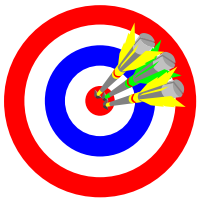


Activities in Community Centres

There are 20 Community Associations



**in the Hillingdon Federation
of Community Associations**



**We have lots to offer
from social activities
to sports, education, leisure,
and friendship**



Barnhill Community Centre

Ayles Road, Hayes, UB4 9HG

Tel: 020 8845 6900 Email:

Barnhillcommunitycentre@yahoo.co.uk

Young at Heart Group(60+ Tues &Thurs)

Short Mat Bowls

Dog Training

Shotokan Karate

Deaf Badminton Club

Blind Club

Stroke Club

Yoga

Muslim School

Slimming World

Jimmy's Hair Salon

Bingo (Social Club Members)

Holiday Playscheme

Bell Farm Christian Centre

South Road, West Drayton.

Tel: 01895 444406

www.bfcc.org.uk or E: info@bfcc.org.uk

Advice Information & Care Service

Advising in debt,housing,benefits,etc.

Advice Session at St Matthews (Mon & Wed.)

Older Person's Lunch & Social Club

Keys for Men Courses (self esteem)

Positive Steps Course & Parenting Courses

Carers & Toddler Group (Wed. & Fri.)

Self Esteem Courses

Toy Library

ESOL Classes

Children's events throughout the year.

Church Services & Sunday School.

Holiday Playscheme

Brookside Community Centre

Brookside Road, Hayes,UB4 0PL

Tel: 020 8589 0780 / 0208 848 4756

bellatelespher@yahoo.co.uk

Asian Ladies Group

Indian Classical Dancing

Ladies Keep Fit

Tamil Group for Music,Dance & Education

Malayalam language class

Karate for all ages

Maths Classes

Day Nursery & Creche

Pensioners Club

Football Coaching

Holiday Playscheme at Minet Country Park

Skylark Community Centre

Recently opened – for more details contact

Pat Gibbs on 020 8581 4177

Charville Community Centre

Bury Avenue, Hayes, UB4 8LF

Tel: Office on: 020 8841 7067

patricia.potter@charvilleca.co.uk

Friendship Group (for parents & small children)

Ballet & Tap

Konga (New form of Dance & Keep Fit)

Bingo

Senior Citizen's Club

Housebound Pensioners Club (alt.Thursdays)

Banjo Band

Darts

Cribbage

Social Club & Family Nights

Non-denominational Church Service(Sun.am)

Joyful Assembly (Sundays pm)

Occasional teas & Outings for Housebound

Disabled Pensioners

Holiday Play scheme

Eastcote Community Centre,

Oak Grove, Southbourne Gardens, Eastcote,

HA4 9SQ Tel: 020 8866 2050

office@eastcoteca.org.uk

Pre-School Playgroup

Parents & Toddlers

Indoor Bowls (winter time)

Keep Fit

Alice's fun exercise (chair)

Yoga (3 times a week)

Shape & Tone /Aerobics

Modern Sequence Dance

Tea Dance (Fridays)

Spotlight Dance Group (children)

Table Tennis

Bridge Clubs

Painting for Pleasure

Blank canvas art club (for children)

Art Society

Eastcote Art Society & also Floral Art

Machine Knitting (3rd Friday in month)

Southbourne W.I. (includes a craft morning & a

Choir

Card crafts (Last Thurs. in the month)

Southbourne Wine Makers

Kumon Maths

Tai Kwando & Tai Chi

Friendship Group (Senior Citizens)

Church Groups

Local Residents Groups

Sipson Community Centre

Sipson Way, Sipson. UB7 0DP

Tel: 01895 449363

Bingo & Social functions

Dog Training

Holiday Playscheme

Crane Youth & Community Centre

Fuller Way, Hayes, UB3 4LW

C/o Tel: 020 8581 8273

Line Dancing

Country & Western Dance (couples)

Maths Booster classes

United Apostolic Church

Prayer Group

Pensioners Club

Local Residents Forums

Holiday Playscheme

Hayes End Community Centre

Kingsway, Hayes End, Middx.UB3 2TZ

For bookings tel: 020 8930 8228

E: Linda.Carter408@yahoo.co.uk

Bingo

Dog Training

Tae Kwon-do

Karate

Pre School for 2 – 4 years (Little Stars)

Line Dancing

Occasional Lunch for housebound Disabled

Pensioners

Muslim Prayer Group

Room for Party Hire

Holiday Playscheme

Grand Union Village Community Centre

Weaver House, 6 Higham Mews, Northolt

UB5 6FP Tel: 020 8845 8518

www.guvcommunity.org.uk

Zumba Fitness

Tuition classes for Children

Arabic Classes for children

Playgroup

Tae Kwon-do

Legal Surgeries

Harefield Community Centre,

Priory Avenue, Harefield UB9 6AP

Tel: 01895 824621

harefieldcommunitycentre@btconnect.com

Cameo Club(interest group 3rd Mon. in month)

