

Hillingdon Federation of Community Associations

List of activities in alphabetical order for 2016

PLEASE CHECK WITH ORGANISERS BEFORE ATTENDING

Advice Information & Care Service BELL FARM, TOWNFIELD

Aerobics BARNHILL, EASTCOTE, HILLINGDON

After School Study EASTCOTE

Aikido SOUTH RUISLIP, YEADING

Alzheimer's Café HAYES & HARLINGTON

Arabic classes S.RUISLIP, GRAND UNION VILLAGE

Art Class, HAYES & HARLINGTON, TOWNFIELD (50+)

Art Society EASTCOTE (also Blank Canvas art club for children at Eastcote)

Asian Ladies Group BROOKSIDE

Babel School of Dance HAYES & HARLINGTON

Badminton NORTHWOOD, Deaf Badminton BARNHILL

Ballet & Tap CHARVILLE, EASTCOTE, UXBRIDGE

Bangladesh School HILLINGDON

Banjo Band CHARVILLE

Bengali Classes for children TOWNFIELD

Bible Study GRAND UNION VILLAGE

Bio Energy UXBRIDGE

Bingo BARNHILL, CHARVILLE, HAREFIELD, HAYES END, SIPSON, W. DRAYTON

Bowls (Short Mat) BARNHILL, HAREFIELD, HAREFIELD, HAYES & HARLINGTON ,
S.RUISLIP, YEADING, NORTHWOOD, EASTCOTE, UXBRIDGE

Boot Camp S.RUISLIP

Bridge Club with Cribbage Section HAYES & HARLINGTON

Bridge NORTHWOOD, EASTCOTE, LONG LANE, HAREFIELD

Brownies & Rainbows UXBRIDGE

C a m e o. Club HAREFIELD

Café TOWNFIELD

Carers Group HAYES & HARLINGTON

Carer & Toddlers Group BELL FARM

Ceroc, Dance routines WEST DRAYTON

Church Service BELL FARM, CHARVILLE, CRANE, EASTCOTE, GRAND UNION
VILLAGE ,HAYES & HARLINGTON, HILLINGDON, LONG LANE, UXBRIDGE

Circuit training UXBRIDGE

Computer Course for 50+ TOWNFIELD

Cookery S.RUISLIP (Dimensions Cookery Club for adults with Learning difficulties)

Crafts UXBRIDGE & Creative Fun Factory toddlers group @ S.RUISLIP

Crib HAYES & HARLINGTON, CHARVILLE

Dancing HAREFIELD, LONG LANE(Pam's Dance Vogue & also children's Musical Mayhem)

Dancing, Line NORTHWOOD, HAREFIELD, HAYES & HARLINGTON,
HAYES END, CRANE, WEST DRAYTON, CRANE (C & Western)

Dancing Modern Sequence EASTCOTE



Dance (Bollywood Dance / Street Dance) & Indian Classical @ BROOKSIDE
Dance - Breakdance (Street Dance for 6-14 years) Y.& W.DRAYTON
Dance - Salsa / Latin Dance Class UXBRIDGE & Konga Dance & Exercise @ CHARVILLE
Darts Club/Teams HAYES & HARLINGTON, YEADING, CHARVILLE
Day Nursery BROOKSIDE, YEADING, HAYES END,
HILLINGDON, SKYLARK, Y & WESTDRAYTON

Deaf Badminton Club BARNHILL
Dog-Training BARNHILL, HAYES END, SIPSON
Dolls House Club, (monthly) WEST DRAYTON



English / Maths tuition UXBRIDGE, BROOKSIDE
English Classes (ESOL-REAP) BELL FARM, TOWNFIELD, HAYES & HARLINGTON
Exercise Classes 55+ TOWNFIELD Chair exercises EASTCOTE

Fishing Clubs WEST DRAYTON
Fitness, Fun N' Dance HAREFIELD Konga Dance & Exercise @ CHARVILLE
Floral Art EASTCOTE

Football - Little Kickers toddlers football S.RUISLIP
Friendship group (for parents & small children) CHARVILLE



German Conversation NORTHWOOD
Greek Language & Culture S.RUISLIP

Hair Saloon BARNHILL
Happy Families Group HAREFIELD
Holiday Playscheme BARNHILL, BELL FARM, BROOKSIDE, CHARVILLE, CRANE,
HAYES END, HILLINGDON, SIPSON, SKYLARK, UXBRIDGE

Healing (Pranic) SOUTH RUISLIP
Housebound & Disabled Pensioners group CHARVILLE

Indian Classical Dancing BROOKSIDE
Irish Dancing UXBRIDGE



Jazzercise EASTCOTE
Judo HAREFIELD, HARMONDSWORTH
Ju-Jitsu HAYES & HARLINGTON

Karate BARNHILL, YEADING, HAYES & HARLINGTON, HAYES END,
HILLINGDON, VIEWSLEY & W.DRAYTON (Shotokan Karate UXBRIDGE)

