

# 2016 “Leisurely rides” programme

**17 April**  
Route 7\*  
Time (distance)  
Start from

**Grand estates**  
Trentham to Wedgwood  
2½ hours (10 miles)  
Trentham Gardens entrance

**1 May**  
Start time/venue  
Time (distance)

**Staffordshire Day**  
**Wedgwood & Brindley**  
3 pm/ Kingsway, Stoke  
1 hour (4 miles)

**Stanley Matthews**  
4 pm/ Stoke Minster  
1 hour (4 miles)

**8 May**  
Route 2\*  
Time (distance)  
Start from

**The “China Cycle Trail”**  
Forest Park to Westport Lake  
2 hours (8 miles)  
Forest park car park

**12 June**  
*Congleton Food Festival*  
Time (distance)  
Start from

**Biddulph Valley Way**  
Ford Green to Congleton  
(inc. 1½ hour stop at food festival)  
4 hours (19 miles)  
Ford Green Hall car park

**17 July**  
Route 3\*  
Time (distance)  
Start from

**Mines and museums**  
Westport to Newcastle  
2½ hours (12 miles)  
Westport Lake visitor centre

**21 August**  
New route  
Time (distance)  
Start from

**Rivers and canals**  
Lyme Valley to Stoke  
2 hours (9 miles)  
Lyme Valley velodrome

**18 September**  
Route 8\*  
Time (distance)  
Start from

**Boats and Trains**  
Westport to Kidsgrove  
2 hours (8 miles)  
Westport Lake visitor centre

These **Sunday morning** rides explore the amazing network of traffic free greenway and towpath cycle routes in **North Staffordshire**

**2016** is the **21st anniversary** of the launch of the **National Cycle Network** by **Sustrans**. The rides use several sections of **national cycle routes** such as 5, 55 and 555.

The rides start and finish at the same point. They include some short road sections but are led and marshalled by local **“Sustrans”** volunteers who are experienced cyclists.

The rides are at a very leisurely pace and they have “breather” stops and a refreshment stop/comfort break half way round. Children must be accompanied by an adult.

Rides start at **10 am** - (except for the Staffordshire rides on 1st May) - please register 15 mins before.

## Further information:

- local cycle maps & route\* maps - see Stoke Council, “NS Travelsmart” and Staffordshire Council websites
- national cycle routes - see the “Sustrans” website
- the rides – see “North Staffs Sustrans volunteers” or “Skyride” websites or ring Mike Barr Tel: 01782 616243 or email: barr48@btopenworld.com

# Try a “Leisurely ride” in 2016

## Free guided rides on greenways



**Sustrans volunteers**  
North Staffs and South Cheshire