Indoor Bowls

Judo (Juniors & also Seniors)

Harefield Wine Society

Line Dancing

Dancing Club & also Tea Dances

Fitness, Fun N Dance

Singing for Fun (2nd Monday in month)

Bingo

Happy Families Group

Whist & Bridge Clubs

Ladies Club (2nd Thursday in month)

Singing for Fun

Zumba

Hayes & Harlington C. Centre

Albert Road, Hayes. UB3 4HR

handhca@btconnect.com

Tel: 020 8573 5273

Art Class

Babel School of Dance

Carpet Bowls

Yoga

Karate Kids Academy

Ju-Jitsu

T.O.D. Ladies Club

Women's Institute

Photography Club

Running Club

Walking Club

Mature Ladies Keep Fit

Weight Watchers

Slimming World

Cribbage Section

Darts Team

Pool

Alzheimer's Café

Hillingdon Carers

Hillingdon Tamil Community Association

Social Events & Social Club

Hillingdon Community Centre

Walter Pomeroy Hall, 100 Royal Lane,

Hillingdon. UB8 3QU

Tel: 01895 445603, Bookings: 01895 421799

Barbara.inspirations@gmail.com

Pre-School Playgroup

Club '87 (Senior Citizens group)

Reiki

Spiritualist Association

Spiritual Development Group

Karate

Short Mat Bowls (Winter only)

MFM Church

Crown Church

Local Residents Forums

Holiday Playscheme

Long Lane Community Centre

304 Long Lane, Hillingdon. UB10 9EP

01895 235853

Mothers & toddlers

Hillingdon Bridge Club

Swakeley's Towns Women's Guild

Sugar Craft Guild

Musical Mayhem (group sessions for children)

Oak Farm Women's Club

Pam's Dance Vogue

Second Sight Spiritualist Church

Northwood & District Comm. Assoc.
(Meets at various venues) Tel: 01923 836346
E: keithdunhill@tiscali.co.uk

1. Northwood Hills United Reform Church

Card Games, Whist, & Bridge Club
Table Tennis
Line Dancing
Walking for Pleasure group
& a monthly ramble on a Sunday

2. Emmanuel Church

Keep Fit for over 50s
Short Mat Bowls

3. Methodist Church

Conversational German
Badminton
Yoga
Social Tennis at Chestnut Avenue

South Ruislip Community Centre

Deane Park, Long Drive, S. Ruislip. HA4 0HS
Tel: 020 8842 0547
Sr_ca@btconnect.com

Aikido
Arabic Classes for children
Boot camp
Capital Connections Ladies Choir
Creative Fun Factory toddlers group
Little Kickers Toddlers Football
Dimensions Cookery Class
Greek Language & Culture
Pranic healing
Shahjalal Educational Charity
Short Mat Bowls
Stretch- a-cise Keep Fit
Titan Academy Taekwondo classes
Yoga

Yeading Community Centre

Ditchfield Road, Yeading, UB4 9BH
Tel: 020 8845 1714
yeadingcommunityassociation@yahoo.co.uk

Short Mat Bowls
Karate
English & Maths Tuition (children)
Tai Chi (beginners & advanced)
Aikido
Glencoe Friendly Club (Senior Citizens)
Private Day Nursery
Friday Prayer Group
Social Club
Darts
Local Councillors Surgery
Yoga

Townfield Community Centre

Townfield Road, Hayes. UB3 2EL
0208 756 4390
Chair Exercises (55+)
Zumba Gold
50+ Art class
Knitter Natter (Knitting Group)
Lunch Club (Wed., Thurs., Fri.)

Uxbridge Community Centre

The Greenway, Uxbridge UB8 2PJ
Tel: 01895 257163
email: uxbridgecentre@tiscali.co.uk

Ballet
Bio Energy
Brownies
Circuit Training
Dance, Music, & Drama for Children
English & Maths Tuition
Karate (Shotokan) & Tai Chi
Lighthouse Chapel
Line Dancing
Little Kickers (football for young children)
Pilates4life (3 sessions varying levels)
Pre school Playgroup
Senior Citizens Social Group
Short Mat Bowls
Little Monkeys Toddler Group
Sling Swing
Zumba
Holiday Playscheme (1st & 2nd week of sch. holidays)

Yiewsley & West Drayton C. Centre

Harmondsworth Rd, West Drayton, UB7 9JL
Tel: 01895 443423
office@ywdcc.or.uk
Kiddie care Day Nursery
Baby Ballet
Bingo
Breakout Dance (Street Dance for 6-16yrs)
CEROC (Salsa & Rock) & West coast swing
Karate,
Line Dancing & Tea Dances
Tap for Fun
Tuesday Club (Senior Citizens)
Senior Citizens Afternoon Tea (monthly on Wed)
Slimming World
Snooker
Small Inspirations Dolls House Club
Zumba / Yoga
Hanwell Angling Club & Yiewsley Angling Club
West Drayton Fishing Club
RAOB
S'ir Tailor 11 Plus Tutoring
Friday prayer group