax with Down syndrome: sharing practice examples.

Audience: speech & language therapists only.

The day will be an opportunity for sharing experiences and resources that we all use.

COST: £25 per head. Booking form now available. Please contact our office

The Pamela Sunter Centre  
2 Whitley Street, Bingley,  
Bradford, BD16 4JH

**Down Syndrome  
Training & Support  
Service Ltd**  
Registered Charity Number: 1120964  
Company registered in England  
and Wales number: 0618152

**Speech & Language Network North  
and  
Clinical Excellence Network  
joint event**

**For speech & language therapists in the  
North of England**

We are delighted that our 4th networking, training and information day will be a joint event with the Down Syndrome Clinical Excellence Network.  
Speaker: Leela Baksi  
Topic: Visual supports for expressive syntax with Down syndrome: sharing practice examples.  
The day will be an opportunity for sharing experiences and resources that we all use.  
COST: £25 per head

**Monday 11th July 2016, 9.30am to 3.00pm  
at the Pamela Sunter Centre in Bingley**

**TAXI FARES**

Over the years we have always offered to pay taxi fares for families who would otherwise struggle to attend our services; Saturday sessions, early development groups, speech and language, WisH Club, transport to church car park for summer trips. However as we begin to review our services in light of the current funding situation it has been decided to ask families where possible to fund their own transport costs. If however this would mean a family was unable to attend an event we will still contribute up to £10 towards costs. Please be reassured that we do not wish to exclude anybody; the main aim of our charity is to support families. Thank you.



## EARLY DEVELOPMENT GROUPS DATES

**YELLOW GROUP** This is our baby group for children aged up to 2 years, 10am to 12pm with Izzi Ashman on Tuesday 7th, 21st June and 5th July. New babies are welcome to attend from 11am for chat, singing and signing.



**RED GROUP** with Izzi Ashman on Tuesday 14th and 28th June, 10.30am to 12.30pm. For children aged up to 3 years.

**BROWN GROUP** with Margaret Southern. This group will run Thursday 16th and 30th June, 10am to 12pm.

**BLUE GROUP**, with Wendy Uttley. This group, for children aged up to 4, will run Mondays 13th and 27th June, 10am to 12pm.

**PURPLE GROUP** This group will run on Thursday 9th and 23rd June, 10am to 12pm, with Izzi Ashman; for children aged up to 4 years.

**GREEN EARLY EDUCATION GROUP**, with Izzi Ashman. This group will run Thursday 16th and 30th June, 9.30 to 11.30am for children aged up to 5. Support staff are very welcome to attend these sessions.

**EARLY EDUCATION GROUP 2 (EEG2)** This group runs fortnightly for children aged up to 6 with Wendy Uttley on Monday 6th, 20th June and 4th July, 10am to 12pm. Support staff are very welcome.

### EARLY EDUCATION GROUPS PLUS (monthly EEG1, EEG3 and EEG4)

EEG1, delivered by Izzi Ashman is on Monday 27th June, 10am to 12pm.

EEG3, delivered by Wendy Uttley is on Tuesday 21st June, 10am to 12pm.

EEG4, with Izzi, will run Monday 20 June, 10am to 12pm.

Support staff are encouraged to attend these sessions rather than parents in a bid to share best practise with schools.



## WEEKLY DANCE CLASS AGE 5 TO 11

Our weekly dance classes for younger children with Down syndrome run every Saturday 2.15 to 3.15pm at Bingley Fitness Studio, Unit 2, St. John's House, Clyde Street, Bingley, BD16 4LD with Claire from Footsteps Theatre School. The classes are as much about developing a friendship group as dancing. We kindly ask for a donation of £3 per session towards running costs. Parents are expected to stay and, once the children are settled, we hope that they will welcome the opportunity to share experiences and socialise one afternoon a week.



## FREE SWIM, SPLASH AND PLAY

FAMILY SWIM SUNDAY 12th JUNE 11AM TO 12NOON, FREE AT BINGLEY POOL.

