



**YORKSHIRE 3 PEAKS
CITY OF COVENTRY
EXPLORERS**

24-26th October 2014

Are you up for a challenge?

We are inviting all Coventry Explorers, together with the Jamboree contingent from Coventry, Leicester and Derby, to complete a walking challenge taking in the 3 Peaks of Yorkshire.

Pen-y-ghent



We will travel to Skipton on the evening of 24th October, to "The Dump" (it's a scout hut), where there will be supper and sleeping space on the floor.

An early start on Saturday should see you walking by 7.30 am for a 12 hour challenge.

Ingleborough



It's an opportunity for personnel sponsorship towards, either the Jamboree, Antigua, or raise money for the Jamboree Contingent (NAIF and sponsorship form attached). The cost, including transport is £45 with any surplus shared with the Jamboree central fundraising.

Whernside



There are up to 48 walking places, with limited leaders places

Distance: 37.8 Km / 23.5 Miles

Total ascent: approx. 1450 m

Pen-y-ghent 694m (2277 feet)

Ingleborough 723m (2372 feet)

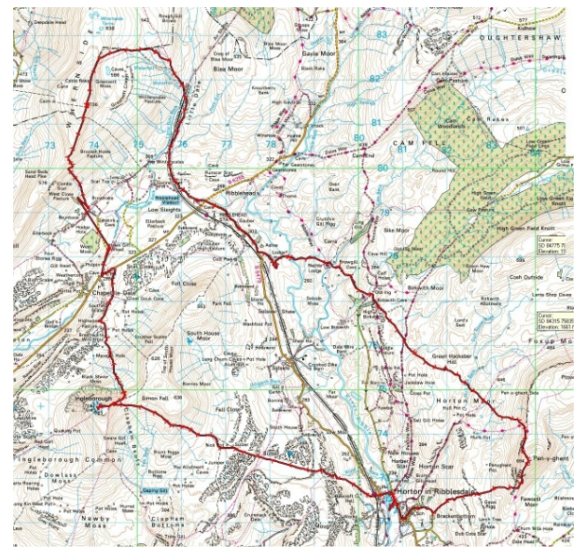
Whernside 736m (2415 feet)

The Dump





24-26th
 October
 2014
 Cont'd



This is a personnel challenge, not a competition. It's an integrating event, with team building to work with Explorers from across the County.

By providing us with an indication of your walking experience and ability, the Terrain 1 supervisors Colin James and Andy Jackson will develop walking teams of up to 8 people max.

There will be a training day on Sunday 28th September at Rough Close 10-3pm. Please bring full walking kit as per NAIF form for a mandatory kit check, and you will work in your walking groups to complete the route cards. Please indicate on the NAIF if you are willing to be a walk group leader. Bring a packed lunch – drinks provided.

The Supervisors reserve the right to curtail some walkers or walking groups in the event of bad weather or duration of walk. It's not a failure to achieve 1 or 2 Peaks - it's a personnel challenge.

Please contact Steven Gill on fillongleyexplorers@gmail.com

Tel 01676 542698 to book the limited spaces

Pen-y-ghent

Whernside

Ingleborough

<http://www.mapyxc.com>



Nights Away Information Form

Coventry County Explorers



Event: 3 Peaks Challenge **Section:-** Explorers age and Jamboree contingent

Event Location: Skipton, Yorkshire **Date:** 24-26th October 2014

Meeting place Date and time: TBC dependant on numbers. There may be 2 or 3 pick up points around Coventry

Collection place Date and time: As above

Cost: £45 **Transport details** Minibuses and cars

Further details: Can be used for sponsorship towards either the Jamboree, Antigua, or raise money for the Jamboree Contingent. Training is recommended – participants/units responsible for own stamina / walking training

Training There is a training/ preparation /information day 28th September 10:00 -3:00 at Rough Close for all participants

Wear / Bring: Filled pack lunch and tea box for 12 hr Saturday hike, and filled water bottle 11 min, necker, emergency rations

Activities 3 Peaks Walk, terrain 1, supervised by Permit holders. Indoor accommodation

Organiser and contact details: Name Steven Gill Tel 07592 890973

Emergency Contact for Event Name Lesley Gill Tel 07903 291995

Please keep this section for your own information, and detach and return the section below.

Note: All activities will be run in accordance with The Scout Association's safety Rules. No responsibility for the personal equipment/clothing and effects can be accepted by the organisers and The Scout Association does not provide automatic insurance cover in respect to such items.

