CONTACT DETAILS of Local NHS Medical Centres who can refer for abortions

Please check on clinic times etc as details may alter after printing.

www.nhs.uk/Service-Search/Sexual-health-information-and-support/LocationSearch/734

Leicester Contraceptive Clinic, St Peter’s Health Centre
Sparkenhoe Street, LEICESTER, LE2 0TA    Tel: 0116 2951212
Monday 9am - 11am (drop-in clinic). Monday 2 - 5.30pm (Young Peoples clinic). Tuesday appointment only. Thursday 1.30 - 4pm (Young Peoples clinic). Friday am appointments only.

Beaumont Leys Health Centre Clinic, Youth Clinic for under 25s
1 Littlewood Close, BEAUMONT LEYS, Leicester, LE4 0UZ
Tel: 0116 2951212 (This phone number belongs to St Peter’s Health Centre who may manage this session) Thursday 3 - 5pm
Beaumont Leys Health Centre Tel: 0116 2350435

Coalville Community Hospital Contraceptive Clinic,
Broom Leys Road, COALVILLE, Leics, LE67 4DE
Clinic Tel: 01530 467442 (clinic hours only)
Appointments: Tuesdays 6.15pm to 8.00pm
Walk-in & Appointments: Thursdays 6.15pm to 8.00pm

Hinckley Health Centre Clinic, 29 Hill Street, HINCKLEY, Leics, LE10 1DS
Clinic Tel: 01455 441857/441827 during clinic hours . Monday 6.00 - 8.00pm (appointment only and can be made on the day after 4pm)

Loughborough Contraceptive Services Clinic, Loughborough Hospital,
Enterance 3, Epinal Way, LOUGHBOROUGH, Leics, LE11 5JY
Clinic Tel: 01509 564495 (clinic hours only) (To book an appointment call 01509 568888 Mon, Weds & Thurs 8.30am to 4.30pm or Tues & Fri 8.30am to 4pm. Monday 3 - 5pm (drop in for under 25s) & 6 - 8pm (appointments only)

Market Harborough District Hospital Family Planning Clinic
58 Coventry Road, MARKET HARBOROUGH, Leics, LE16 9DD
Tel: 01858 410240 Tuesday 7 - 8.30pm (ring from 6.30pm for an appointment)

Melton Mowbray’s - St Mary’s Hospital Family Planning,
Thorpe Road, MELTON MOWBRAY, Leics, LE13 1SJ    Clinic Tel: 01664 800143
Wednesday 5.00 - 7.30pm. Ring for appointment during clinic times.

Rutland Memorial Hospital, Oakham Contraceptive Services
Cold Overton Road, OAKHAM, Leics, LE15 6NT    Tel: 01572 772070
In order to have an abortion on the NHS you need to see a doctor - normally this is either your own GP or a doctor at a Family Planning Clinic. Usually the doctor you have seen will refer you to a hospital or clinic that performs abortions. This is covered in the leaflet “Abortion Info” which gives you information on being referred for an abortion and other facts. Details of family planning clinics are listed on the back of this leaflet.

The type of abortion that you could have will depend on:
- how many weeks into the pregnancy you are. Weeks are counted from the first day of your last period not from conception.
- and, depending on the clinic, which method you would prefer (unless there are medical reasons why you cannot have the method of your choice)

These methods are explained in detail in the leaflet “Abortion Info”.

You are likely to experience a variety of emotions after an abortion. It is hard to get an accurate overall picture of how girls and women feel - because often this procedure is done in secret and may not be shared with anyone afterwards. Research findings about the emotional after-effects of abortion seem to differ - depending on whether the results are presented by Medical Institutes or the Royal College of Psychiatrists.

These emotions have been suggested by BPAS (an abortion provider) in their leaflet “So you think you might be pregnant?” You can find more details about possible emotional reactions after a termination in the leaflet “Abortion Info” and in “Pregnancy Choices”.

No-one chooses abortion lightly, but many people wonder if it is their only choice given their circumstances.

Hopefully ... you have been able to talk about your concerns with someone you trust. You’ve shared your circumstances and how you feel.

You have looked at your 3 options - Abortion, Baby Adoption & Parenting. You have been finding out the facts about each:
- what you felt about abortion, adoption and parenting before
- what you feel about each now
- what support you could receive
- and seeing which option fits your situation

You are wondering if abortion is the option that best fits you ..... If so .... you may want to consider what having an abortion involves, practically, medically and emotionally.