For our sole use.  
Funded by Brelms Trust



## **dance21**



Weekly street dance sessions for young people with Down syndrome aged 11+ at Nabwood Sports Centre on Monday evenings at the new time of 6.30 to 7.30pm. The cost is £3.20 per session - young people pay at the door as they arrive; sneaking in some money skills as well! Funded by ESH Charitable Trust. No class 30th June. The next dance21 performance is on 22nd June at Northern Ballet, as part of the Beyond Festival in Leeds.



## WISH CLUB FOR YOUNG PEOPLE WITH DOWN SYNDROME AGED 11+

Our WisH Club runs every Friday 6pm to 8pm for young people aged 11 up to 13 years and 6pm to 10pm for teenagers upwards. Young people are welcome to bring along a friend or sibling age 11+ to the club. Don't forget spending money for the tuck shop; prices, 40p for healthy and 60p for unhealthy snacks.

The club is full of amazing stuff: pool table, table football, air hockey, Xbox, HiFi, large connect 4. A time to chill, dance, makeup, tattoo up, paint, enjoy, relax.

We have recently been gathering feedback from the young people attending the club to help with funding bids towards maintaining this provision. It is wonderful to hear just how much the young people enjoy their Fridays. Thank you to the staff and volunteers who devote their time and energies to making the club so welcoming and successful.

### TARGETS

We have recently set targets for the young people attending the club and parents have been contacted with the information. If there is anything in particular you would like us to help your young person with please let us know.

FACEBOOK: Visit the WisH Club Facebook group:  
<https://www.facebook.com/groups/wishclubyouth/>



## **TRAINING at the PAMELA SUNTER CENTRE, 2 Whitley Street, Bingley**

### **The inclusion of children with Down syndrome - expectations of behaviour**

Wednesday 15th June 2016, 9.30 to 2.30

By considering the learning profile of a child with Down syndrome and looking at areas of need this course will aim to address areas where difficult behaviours may develop. It will look at expectations, appropriate behaviour, including self help skills and go on to outline strategies by focusing on wanted behaviour.

COST: £85 per professional (£30 for a second member of staff from the same school)/£30 per family member.

Includes lunch.

- *Useful for all children not just those with Down syndrome.*
- *Really enjoyable and useful, reinforced and explained things I knew and gave lots of new strategies/tips. I am now much more confident.*

### **Sexuality relationships education-(SRE) and Down syndrome**

Thursdays 16th, 23rd, 30th June and 7th July 9.30 to 12.30pm

The course is suitable for parents and professionals working with children aged 6+ with a range of learning disabilities. It will cover:

- How important SRE is for young people with learning disabilities.
- Names for body parts. Privacy.
- Puberty for girls, puberty for boys,
- Feelings,
- Personal hygiene and self help skills.
- Masturbation, touching, hugging, affection,
- Friendships, relationships and dating.
- Safety in the community. Assertiveness. Abuse prevention strategies.
- SRE in schools.

£150 per professional (£50 for a second member of staff from the same school)/£50 per parent. This is for the 4 week course and includes a folder of handouts and a memory stick of resources for you to take and keep.

### **Toilet training for all ages FREE FOR PARENTS**

Fridays 24th June, 1st July, 8th July 2016, 10 to 12pm

Do you need help toilet training your child? Whether it be a young child just starting or an older child who still needs to develop skills towards independent toileting you are welcome to join us. Sessions will run over three weeks and cover how the bladder develops, skills needed to use the toilet, tips on toilet training, constipation, day and night time wetting and set targets for each child. There will also be opportunities to support each other, share ideas and resources and monitor progress.

This will be 2 hours a week for 3 weeks and be limited to 10 people. Creche available at a cost of £10 per child per session.

