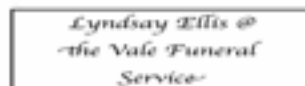


NEW PLAYER WELCOME PACK



WELCOME TO THE VALE REDS DISABILITY FOOTBALL CLUB

The club has been running since 2007 and was set up to give young people with disabilities the chance to play football. The club has grown since the start and has also changed in the past few years with dedicated volunteers on board to allow the club to grow, they have been working hard and have managed to secure funding and sponsorship to allow the club to change its kit to the new yellow and red so that players can see each other more easily. The club has players from 8 through to adult taking part in regular training at Ysgol Gyfun Bro Morgannwg on a Wednesday night, throughout the season they attend football tournaments and festivals in Newport, Cardiff, Swansea, RCT and the National Festival at Newtown.

Most of the players currently with the club have been there from the start and we are now looking actively for younger players from 8 years of age to keep the club successful going into the future

Training

Training takes place from 7pm to 9pm in the barn for most of the season, All players who attend for training have to wear the correct footwear and shin pads for safety reasons. All training is specific to the ability of the player with different sessions every week to improve skills and fitness whilst having fun with the other players. All Coaches and Volunteers have been fully checked with CRB checks from the local council and the Football Trust Wales (FTW), the Coaches have all attended a Leaders course, Child protection, first aid and working with children with disabilities run by FTW.

(please see the training rules below for full details)

Tournaments

Tournaments are arranged every season and will be released as soon as the committee receives them but there is usually one every month. The tournaments are not mandatory and you can attend as many as you want to, they usually are held at Cardiff and Newport Gol, Pontllanfriath 3G and Newtown (National tournaments). We are also going to try and attend Special Olympic events as well, more information will appear on the web site when we have it

Know Your Coaches and Committee



CHAIRPERSON

Pat Latham

Pat started as welfare officer and is now Chair Person as well



VICE CHAIRPERSON

Steve Gifford

Supports the Chairperson

TREASURER

Keith Reynolds

Keith is the person to speak to about weekly subs and money issues, he also doubles up as the coach driver for tournaments



SECRETARY

Rachel Reynolds

Rachel deals with all correspondence into and out of the club



COACH

Neil Latham

Been with the club for 4 years, is the main first aider for the club and holds a leaders certificate. He is currently taking his 'C' Certificate coaching award and also runs the web site for the club



COACH

Phil Prewett

Phil has been with the club the longest and has a good back ground of coaching people with disabilities



COACH

Kristian Shaw

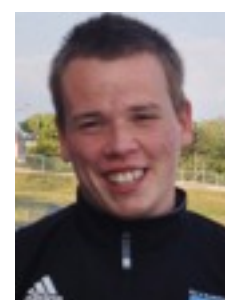
Kristian has been with us for just over a year and has obtained his leaders award, he also has a degree in Sports Physiology.



COACH

Molly Chapman

Molly has been with us for two years, has obtained her leaders award and



COACH

David Gent

Has been with us for about a year but has already shown his enthusiasm. He is part of the coaches of the future program and has his leaders award along with a full first certificate

Contact Details

The Club has a web site that has a contact page built in and the address of the website is www.valereddisabilityfc.btck.uk information on the site is updated on a weekly basis and you should find everything you need as a player or parent. We also have Facebook page where the players can contact Neil (this site is tightly controlled and only players and family members of players are allowed access via the Administrator)

However if you have any questions that are not answered on the website you can contact the following

If you have a query about the club or training you can contact Neil on 07827 334818

If it is a Welfare issues you can contact Pat on 07531 782266

Code of Conduct

All players, coaches, parents, Guardians and Volunteers have to sign a code of conduct, this means they will act in a certain way whilst representing the club. We all have to sign this at the start of the season. There are code of conduct forms included in this pack can you please fill out and sign the form and return it to the club at training.

Football Season

The season runs from September to July which concludes with a presentation night for the players, we will however run some summer training for those players who want it and we will attend regular festivals throughout the season which are run through the FTW by different clubs every month.

Cost/Subs

Like any club there is a cost to coming to club to cover the running costs it is £2.50 for under 16 and £3.00 for over 16, the subs have to be paid even if you do not attend a training session. If we have a mini bus to take us to a tournament in Newport there will be a charge to cover the cost of hiring the bus and fuel.

Mini Bus Travel

Allocation of seats will be on a first come first served basis and the money have to be paid up front for your seat to reserved, we will try and have two pick up spots depending on where we are going to but usually it is at Barry Tesco and then Tesco in Llandaff, we may however pick up in between if it is not out of the way.

Support

Every team needs support and the best we can have is from parents, guardians and friends of the players, we also receive regular support from our sponsors who attend a few festivals in the season. So why not come along and see what the players have been training for apart from keeping fit and having fun. Parents and Careers of younger player please be aware that the coaches cannot except responsibility of looking after under 14 players and they will not be allowed to travel on the mini bus. The club has to follow a child welfare policy on this matter.

WWW.VALEREDSDISABILITYFC.BTCK.CO.UK

Medical and Registration Forms

You will also find the above form in this pack that has to be filled out for the Welsh Football Trust and in case of medical emergency, please make sure that all medication is included on the form and also inform the coaches about restriction that maybe required on the player i.e cannot head the ball.

AGM

Like most clubs we have a Annual General Meeting every July where the clubs members and parent come together to discuss issues from the last year. The agenda will be sent out a few weeks before the date of the AGM

Sponsorship/Fund raising

As you would be aware it take a lot of work and money to keep the club going over the year, we have some parent who even wash the kit after tournaments which we are very grateful too. If you would like to help out or you know of a company who maybe able to sponsor us in the future please let one of the coaches or Committee members know.

Thanks for taking time to read this pack if you have any question please speak to one of the coaches at Training or contact the Welfare Officer