

Kit List.

The young person will need to bring their personal equipment and should be encouraged to pack it him or herself. Kit to be packed in carrier bags **inside** a rucksack. The young person should be able to carry all of their kit.

This List is only a guide. and additional equipment for specific activities may be required. Think what you might need.

All items should be clearly labelled with the young person's name, either in biro on labels, nametapes, or permanent marker pen/ nail varnish on cutlery.

If there are any queries regarding this kit list, please contact the Camp Leader or your Section Leader.

Any medicine being taken – this will be carried by the allocated adult & handed to camp First Aider on arrival

Note : prescribed medicines to be labelled in a bag and handed to Section Leader on arrival

Pocket Money: £1 per night max, **No additional food chocolate etc NO Cameras No Jeans or mobile phones, or Electronic Games** please. – **No Jeans applies to adults too**

We will not have the facility to dry clothes apart from naturally, so the child should not be dependant on them for the rest of the camp

General Activities

Walking Boots and extra socks (not nylon or Wellingtons)

Day sack

Waterproof jacket & trousers.

Scarf, Hat and Gloves

General Clothes

Full Uniform. (Must be worn travelling to and from camp).

Coat.

Warm sweaters, Jumper or sweatshirt.

T- shirts or similar and Fillongley group T-shirt

Shorts and Trousers. (Track suit bottoms) **NOT JEANS**

Spare Underclothes.

Spare socks - wool (not NYLON). – allow min 1 pair per day

Nightwear.

Training shoes. (old)

Personal Hygiene

Personal Washing Requirements.

Personal hygiene supplies

Towel(s).(1) – not too large

Hankies

Sun Cream and hat HOPEFULLY, or winter hat!

Personal First Aid Kit. i.e. small selection of plasters / antiseptic cream/ insect repellent/ bite/ sting relief/ lip salve

Hill Walking

Day sack containing

Spare cloths

Whistle

Survival Bag

Survival Blanket

First aid kit

Map & Compass

Waterproofs

hat, gloves, scarf

Emergency card & Pencil

Food Dinks and emergency rations

Archery

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Night Hike

Rucksack all kit to be packed in polythene bags

Personal First aid kit

Survival Blanket

Sleeping Bag and carry mat

Sleeping clothes

Walking Boots and extra socks (not nylon or Wellingtons)

Dry change of clothes

Waterproofs

hat, gloves, scarf

Emergency card & Pencil

Food Dinks and emergency rations

Camera **at your risk** (not on a Phone)

Torch small for map reading

Wash kit

Indoor shoes

Cycling / Mountain Biking

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Activities – as advised overleaf

Swimming kit & towel

Separate clothes for riding, if applicable, - Not Jeans

Canoeing:- wetsuit and boots or kagoul, tee-shirt, shorts and trainers

Personal utensils

Tea Towel(s).(1)

Pen/pencil/note book.

Plate, bowl, mug & cutlery in a draw string bag

1L min Plastic drinks bottle/ container – non leaking - **refillable**

Named pack lunch box – full to travel

Polythene Bags to separate clean and dirty Items.

Teddy and/or small non electronic game ie top trumps !!!!

Camping equipment

Strong shoes or boots AND Wellingtons (if available) extra socks

Torch with Batteries & spare batteries or wind up

Sleeping Mat (No camp Beds)

Sleeping Bag & camp blanket, pillow case

Canoe / Kayaking

Swimming kit & towel

wetsuit and boots

or windproof top, tee-shirt, shorts and trainers

Climbing

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Horse Riding

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Day Trip

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