Keep Fit with Crèche UXBRIDGE
Keep Fit BROOKSIDE, EASTCOTE, VIEWSLEY, HAYES END, Y.& W. DRAYTON
GRAND UNION VILLAGE (Keep Fit 50+) NORTHWOOD, H & HARLINGTON

Keys for Men Courses (Self Esteem) BELL FARM
Konga (Dance & Keep Fit) CHARVILLE

Knit & Natter Group TOWNFIELD
Kung Fu VIEWSLEY & WEST DRAYTON

Ladies Club HAREFIELD, HAYES & HARL. Y & W. DRAYTON
Ladies Darts Team YEADING



Legal Surgeries GRAND UNION VILLAGE
Line Dancing UXBRIDGE, HAYES END, NORTHWOOD & HAREFIELD

Little Kickers UXBRIDGE, SOUTH RUISLIP
Little Treasures UXBRIDGE
Local Residents Forums CRANE, HILLINGDON
Local Councillors Surgery TOWNFIELD, YEADING
Lunch Club / Cafe TOWNFIELD,
Older Persons' lunch & Social Club BELL FARM



Machine Knitting EASTCOTE
Malayalam language class BROOKSIDE
Martial Arts (Bujinkan) UXBRIDGE
Maths & English Tuition UXBRIDGE, BROOKSIDE, YEADING
Maths Booster classes CRANE

Mature Ladies Keep Fit HAYES & HARLINGDON
Men's Cookery Classes TOWNFIELD (Coming soon)
Men's courses (Self Esteem) BELL FARM
Mothers & Toddlers EASTCOTE, LONG LANE, BARNHILL
Mosque BARNHILL,
Musical Mayhem (group sessions for children) LONG LANE
Muslim Friday Prayer Group YEADING



Nail Cutting Service TOWNFIELD

OAP Clubs BARNHILL, BROOKSIDE, CHARVILLE, CRANE, EASTCOTE,
HILLINGDON, UXBRIDGE, YEADING, Y.& WEST DRAYTON,

Pain Management UXBRIDGE

Painting for Pleasure EASTCOTE

Pam's Dance Vogue LONG LANE

Parent & Toddlers BROOKSIDE, BARNHILL, BELL FARM
CHARVILLE, S.RUISLIP, UXBRIDGE

Parenting Classes BELL FARM

Performing Arts for Children GRAND UNION VILLAGE

Pilate's UXBRIDGE, WEST DRAYTON

Play Group UXBRIDGE, GRAND UNION VILLAGE

Playschemes BARNHILL, BELL FARM, BROOKSIDE(at Minet Country Park) , CHARVILLE,
CRANE, HAYES END, HILLINGDON, SIPSON, SKYLARK, UXBRIDGE

Pool HAYES & HARLINGTON, CHARVILLE

Positive Steps & Parenting Courses BELL FARM

Pranic Healing (Non contact energy healing) S.RUISLIP

Prayer Group UXBRIDGE, BELL FARM, YEADING

Pre-School Playgroup EASTCOTE, HILLINGDON, GRAND UNION VILLAGE

Pre-School Little Stars Nursery HAYES END

Rambling NORTHWOOD

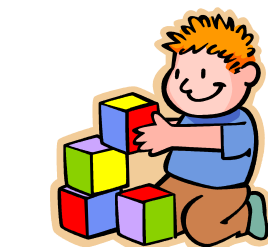
Red Cross TOWNFIELD

Reiki HILLINGDON

Rosemary Conley Diet & Fitness WEST DRAYTON

R.O.A.B WEST DRAYTON

Running Club HAYES & HARLINGDON



Salsa / Latin Dance UXBRIDGE
Saturday School TOWNFIELD
Scrabble Club NORTHWOOD
Self Esteem Courses BELL FARM
Shahjalal Educational Charity SOUTH RUISLIP
Short Mat Bowls BARNHILL, EASTCOTE HILLINGDON,
HAREFIELD, S.RUISLIP, YEADING, NORTHWOOD, UXBRIDGE

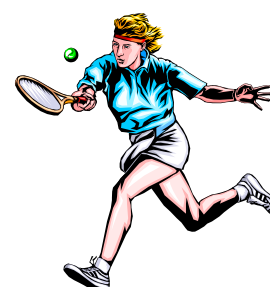


Singing & Dancing 4 - 15 years HILLINGDON
Singing for Fun HAREFIELD, S.RUISLIP (Capital Connections ladies choir)
Slimming World BARNHILL, HAYES & HARLINGDON, YIEWSLEY & W.DRAYTON
Social Club & Family Night CHARVILLE,
Social Afternoon with board / card games NORTHWOOD
Social Events & Social Club HAYES & HARLINGDON, YEADING
Spiritual Development Group HILLINGDON
Spititualist Assoc. HILLINGDON
Stretch-a-cise keep fit S.RUISLIP
Stroke Support Group HAREFIELD, BARNHILL
Sugar Craft Guild LONG LANE
Sunday School BELL FARM CHRSTIAN CENTRE