Comments from parents attending last years course include:

- *I've enjoyed bringing the subject out in the open, sharing experiences with other parents and picking up tips.*
- *It's prompted me to take the plunge with my child rather than waiting for my child to take the lead.*

FOR FULL DETAIL ON ALL TRAINING PLEASE CONTACT THE OFFICE OR VISIT OUR WEBSITE:

<http://www.downsupportbradford.btck.co.uk/Trainingforparentsandprofessionals>

## **DOWN SYNDROME NETWORK NORTH**

Closed Facebook page:

<https://www.facebook.com/groups/DSNetworkNorth/>

### **TRAINING DAYS WITH WENDY UTTLEY IN OTHER AREAS OVER THE NEXT FEW MONTHS:**

10th June, teaching basic number skills using Numicon, full day, Huddersfield group.

For details please contact our office.

### **DOWN SYNDROME AND A PATHWAY THROUGH EDUCATION: A guide for parents and professionals on educational provision for children and young people with Down syndrome aged birth to 25.**

We have had some wonderful feedback - thank you. Please contact the office if you would like a single copy for FREE. Bulk copies are also available at a cost of £50 per 100 plus postage.

### **Free online presentations about See & Learn and the Reading Language Intervention now available from Down Syndrome Education International**

Learn more about DSE's See and Learn teaching resources and the Reading and Language Intervention for Children with Down Syndrome with their online presentations - now freely available on-demand. They have published 4 presentations - with more planned:

- Introducing See and Learn Speech
- Introducing See and Learn Language and Reading
- Introducing See and Learn Numbers
- Introducing RLI: effective reading and language instruction for children with Down syndrome

To view these visit:

<https://www.dseinternational.org/en-us/presentations/>

The presentations can be viewed in any modern web browser and from a variety of mobile devices.

### **New Clicker 7 Facebook Group**

A new facebook group has been launched for Clicker 7 users. The group is a great place to share success stories, learning ideas and activities. Their team will also be on hand to answer any questions you have and keep you updated with all the latest Clicker news, tips and training information.

<https://www.facebook.com/groups/Clicker.Software/>

### **SPECIAL WORLD**

This is a FREE online publication for anyone working with children who have Special Educational Needs. It aims to keep you all in touch with the latest developments and research and in touch with each other. It includes articles on:

- SEND training launched at NASEN
- Leaky thalamus and distractibility
- Social narratives as an intervention
- BBCi Player for kids

<http://www.specialworld.net/category/world-news/>



### **Specialist Inclusion Project**

The Specialist Inclusion Project runs short breaks, leisure and recreational activities for children and young people with a diagnosed disability aged 8 to 18. They are running some new 10 week workshops including Lego/ Minecraft and Duke of Edinburgh Bronze Award. If you are interested in any of these workshops please contact The Specialist Inclusion Project on 01274 438744 or 07582 101393 or email [s.i.p@bradford.gov.uk](mailto:s.i.p@bradford.gov.uk). For details and links to further information visit <https://localoffer.bradford.gov.uk/Services/Details.aspx?mid=192>

### **It's Signing Time 3 by Singing Hands - With Makaton**

A new collection of Makaton signed songs which will help you and your child learn signs for emotions, animals, the alphabet, colours, numbers etc in a fun and engaging way. Order from their website:

[http://www.singinghands.co.uk/cart/product/it\\_s\\_signing\\_time\\_3\\_dvd/](http://www.singinghands.co.uk/cart/product/it_s_signing_time_3_dvd/)



### **Dark Horse Theatre Company**

The Dark Horse Theatre Company is based at the Lawrence Batley Theatre in Huddersfield, the company develops the skills of actors with a learning disability to a professional level, providing them with opportunities to work in theatre, television and film.

They have a new foundation Actor Training Course for over 18s starting in the Autumn 2016. The course will be two days per week developing acting technique, movement and voice skills.

For further information telephone 01484484441 or email [hello@darkhorsetheatre.co.uk](mailto:hello@darkhorsetheatre.co.uk)

Their website is [www.darkhorsetheatre.co.uk](http://www.darkhorsetheatre.co.uk)

### **NEWS FROM MIND THE GAP**

Mind the Gaps current newsletter is available to download from their website <http://www.mind-the-gap.org.uk/>

This month sees the launch of their major new project Daughter's of Fortune - a multi-output, multi-artform project exploring learning disability and parenthood. On Friday 10th June, 10.30am, to 12pm the production will be performed for an audience of learning disabled parents and adults and their support networks. It features a series of scenarios that may be experienced by people with a learning disability when they consider being, or become, a parent.