Please complete and return this section to Steven Gill by 1st Sept 2014 (Mill House, Ousterne Lane, Fillongley, Coventry, CV7 8EU)

Name of young person: _____ **D.o.B:** _____

Event: 3 Peaks Challenge **Unit:** _____ **Date:** 24-26th October 2014

I enclose cash/ chq for £45 (cheques Fillongley Explorer Scout Unit) I have noted the arrangements above and agree to the named young person taking part. I understand that the event Leader reserves the right to send any participants home if deemed necessary.

Home Address: _____ **Email** _____

Emergency contact: _____ This number will be used to notify of return time **Phone:** _____

Doctor's name and contact details: _____ **Details of any medications currently being taken:** _____

Details of any disabilities, conditions, allergies, special needs or cultural needs that might affect this activity: _____ **Details of any infectious diseases he/she has been in contact with in the last three weeks:(changes to be notified)** _____

Special dietary needs _____

If it becomes necessary for the above named young person to receive medical treatment and I cannot be contacted to authorise this, I hereby give my general consent to any necessary medical treatment and authorise the Leader in charge to sign any document required by the hospital authorities.

Signed: _____ **Date:** _____

Relationship to young person: _____

Please use the back of this form if more space is required

Note: The medical profession takes the view that the parent's/carer's consent to medical treatment cannot be delegated. This view is explicit in The Children's Act 1989. Thus, medical consent forms have no legal status and a doctor or nurse insisting on the consent of a parent/carer to a particular treatment has the right to do so.

For this reason we do not recommend that Leaders insist on parents/carers signing the statement above. However, it can be a comfort to medical staff to have general consent in advance from parents/carers or to have a Leader on hand able to sign forms required by medical authorities.

Kit List.

The young person will need to bring their personal equipment and should be encouraged to pack it him or herself. Kit to be packed in carrier bags **inside** a rucksack. The young person should be able to carry all of their kit.

This List is only a guide. and additional equipment for specific activities may be required. Think what you might need. **All** items should be clearly labelled with the young person's name, either in biro on labels, nametapes, or permanent marker pen/ nail varnish on cutlery.

If there are any queries regarding this kit list, please contact the Camp Leader or your Section Leader.

Any medicine being taken – this will be retained by the explorer, but notified to camp First Aider on arrival

Minimum equipment for walking Personal

Day / Rucksack
Walking Boots and extra socks (not nylon)
Necker
Personal First aid kit
Waterproof Jacket and trousers
Coat., hat, gloves, scarf
Torch / head torch
Spare jumper and socks

1L of water

Packed lunch and tea to last approx. 12 hr walking day

Emergency Rations

Whistle
Optional Camera at own risk(not on phone)

THIS kit WILL be checked on 28th September and must be prepacked on the 24th October because we can have an early start on Saturday

Equipment for walking required by each Group

2 x Map OS Explorer OL 02 (WE SUPPLY ONE)
2 x Compass
2 x Hi Vis jackets (WE SUPPLY)
2 x Survival Bag
Group First aid kit,
Emergency Shelters (WE SUPPLY)
NB – Emergency mobile phones in a sealed bag

Weekend equipment in holdall - not required for walking

Cutlery crockery (WE SUPPLY)
Tea Towel(s).(1)
Sleeping Mat (No camp Beds)
Sleeping Bag & camp blanket, pillow
Nightwear.
Personal Washing Requirements. Wash kit
Personal hygiene supplies
Spare Underclothes.
Spare socks - . – allow min 1 pair per day
Hankies
Winter hat!
Warm sweaters, Jumper or sweatshirt.
T- shirts or similar and group T-shirt
Shorts and Trousers. (Track suit bottoms) **NOT JEANS**
Travel in uniform top and necker

NB – No mobile phones, or jeans

Additional Medical information

Brief summary of recent walking experience

Detail briefly, some walks in excess of a 4 hour duration over the last 2 years, including duration, Distance, height gained, terrain, supervised or not?, daysack or full kit? Navigation ability?

When	Where / Description / Terrain etc	Distance	Duration
		KM	HR
		KM	HR
		KM	HR
		KM	HR
		KM	HR
		KM	HR

I would like to be considered as a walking group leader YES / NO

I rate my navigation skills as Good 1 2 3 4 5 Poor (please circle one)

			Total donations received	£	
			Total Gift Aid donations	£	
			Date donations given to Charity or CASC		