T.O.D. Ladies Club HAYES & HARLINGDON
Table Tennis EASTCOTE, NORTHWOOD
Tai Chi EASTCOTE, YEADING, YIEWSLEY & WEST DRAYTON
Tae Kwando EASTCOTE, GRAND UNION VILLAGE, HAYES END, S.RUISLIP
Tamil Group BROOKSIDE
Tap for Fun YIEWSLEY & WEST DRAYTON
Tea Dance EASTCOTE, HAREFIELD, WEST DRAYTON, UXBRIDGE
Tennis, NORTHWOOD

There's No Biz Like Showbiz' HILLINGDON
Toddler Group UXBRIDGE (Little Monkeys) BELL FARM
Towns Women's Guild LONG LANE
Tuesday Club WEST DRAYTON



Tutoring - 11 Plus YIEWSLEY & WEST DRAYTON
Tuition Classes for Children GRAND UNION VILLAGE
Walking Club HAYES & HARLINGDON, NORTHWOOD
Weightwatchers HAYES & HARLINGTON
Whist HAYES & HARLINGTON, HAREFIELD, NORTHWOOD
Wine & Beer Society HAREFIELD,
Winning Relationships HILLINGDON
Women's Club LONG LANE
Women's Institute HAYES & HARLINGTON, EASTCOTE

Yoga BARNHILL, EASTCOTE, HAYES & HARLINGTON, GRAND UNION VILLAGE,
HILLINGDON, WEST DRAYTON, NORTHWOOD, YEADING, S. RUISLIP
Zumba UXBRIDGE, GRAND UNION VILLAGE, HAREFIELD
Zumba Fitness BROOKSIDE / Zumba Gold TOWNFIELD

Directory of Addresses

Barnhill CA

Ayles Road, Hayes UB4 9HG

020-8845 6900

Email:

barnhillcommunitycentre@yahoo.co.uk

Bell Farm Christian Centre

South Road, West Drayton

01895 444406

Email: info@bfcc.org.uk

www.bfcc.org.uk

Brookside CA

70, Brookside Road, Hayes UB4 0NZ

020-8589 0780

bellatelespher@yahoo.co.uk

Charville CA

Bury Avenue, Hayes, UB4 8LF

020-8841 7067

Patricia.potter@charvilleca.co.uk

Crane Youth & CA

Crane Centre, Fuller Way

Hayes, UB3 4LW

020-8581 8273

Email: brooks7@tiscali.co.uk

Eastcote CA

Oak Grove, Southbourne Gdns

Eastcote, HA4 9SQ

020-8866 2050

email: office@eastcoteca.org.uk

Grand Union Village CT

Weaver House, Higham Mews Northolt,

UB5 6FP 020-8845 8518

www.guvcommunity.org.uk

Harefield CA

Priory Avenue, Harefield UB9 6AP

01895 824621

Email:

harefieldcommunitycentre@btinternet.com

Hayes & Harlington CA

Albert Road, Hayes, UB3 4HR

020-8573 5273

Email: handhca@btconnect.com

Skylark, (Coming soon) off Lansbury Drive
Contact Bryony Gibbs on 020 8581 4177

Hayes End CA

Hayes End Community Park

Hayes End UB3 2TY

020 8930 8228

Email: Linda.Carter408@yahoo.co.uk

Hillingdon CA

Walter Pomeroy Hall

100 Royal Lane

Hillingdon UB8 3QU

01895 446514 / 421799

Barbara.inspirations@gmail.com

Long Lane CA

304 Long Lane

Hillingdon UB10 9PE

01895 637704

Northwood CA

(Meets in various church halls)

For details ring: 01923 836346

email: keithdunhill@tiscali.uk

Sipson CA

Sipson Way, Sipson UB7 0DP

01895 449363

Townfield CA

Townfield Road, Hayes, UB3 2EL

Tel : 0208 756 4390

OGallagher@ageukhillington.org.uk

Uxbridge CA

32B The Greenway

Uxbridge UB8 2PJ

01895 257163

email: office@theuxbridgecentre.org.uk

Yiewsley & West Drayton CA

Harmondsworth Road

West Drayton. UB7 9JL

01895 443423 mob:+44 748 4523277

Email: office@ywdcc.org.uk

Yeading CA

Ditchfield Road

Yeading UB4 9BH

0208-845 1714

yeadingcommunityassociation@yahoo.co.uk

South Ruislip Community Centre

Deane Park, Long Drive, S.Ruislip.HA4 0HS

Tel:020 8842 0547 E:Sr_ca@btconnect.com