Then 1.30 to 4pm the show will be for health and social care professionals and students.

### **West Yorkshire Sport Befriender Service**

#### **Call for users and helpers**

West Yorkshire Sport are starting a pilot befriending service for those looking to start sport and physical activity groups but don't have the confidence to attend alone or might require additional support for other reasons. A befriender's role will vary depending on the person they are attending with. This could include introducing them to other members of the group, taking part in sessions with them and motivating and encouraging. The service is free but there are only a limited number of places available. All volunteers are DBS checked and have completed an induction and training. New volunteers are always welcome.

If you require more information please contact Andrew Lane 07964 209344 email [Andrew.Lane@yorkshiresport.org](mailto:Andrew.Lane@yorkshiresport.org)

### **Public Forum for Education (PFE) meeting**

"What does the Education Covenant mean to you and your community?"

All welcome to an open debate on Tues 28 June, 4.30 - 6.30pm (buffet from 4pm) at the Hockney Conference Room, Margaret McMillan Tower, Princes Way, Bradford BD1 1NN. The Education Covenant looks at how everyone in our community can help drive up education standards across the Bradford District. It sets out what the Council will do and what the community - including schools, pupils, parents, governors and businesses - can do to give young people the "best possible start in life". Education is everybody's business. Please confirm your attendance by email to [Public.Forum.for.Education@bradford.gov.uk](mailto:Public.Forum.for.Education@bradford.gov.uk) telephone Heidi Hardy on (01274) 434335

### **2016 Olympics For All**

Aspire Community Benefit Society are holding an Olympic style event at the John Charles Centre for Sport Leeds 10<sup>th</sup> August 2016, contact Tim Snell 07817304998 for more information.

### **Carers resource newsletter**

Click [here](#) to download their latest newsletter. It is carers week 6th to 12th June.

### **KERRY FARM SUPPORTED BREAKS**

Kerry Farm, situated in the stunning Welsh countryside, offers supported breaks for the whole family. Fully trained and qualified staff are there to enable you to choose what you want to do, where you want to go and most importantly what level of support you'd like. Every holiday at the farm is planned around the individual families with a wide range of activities available: spend time with the animals, enjoying outdoor activities, take part in arts and crafts, cook with produce from the garden. They also have exclusive use of a local bowling alley and swimming pool at a nearby hotel. They can also support young people to gain some of the knowledge and skills they need to make choices in life around transition between primary and secondary school, leaving full time education or leaving home. They offer a choice of cottages, level of personal support and hire of accessibility aids such as hoists.

For more information contact 01480 357 224 or email

[Rachel@papworthtrust.org.uk](mailto:Rachel@papworthtrust.org.uk). Or visit [www.papworthtrust.org.uk/kerryfarm](http://www.papworthtrust.org.uk/kerryfarm)

### **Down's Heart Groups' AGM and Family Day**

This is being held at at Twycross Zoo on Saturday June 18th at 10am. All delegates can enter the zoo at a much reduced rate of £8, with carers and under 2s going free. Tickets need to be pre-booked.

Their latest newsletter is now available, visit:

<http://www.dhg.org.uk/getfile.aspx?206&e=.pdf>

### **Beyond - festival in Leeds**

The Beyond Festival in Leeds will be celebrating the fantastic work of artists, performers and musicians with learning disabilities in Leeds. It will run from 5<sup>th</sup> to 23<sup>rd</sup> June at various venues across the city (includes the performance by Dance 21) check for details at

[www.beyondarts.co.uk](http://www.beyondarts.co.uk)

