



Peasmarsh Periodical



Coronavirus (Covid-19) Update

As residents are aware this virus is now taking hold and Peasmarsh Parish Council is working with local businesses and organisations to give as much help, support and information as possible to the community during this difficult period

Community Help

The Parish Council is putting together a list of persons willing to help others who may need support during this crisis

If you are able to offer help with shopping, collecting medicine's, making regular contact by telephone and other essentials please contact us giving your full name, address, phone number(s) email address and what services you could potentially offer and we will then be able to offer co-ordinated assistance to those in need due to self-isolating or government advised containment

If you need help or are vulnerable please contact us with the following information full name, address, telephone number(s) and email address if you have one. Please tell us if you are unwell & self-isolating or staying indoors due to government advice, if there are others in your household and their situation(s) and if possible, contact details for a close family member or friend would also be helpful

If you are already looking after the needs of someone self-isolating or vulnerable, please contact us as we may have been advised of their needs by someone else and we can then update records accordingly

Contact: Amy Head Peasmarsh Parish Clerk - mobile: 07951 668713 - email: peasmarshpc@outlook.com

Jempson's

In light of the Government advice which currently indicates an impending period of isolation for the over 70's and those with underlying health issues, we wanted to advise you all that Jempson's will be announcing a Home Delivery service to all customers who are unable to shop in their stores. We are currently finalising arrangements with local authorities and will announce by the end of this week. Customers will have the option to place orders by telephone or email.

To all those who are concerned please rest assured our colleagues in every store will endeavour to ensure you each have the necessities to get you and your families through this difficult period

We are thankful to report our supply of goods and services to all stores thus far has been excellent. We are securing additional stocks daily to cope with extra demand. Particular thanks go to our Local suppliers who have been outstanding in the way they have accommodated the extra demands we have placed on them. Should you have any further specific issue that you wish to discuss please **email: mail@jempsons.com or telephone: 01797 230 214 website: www.jempsons.com**

We are living in unprecedented times

I and every colleague in our organisation wants to reassure you that everyone at Jempson's is devoted to taking care of you when you shop with us

We hope you and your families stay healthy

With best wishes to all Stephen and every colleague in the Jempson's team

Please note

- 1. We are looking to introduce a Home Delivery Service only for the over 70s, those at risk (have underlying health problems) and those who have to self isolate only at the present time.**
- 2. All information correct as at 18.03.20. Please refer to our website for up to date information**

The Cock Inn

Will be open daily Monday to Thursday from 4pm until 7pm but will not be serving food on these days

A take away service (delivery and collection) is available on Friday and Saturday from 5pm until 8pm - opening hours will be from 4pm until normal closing time on these days and take away service may be extended to other days if there is a demand

For more details: telephone: 01797 230281 – for take-away menu see website: thecockinnpeasmarsh.com

The Horse and Cart

Open and trading as normal for the foreseeable future will continue to serve Fish & Chips as a take away on a Thursday and are considering extending this to rest of week depending on demand - Pizzas will still be available as a take away

For more details: telephone: 01797 230034 - for menus see website: thehorseandcart.co.uk

Flackley Ash Hotel

Open for business as usual and the restaurant will be serving breakfast and dinner every-day until further notice. The health club and pool will also remain open to members and non-members.

For more details: telephone: 01797 230651 - for menus see website: flackleyashhotel.co.uk

Peasmarsh Church

Services are being suspended until further notice on the advice of The Archbishops of Canterbury and York although weddings and funerals can still go ahead. **The church will remain open for private prayer and contemplation**

Peasmarsh Memorial Hall

The hall is closed and will remain closed until further notice. Users of regular hall activities please contact your activity organiser. For bookings queries **email: bookings.peasmarshmh@gmail.com website: peasmarshmh.btck.co.uk**

Recreation Ground

The pavilion is closed until further notice as the hand washing facilities are deemed to be inadequate to meet the needs of this crisis

Peasmarsh Parish Council

As the monthly parish council meetings are public meetings the parish council has regrettably had to suspended them until further notice but will still be able to serve residents needs and enquires via the parish clerk

Contact: Amy Head Peasmarsh Parish Clerk - mobile: 07951 668713 - email: peasmarshpc@outlook.com

Litter Pick

The litter pick which was due to take place on Saturday 4th April has now been postponed until September

Advice from NHS and Government

COVID-19 is a new illness that can affect your lungs and airways. It's caused by a virus called coronavirus

Stay at home if you have coronavirus symptoms

Stay at home for 7 days if you have either:

A high temperature, you feel hot to touch on your chest or back

A new continuous cough, this means you are coughing repeatedly

Do not go to a GP surgery, pharmacy or hospital.

You do not need to contact 111 to tell them you're staying at home.

Testing for coronavirus is not needed if you're staying at home.

Use the NHS 111 online coronavirus service if:

You feel you cannot cope with your symptoms at home

Your condition gets worse

Your symptoms do not get better after 7 days

Only call 111 if you cannot get help online.

How coronavirus is spread

Because it's a new illness, we do not know exactly how coronavirus spreads from person to person.

Similar viruses are spread in cough droplets.

It's very unlikely it can be spread through things like packages or food.

How to avoid catching or spreading coronavirus

Don't

Do not touch your eyes, nose or mouth if your hands are not clean

Do

Cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough, or sneeze put used tissues in the bin immediately and wash your hands afterwards try to avoid close contact with people who are unwell

Treatment for coronavirus

There is currently no specific treatment for coronavirus.

Antibiotics do not help, as they do not work against viruses.

Treatment aims to relieve the symptoms while your body fights the illness.

You'll need to stay in isolation, away from other people, until you have recovered