



## CLUB DRESS CODE

This dress code has been put in place to assure the safety of the players and to also identify players easily at tournaments, it has also be put together for the players to know what items they will need for training and tournaments.

### TRAINING

Training at the Welsh school on Wednesday night will be indoors and the players may wear trainers, Astro trainers are also allowed. Shin pads will also have to be worn for the safety of the players (coaches will be checking every week to make sure there are being worn - **NO SHIN PADS NO TRAINING**)

Additional training sessions will be held on grass at the Coloct Sports Centre, you would be advised to bring your trainers along with football boots if you have some. Again Shin Pads **MUST BE WORN** at these training session for your safety.

You can wear suitable clothing for training, Shorts or tracksuit bottoms, football socks and a football training or match shirt

### TOURNAMENTS

Most of the Tournaments we attend will be on 3G Astro Turf playing surfaces, shin pads **WILL BE WORN** and I also would recommend that you play either in Astro Trainers or Moldies (football boots with moulded studs only), if you do not have Astro Trainers normal trainers will do but you will have better grip with Astro trainers or Moldies

#### **NO BLADES OR METAL STUDS ARE ALLOWED.**

(Welsh Football Trust Rules)

All Players that attend tournaments will have to either supply their own reds shorts and socks or they can be purchased from the club for £10.00 if available, the club will also loan a shirt for the tournament which will have to be returned at the end of the tournament.

**Any player that attends a tournament without the correct kit including shin Pads will not play**

### BEHAVIOR

Any Player found to be using foul or abusive language towards another player, club or official will be removed from the field of play. The coaches will decide if the matter will be referred back to the committee and the Club Welfare Officer.

Following WFT guidelines parents are also asked not to coach there son or daughter from the side lines and also not to use abusive language, if any person is reported to the coaches they will be asked to leave the tournament/training area. These rules will also apply at Training.