### Half Term Activities at Nell Bank

Nell Bank (Denton Road, Ilkley LS29 ODE). Family fun days are planned for: 31st May, 26th July, 13th August and 25th October 2016, 11am - 3pm. Activities include the adventure playground, habitat trail, pond dipping, water play, den building and the FISICAL coaches will be there to run football, cricket, rounders and tennis. They ask parents to bring their own picnics to eat in the grounds of Nell Bank. The fun days are free for families from the Bradford District and £5 for families outside. To reserve tickets please contact Nicola Norris: nicola.norris@bradford.gov.uk 07582 101307

### Summer Camps 2016

The Specialist Inclusion Project are running a summer camp to the William Henry Smith School in Brighouse in August. The breaks will be 4 nights and take place on 8th-12th, 15th-19th and 22nd-26th August. Prices start at £300 and include 1:3 staff to child support; accommodation; meals and activities. Greater support can be provided depending on need but will involve a higher cost. For further information and bookings tel 01274 438744, 07582 103558

### MOTHER NATURE KNOWS BEST

An online survey has been produced by Nuffield Bioethics to gather feedback on your thoughts on the NIPT - non invasive prenatal test in the UK. It is anonymous and for parents and professionals. The questions ask things like what you think of the tests and where you think they may lead. The deadline is 25<sup>th</sup> July. This link will take you to the survey [www.nuffieldbioethics.org/views-on-NIPT](http://www.nuffieldbioethics.org/views-on-NIPT) Please share with your family and friends. For more information please visit; [www.nuffieldbioethics.org/NIPT](http://www.nuffieldbioethics.org/NIPT)

Have you visited us on Facebook yet?

<https://www.facebook.com/groups/DSTSS/>



### JUNE REMINDERS

11th June, 10am to 12pm, family Saturday session at Haworth Road Methodist Church. PSK Photography.

12th June, 11 to 12pm, swim, splash and play at Bingley Pool. FREE.

15th June, 9.30 to 2.30, Training course—the inclusion of children with Down syndrome- expectations of behaviour.

16th June, 9.30 to 12.30 start of 4 week course on sexuality relationships education at the centre.

18th June, various times, speech and language groups with Gina, Lauren and Ellie.

21st June 12.30 to 2pm, session to help parents of children who are tube fed with Jo Gallagher and Caroline Nally at the centre.

21st June, 7 to 9pm, Down syndrome and Autism evening at the centre. Sensory Issues

22nd June, various times, speech and language group with Lauren .

24th June, 10am to 12pm, start of 3 week toileting course at the centre.

**WEEKLY WISH CLUB - FRIDAYS 6 TO 10PM**

**WEEKLY STREET DANCE - MONDAYS NABWOOD, 6.30 TO 7.30PM. NO CLASS 30TH JUNE.**

**WEEKLY DANCE 5 TO 11 YEARS - SATURDAYS, 2.15 TO 3.15 AT MARY'S STUDIO.**

**SPRING BANK: WE ARE CLOSED 30TH MAY TO 3RD JUNE - AND SOME SOCIAL SESSIONS MAY NOT RUN THIS WEEK.**

### DONATIONS DURING MAY

Thank you for your amazing donations:

Skipton Building Society, £185.70

Kathleen King, £5.86 from collection of copper coins

P Fletcher, £20

Mrs Yeatman £100

Richard Hunts total to date, £526 from his Paris cycle ride

### THANK YOU TO JOHANNE SMITH

Last month Johanne, one of our Directors, stood down from our Board. We would like to thank Johanne for her support and commitment over the last couple of years.



**LOTTERY FUNDED**

### MY DONATE WITH BT

You can make online donations and create a fundraising page for us by visiting <https://mydonate.bt.com/charities/downsyndrometrainingsupportserviceltd>

You can also donate direct to our bank account by using our new [standing order](#) form. This can also be downloaded from our website.



**CONTACT Wendy Uttley or Wendy Rhodes**, The Pamela Sunter Centre, Down Syndrome Training & Support Service Ltd, 2 Whitley Street, Bingley, Bradford, BD16 4JH Tel/Fax 01274 561308  
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Web: [www.downsupportbradford.btck.co.uk](http://www.downsupportbradford.btck.co.uk)